THE Sun

Friday, August 21, 2026 THE PEOPLE'S PAPER £1.30 thesun.co.uk

YORK 2026

8-PAGE EBOR FESTIVAL GUIDE

ALL THE COLOURS

ALL THE TOP TIPS

SHOCK OVER PRINCE'S RETURN

King, Camilla, Wills & Kate at hol bolthole

Family discuss how to deal with Sussexes

ROYAL HARRY SUMMIT AT BALMORAL

EXCLUSIVE by ED SOUTHGATE

THE Royal Family's annual summer gathering at Balmoral has turned into a summit on Prince Harry and Meghan's return from the US.

The get-together, which began yesterday, includes the King and Queen, plus the Prince and Princess of Wales. It echoes Sandringham in 2020 when the Sussexes first announced they wanted to leave. The Sun revealed they will return later this month.

Full Story — Pages 2, 3, 4 & 5

Back... Harry with Meghan

£7

£3.95

Clubcard Price

Need anything from Tesco?

See more offers on Page 6.

Celebrations Milk Chocolates Sharing Gift Tub 500g: Clubcard price £7.90/kg, regular price £14/kg, ends 29/09. Available in the majority of larger stores and online. Excludes Express, Isle of Man and Whoosh. Clubcard/app required. Delivery charges and some exclusions may apply.

TESCO Every little helps

ROYALS RETURN

BALMORAL TALKS

KEEP CALM

Wills & Kate won't be ruffled

Family's 'business as usual'

EXCLUSIVE by ED SOUTHGATE and MATT WILKINSON

THE Royal Family are deeming it "business as usual" ahead of Prince Harry and wife Meghan's shock return to the UK, sources have told The Sun.

King Charles and Queen Camilla have been joined at Balmoral by senior royals including the Prince and Princess of Wales.

However, despite the trip being the traditional Royal Family holiday, it is now set to become an impromptu summit on how to deal with the Sussexes' comeback. And it is likely to be the tensest gathering on the Scottish estate since the death of Queen Elizabeth II.

The Sun revealed yesterday that Harry and Meghan will return later this month – six years after moving to the US. They have already secured somewhere to live as well as school places for their young children Archie and Lilibet.

Charles, who was only told of his son's impending return on Sunday, arrived at Balmoral on Tuesday.

The King was welcomed by a guard of honour and met the Royal Regiment of Scotland's Shetland pony mascot.

Queen Camilla is with him, and was seen shopping in nearby Ballater on Monday, before going to the races in York on Wednesday, just hours before the news broke.

William and Kate, plus their children George, Charlotte and Louis, have also arrived.

It is understood Princess Anne and her husband Sir Timothy Laurence are there too, along with her daughter Zara Tindall and ex-rugby star spouse Mike Tindall.

Prince Edward and wife Sophie are also at the estate nestled in the Highlands – meaning all the major working royals are with the King to help him navigate the next chapter of the Sussex saga.

The gathering also echoes the dramatic Sandringham summit between the late Queen, Charles, William and Harry in 2020 when the couple first announced they wanted to leave – leading to the agreement The Sun labelled "Megxit".

Charles is understood to be welcoming the opportunity to see more of the Sussexes, including his grandchildren, in a private capacity.

William and Kate are determined that it remains "business as usual" for them – despite years of barbs from the US-based couple.

Sophie, Duchess of Edinburgh, has long been seen as the royals' "secret weapon" due to her ability to resolve family issues.

Queen Elizabeth II suggested that she mentor Meghan to help her adapt to royal life, but Harry's wife is said to have declined the offer.

Sophie still remained friendly with Meghan and was the first royal to visit her at Frogmore Cottage in Windsor after Archie's birth in 2019. The following year, she expressed sympathy with Harry and Meghan after their departure for a new life in the States, saying: "I just hope they will be happy."

She has since become an even more important royal, with William reportedly backing her for a more prominent role.

Mike and Zara Tindall could also be sympathetic, having shared a close relationship with Harry before he quit Britain. In May, Mike seemed to make a rare jibe by saying he knew Harry "when he was fun". But last month he appeared to offer a hand of friendship, as the Instagram account for his podcast reposted a Harry interview clip.

The Duke of Sussex was seen yesterday for the first time since we revealed news of his return – as he joked with a fellow redhead.

Harry took part in a discussion supporting war heroes at Washington DC, where he posed with redhaired veteran William Bringer.

He said the world "needs more heroes", adding: "What we need is the younger generation coming into leadership who perhaps see the world slightly differently.

"And I think a little less testosterone might do as well." Meanwhile, a third of Brits have said Harry and Meghan should not move back to the UK – though the majority are undecided.

A YouGov poll yesterday found that just 21 per cent think they should come back, with 33 per cent saying they should not. But 45 per cent said they are unsure.

Older people are more likely to think they should stay away, with 57 per cent of over-65s not wanting them back, while 24 per cent of 18 to 24-year-olds think the same.

Meanwhile, PR expert Mark Borkowski warned their comeback could backfire and suggested the Royal Family may not want them "back in the camp".

He said: "If we're going to see the typical Harry and Meghan threering circus, then we know what happens when that is played out. That leads to massive disruption."

He warned that if they "repeat the sins of the past", the Royal Family "will push against this big time".

He went on: "They will not want them back in the camp. They've got to do this by themselves. I don't believe this is reconciliation with the royal household at all."

The Sun yesterday revealed Harry and Meghan were making a sur-

OVER HARRY & MEG'S MOVE

& CARRY ON

Support . . . Harry with red-haired William

If we're going to see the typical Harry & Meghan three-ring circus, then we know what happens when that is played out

– PR EXPERT MARK BORKOWSKI

'An overriding commitment to service & duty'

By MATT WILKINSON
Royal Editor

WILLIAM and Kate are to "keep calm and carry on" – amid fears that Harry and Meghan's return to the UK could make a "mockery" of royal roles.

The Prince and Princess of Wales have arrived in Balmoral, following the King's arrival there on Tuesday – just two days after Harry first told his father the news.

While William and Kate were stunned at the news, I understand the couple plan to "rise above it" and not let the Sussex drama derail their "commitment to service and duty".

Sources tell me that all the Waleses have been through with Kate's cancer diagnosis over the past few years "has put everything in perspective".

William continued to be a working royal while his father and wife both had cancer and won't be distracted by the Sussex sideshow for a second.

Kate slowly returned to public duty despite her ill-health with a string of high profile engagements across Britain and even Italy this year.

The couple will have a full programme of jobs after the summer break, while preparing for George to start at Eton next month.

I would not be at all surprised if the Waleses saw this as a chance for their children George, Charlotte and Louis to finally build a relationship with their Sussex cousins.

William is big enough and mature enough to not want his nephew and niece to be affected by his fallout with their father.

I once took a wrong turn at the late Queen's Platinum Jubilee concert in 2022 and stumbled into a private moment where the Wales children were happily playing with the children of Mike and Zara Phillips.

Harry and Meghan had already fled the UK with their two children, denying them the opportunity for that family togetherness.

Now, while Kate and Wills pledge not to be distracted by the incoming Sussex sideshow, some royals are thought to be concerned about Harry and Meghan's aims. The Sussexes walked away from royal duty after their bid for a hybrid royal role was rejected at the 2020 Sandringham Summit.

Worries at the time, shared by Kate and Wills, were that the Sussexes would use their royal status to cash in.

There were fears this could risk the unbearable situation of Netflix cameras and the like at engagements, or even the Sussexes using appearances at events to plug jam and flower sprinkles.

While neither is believed to have broken the Megxit terms regarding financial endeavours in the US, Harry has run his own "half-in, half-out" system – returning to the UK as the Duke of Sussex to appear at his patronages while also working privately for money.

It is understood that the King is resolute in his ambition that the couple do not return as working royals or pick up any money from the Sovereign Grant – which is effectively taxpayer funding via profits from The Crown Estate.

Harry has no plans to return as a working royal but sources admit some future elements of their move back to the UK remain "up in the air".

Just four months ago, speaking to The Sun and ITV in Ukraine, Harry confusingly rejected the description of him being "not a working royal".

He said: "I will always be part of the Royal Family."

And he added: "I'm here working and doing the very thing that I was born to do and I enjoy doing."

The likes of hardworking Sophie, Duchess of Edinburgh, and Princess Anne are thought to be furious that Harry and Meghan could end up with a hybrid role.

One source said: "Don't make a mockery of what we do."

I am sure William and Kate will have a lot to discuss with the King in Scotland this week.

But their overriding commitment to service and duty and doing it their way will stay above any drama brought by the return of the Sussexes.

Exclusive . . . Sun yesterday

prise return at the end of this month for an "extended period", with Archie, seven, and five-year-old Lilibet due to enrol at school.

The Sussexes, who had a reunion with Charles last month, have found a non-royal residence. They will not be working royals and will continue their business enterprises.

Harry was already due to visit the UK in mid-September for his patronages, including a WellChild Awards bash, and would have been offered a Buckingham Palace room.

A Palace spokesman declined to comment.

edward.southgate@the-sun.co.uk

MEG 'ACTING RETURN'

By JULIA ATHERLEY

MEGHAN has been offered an acting role in a UK-based project, it was reported last night.

Entertainment sources told Australian media that the former Suits star could return to showbiz after her move from California to Britain.

She quit acting to live with Prince Harry in 2017. Meghan is already set for a cameo role in the new film Close Personal Friends, starring Lily Collins and Brie Larson. And it is understood that she will continue her lifestyle brand, As Ever, in the UK.

She launched the company — best known for its £11 jam — in 2024.

Her Netflix cookery show With Love, Meghan was dropped this year and her Spotify podcast Archetypes lasted for just one series in 2022.

IS COTSWOLDS THEIR NEW CALIFORNIA?: PAGES 4 & 5

ROYALS RETURN

RURAL PARADISE

Home run . . . Harry & Meghan at baseball game

American dream . . . Harry & Meghan and their sprawling US property in Montecito

LA

HARRY & MEG VISITED AREA LAST MONTH

'UK BEVERLY HILLS' A FAVE WITH CELEBS

Meet the neighbours . . . DeGeneres with wife de Rossi, left, and the Beckhams

By ED SOUTHGATE, MATT WILKINSON & JULIA ATHERLEY

PRINCE Harry and Meghan secretly visited the Cotswolds to find a new home when they came to Britain last month.

The Duchess of Sussex is understood to have also discreetly gone there alone while Harry was at an Invictus Games event in Birmingham.

Meghan fell in love with the Cotswolds when the couple lived in a farmhouse there before their 2018 wedding.

With its numerous showbiz residents and the exclusive Soho Farmhouse private members club, it is often dubbed "Britain's Beverly Hills" and Meghan was always more at home there than she was in Windsor.

During their clandestine visit last month, the couple are believed to have spent a few days staying in a private house on the Great Tew Estate – where their old farmhouse was – while they searched for a suitable property.

They travelled from their base to see King Charles at Highgrove, which was seen as a further step towards reconciliation, and to Althorp house in Northamptonshire where Princess Diana is buried.

Harry, 42, and Meghan, 45, lived in their £2.5million grade-II listed farmhouse on four acres of land for seven months before moving into Frogmore Cottage, Windsor.

In his autobiography Spare, Harry wrote about that time when Frogmore Cottage was being renovated for them: "We thought we could move into Oxfordshire full time.

"We loved it out there. The air fresh, the verdant grounds plus, no paps."

They moved out when the location was leaked.

It is understood they have now found a much more substantial property, although the location is not known,

They have also secured school places for both Archie and Lilibet.

The Beckhams' country house is also in the area, as well as Soho Farmhouse – which has long been Meghan's favourite getaway.

She and her friends enjoyed five-star pampering when she held her hen party there. And she had visited the exclusive members' club in September 2016 with friend Millie Mackintosh, who shared an online picture of them together riding bikes there on social media.

Meghan is friends with exec Markus Anderson, often referred to as the "King of Soho House".

He arranged discreet dates for her and Harry when they started going out, including at 76 Dean Street in London as well as Soho Farmhouse.

American TV star Ellen Degeneres, a close pal of Meghan's, also lives in the Cotswolds with wife Portia de Rossi.

They relocated in 2024 to the countryside from the US following Donald Trump's victory in the presidential election.

Another local . . . Beatrice

And Harry's cousin Princess Beatrice and her husband Edoardo Mapelli Mozzi own a £3.5million farmhouse in the area.

Music mogul Simon Cowell also has an £8million estate there with fiancee Lauren Silverman, and the Sussexes' friends Beyonce and Jay-Z previously looked into building a home nearby. When the Sussexes last lived there, they were reportedly visited by a string of celeb friends including George and Amal Clooney, Serena Williams and her husband Alexis Ohanian, Priyanka Chopra and Nick Jonas.

But if they decide against relocating to Oxfordshire, they could move nearer to or even briefly stay with Earl Spencer at Althorp House in Northamptonshire.

It is where Princess Diana grew up and where she is laid to rest.

Last month, the Duke of Sussex was seen leaving his mum's ancestral home and Meghan later shared a moving image of Harry, Princess Lilibet and Prince Archie in the grounds, holding flowers.

The Sun had previously revealed that Harry would take his children to see their grandmother's grave for the first time, shortly after what would have been her 65th birthday.

Meanwhile, old friends could be ready to rally round the couple as they bring Archie and Lilibet here in time for the new school year.

Princess Eugenie and husband Jack Brooksbank are close friends with them. Eugenie was the first member of the Royal Family to publicly visit them in the USA. The family, who have three young children, now split their time between Kensington Palace and Portugal – close to where Harry and Meghan also own a property.

The Duke of Westminster could be among the Sussex Squad to welcome Harry back.

When he wed in 2024, he is believed to have been keen to invite the Sussexes but decided to avoid any Royal family drama. Known as Hughie to friends, he is godfather to the Princes Archie and George.

Charlie van Straubenzee, one of Harry's oldest childhood friends,

IS PERFECT FOR SUSSEXES

Celeb fave . . part of Soho Farmhouse available to rent

Is Cotswolds their new California?

could also be among those waiting for the Californian couple's return.

Harry's cousin Zara and hubby Mike Tindall live at Princess Anne's Gatcombe Park estate near Stroud in Gloucestershire.

Harry is believed to have become distanced from Zara.

But former rugby star Mike recently reshared a video of Harry's appearance on a podcast on his own channel, which could be waving an olive branch in a bid to reconcile the cousins.

A spokesman for the Sussexes declined to comment.

edward.southgate@the-sun.co.uk

SECURITY IN LIMBO

By JULIA ATHERLEY

PRINCE Harry is still waiting for a decision over his taxpayer-funded armed police protection, it is understood.

The Duke of Sussex lost his 24-hour security in 2020 when he stepped down as a senior royal and moved abroad. If reinstated, the protection could cost the taxpayer up to £5million a year.

After he lost a lengthy legal challenge against the decision, The Sun revealed Harry had won a new Government review into the risks he and his family face in the UK.

A new threat assessment is due to be carried out, but has been delayed as the Royal and VIP Executive Committee has paused any new evaluations from the Risk Management board for at least four months. It is understood the system is backlogged due to nine former PMs in the queue for protection.

Prime Minister Andy Burnham refused to comment on whether or not the issue had been resolved, calling it a "private matter".

He said: "It's a matter for Harry and for Meghan."

Now it is time for Harry to say sorry

By **ROBERT JOBSON**
Royal author

FIRST we had all the brouhaha about Megxit, followed by six long years of Harry and Meghan cashing in with claims that they were bullied and abused royals.

Now, with The Sun breaking the story yesterday that Harry and Meghan are coming home, it seems the "American Dream" is over.

Despite declaring they'd never return to dangerous Britain, it has all gone pear-shaped in Los Angeles – so for our next chapter we've got "Regrexit".

But surely before the couple get out the party streamers and "welcome home" banners for themselves, Harry owes his poor pa a very public apology?

Not a phone call, not a private word over tea at Highgrove.

A public apology.

Said where the country that mourned Elizabeth II can hear it.

Let's not forget, just three months after her late Majesty's state funeral, Netflix released scathing documentary Harry & Meghan.

The couple cashed in big time by betraying confidences.

Who can forget Meg's mock curtsy, timed for the Christmas ratings? Add to that the racism claims on Oprah, and the alleged "fight night" with Wills and smashed dog bowl in Spare.

The pair have trashed the Queen's legacy.

In Spare, Harry called Queen Camilla "the villain". He said she was "dangerous", and accused her of leaking his own private conversations to rehabilitate her image. He wrote that she had "sacrificed" him "on her personal PR altar".

Camilla kept quiet. She did not even ask for a correction.

That is not a couple in crisis reaching for privacy. It looks to me like a couple in crisis reaching for a production deal.

They leave California before the end of the month for a private house outside London, possibly the Cotswolds. That decision has surely been a long time in the planning.

If the King was apparently only told on Sunday, he has been seriously blindsided.

It is very unlikely you could enrol two children in British schools in a fortnight. There are registrars, headteachers, months of quiet groundwork behind it.

The sequencing suggests grandpa was told once it was irrevocable.

Prince Archie is sixth in line to the throne, his dad fifth.

Until September he is an American boy with a British title.

From September he is a child in a British classroom, his Californian twang disappearing with every term. By welcoming this without demanding an apology first, Charles is creating a problem for himself. It will leave William holding a bill his father left.

Let this pass without an apology and the lesson written into it is plain: grievance, monetised loudly enough and long enough, eventually earns just an institutional shrug.

The Palace should issue a statement – on the record – reminding people that the King is sticking to the Sandringham Summit agreement. There will be no half in, half out deal. Harry should stand up and say what was done, to whom, and that he is sorry.

Everything else is fudge.

Great value in every aisle

£1.29

89p

Clubcard Price

£4.50

£2
10 Pack

Clubcard Price

TESCO finest

Better than Half Price

£17.89

£13

Clubcard Price

for the facts **drinkaware.co.uk** 18+. Stella Artois Lager 18X440ml: Clubcard price £1.64/litre, regular price £2.26/litre, ends 14/09, excludes Scotland, Wales, NI. Tesco Finest 10 Traditional Pork Sausages 667G: Clubcard price £3/kg, regular price £6.75/kg, ends 01/09. Tesco Sweetcorn Cobettes 4 Pack: Clubcard price £0.22/each, regular price £0.32/each, ends 24/08. Available in the majority of larger stores and online. Excludes Express, Isle of Man and Whoosh. Clubcard/app required. Delivery charges and some exclusions may apply.

TESCO
Every little helps

BBC AXE CELEB FOOTIE SINGALONG VID BECAUSE THEY DIDN'T ASK OASIS

BLUNDERWALL

Some might sue . . . Gallagher brothers, and the Three Lions

BLUNDERING BBC bosses had to remove a video of celebs singing Wonderwall during the World Cup after Oasis intervened.

Some fans who saw the online footage before it was pulled said it was excruciating viewing, with one likening it to a "car crash".

Until now it had been a mystery why the star-studded clip was deleted, but insiders have confirmed Noel and Liam Gallagher's legal team demanded its removal.

A host of famous faces including Stephen Fry, Maya Jama, Claudia Winkleman and Michael McIntyre all filmed segments for the clip, inspired by England fans singing Wonderwall to the players after their games at the World Cup.

EXCLUSIVE by ELLIE HENMAN

BBC Sport boss Alex Kay-Jelski is said to have fought to save the video before admitting defeat. A source said: "The BBC dropped an enormous ball with the Oasis video as it caused a riot.

"BBC Sport saw all the traction Wonderwall was getting and decided to spend a lot of time, and a fair bit of cash, getting all these stars to sing or speak along. Their idea was it would go viral but instead Oasis's legal team shot it down.

"Apparently the BBC didn't seek the correct permissions to use the song on social media so they didn't have a leg to stand on."

It kicked off with Micah Richards singing the 1995 hit, followed by others including Ross Kemp, Lee Mack, Sara Cox and Emma Radacanu. One fan posted: "This might be the worst thing I've ever seen." Another called it "absolute car crash content".

A source added: "Given how badly the video went down, the celebs were probably grateful it was pulled. But it was a huge waste of time for the BBC and massively embarrassing."

The BBC refused to comment. Oasis were approached. *ellie.henman@thesun.co.uk*

BBC boss . . . Kay-Jelski

STRICTLY VITO

MY BULIMIA

DANCE PRO'S AGONY: PAGES 12 & 13

350K TO TAKE TESTS AGAIN

GCSE RESIT SYSTEM IS NEET WORKING

'Lower bar' to end crisis

RESULTS DAY 1

By MARTINA BET
Chief Political Correspondent

MORE than 350,000 teens face having to resit English or maths GCSEs next year — as Labour moves to overhaul the system.

The scale of the resit crisis emerged as exam results also showed more older pupils are taking the subjects again, but a smaller proportion are passing.

Some 178,270 16-year-olds in England missed the crucial grade 4 GCSE in maths this summer, while about 180,570 fell short in English, according to analysis of Ofqual data.

Post-16 entries – mostly those who have already failed previous years' resits – soared by 6.5 per cent in English and 5.8 per cent in maths compared with last year. But the pass rates fell by 1.4 percentage points in English and 1.7 points in maths.

Education Secretary Lucy Powell said not getting grade 4 was creating a "blockage" for teens trying to get jobs, apprenticeships or further study.

More than a million 16 to 24-year-olds are not in employment, education or training (Neets).

She wants new Level 1 qualifications in English and maths to help struggling teens build up to resits.

She said: "There's got to be a better way to give young people the skills and confidence they need to succeed, not just branding them a failure, and also allowing them to gain other qualifications that show they have a strong foundation in English and maths."

But former Education Secretary Lord Gove blasted a "culture of low expectations" and insisted schools must "consistently raise the bar".

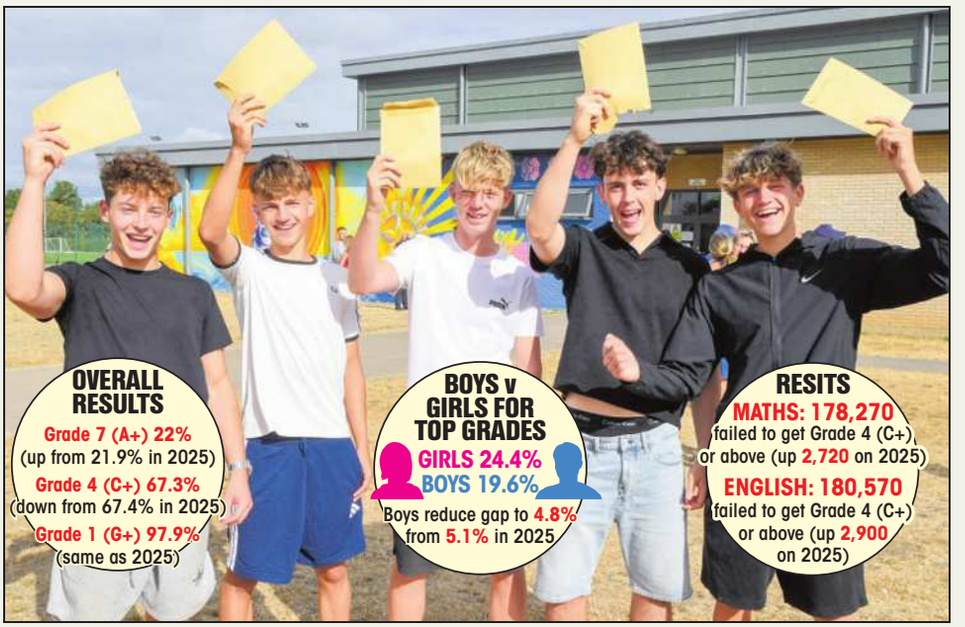
He told Times Radio: "It is a moral imperative for this country to demand that we end illiteracy and innumeracy, and it is absolutely vital that the Education Secretary should be leading a crusade to get more children to pass examinations."

Overall, 22 per cent of GCSE entries bagged top grades of 7 or above, up slightly from last year.

But the standard pass rate slipped to 67.3 per cent – back to pre-Covid levels. Girls' lead over boys in GCSE grades has narrowed to its smallest level on record. For top grades it fell to a 4.8 percentage point lead from 5.1 last year. Girls' standard pass lead dropped to 5.8 from 6.2.

● **REFORM** UK will clamp down on "Mickey Mouse" degrees such as Gender Studies from mediocre universities and fund apprenticeships, MP Suella Braverman has said.

The Sun Says — Page Ten
Best Jobs Regardless of Results — Page 26



Top grades celebration . . . proud pupils at King's Academy Bay House school in Gosport, Hants, yesterday

Mother and son . . . Rooneys

Coleen's proud of son Kai's success

RESULTS DAY 2

By SEBASTIAN HAW

PROUD mum Coleen Rooney shared her pride after son Kai got his GCSE results yesterday.

The popular Wag, 40, beamed in a selfie with her 16-year-old after his exams success.

She wrote: "Great results, especially with a busy schedule, all passed and a place in sixth form! We love you."

Kai is following in dad Wayne's footsteps and currently plays for Man Utd's Under 18s squad.

Meanwhile, Apprentice star Luisa Zissman posted a video of her daughter Dixie, 16, opening her results.

She captioned it: "Dixie Lola you're a rockstar, never stop pushing, never stop working hard and achieving your dreams and goals, I could burst with pride."

Luisa admitted she was nervous as Dixie was hoping to get into a competitive sixth form, but she exceeded expectations.

Maths a big plus for gran

RESULTS DAY 3

A GRAN and a seven-year-old boy shared the joy of passing a GCSE maths in yesterday.

Wynne Hindle, 52, got a grade 4 pass after a four-year quest which saw her fail it five times.

Former nanny Ms Hindle, of Sudbury, Suffolk, said: "I find it hard to quit, I just kept going".

Meanwhile, in West London, whizkid Jivyan Dhruva passed with a grade 8.

His dad, Dhruva Katta, 36, an AI engineer, said: "We are very proud. He's already preparing for his A-levels in maths and further maths next year."

NO WATER RISES

CONTROVERSIAL plans to charge consumers higher prices for water during droughts have been shelved, after pressure from Andy Burnham's Government.

Ofwat had consulted on "dynamic pricing" but it now says significant changes are unlikely before 2030.

The regulator's senior director Emma Kelso insisted: "Claims that water companies could increase bills during a drought are simply wrong."

A source said Environment Secretary Angela Eagle and the PM made it clear they wanted "fairness" and were "happy the regulator is in the same place".

GRAY: No10 JOB 'UNBEARABLE'

SIR Keir Starmer's former chief of staff, Baroness Sue Gray, says her time at No10 was "unbearable".

Ms Gray, who quit after a briefing war, feared colleagues were recording her chats, and was "disappointed not more was done" after confiding in the PM about it.

MEMORIAL DAY

BRITAIN will today mark its first national day of remembrance for victims and survivors of terrorism.

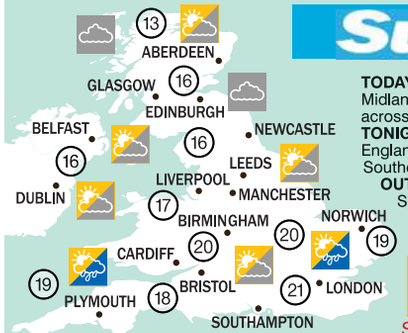
Hundreds of survivors, bereaved families, emergency workers and ministers are expected to attend a ceremony in central London.

Prime Minister Andy Burnham said the event was a chance to remember "loved ones lost and anyone who has survived the very worst of humanity".

Survivors such as Travis Frain – injured in the 2017 Westminster Bridge attack – had campaigned for it.

He said it could help the general public to "spot the signs of radicalisation".

Sun WEATHER



TODAY: Cloudy in North with some sunny spells in Midlands. Southern regions mostly sunny. Light winds across all areas.

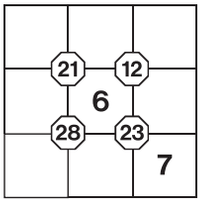
TONIGHT: Cloudy in North-West and North-East England. Rain showers in East. Fair conditions in Southern and South-West regions.

OUTLOOK: Saturday sees mostly sunny skies in Southern England with mild temperatures. Sunday brings warm weather across England, with sunshine in the South.

SAT 22°	SUN 24°	MON 23°	TUE 23°

SEKUTA

PLACE the numbers 1-9 in the spaces so the number in each octagon is equal to the sum of the four surrounding spaces. Solution on Puzzles page.



PUZZLES: PAGES 42-43

WE PAY FOR YOUR STORIES

We are always after good stories and we pay big money for them every day. Call our news desk and we'll call you straight back

Call **020 7782 4100**
WhatsApp **0742 372 0250**
Email **exclusive@the-sun.co.uk**

Need help with SunSAVERS?
Call **0207 860 1129**
or email **help@thesun.co.uk**

TODAY'S BIRTHDAYS

SEX And The City's **KIM CATTRALL**, **70**, *left*, sprinter **USAIN BOLT**, **40**, *right*, singer **KELIS**, **47**, The Prodigy's **LIAM HOWLETT**, **55**, England Lioness **MILLIE BRIGHT**, **33**, and actors **CARRIE-ANNE MOSS**, **59**, and **LAURA HADDOCK**, **41**.

●**Last night's Health Lottery numbers: 18, 20, 24, 29, 48. Bonus ball: 32.**

JACOB PAYS FOR VIP ROOM

Seeing stars . . . reality TV celeb Kendall

EXCLUSIVE by ELLIE HENMAN

SCREEN star Jacob Elordi booked a hotel's £60,000-a-night penthouse to impress girlfriend Kendall Jenner.

The Wuthering Heights actor, 29, splashed out on the Claridge's suite so she could "see the stars", sources said.

Reality TV star Kendall, 30, joined Jacob for his whistle-stop London visit as he promotes Ridley Scott's new post-apocalyptic thriller, The Dog Stars.

The pair were pictured out with his dad John at posh Italian restaurant Cipriani in London on Wednesday night.

Insiders said Aussie Jacob secured the Mayfair suite, billed as the most expensive in London, for Kendall to stay in as he worked.

A source said: "Jacob's a proper romantic and he wanted Kendall to have that amazing view over London where you can see the stars.

"It costs £60,000 a night to stay there, but upgrading was worth the money."

The couple checked in yesterday ahead of last night's premiere in Leicester Square.

They started dating in February and have since been seen on a number of double-dates with Kendall's sister, Kylie, and her boyfriend, film star Timothée Chalamet.

Jacob was photographed at the premiere with co-stars including Josh Brolin and Margaret Qualley. The Dog Stars is released next Friday.

ellie.henman@the-sun.co.uk

London's most expensive . . . penthouse suite's stunning views, and left, Claridge's

Dinner . . . Jacob and Kendall on Wednesday

Premiere . . star Jacob

JEN'S £60K PENTHOUSE SWEETHEART

Celebrity MasterChef is the elephants' graveyard where fading stars go when they are shunned as too low-rent for Celebrity Antiques Road Trip

PAGE 15

Rod McPhee

THE Sun SAYS

Home truths

HARD-working Brits are being asked to believe that Labour is getting tough on illegal migration.

But the latest booklet being handed out to those arriving on small boats makes a mockery of that claim.

It encourages asylum seekers to quit taxpayer-funded accommodation and move in with friends or family who already live here.

They'll be given help with their travel costs and will still receive £49.18 a week for food and essentials.

So what, exactly, is the deterrent?

Andy Burnham has insisted he will be "relentless" in stopping small boats. But this looks less like a crackdown and more like a welcome pack.

The message on the four-page leaflet is clear: Come to Britain, find a spare room and the taxpayer will help you get there. It is handed out alongside a nine-page guide on why raping or abusing women and children isn't allowed.

Is the Home Office sure the recipients won't just disappear and get a job in the black economy?

Labour insists the booklets are aimed at making British law clear to new arrivals and helping the drive to close more migrant hotels.

But yet again taxpayers are expected to shoulder the cost of mass illegal migration while ministers fail to come up with an effective deterrent to stop them arriving in the first place.

The PM has said he is "changing the whole approach" to dealing with the Channel crisis. He's certainly done that.

It looks like he has simply given up.

Revise ideas

THOUSANDS of pupils were celebrating their GCSE results last night — but many will have to go through it all again.

More than 350,000 youngsters face having to resit English or maths next year after failing to reach a crucial grade four.

It is vital that everyone hits the mark in these two important subjects if we are to stop today's schoolkids joining the jobs scrapheap.

Education Secretary Lucy Powell must tackle low expectations in the classroom as a matter of urgency.

This will requires a fundamental reform of maths and English teaching at secondary schools to support those who struggle to attain a reasonable grasp of the 3Rs.

Failure is not an option.

Battle of bottles

PUBS are already fighting for survival — now Labour is to pile on another hefty bill.

Despite paying for their own recycling, they could be charged again for getting rid of bottles because they are classed as household waste.

Publicans warn it will cost £50million a year – enough to fund 4,400 bar staff or buy 11million pints. When pubs are closing their doors, the last thing they need is another tax-like burden.

Give 'em a break!

JULIA Hartley-Brewer

Listen to her on Talk, 10am-1pm Monday-Thursday

WHEN HARRY MET REALITY...

TALKING of the need for tougher border controls, two more economic migrants will be arriving on our shores soon.

Prince Harry, *below*, and Meghan shocked the nation with their Megxit announcement in 2020 yet, just six years later, it seems their American dream is over and now we are getting the Great ReMeghration of the Sussexes to Blighty, with their tails between their legs.

It turns out life as Californian celebs isn't quite as fun – or as lucrative – as they'd hoped. After selling every last ounce of their private lives to Netflix and Spotify and after telling the world every secret in their Oprah Winfrey interview and Harry's memoir, Spare, there isn't anything left to hawk.

And, frankly, sales of Meghan's As Ever brand jam just aren't going to pay the bills. It also turns out their only cachet was their royal link.

Without it, they've quickly tumbled down from must-have A-listers to late-night TV show laughing stocks.

Maybe Harry wants to make amends with his family.

Maybe he's bored. Perhaps he has finally sorted out his security concerns, or the couple think British schools will be better for their young children.

Or possibly they are leaving the US before Harry's visa is cancelled over his drug-taking confessions. Who knows? But I suspect what this is REALLY about is Meghan's desire to see her children, Archie and Lilibet, with their HRH Prince and Princess titles, finally taking their rightful places on that Buckingham Palace balcony alongside the King and Queen, and William and Kate.

It's time for Meghan's next reinvention as we tune in to see the Sussexes' royal soap opera enter its latest season: The Non-Working Royals Return.

How about a booklet saying it's a crime to cross the Channel?

TORRENT . . . illegal migrants landing on south east Kent coast

WELCOME to Britain! Please wipe your feet.

Here in Blighty, our borders are now open to anyone who wants to come here – but we do expect everyone to obey our rules and customs.

If you come to our shores, you will need to learn to queue quietly, say "sorry" when someone else bumps into you, moan incessantly about the weather and, if it's not too much bother, would it be okay if you didn't rape any women or children, or beat your wives?

While the rest of us might take it for granted that rape, paedophilia and domestic abuse are most definitely not an acceptable part and parcel of everyday life in the UK, apparently not everyone does.

Which is why the Home Office has just published a nine-page booklet telling illegal migrants arriving in Britain not to commit those crimes.

The document, entitled "Understanding behaviours and expectations in the UK: A guide for asylum seekers", sets out exactly what those expectations are and is to be handed out to the thousands of Channel migrants, helpfully informing them that rape is a serious crime, as is sex with children under 16. Sexual harassment in the street is also not allowed, and neither is beating your wife or stopping her from getting a job or studying or, indeed, leaving the house when she wants.

What's so surprising is that the Home Office thought this was necessary.

After all, Government ministers have been at pains to tell us these boat arrivals are desperate asylum seekers fleeing persecution – many of them women and children – not potential predators.

And people who have protested against these migrants being housed in hotels, bedsits or ex-Army barracks in their local areas have been branded racist bigots for claiming their new neighbours might be making their streets unsafe.

The Home Office booklet is basically a confession by the Government that they **KNOW** that some Channel migrants are a clear and present danger to women and children in our country.

Yet they continue to welcome them in their thousands to our shores, with a Channel taxi service, free accommodation and food, and legal aid to fight for the right to stay here.

SHAMEFUL . . . Home Office leaflet advising Channel migrants

Lanyard loons

For the ranks of liberal leftie lanyard loons at the Home Office, sitting on Commons benches, in the courts and working in migrant NGOs and charities, the rising tide of rapes, sexual assaults and sexual harassment on our streets is just a small price to pay for the pleasure of living in a **NICE** country that opens its doors to the world's desperate hordes.

They simply refuse to face up to the reality that not all cultures are equal and that the whole world doesn't sign up to Western values of equality and freedom.

Indeed, most of the world doesn't – and particularly not in countries like Afghanistan, Eritrea, Iran, Iraq, Sudan and Somalia, where most asylum seekers are now arriving from.

Time after time, illegal migrants have been charged and convicted of raping and sexually assaulting women and girls, yet often the defence given in court is that they did not know what they were doing was a crime.

In one high-profile case, Ethiopian migrant Hadush Kebatu, 41, sexually assaulted a 14-year-old schoolgirl while he was living at the Bell asylum hotel in Epping, telling her that it is normal to marry children "in his country". And only this week, two Afghan migrant men, aged in their twenties, appeared in court accused of raping a 14-year-old girl on a London-bound train in February.

If only this booklet had been published before their alleged crime, eh?

How many more lives have to be sacrificed on the altar of the woke dogma that insists – against all the evidence – that it is a good idea to allow thousands of young men from medieval cultures into our country to roam our streets freely?

Even now, the Home Office is spending taxpayers' money fighting a legal bid to force them to publish crime statistics by nationality, so they can continue to try to hide the true scale of the problem.

How many more British women and girls are expendable? How many rapes and sexual assaults will be enough to convince the Government that this is too high a price to pay? Because for most of us, **ONE** is too many.

Booklets and advice are not going to make our streets safer. Neither will sharing out the potential rapists "fairly" across the whole country, as the Home Office plans to do. (Out of interest, what do you reckon a "fair share" of foreign rapists in your local area would be?)

The solution is simple. Every single illegal arrival must be locked in a secure detention camp on Day One. Their asylum applications must be assessed quickly, and those who fail to provide clear evidence for their claim must be immediately deported back home or anywhere else that will have them – Rwanda, Albania or a rocky outcrop in the middle of the Atlantic for all I care.

If the Home Office is so convinced that a booklet telling migrants not to rape will change how they behave, then let's start handing out booklets on the beaches of Calais telling them it's a crime to travel by dinghy to Britain. I'm sure it will work.

KYLIE PARTY WITH FRIZZ

By JACK HARDWICK

CURLY Kylie Minogue goes retro with her hairstyle — as she celebrates the 25th anniversary of her album Fever.

The 2001 release, *inset right*, featured some of the Australian star's biggest hits, including Can't Get You Out Of My Head.

Her latest look, for Perfect magazine, *below*, echoes her ex-Neighbours character Charlene's blonde perm. In another shot, *right*, Kylie, 58, rocks a shorter cut, like on her 1997 Impossible Princess album cover.

The singer said of releasing Fever: "Life got very busy. Crazy in a great way."

Picture: WILLY VANDERPERRE

PLANNING ROW

SHAPE OF LOO

Ed told to rip out toilet at luxury £3m listed flat

EXCLUSIVE by ELLIE HENMAN

ED Sheeran has been panned by planners over an unauthorised toilet at his £3.3million mansion flat.

Insiders said the Shape of You singer, 35, was hit with a council enforcement notice after a waste pipe was fitted without permission at the Grade II listed property he owns in West London.

His team have now applied for retrospective permission – but if it is not given, his improvement works could go down the drain.

A source said: "Ed acquired the two-bedroom property as part of his portfolio nine years ago and the works went unnoticed until a busybody blew the whistle.

"Two en suite bedrooms were created, which is where the breach is alleged to have taken place. It's basically an unauthorised toilet which should have never been fitted where it was."

The mid 19th-century property, close to Victoria and David Beckham's London home, was bought by Ed's Maverick Properties firm.

Builders carried out work, including knocking down a partition wall and creating an "open plan kitchen/living space".

In paperwork seen by The Sun, Ed's team tell Kensington and Chelsea council the main property's historic floor plan had already been altered by being subdivided into flats.

They say they sought pre-planning advice and added: "The works that have been undertaken are considered to be minor in nature and have not affected historic fabric."

Effluent ... Ed and a toilet

Trial . . . Bowen

Teacher accused over sex with boys

By ODHRAN GALLAGHER

A FEMALE teacher has denied having sex with two teen pupils at an all-boys school 40 years ago.

Sally-Anne Bowen, 65, is alleged to have indecently assaulted the pair when they were around 14 to 15 and she was in her mid-20s.

She joined the then all-boys Christ's College in Finchley, North London, in the late 1980s.

Bowen told Harrow crown court: "I didn't flirt with students, I was just friendly." She added: "I wanted to be liked and had a lot of attention."

One alleged victim said he had sex with the teacher about 20 or 30 times over several months.

Bowen said: "There was no sexual activity, he's made this story up."

She told the court she has a condition which makes sex painful, adding: "I had no desire to have sex, I never have."

The trial continues.

Double trouble . . pint

Recycle scheme threat to pint price

EXCLUSIVE by TOM SCOTSON

PUBS could be forced to hike the cost of a pint because of controversial recycling rules, industry bosses have warned.

Boozers are effectively being charged twice to get rid of the same glass bottles under the scheme, industry chiefs claim.

Landlords already pay private waste contractors to recycle empties but are also saddled with extra costs from suppliers because the bottles are classed as household waste, the British Beer and Pub Association said.

The trade body estimates the double charging costs pubs around £50million a year.

Shadow Business Secretary Andrew Griffith told The Sun: "Labour's recycling levy is yet another slap in the face for landlords and punters who will end up paying more for their pint – or seeing their local close."

The Sun Says — Page Ten

EXCLUSIVE STRICTLY FAVOURITE

By NADIA COHEN

HE is the Strictly favourite who is so passionate about food he whips up delicious tiramisu for the cast and swaps sweets with Claudia Winkleman backstage.

But today pro dancer Vito Coppola bravely reveals a personal secret for the first time.

For Vito, 33, battled crippling eating disorder bulimia from his late teens after being cruelly bullied and taunted about his body by harsh judges and rivals in the "toxic" world of competitive dance.

In an exclusive and emotional interview, he revealed: "I want to be open about that dark period in my life and what I've been through.

"Once it becomes an ingrained habit, bulimia – that act of bingeing on food and purging it – is so serious and potentially life-threatening.

"In the competition world there is always someone better, stronger, faster, slimmer or quicker than you, so you push yourself.

"I felt the judging panels idealised the perfect body structure. I felt different because I was taller than most, but I had wider shoulders and judges told me my bum was too big and rounded and my legs were too chunky. It can be toxic.

"I wanted the pleasure of food so I would be eating and then being sick, but in the end that really doesn't work.

"I did it for a few months but felt very ashamed. It was a betrayal of my values – I was wasting food.

"I felt not clean and I didn't have much love for myself."

'Never good enough'

As the dancer publishes his moving new food memoir, Love, Vito, on Thursday, he explains that his close-knit family in Eboli, Italy, were confused by his alarming behaviour.

He added: "I felt guilty because my family were so worried about me but they didn't know what was really going on. They didn't know I had a problem.

"But my mum has a sixth sense. She's my best friend – she goes dancing and does everything with me – so she understood.

"She was sending me food parcels but then would visit and find them still there, uneaten.

"Dancing is high energy so you need lots of food to keep going.

"There was pressure dancing in a world where whatever you do it's never enough. It's very competitive.

"My background is healthy and in my world we know the value of food but I started to feel judged.

"Dancing is not an objective sport, it is very subjective. I'd say it's not really a sport at all – it is an art form where who wins or loses is based on the judges' personal taste.

"I used to cry a lot if another guy was taller and would shove me or push me over – I was always taught not to do that.

"I had sacrificed so much to get to that point and now it was disappearing through my fingers, like water."

The crisis came to a head when Vito flew to Toronto, Canada, to compete in the World Championships in his early twenties, but collapsed during a fast-paced dance.

He explained: "I fainted during the jive because I had no energy.

"You push yourself but being strong means stepping away from a situation that is toxic and is damaging you.

"I've never gone back [*to dangerous eating disorders*].

"I am very empathetic and want to share my experience. In order to receive, you have to give.

"Dancing is an intense activity but anyone who has danced with me knows that now I am all about regular eating and napping.

"It scares me to think I was on a path to developing a full-blown, long-term eating disorder."

Vito is returning to Strictly later this year following a bloodbath at the BBC show – with some of his closest friends being given the chop, including Karen Hauer and Michelle Tsiakkas.

But the star insisted that the pros have a strong camaraderie behind the scenes and there is little of the heated rivalry that has been hinted at in the past.

He added: "What you see is 100 per cent what it's like behind the scenes – we all help and support each other, we're all in it together."

While Vito was not able to reveal the identity of his celebrity partner for the new series, he says the first day of rehearsals is always his favourite.

He added: "People think we know who our partners will be but we don't know anything. When we meet the celebrities at the end of the summer it's the most beautiful chaos in the world. It's like the first day of primary school and I go round like a puppy hugging everyone. Some people break the ice, but I melt it."

Vito lifted the Glitterball in 2023 with Coronation Street star Ellie Leach, and the pair celebrated with matching aubergine tattoos.

'I love the challenge'

Two years later he was partnered with Ellie Goldstein who has Down's Syndrome, so had to tailor his usual teaching style to accommodate her additional needs.

He recalled: "I believe everyone can dance with the right teacher to guide you – there are no bad students, only bad teachers. I love the challenge of trying to get the best from the celebs.

"With Ellie, I would put pictures of [*former hosts*] Claudia and Tess Daly, animals, colours and food around the studio, then direct her towards them rather than giving the steps. My dream celebrity partner would be Jessica Alba."

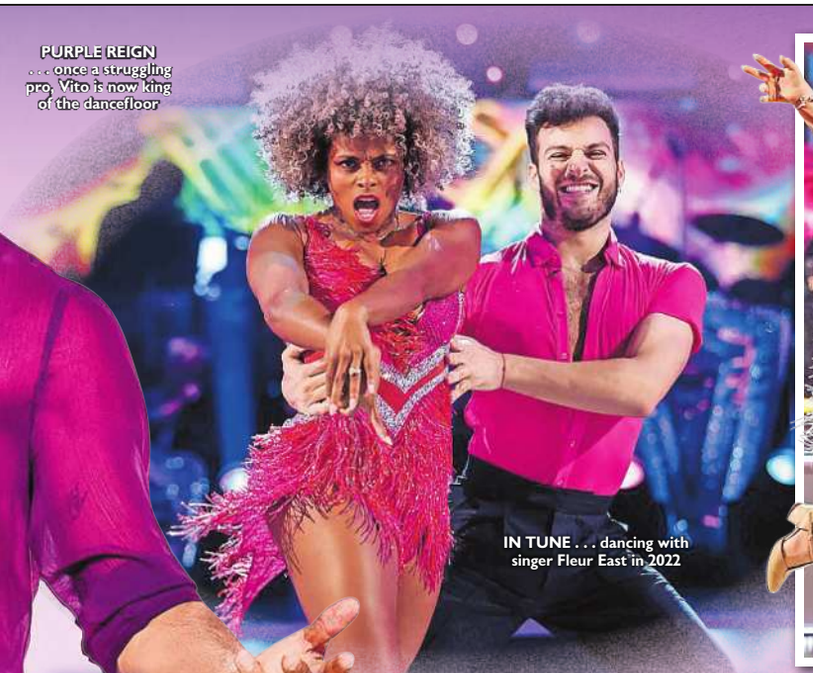
Vito admitted he was astonished when Claudia and Tess quit last year. He said: "We were all shocked when we heard they were leaving. I never thought it would happen – we all love them.

"I'll miss Claudia sneakily handing me chocolate backstage – I need to find someone

ELLE OF A PERFORMANCE . . . Vito and Ellie Leach won the coveted Glitterball trophy in 2023

DISH OF THE DAY . . . hunk Vito does telly cook-up; *far right*, abs on show for 'breakfast in bed' pic on social media and, *below*, star with his new book

ON HOW HE BEAT HIS TEEN AGONY



PURPLE REIGN . . . once a struggling pro, Vito is now king of the dancefloor

IN TUNE . . . dancing with singer Fleur East in 2022

STEPPING IT UP . . . Vito with Ellie Goldstein last year

The dance world can be toxic. Always someone better, stronger, faster, slimmer and quicker than you. So I ended up with bulimia

'Being strong means stepping away from a situation that is damaging you. It scared me and I've never gone back but I want to be open on that dark period in my life'

Says VITO COPPOLA

else to do that." But Vito is delighted by the new hosting line-up of former Strictly pro Johannes Radebe, telly favourite Emma Willis and comic Josh Widdicombe, saying: "Johannes, I love him – he is the most amazing soul.

"I have never met Emma but I hope she's ready for my energy. I will cook her tiramisu.

"And Josh makes me laugh so much. Change is not a bad thing."

Vito also revealed how the dancers kill time backstage between rehearsals playing spoof games of The Traitors: "We play a short version but I am terrible at it because I can't lie, so I am the worst player ever. I can only be a Faithful. Carlos Gu does Claudia – he dresses up in the wig and every-thing."

Vito, who speaks four languages, also won MasterChef in 2024 with a series of traditional recipes inspired by his grand-parents.

He said: "Food has never been just food. Food is life. More than that, food is the love of my life.

"It was a beautiful experience but I didn't really know what I was getting into. It was so much harder than I expected.

"I used my grandfather's recipes and that's why he's got the trophy now because he was guiding me.

"I was shaking every week particularly when we had to make pizza because I couldn't go out on that – getting through the pizza round was as good as winning for me.

"I was concerned they would be running to the toilet!"

Although he is a fan favourite now, Vito struggled to settle in the UK when he first came to join the Strictly cast in the summer of 2022.

He had already appeared as a pro dancer on the Italian version of Strictly, beating Bianca Gascoigne in the final.

So disgusted

The star had only visited Britain once before, to dance at Blackpool when he was 15 – the first time he had ever seen a carpet.

He recalled: "Strictly was an immediate 'yes' but there was a question mark over the weather and, of course, there are crimes against food in the UK!"

Vito was horrified at being served chicken pasta in London – and when he was offered a ham and pineapple pizza by a potential girlfriend he was so disgusted he faked tummy ache and fled.

He says: "To the girl: If you're reading this, you asked me to choose between you and my life and I chose."

But Vito, who even has a T-shirt saying, 'No cheese on fish' added: "Once I found Italian restaurants in Britain it helped me reconnect with my country, and going to mass in Italian every week keeps me grounded.

"I never felt I could settle anywhere else but I do feel very settled here now."

● **Love, Vito: My Story Of Food, Family And Finding Home is published by Little Brown on Thursday, priced £25.**

5
LUNCHES
FOR UNDER
£4.50

SCHOOL LUNCHES PACKED WITH VALUE

ALDI

Aldi price and packaging correct as of 18/08/26. Village Bakery White Rolls 6 pack, 45p, 8p each. Ashfields British Cooked Ham 10 slices, 115g, 75p, £6.52 per kg. Nature's Pick Mini Bananas 7 pack, 88p, 13p each. Brooklea Little Delights Strawberry, Apricot & Raspberry Fromage Frais 282g, 75p, £2.66 per kg. Emporium Cheese Triangles 8 pack, 140g, 99p, £7.07 per kg. Nature's Pick Chopped Iceberg Lettuce 200g, 64p, £3.20 per kg. Subject to availability. Photography shows serving suggestion. Product packaging and prices may vary in store, Scotland, Wales, Aldi Local and online.

Rod McPhee on TV

rod.mcphee@the-sun.co.uk

TRIP . . . Richard E Grant

TRAGIC GREEK JAUNT

CHRISTOPHER NOLAN'S The Odyssey is a swords and sandals classic but Richard E Grant's Very Modern Odyssey is more spit-and-sawdust tragic.

The Channel 4 show sees the Withnail And I legend trying to retrace the steps of the hero of Homer's classic in a series which falls between the twin stools of history lesson and travelogue.

Now, my knowledge of the tale is a little hazy, but I'm pretty sure Odysseus never sampled decorative tile-making or rustled up a non-alcoholic mojito on his epic adventures, yet that's just what Richard ends up doing.

It's the ultimate example of virtue-signalling TV execs trying to serve up something "accessible" when all they're really doing is dumbing down.

Thankfully, we'll all soon have another TV show to help us look at the tale in a new way – Rylan Clark and Rob Rinder's Greek Odyssey.

Both the Herculean warrior types Homer obviously had in mind when he wrote the original.

TIDE IS EBBING

RACE Against The Tide is an example of a modern-day phenomenon – the non-show.

It looks like a show, it sounds like a show, it cost thousands of licence fee payers' pounds to make, like all BBC programmes.

But it is 30 minutes of zombifying nothingness and proof that just because you film something happening, you can't credibly claim to have made a TV programme.

Predictably for a contest featuring sandcastle sculptors showing off their skills, it's only one step away from watching one of those fireplace videos people put on their TV screens at Christmas in place of the real thing.

In fact, Race Against The Tide's only redeeming feature is to remind us just how unfunny host Iain Stirling is when we don't have all the bums and boobs of Love Island to distract us from his try-hard gibberings.

Celeb MasterChef: No celebs and no master chefs either

SINCE winning I'm A Celebrity 22 years ago, the biggest highlight of Joe Pasquale's career was accidentally flashing his private parts playing Frank Spencer in a stage show of Some Mothers Do 'Ave Em.

You would, however, be forgiven for thinking he was the reincarnation of Laurence Olivier and Charlie Chaplin if you were watching the new series of Celebrity MasterChef.

The narrator this week introduced the squeaky-voiced dad joke machine as "a master of stage and comedy royalty".

To be fair, in the fame stakes he's up there with Christ and Elvis compared with the rest of the line-up. Celebrity MasterChef has become the elephants' graveyard of celebrity shows, where fading stars go once they've completed the bingo card of big TV contests, or are shunned as too low-rent for Celebrity Antiques Road Trip.

In the first two episodes of the new series, the dearth of genuinely famous faces was replaced by overstatement.

So, fellow contestant Jay McGuiness – the mop-haired boy band singer who won Strictly 11 years ago – was introduced as "a celebrated author".

You might have missed the ticker-tape parades when his two books came out.

But, wait – that was nothing compared with the fanfare that announced the arrival of guest judge Paddy McGuinness.

He was heralded as "one of Britain's most beloved entertainers". Then, hilariously, they illustrated this by showing two clips from a pair of much-loved shows he fronted for the BBC – A Question Of Sport and Top Gear, both of which got axed under Paddy's tenure.

Celebrity MasterChef might just be heading the same way because, as well as lacking celebrities, they also don't showcase any masterful chefs any more.

If they did, they wouldn't have had the temerity to line up the competitors, as they did on the first episode, and ask them to taste and name dozens of condiments, each placed in tiny bowls.

These included such exotic treats as ketchup, honey and Branston Pickle, which eight-year-olds could surely have named. But four of the wannabe "master chefs" were defeated.

Can you imagine what new judge, Michelin-starred gastronomer Giorgio Locatelli, made of this farce?

Cursory praise

As well as bill-toppers Joe and Jay "Hemmingway" McGuinness, we got three passengers – Love Islander Shakira Khan, sports host Jason Mohammad and weightlifter Emily Campbell.

But it turns out the biggest stars of the show were Joe's trio of pies.

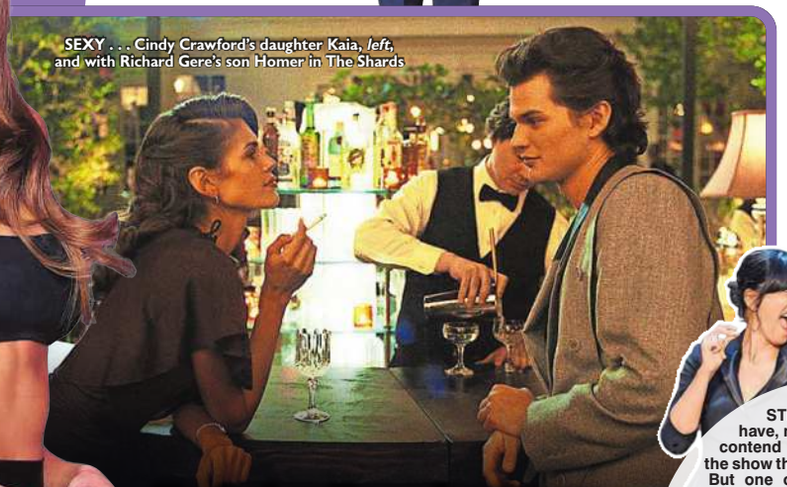
These received cursory praise from the judges but, of course, nothing so British or pedestrian was ever going to be lauded.

In fact, Giorgio's fellow judge Grace Dent seemed more preoccupied with moaning after getting stuffed with Jason's extra-thick gnocchi.

In a stunning moment, she suddenly announced he'd left her needing "a lie-down with ankles raised."

If dumplings have that effect on Grace, perhaps Joe should produce his famous meat and two veg in the next round.

NO LAUGHING MATTER . . . joker Joe Pasquale



SEXY . . . Cindy Crawford's daughter Kaia, *left*, and with Richard Gere's son Homer in The Shards

Hooked on Homer's odyssey through glam LA in Eighties

IF you're of a certain age and can still recall the late Seventies and early Eighties, then dust off your Chopper for a nostalgic joyride back in time, courtesy of The Shards.

This Disney+ show – a mix of Silence Of The Lambs, Beverly Hills 90210 and American Gigolo – has me hooked.

Set in Los Angeles in 1981, it's basically the "origins story" of Bret Easton Ellis, who wrote seminal serial-killer novel American Psycho. You'll need to ignore some of the choppy acting, and instead focus on the glamorous costumes, Hollywood backdrops and some seriously sexy people, including Cindy Crawford's lookalike daughter Kaia Gerber and Richard Gere's son, Homer.

My biggest takeaway from the show, however, was the revelation that Alan Carr isn't actually the most famous Alan Carr in showbiz. That honour goes to Allan Carr, who pops up as a real character in The Shards.

He was a Tinseltown supremo who discovered the likes of Michelle Pfeiffer and Mark Hamill and was the movie mogul who made films such as Saturday Night Fever and Grease the cult hits they are.

Funnily enough, Allan Carr was a little cuddly, camp bloke in specs, too.

DEALERS . . . Gavin, *left*, and Liam. *Inset*, host Steph

LADS' ART OF GOLD

THIS week, I spotted two fairly normal blokes on a prime-time BBC TV show and felt compelled to make a note of the time and date. It was last Thursday at 8pm, when Steph McGovern's latest project, The Big Deal, was unveiled.

A show about wannabe dealers flogging modern art just felt like BBC Two doing a middle-class version of The Apprentice. And it was.

Though, surprisingly, it wasn't half bad either.

The show was saved by the aforementioned fellas, Gavin and Liam from Belfast, who looked like two hapless henchmen from a Guy Ritchie movie.

In contrast to the more cosmopolitan competitors, it was like they'd wandered in off the street, having somehow mistaken the show's audition room for the bookies.

They were priceless, admitting their introduction to artists came from watching Teenage Mutant Ninja Turtles (Donatello, Leonardo, Raphael and Michelangelo).

A favourite moment was when they admitted to one artist they'd had a quick game of rock, paper, scissors to select between her creations to sell and another painter's work.

Best of all, by last night's second episode they were there in the game . . . though both of them still didn't look like they knew what planet they were on.

STRICTLY bosses have, naturally, got a lot to contend with as they relaunch the show this year.

But one of the biggest questions revolves around how the new trio of hosts are going to perform the old "keeeep dancing!" sign-off.

Previously, it was performed by Tess Daly, *right*, and Claudia Winkleman, *left*, doing a little waltz-type dance hold.

But with Emma Willis, Josh Widdicombe and Johannes Radebe now fronting things, if they try to do some kind of three-part formation holding hands, it's going to look like they're doing the ring-a-roses.

To be fair, after the past four years, that's the least of their worries.

ALLY ROSS IS AWAY

THE Sun SAVERS

sunsavers.co.uk Facebook.com/thesunsavers

DEAL OF DAY

STAY on top of the latest skincare and make-up with Boots' Trending Beauty Box, £45, featuring items worth £191.71, including Color Wow full-size conditioner and Iconic mascara.

SAVE: £146.71

CHEAP TREAT

GIVE your underwear collection some new life with this pack of three pants, £8.50, from Matalan.

TRIM COSTS OF SETTLING IN TO YOUR NEW HOME

Smart moves

AUGUST is a popular month for moving home, but packing up for a new pad can be hard on your wallet.

By LANA CLEMENTS

You can open the door to savings, though, if you try a few simple ideas.

Here's are ways to soften the financial blow of moving . . .

PACK IT IN: You will save cash on your move if you do the packing yourself, rather than paying professionals, though the job can feel daunting at the outset.

Start by cutting down on belongings you don't want to take to your next home.

The British Heart Foundation will pick up bulky items in good condition for free if you are struggling to sell on second-hand sites. Check local sites for free cardboard boxes and wrapping paper and complete one room at a time.

After packing a box, clearly label it by designated room and contents.

MOVING PARTS: It's much cheaper to hire a van and round up the manpower to help with lifting. But if that's not an option, you can upload a removals job to a comparison site such as getamover.co.uk to get quotes.

Clarify exactly what is or isn't covered by the quote and ask specifically about any extra charges, such as taking down outdoor trampolines. Some charge by the hour and others will charge a set price.

If you are opting for an hourly rate, consider in advance ways you can cut down on time, such as getting boxes to the front of your home, or taking apart furniture such as beds.

BILL POWER: If you are within a broadband contract, you may be able to continue at your new home to avoid early exit fees.

But get in touch as soon as possible to schedule the switch. Don't forget to take the router with you.

If you don't want to pay for post redirection, start to change addresses on vital bills a few days in advance of your move.

Take final meter readings with photographs at your old home before you hand over the keys.

●All prices on page correct at time of going to press. Deals and offers subject to availability.

What's new?

CO-OP has brought back its popular deal, until September 8, allowing members to buy two pizzas and a tub of Ben & Jerry's ice cream for £5, saving £8.90.

Little helper

SHIFT marks on white and coloured clothing with help from The Pink Stuff stain remover, £1.50 from Dunelm. Just spray before chucking in your machine.

TOP SWAP

£42

STEP out in style with Marks & Spencer's leopard-print trainers, *above*, £42 down from £56. Or hotfoot it to Sainsbury's to get your hands on a similar pair, *below*, for £18.

SAVE: £24

£18

SHOP & SAVE

TAKE your bedding up a notch with Silentnight's pair of Luxe Hotel pillows, down from £15 to £9 at George from Asda.

SAVE: £6

HOT RIGHT NOW

UNTIL October 25 at Ikea, students kitting out new pads will get a £10 coupon when spending £75 and £20 when spending £150.

THE Sun RAFFLE

250 PRIZES TO BE WON

Join Sun Savers - download the app or sign up at sunsavers.co.uk

Opt in to The Sun Raffle

ABC123 Enter your unique code

PLUS! You can use this code for Sun Savers competitions and offers too...

IS YOUR CODE WORTH £100?

YOUR CODE

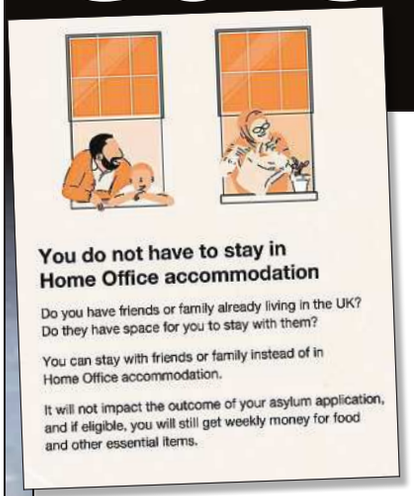
18+ UK only (excludes Isle of Man & Channel Islands). Multiple code collect. See full T&Cs at sunsavers.co.uk/terms

Need help with Sun Savers? Email help@thesun.co.uk

AFTER 'DON'T RAPE' LEAFLET...

MIGRANTS TOLD: GO STAY AT PALS

Home Office `give up on monitoring'



Moving advice . . . Home Office's leaflet

ASYLUM seekers are being encouraged to move out of Home Office accommodation and stay with friends and family, The Sun can reveal.

EXCLUSIVE by JULIA ATHERLEY

A booklet handed out to new arrivals suggests they consider the move – and offers to cover travel costs.

But it raises fears that asylum seekers could "simply disappear".

The Sun yesterday revealed how another pamphlet in the series warned migrants not to rape.

The latest one reads: "You can stay with friends or family instead of in Home Office accommodation. It will not impact the outcome of your asylum application, and if eligible, you will still get weekly money for food and other essential items." The Home Office is under scrutiny over plans to move asylum seekers out of hotels into old military camps – which can be even more costly.

As an incentive to leave its sites, the leaflet says: "We may be able to help with travel costs to your new accommodation."

Sussex Police and Crime Commissioner Katy Bourne said the leaflet raises questions about how asylum seekers will be found once they leave Home Office sites.

She said: "The Home Office admits it has no mechanism for finding them, which is shocking.

"Unless we have a better system of monitoring their movements, they can simply disappear."

Figures show 93,653 people are in taxpayer-funded asylum accommodation, including 20,885 in hotels. Another 3,866 asylum seekers are receiving only subsistence support – meaning they have sourced their own housing – which is up 25 per cent in a year.

Asylum seekers can receive £49.18 a week to cover essentials such as food and toiletries while their claims are processed, but they cannot usually work.

Other booklets offered to new arrivals give advice on UK laws, such as telling them rape is illegal and the age of consent is 16.

PM Andy Burnham defended the leaflets, saying: "If you break UK law, you will be removed from the country. So it's made clear what the UK law is."

A Home Office spokesman said of accommodation: "We've cut costs by £1billion since the general election and are determined to reduce the bill further."

The Sun Says — Page Ten

Convicted . . . Mofrad

Jailed for girl of 15 sex-grab

By ODHRAN GALLAGHER

A TEENAGE girl told a court she "tried to end my life" after an attempted sexual assault by an asylum seeker.

The victim, 15 at the time, was targeted at a bus stop by Iranian Pirouz Mofrad, 23, who grabbed her arm and tried to touch her bottom.

In an impact statement, she said she pleaded that she was "too young" but he said he "wanted to touch her". She said: "It's had a lasting impact on my emotional well-being."

After the 2023 attack in Southampton, Mofrad targeted a girl of 14 with crude comments in 2024.

He was found guilty of two counts of attempted sexual assault. Jailing him for two years at Southampton crown court, Judge Nicholas Rowland said the older girl had taken an drug overdose, and praised both for their "courage".

Headbutter . . . Noel

Fugitive attacked two cops

By JULIA ATHERLEY

AN ASYLUM seeker who attacked two cops has fled a migrant hotel.

Kenson Noel, 31, tried to headbutt PC Sinead Sheath when she arrived to arrest him for another matter last October.

He also tried to bite her and colleague PC Madeline Duncanson, then spat at them as he was put in a police van.

Noel was due at Weymouth magistrates' court but failed to appear. It emerged he no longer lives at the Roundhouse Hotel in Bournemouth and his whereabouts are unknown.

Magistrates found two offences of assaulting a police officer proved in his absence and issued a warrant for his arrest ahead of sentencing.

Noel arrived in the UK from Trinidad and Tobago in 2024 and already has two convictions for possession of cannabis.

SPAIN BEACH STORMED

By JULIA ATHERLEY

SHOCKED holidaymakers watched as dozens of migrants leapt from an incoming boat and dashed on to a packed tourist beach.

Up to 60 disembarked from the vessel near the famous La Manga Club on the Costa Calida in south-eastern Spain.

The resort is popular with celebs, including David Beckham and Robbie Williams.

Mayoress Noelia Arroyo said: "If a migrant boat can reach a cove like this, disembark in full view of citizens and then leave, we have to ask ourselves how the control of our maritime borders is working."

Elsewhere, 105 migrants were rescued and brought ashore by Spanish authorities at Arrecife, Lanzarote.

And migrants attacked cops on a beach in northern France after they stopped them sailing for Britain by slashing the dinghy with a knife.

Traveller take-off..

A DRUNK air passenger has admitted exposing herself on a packed jet.

Sarah Parker, 30, refused to stay seated during take-off.

She went to the toilet, then dropped her shorts and underwear to squat in the aisle of the Tui flight from Birmingham to Florida last year.

Parker, of Halifax, West Yorks, pleaded guilty to outraging public decency at Manchester magistrates' court. Sentencing was adjourned.

TIM'S TIDY SUM

Ex-Bargain Hunt star Tim Wonnacott had an antiques clear-out and auctioned 40 for £40,000 in Stansted, Essex.

DJ TREVOR REVEALS HE'S HAD BRAIN TUMOUR OP

'Raring to go' . . . Nelson

RADIO Two DJ Trevor Nelson has revealed he had "very serious" surgery after doctors found a brain tumour.

The 62-year-old stepped away from his weekday afternoon show in June to deal with "health issues".

He has now spoken of the diagnosis – saying it turned his world "upside down". In a video on Instagram yesterday, soul and dance music champion Trevor said: "I was minding my own business and then it was discovered that I had a brain tumour.

"It was a shock to myself, my close family and friends, you can imagine. Quite literally, my head was all over the place.

"I knew I had to stop work because I couldn't be that guy on the radio knowing I had that going on. I was given my choices of what I could do, and a few weeks later, I had a very serious surgery. Thankfully it went incredibly well, and last month I've been recuperating, resting, and getting post-op treatment."

He added: "The truth is, I feel great right now. Yes, I've had a serious situation, but I've come out the other side and I feel great and raring to go."

Dad-of-two Trevor, who has been with the BBC since 1996, promised he would be back on air "very, very soon".

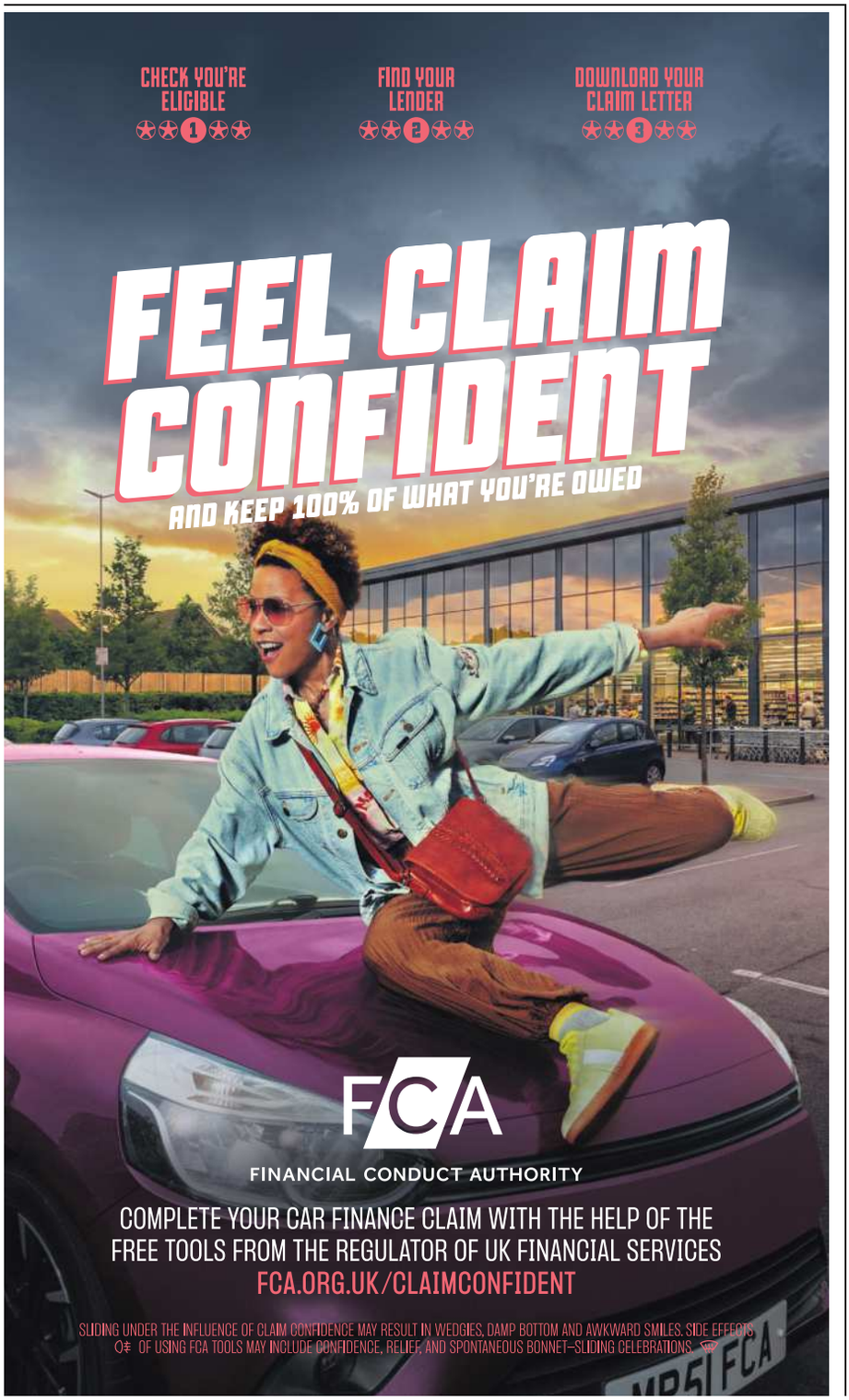
He also revealed that watching the World Cup had helped him "take his mind off so many things" during the ordeal.

Former Radio Two co-star Zoe Ball led supportive responses yesterday, writing: "Huge healing love to you, wonderful man."

Craig David said: "We all love you, Trev. Take your time."

By HOWELL DAVIES

howell.davies@the-sun.co.uk



'Fiction' . . . Combs

Diddy 'to face rap' on Tupac

By THOMAS GODFREY

SEAN "Diddy" Combs could face charges over fellow US rapper Tupac Shakur's death if the man who allegedly plotted his murder is convicted, sources suggest.

Duane Davis, known as Keffe D, is on trial for the 1996 fatal shooting of Tupac in Las Vegas.

The prosecution case is based on Davis's own claims in documentaries and a secret audio recording made by cops.

He has denied any involvement and said he made the claims to gain fame and make money.

Davis also claimed that Diddy, serving four years for prostitution crimes, had offered him $1million (£750,000) to kill Tupac, who died aged 25.

Legal sources told The Telegraph that a guilty verdict on Davis "gives a green light to take action against Diddy".

Diddy has branded the allegations "pure fiction".

'Murder' fire probe

A MURDER inquiry has begun after a woman of 48 died and eight people were taken to hospital following a house fire.

Another woman, 40, is still in a life-threatening condition. Six men and one woman have been discharged with minor injuries.

Officers were called to the blaze in Hounslow, West London, at 1.14am on Wednesday.

Det Chief Insp Neil John said: "We understand this to be an isolated incident within a residential address."

JAWSOME SNAKE

Jodie the 15ft python had part of her diseased jawbone removed in successful pioneering cancer treatment at Chester Zoo.

SUMMIT SPECIAL

Cloud 9 . . . the pair at top of Ben Nevis

By LAUREN UTTLEY

A BOY of nine was hailed a "superhero" by his dad for being the youngest amputee to complete the Three Peaks Challenge.

Albie-Junior Thomas scaled the highest mountains of Scotland, England and Wales with father Daniel — in 1½ hours under the 24-hour limit for all the hiking and driving.

The lad had his left foot removed at 15 months old. Personal trainer Daniel, 41, of Holywell, North Wales, said: "I was watching my superhero. There were moments when I could see he was in so much pain."

'My superhero' . . . Albie-Junior and dad complete challenge

Comedian . . . Jason

Manford hit with a £1.1m tax demand

EXCLUSIVE by RICHARD MORIARTY

COMIC Jason Manford has been forced to cough up £1.1million to settle an outstanding tax bill.

His holding company, Invisible Man Ltd, got the demand for £1,131,833 over unpaid PAYE and National Insurance.

A report filed to Companies House reveals the firm, which has gone into voluntary liquidation, "held a portfolio of investment properties" in Greater Manchester.

But Jason, 43, sold off his ten-property empire – banking him more than £3million – after a costly 2017 divorce from first wife Catherine.

The Manchester entertainer began buying up properties to rent out after he first found fame on the 8 Out of 10 Cats TV show.

He now presents the drivetime show on BBC Radio 2.

Resigned . . . Boydell

'Lodge's chief off after sex fiend row

By ADELE COOKE

THE boss of Travelodge has resigned following a sexual assault scandal.

Jo Boydell stepped down as chief executive of the hotel chain as it reviews safety measures.

A man was jailed earlier this year for sexually assaulting a woman after staff gave him a card to her hotel room in Maidenhead, Berks, in 2022.

Boydell was criticised for her handling of the incident. Then-PM Sir Keir Starmer urged Boydell to "seriously engage" with the Government after she cancelled meetings with MPs in March.

Travelodge said it "acted quickly" to improve safety procedures after it emerged workers gave out duplicate keys without proper checks.

Chief financial officer Ray Reidy will take over temporarily. He said the firm "will continue taking the actions necessary to strengthen the business".

PENRITH

Downpours disrupt traffic on M6 in Cumbria

LEEDS

Umbrellas go up as rain delays the Test Match

LONDON

Brollies were also out in rainy Trafalgar Square

FLASH FLOODS..

Heavy rain and thunderstorms wreak havoc

YORK

Racegoers get wet on Ladies Day yesterday

Picture: NB PRESS

& HOSEPIPE BAN

Water firm warns of restrictions till Xmas

BRITAIN was drenched by downpours yesterday as flash floods and thunderstorms wreaked havoc.

But water bosses warned the long-awaited deluge would do nothing to ease the worst drought for 50 years.

Thames Water said its hosepipe ban would likely last until at least the end of the year.

The nation's largest water company serves more than ten million customers across London and the Thames Valley.

It said back-to-back heatwaves and barely a drop of rain for weeks had sparked an unprecedented surge in demand. Its customers used around 100 million litres more water than normal each day during last month's scorcher.

By PAUL SIMS

Boss Nevil Muncaster said the firm would have to extend current restrictions in order to "protect the environment".

Other water firms are expected to make similar announcements in the coming days and weeks.

Mr Muncaster said: "The Environment Agency forecast is that it will be drier than normal for the next few months, but we'll wait and see.

"At the same time, we're going to make sure we protect the environment, make sure we see our ground flow and river flow restored.

"I think realistically it's going to be towards the end of the year before that comes off."

Thames Water is currently among 11 firms that have imposed hosepipe bans restricting more than 27million customers nationwide.

Yesterday's rainfall was a welcome relief after the driest July since records began 190 years ago.

Vast swathes of the nation have been parched by the hot weather.

But yesterday, racegoers at York's Ebor Festival took shelter under brollies. Cricket fans also took cover as the weather held up play on Day Two of the First Test against Pakistan at Headingley in Leeds.

Meanwhile, motorists on the M6 in Cumbria endured driving rain.

And shoppers and tourists at London's Trafalgar Square hurried through showers.

Morecambe, Lancs, had more than two inches of rain in 24 hours.

The Met Office said it would be dry for most this weekend before a return to showers next week.

The downpours arrived with three-quarters of England officially in drought.

Some places have gone without a drop for two months and July was southern England's driest month on record. *paul.sims@the-sun.co.uk*

buzz biz

GOT GOSSIP? CALL OR WHATSAPP THE **BIZ BATPHONE** WE NEVER SLEEP

07590 802979

biz

She's a real Tems player

SINGER-songwriter TEMS showed her support for other women in the industry with a fancy dinner in London's Mayfair for her scheme, The Leading Vibe Initiative.

She wore this slinky dress for the star-studded bash on Wednesday, also attended by Wicked star CYNTHIA ERIVO, Foundations singer KATE NASH and Chicken Shop Date host AMELIA DIMOLDENBERG.

And Tems, whose scheme helps women to access music workshops and guidance, sets a great example as she plays London's All Points East festival today.

REUNION TO MARK 15 YEARS

IN news that has made me feel incredibly old, X Factor boyband **UNION J** are reuniting to celebrate their . . . 15th anniversary.

JJ HAMBLETT, who shot to fame with **GEORGE SHELLEY, JAYMI HENSLEY** and **JOSH CUTHBERT**, on the talent show in 2012, told me: "We did the London Palladium on the ten-year anniversary.

"Next year we're planning a tour or a one-off show. We haven't decided yet, but I'm hoping it's a tour, and maybe festivals as well."

The band called it day in 2019, before reforming in 2022 and are now keen on another reunion.

Fans may also get to hear new music, with JJ adding: "There is one song – we were thinking about releasing it on the second album.

"It fits lyrically so perfectly for us wanting to still be a band. I'm hoping we're going to release that."

POST MALONE has reconciled with girlfriend Christy Lee – and got engaged.

They started dating in 2025 after splitting with his ex, who he has a daughter with.

Last summer Post and Christy also parted ways, but now they are back on and a new video on social media shows them snogging, with eagle-eyed fans noticing a massive rock on her ring finger.

Yungblud's

MEDICAL DRAMA . . . dancers dressed as nurses helped Yungblud on stage

GABRIELA GRAFOLIN

...AND NOW FOR SOME GOOD CRUZ

Becks' debut EP...and we love it!

"IF there's one thing I'm not gonna be, it's like you," CRUZ BECKHAM sings on his new track, Wannabe.

That's a familiar title – mum **VICTORIA** launched her **SPICE GIRLS** career with a song of the same name three decades ago.

But this one, with references to **DAVID BOWIE, MICK JAGGER** and wanting to be like **JOHN LENNON**, shows he is moving in a very different direction to his mother.

It is on Cruz's debut EP, Wear & Tear, out today, and it's actually very good.

He first announced he was launching a serious music career more than four years ago, when he was tipped to emulate **JUSTIN BIEBER**.

But he took his time, crafted his sound, and has now emerged with his first project, which shows he isn't following anyone else's path – especially not the Posh Spice pop route.

The record is heavily Brit-pop-influenced, with sonic

ELLIE HENMAN'S

dare

With HOWELL DAVIES & JACK HARDWICK

big break

LEGEND . . . singer gives his usual energetic performance for his fans in Portugal despite having broken a leg

NOT even a broken leg was going to stop YUNGBLUD doing his trademark crowd-surf – even if he was in a wheelchair.

Fans in Portugal had to be extra careful not to unseat the rocker as they passed him over their heads, after he was earlier helped on to the stage by dancers dressed as nurses.

I told earlier this week how Yungblud (aka DOMINIC HARRISON) had injured his leg in a motorbike accident.

But he told fans ahead of tonight's gig at the Pukkelpop festival in Belgium that he requires serious help to get him fighting fit. He said: "If you're going to be there on Friday, give me the f***ing energy. Honestly, I need it to be wild.

"I've done some ligaments in my knee which is f***ing mad. After this show I'm going to get myself operated on, get back to normal, get ready for touring next year."

DAKOTA JOHNSON has split from buzzy singer ROLE MODEL after less than six months.

The 50 Shades Of Grey actress was first spotted with Role Model, whose real name is Tucker Pillsbury, in December, but it's now been revealed they've ended their fling.

It was her first relationship since last summer when things ended with her partner of nearly eight years, COLDPLAY's CHRIS MARTIN.

But, awkwardly, Dakota, *left*, features on Role Model's new album, Chuck Timely & The Hourglass.

She delivered a spoken-word performance on a track called Love I You.

JOHN & CO COIN IT IN

THE Fantasy and Sci-Fi Convention is taking place at London's Excel centre this weekend and the prices being charged by the stars are more out of this world than the movies.

Punters, who have to pay an entry fee, will then have to dig deep if they want a photo or autograph with the numerous famous faces at the event.

Former wrestler and The Suicide Squad Star **JOHN CENA**, *right*, is the highest charger, with a photo or autograph setting fans back a galactic £204.75.

Black Panther's **DANAI GURIRA**, who played Okoye, is just behind at £157.50, while posing with Stranger Things and Beatles movies actor **JOSEPH QUINN** will set you back £131.25.

Others are slightly more affordable, after revealing her cancer diagnosis, The Office actress **LUCY DAVIS** will be there, available for a photo or autograph for £47.25.

KPOP DEMON HUNTERS fans finally have the chance to see the **SAJA BOYS** live, as two members, **ANDREW CHOI** and **NECKWAV** who voice Jinu and Abby, are staging a concert in the UK next month.

They will perform at Outernet Live in central London on September 6, with tickets available on Dice, where they will sing hits including Soda Pop and Your Idol.

FIRST LISTEN
Jorja Smith
What Are The Odds

JORJA'S BEST LIFE

"I'M definitely living my best life," JORJA SMITH gushed last night ahead of today's release of her third album, What Are The Odds.

And with pulsating, addictive club beats which pair beautifully with the Walsall-born star's voice, the record is the perfect embodiment of that sentiment.

Jorja teases the change in the direction of her sound at the start of songs Pretend and The Way That It Was, with soulful musings giving way to up-tempo rhythms that were made for dancing.

Lead track For Life is a pacy introduction to the 12-track record, with What's Done Is Done and The Way It Was showcasing some of Jorja's most honest and compelling work to date – with the latter bound to shape a few futures of the brokenhearted.

Now it's time to celebrate for Jorja, with a performance at All Points East in London tonight before her first headline show at London's O2 Arena on July 17 next year as part of the venue's 20th birthday celebrations.

FIRST LISTEN
Cruz Beckham
Wear & Tear EP

nods to **KULA SHAKER** and **THE STONE ROSES**.

He's found his groove, unlike big brother **BROOKLYN,** who has gone from photographer to model to chef.

And Cruz doesn't shy away from lyrics about his brother on a song called Loneliest Boy.

On the track, a stripped-back ballad reminiscent of **OASIS**'s Half The World Away, he sings: "Loneliest boy, mama don't talk too much. It's breaking her heart.

"It shows in the small things that you don't do. I guess in the end, it's you, yourself, and you."

And speaking in the new issue of DORK magazine, he acknowledged why people might be sceptical about his music, but insisted he's prepared to put in the hard graft. The youngster, who has already played 25 shows this year, said: "It's better to be underestimated than overestimated.

"I'm glad that people are liking the songs. I'm glad that people are giving me the opportunity. To be honest, I was surprised they even gave me the opportunity in the first place.

"I understand that they would think that everything's gonna be a bit s**t and a bit too polished.

"But you know, I love music, and I really love playing live, and I'm just excited to be able to do it."

He added: "My experiences in life have been very different to a lot of people's experiences, but I still feel like I've got something to say."

Cruz isn't the only one with new music out, **JAMIE T** has dropped his single 3310 from his sixth album Ghosts (100 Days Of Morning), out on October 9.

And **REMI WOLF** has released her single Bottle from her third album Mud, out on the same day.

TATT'S ALL, POSH! BROOKLYN BLURS 'MAMA'S BOY' TATTOO

TAKE TATT . . . 'Mama's Boy', *left*, has been covered

BROOKLYN BECKHAM had already covered up a "dad" tattoo on his right arm and the names of his siblings, Cruz, ROMEO and HARPER on his fingers.

Now he has got rid of his 2018 "Mama's Boy" chest tattoo. He shared a photo on Instagram of his torso which is now covered in ink.

Hols From £9.50: Price per person based on four sharing. Multiple codeword/code collect or digital subscription required. Subject to availability. *Price guarantee excludes extras. Terms and Conditions and date restrictions apply. For full T&Cs, see thesun.co.uk/holidays. Sun Club: 18+ UK only. New customer offer: £1.99 per month unless you cancel at least seven days before your next billing date. Full T&Cs apply, see thesun.co.uk/club

Jailbreak . . . Boakye

‘No idea’ how lag escaped to France

By MIKE SULLIVAN

POLICE are baffled over how a prisoner got to France after he escaped twice in one week.

Daniel Boakye, 21, was in HMP Feltham, West London, for robbery when he was taken to hospital for suspected drug-taking in February.

He slipped out of handcuffs while using the toilet and did a runner.

He was tracked down, but was again taken to hospital where he bolted out of a wheelchair while being taken to X-ray.

The drill rapper taunted police in a track bragging about having champagne and cannabis before being arrested in Brittany.

Yesterday, at Woolwich crown court, cops admitted they still had no idea how he got to France.

Boakye got an extra ten months after admitting his escapes. He is due to be deported to Ghana on his release.

‘Well-liked’ . . . Sara

School’s tribute to drowned Sara, 14

By SAM CREED

A SCHOOL has paid tribute to a “sweet” pupil who drowned alongside her parents during a family trip to the seaside.

Sara El-Khawas, 14, Hassan El-Khawas, 55, and Zeina Alayn, 37, died on Tuesday afternoon.

A young girl from the same family remains in a critical condition after the incident in Shoreham, West Sussex.

The Ellen Wilkinson School for Girls, in Ealing, West London, paid tribute to Sara, who was in Year 8.

It posted: “Sara was a sweet girl, well-liked by staff and students and she’ll be greatly missed.

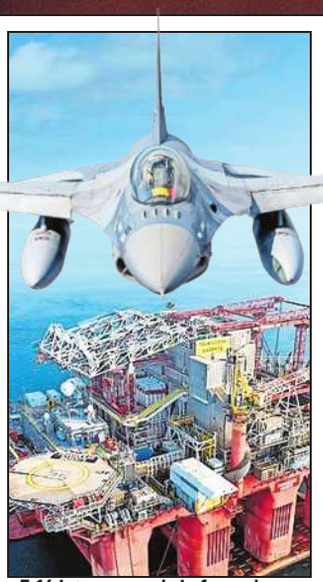
“Our thoughts and heartfelt condolences are with her family, friends, and all those affected.”

It said it “will be deeply upsetting for students, families and staff”.

Sussex Police Chief Supt James Collis called it “heartbreaking”.

VLAD SEA DRONE BLASTED

TRIGGER POINT



F-16 jet . . . saved rig from drone

Nato F-16s foil Russian attack on key gas site

By NICK PARKER, Foreign Editor

NATO fighter jets had to be scrambled to thwart a suspected Russian sea drone attack against Europe’s biggest offshore gas platform yesterday.

Two Romanian F-16 fighters blasted the explosive-laden craft out of the water with cannon fire as tensions rocketed near the huge Black Sea rig development.

Commercial ships spotted the threat to the flagship Neptun Deep project off Romania early yesterday – and Nato leaders feared Vladimir Putin planned to destroy the vital energy source worth billions.

The Russian sea drone was just a few hundred metres from the rig – with hundreds of workers on board – when it was shot down by the fighters.

Romanian defence minister Radu Miruta said they had to stop the drone “in order to protect the lives of the several hundred people working on the platform”.

Romanian president Nicusor Dan said “the number one priority” was protecting the lives of the people on the platform and keeping critical infrastructure out of any potential danger. He blamed Russia for escalating tensions in its hybrid warfare campaign against Ukraine’s Nato allies.

Putin has been desperate to destroy Europe’s energy infrastructure since Russia’s money-spinning oil and gas exports to the Continent were virtually shut down after his invasion of Ukraine in February 2022.

The huge Neptun Deep project – jointly run by gas giant OMV Petrom and Romgaz – is expected to make Romania the European Union’s largest gas producer when it comes onstream in 2027. This month, Romanian army divers destroyed two aerial drones, similar to Russian Gerbera models, seen in the sea near the platform.

Extra security has now been ordered around the exclusive economic zone created for the project.

The defensive measures come amid spiralling tensions among Nato countries bordering Ukraine after it was revealed Russia had set up new drone launch sites.

Poland and Romania scrambled fighters overnight as Russia launched a massive attack on Kyiv.

Energy target . . . Putin

16 DIE IN PUTIN’S BLITZ

By PAUL SIMS

FIREFIGHTERS douse flames after at least 16 people were killed and more than 40 injured in a Russian blitz on Kyiv.

Thirty residential buildings, a school, a children’s hospital and a kindergarten were hit during overnight attacks yesterday.

Residents took shelter and slept in metro stations, *below*.

President Volodymyr Zelensky urged allies to provide Ukraine with much-needed US-made Patriot air defences — in short supply due to the Iran conflict.

FASTING HEALTH RISK TO ELDERLY

PEOPLE over 60 who leave more than 12 hours between meals are more susceptible to long-lasting diseases, a study suggests.

The findings show fasting diets are not suitable for older people, say scientists.

They found that senior citizens who had long intervals between meals accumulated chronic diseases more rapidly over time than those with shorter intervals. The association was most pronounced among people aged 78 or older.

By SAM BLANCHARD

Interest in fasting has increased in recent years, but relatively little is known about how meal timing affects older adults. Scientists at the Karolinska Institute in Stockholm, Sweden, analysed data from 2,981 people aged 60 or older over a 15-year period.

Vital . . . regular meals

They found that time between meals affected heart-and-lung and brain diseases, but not musculoskeletal disorders.

Dr Adrián Carballo-Casla said: "Much of the research on fasting has been conducted in younger or middle-aged populations. Our findings suggest that the associations may be different in older adults."

Get weekend ready.

1 litre £18.50 each

England only

Mix & Match 2 for £20 £13 - £18.25 each

England only

More Card Price Buy 6 or more save 25%

75cl England & Wales only

£6.75 £4.97 75cl

England & Wales only

More reasons to shop at Morrisons

bedrinkaware.co.uk

morrisons.com

Majority of stores and online. Excludes Morrisons Daily. Spirits and 2 for £20 Beer offers available in England only due to minimum unit pricing law. Buy 6 Wine and Sorso offers available in England & Wales only due to minimum unit pricing law. More Card/App required (18+) for Buy 6 Wine offer. Selected 75cl bottles, maximum 36 bottles per customer in store. 2 for £20 Beer offer: Birra Moretti 12x330ml, £18.25, £4.60/litre. Heineken 12x330ml, £14.25, £3.59/litre. Strongbow Original Cider 18x440ml, £14.25, £1.79/litre. Corona Extra 12x330ml, £13, £3.28/litre. Cruzcampo 10x440ml, £13, £1.64/litre. Buy 6 Wine and Sorso offers end 30/08/26. 2 for £20 Beer offer ends 01/09/26. Spirits offer ends 13/09/26.

AFTER MARS BAR SHOCKER

FOR many, tucking into a Snickers or Twix bar is a favourite treat – but as we all know, there is a lot less to them now than there used to be.

While sweets still come in a familiar wrapper, the products inside these days are a very different size to the ones we grew up eating.

Recently, a video of a 35-year-old Mars bar went viral after it was found to weigh 22.5g more than the version sold today.

Victoria Gordon, *inset*, who runs a cleaning service, posted a picture online of the 62.5g bar alongside one of today's Mars bars, which weighs 40g.

"It was nearly as big as my hand," she said after finding the 1991 choccie bar while clearing out an attic. The difference means that the product has shed more than a third of its weight over 35 years.

Shoppers have watched their favourite chocolate bars decrease in size while prices stay the same – or even rise – a process referred to as "shrinkflation".

Manufacturers cite rising production costs and the soaring price of cocoa as the key factors behind the shrinkage.

Marketing expert Professor Ratula Chakrubarty, from the University of East Anglia, said: "Brands have been using shrinkflation for a while. Consumers are unable to notice a five to ten per cent difference in weight."

Here, LUKE CHAFER takes a look at how today's chocolate bars measure up – or rather, how they don't.

Time to see a shrink

Cadbury Creme Egg
WAS: 39g
NOW: 34g
SHRINK -12.8%

Terry's Chocolate Orange
WAS: 175g
NOW: 145g
SHRINK -17.1%

KitKat Chunky
WAS: 48g
NOW: 40g
SHRINK -16.7%

Snickers
WAS: 62.5g
NOW: 48g
SHRINK -23.2%

Twix
WAS: 58g
NOW: 50g
SHRINK -13.8%

Lion Bar
WAS: 49g
NOW: 42g
SHRINK -14.3%

KitKat
WAS: 48.1g
NOW: 41.5g
SHRINK -13.7%

Toblerone
WAS: 400g
NOW: 360g
SHRINK -10%

Yorkie
WAS: 70g
NOW: 46g
SHRINK -34.3%

Cadbury Dairy Milk
WAS: 200g
NOW: 180g
SHRINK -10%

Cameron . . & Silvana

Doomed battle to save pal from sea

By JEYLIN MEHMET

THE fiancée of a Brit who drowned on holiday has told of his pal's desperate battle to save him.

Cameron Wallace, 34, was on a turtle spotting trip with his friend Steve Pittman when he jumped off the rented boat.

Silvana Bernardes said a man on another vessel in Zante, Greece, saw electrical engineer Cameron face-down in the sea and shouted: "Is your friend OK?"

Steve then pulled his close pal from the water and desperately did CPR.

Silvana, 34, said: "It was a complete accident.

"We don't know if it was a heart attack or too much water in his lungs.

"There's nothing Steve could have done. Everyone tried their best to help him but it's just one of those situations."

Silvana, from Exeter, added: "We had just got engaged and were planning our wedding. It's heartbreaking."

Clear-up . . . at track

Race to reopen derailed train line

By LAUREN UTTLEY

LINES hit by the derailment of a train carrying 150 passengers may not reopen until next month.

Up to 30 people were injured in the accident near Lewes, East Sussex, on August 13 – when temperatures hit 38C.

But rail chiefs have revealed it could take at least another ten days before services resume.

Greater Thames Railway boss John Whitehurst said: "Getting the line open in time for the end of the school holidays is an absolute priority."

Heavy-lifting gear is now in place on the site to remove carriages.

Network Rail director Lucy McAuliffe said: "I can only apologise for the disruption that this incident is causing to people's journeys."

A preliminary report by the Rail Accident Investigation Branch indicates the derailment was caused by a track fault.

BUSY DAVINA'S BACK ON A ROLL

By HOWELL DAVIES

DAVINA McCall puts the boot into boredom — as she slaps some wheels on in a bid to persuade people to embrace new hobbies.

The Masked Singer judge, 58, also tried out painting, *inset*, as part of the Get Busy Living campaign launched by her podcast Begin Again and Monzo bank.

The campaign will hold free events in the autumn after a study revealed six in ten people are desperate to try new hobbies.

Picture: PINPEP/SWNS

VICTIM ASLEEP, COURT TOLD

B.A. cabin boss's 'sex attack' on air hostess

EXCLUSIVE by BENEDICT ELLIOT and STEPHEN MOYES

A BRITISH Airways cabin boss preyed on a sleeping air hostess after downing beer and wine at his home, a court heard.

Amardip "Amo" Dhariwal, 55, allegedly assaulted the female colleague after boozing with her over dinner.

The ex-lead flight manager is on trial for a single attack on one woman in 2022 – but a jury has heard from two other stewardesses who alleged he raped them on foreign trips.

Dhariwal denies one count of sexual assault by penetration. Reading crown court heard he invited the woman to his then-home in Bracknell, Berks, for dinner, where they drank beer and wine.

The woman, then engaged and now married, said she dozed off as they watched a film and woke to find Dhariwal touching her intimately.

Prosecutor James Partridge told jurors: "They met three months prior to the incident on a flight to Cape Town.

"They got on so well that they met for coffee a few times. She went to his house for taco and movie nights."

She even referred to Dhariwal as her "work husband".

Mr Partridge added: "They started watching a film. As they watched it, the victim said she had her legs up.

"She awoke to the defendant touching her."

He said the woman "felt bewildered" and escaped by finding a key while he was upstairs and called a friend "crying and whispering" on the phone. Dhariwal, now of Southall, West London, told police: "Anything that happened was consensual."

Rape claims . . Dhariwal

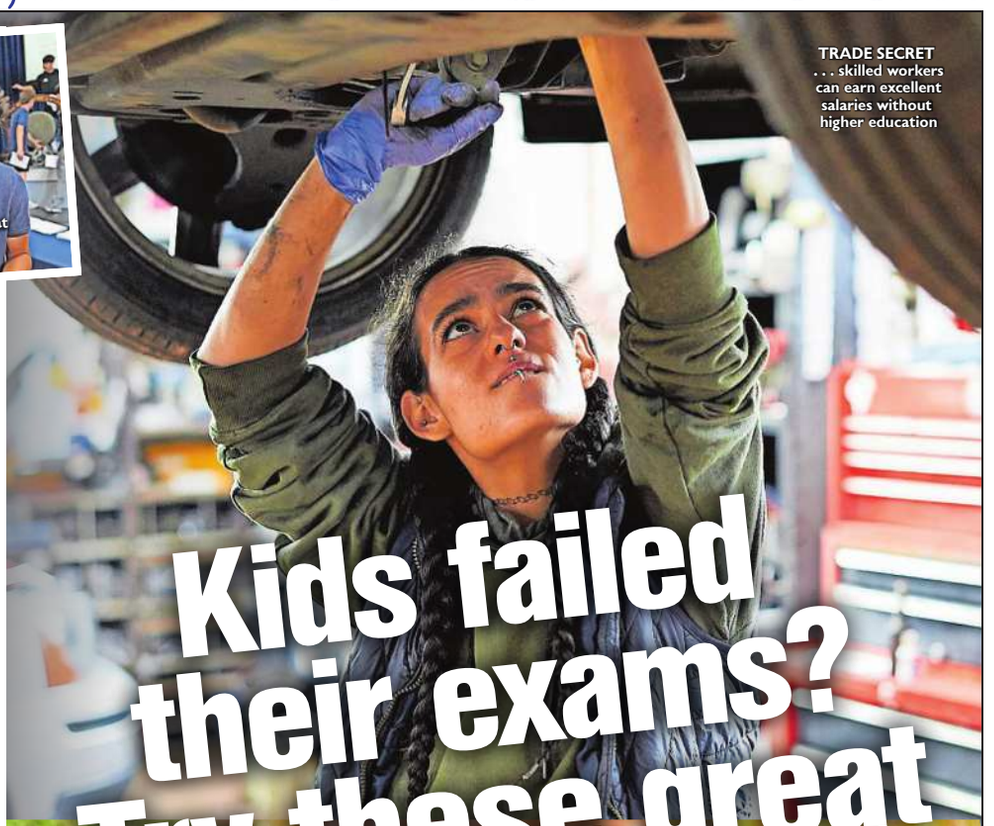
The jury was told Dhariwal allegedly raped a colleague in a Singapore hotel room in 2020. She woke naked in his bed, confused by how she got there, she said. Local police investigated but took no further action and would not help British cops, it was said.

The other stewardess claimed she was assaulted while asleep and drunk in a hotel room in Malaysian capital Kuala Lumpur in 2018.

The trial continues.

IF UNI'S OUT, A TRADE OFFERS REAL FUTURE

ALL AT SEA . . . GCSE results day at the London Nautical School


TRADE SECRET . . . skilled workers can earn excellent salaries without higher education

Kids failed their exams? Try these great jobs. Result!

By LAURA PURKESS

AS thousands of pupils opened their GCSE results yesterday, there was bad news for many – with more teens than ever failing their exams.

While the pass-rate gap between girls and boys has narrowed to its smallest point this century, the proportion of entries getting at least a 4 or a C grade – considered a "standard pass" – has fallen to the same levels as 2019.

It dropped from 67.4 per cent in 2025 to 67.3 per cent this year.

But there is hope for those put off further education because plenty of jobs can net you £50,000 a year without A-levels or a degree.

Pipefitters command the biggest salaries among the professions not requiring a degree, with a typical advertised wage of £54,401, according to research shared with Sun Money by jobs site Adzuna.

Cable jointers, who need technical training but no A-levels or a degree, aren't far behind with an average salary of £53,195.

If you're happy getting your hands dirty, bricklaying could eventually earn you more than £50,000 a year.

Trainees can start with a Level 2 apprenticeship or learn on the job as a labourer or hod carrier.

Experienced scaffolders can make £50,432 a year on average, with routes into work including starting as a labourer or taking on a Level 2 apprenticeship.

Meanwhile, panel beaters can earn on average £49,990 a year – one route into the profession is a Level 3 vehicle damage apprenticeship.

This usually requires five GCSEs, including English and maths.

'Salaries well above the national average'

Door installers, who make on average £48,706 a year, can learn their skills through a Level 2 fenestration installation apprenticeship, with no qualifications required.

If you are the person your friends call when their car breaks down, becoming a roadside technician could be right up your street.

Technicians, who make on average £48,203 a year, complete a motor vehicle apprenticeship or train as a mechanic before moving into this.

Carpenters, who earn £48,189 a year, can begin their training with a foundation apprenticeship, which does not have qualification requirements.

And tiling is one of the easier trades to learn without qualifications – if you want to earn £47,476 a year.

Gas engineers, who earn on average £46,024 a year, can qualify for an apprenticeship with five GCSEs including English and maths.

Apprenticeships for electricians, who can earn £45,439 once qualified, have the same entry requirements.

Crane operators, who earn on average £43,474 a year, can get started through a Level 2 construction plant operative or lifting technician apprenticeship.

Plumbers are the lowest earners among those who don't hold A-levels or a degree, and yet still earn an average salary of £40,522.

Andrew Hunter, co-founder of jobs site Adzuna, said: "A degree isn't the only way to a well-paid career. Trades like pipefitting and gas engineering are advertising salaries well above the national average, and most of these roles are learned on the job or through an apprenticeship, not in a lecture hall."

ON THE JOB . . . practical roles blend industrial and tech skills

JOBS FOR ALL . . . women are increasingly entering hands-on trade roles

'I'm proof you don't need a degree to earn well'

CARPENTER Hugo Helms left school at 15 with two GCSEs but now earns £50,000 as a carpenter – and expects to be on six figures before he is 30.

Hugo, 21, from Portsmouth, planned to go to university, but is one of the thousands of young people a year who decide to ditch further or higher education for jobs that get them earning now.

He believes not going to uni was the "best decision" he ever made.

Hugo said: "I'm proof you don't need a degree to earn a good living. I'm already saving for my first home."

Hugo didn't struggle at school – he received top grades – but felt his efforts would be better spent outside of the classroom, and opted for an 18-month apprenticeship instead.

Almost five years on, he is running his own carpentry business and has also launched an education company – Toolkit Conduct – through which he supports young people in apprenticeships.

And he is planning to run workshops for businesses, which should double his income in five years.

He says: "I could have gone to university as I had good grades, but I'm glad I didn't as I wouldn't have the life I have now. I believe the trades scene is where you can learn the most as a young person."

NAILED IT . . . carpenter Hugo runs his own thriving company

Conman . . . Gibson

'Tycoon' date app swindler is jailed

By ALEX WEST

A TINDER swindler who posed as an ex-Special Forces hero and cancer victim with a £400million fortune has been jailed.

Joseph Gibson, 35, tricked four victims out of £80,000, which he used to maintain the illusion of a lavish lifestyle.

He met the women through the dating app, Bristol crown court heard.

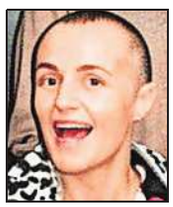
Gibson variously pretended to be a millionaire entrepreneur, an air ambulance pilot, a military veteran and doctor.

He also sent victims pics of him in hospital faking treatment for "terminal cancer".

Gibson, of Ruthin, Denbighshire, who actually worked in engineering, admitted frauds between 2020 and 2021.

Jailing him for three years and three months, Recorder Jaron Crooknorth said: "You are simply a fraudster."

He ordered proceedings to recover victims' money.


Fighter . . . Raven

Boxer is back in UK after brain op

By ROBIN PERRIE

A BOXING champ has returned home to Britain after suffering a bleed on the brain while sparring.

Raven Chapman collapsed following training in Denmark and was airlifted to hospital.

The ex-world title challenger, 32, had two brain surgeries after being placed in a coma.

A fundraising page to help her repatriation raised more than £97,000.

Her relieved family said Raven, who trains in High Wycombe, Bucks, is back home.

They said: "After everything she has been through, having her back surrounded by family feels incredibly special.

"There is still a road ahead, and we're taking things one day at a time.

"But Raven continues to amaze us with her strength, positivity and determination.

"We cannot thank everyone enough."

QUICKIE BRICKIE

UK's wall-building king lays 859 bricks in hour

A COLLEGE tutor has been crowned the king of British brickies after laying 859 bricks in just one hour.

Dale Wherton won the illustrious Super Trowel event, known as the "Super Bowl of bricklaying".

He beat 15 other competitors to take home the title and will now take on other champion brickies in Las Vegas next year. Dale, 35, said it was a

By LAUREN UTTLEY

"dream come true" to win Super Trowel 2026 at the Hertfordshire Showground in St Albans on August 1.

He got the competitive bricklaying bug at college in Stoke aged 15 before working in the industry for 20 years.

And he has honed his speed skills since becoming a lecturer six months ago at West Nottinghamshire College.

The dad-to-be, from Derby, said: "We have test walls with training mortar which doesn't set, so we can put up and take down as many as we like. I remember 20 years ago my college tutor showed me this event in Vegas and I thought I'd really love to do that.

"Only one other Englishman has won it before as the Americans have dominated. Even the world's best boxers dream of going to Las Vegas to compete. Now I'm doing it to lay bricks."

Dale will compete in the Spec Mix Bricklayer 500 competition in January in the US. He said: "I'll be going there as an Englishman trying to win."

Mortaring on . . . college tutor Dale

Asbestos MoD bill

MORE than 250 Royal Marines and soldiers have settled out of court with the Ministry of Defence after they were allegedly exposed to asbestos during military exercises.

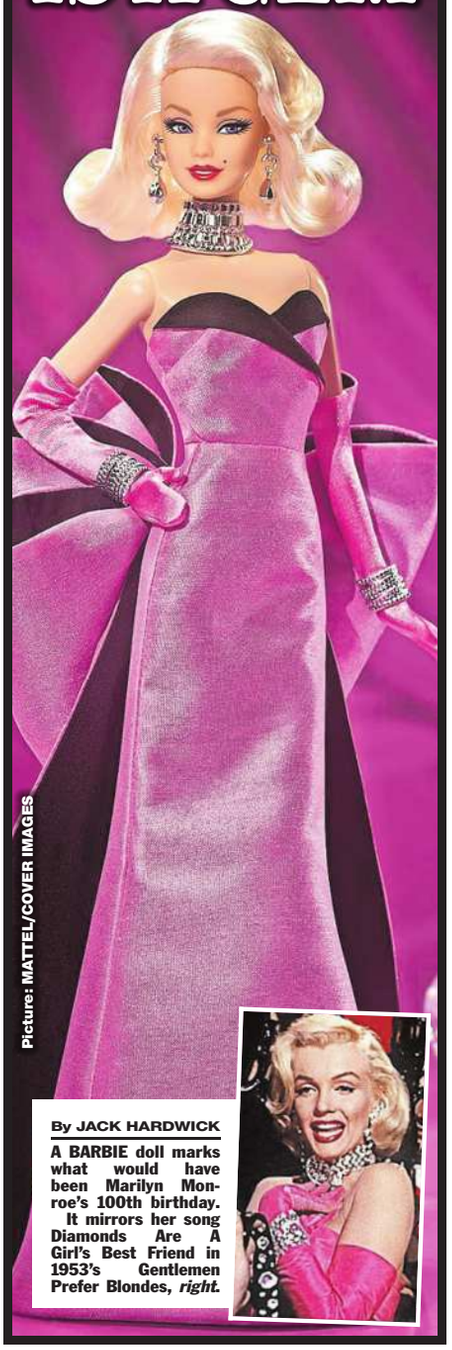
The potential exposure was said to have happened in Latvia in 2018 and 2019 during two exercises involving troops from Plymouth, Devon and Scotland.

A sample of dust collected from buildings by marine Ed Hill at the time contained asbestos.

GEN Z DICKENS

Dickens' Great Expectations about hero Pip has been rewritten by Tesco Mobile in teen speak, retitled Bare Expectations.

BARBIE IS A GEM



Picture: MATTEL/COVER IMAGES

By JACK HARDWICK

A BARBIE doll marks what would have been Marilyn Monroe's 100th birthday. It mirrors her song Diamonds Are A Girl's Best Friend in 1953's Gentlemen Prefer Blondes, *right*.

Birthday . . . Ethel

Oldest in the world turns 117

By LARA BOWMAN

THE world's oldest person celebrates her 117th birthday today – after meeting King Charles.

Ethel Caterham was born in 1909 in Shipton Bellinger, Hants, five years before the start of World War One, and she is the last surviving subject of Edward VII.

She drove until she was 97 and became the oldest living person in April 2025 after the death of a Brazilian nun.

On her birthday last year, Charles visited widow Ethel at Hallmark Lakeview Care Home in Lightwater, Surrey.

She will spend today with family and friends. Ethel said: "I've had many firsts this year, from stroking a llama to holding hands with the King."

The oldest person ever was French woman Jeanne Calment, who lived to 122 years 164 days, according to Guinness World Records.

Partridge farm raid

PARTRIDGE rustlers have stolen 500 of the birds from a farm.

Police hunting the gang are warning gamekeepers after the raid in Ashley, near New Milton, Hants.

A spokesman said: "Between 3am and 11am on July 18, the birds were stolen from two pens at the farm.

"The Rural Crime Taskforce is urging gamekeepers and shoot owners to report any suspicious people showing an interest in their pens, birds and estates. Consider installing CCTV."

COMMUTE'S A DRAG

Singer Jason Donovan says he cycled home in drag as Rocky Horror's Frank-N-Furter after playing West End shows.

18+ England & Scotland only. Free £3 bet valid in any Betfred shop on Saturday, August 22 and Sunday, August 23. In-shop only. Max one Free Bet per customer. Free Bet stake is not returned with any winnings, has no cash value, and cannot be exchanged. Offer may be changed or withdrawn. Exclusions & Betfred rules apply. For full T&Cs, see voucher. Please gamble responsibly. gambleaware.org.

GambleAware 18+

Tragedy . . . Blanca

Pop star Vanessa killed by freak fall

By ZEENIA NAQVEE

POP star Vanessa Blanca has died after a freak accident while getting dressed at home.

The Filipino singer, 30, tripped in the bathroom and hit her head, suffering a serious brain bleed, her shocked family said.

After an ambulance failed to arrive in time, she was reportedly taken to hospital from her apartment in Manila in a wheelchair. However she could not be saved and died on Wednesday.

Blanca was part of the band Sugarpop, formed in 2006 through the Filipino reality television show Popstar Kids.

She later established herself as a solo artist.

Her bandmate Julie Anne San Jose said: "Still can't believe it . . . Sugarpop will never be the same without you." Cholo Bismonte, who was also in the group, added: "We love you so much. It still hurts so much."

Relationship . . . Vogue

Vogue: It could be love with chatbot

By THOMAS GODFREY

TV host Vogue Williams says she understands why people fall in love with AI bots because ChatGPT is so nice to her.

The I'm A Celeb star, 40, told sister Amber Wilson about how her emotional bond began with the OpenAI app.

Vogue said: "I started asking ChatGPT, 'is a chameleon a good pet?'

"I love my ChatGPT by the way – whoever that pretend person is, is really nice to me."

She added on her podcast: "I'm telling you, it's just like – 'oh my God, you remembered that', and I can see why people fall into relationships with their ChatGPT. My one is very kind."

On whether she would start a romance with the bot, Vogue teased: "I think it's a girl, and I'm going to have to break the news soon that it's not going to work out between us."

LINDSAY CLANCY MENTAL HEALTH

EXCLUSIVE By
NICK HARDING

RETURNING home from running errands, Patrick Clancy was greeted by an eerily silent house.

He called out to his wife Lindsay and their three young children, but upstairs the master bedroom door was locked.

"That's when I knew something was wrong," he testified later, a packed courtroom hanging on his every word.

Inside the bedroom of the family's home in Duxbury, Massachusetts, Lindsay's pink iPhone was on the nightstand next to a large kitchen knife covered in blood.

"I just saw blood everywhere and the window open," Patrick, 38, recounted.

Outside, he faced a harrowing scene – his wife splayed beneath a window with deep cuts to her wrists and a wound to her neck. Fading in and out of consciousness, she told him she had tried to kill herself.

Yet something more horrific was about to unravel. When Patrick asked where the children were, Lindsay pointed to the basement.

There, he found five-year-old Cora, eight-month-old Callan, and Dawson, three, with exercise bands wrapped tightly around their necks.

Patrick attempted to save them, but later testified that he knew his older boy Dawson "was gone".

He tried to perform CPR on Cora until first responders took over. Callan was airlifted to hospital, but died several days later.

Today, Lindsay, now 36 – wheelchair-bound and paralysed from the sternum down after jumping from the window – is on trial at Plymouth Superior Court, New England, accused of murdering all three children.

'Like a zombie'

While there is no dispute that she killed the youngsters, the horrific case centres on whether she knew what she was doing.

The prosecution claims the quiet house Patrick returned to on January 24, 2023, was the result of a deliberate, meticulously planned triple murder.

But the defence says the woman responsible was a desperately sick mother whose mind had collapsed after months of insomnia, psychiatric treatment and rapidly changing medication.

Lindsay cut a broken figure in the courtroom. She clutched her lawyer's hand and sobbed when Patrick, who has since divorced her and married a fertility doctor, gave testimony about the events of that night.

Now, we can reveal details from two civil lawsuits we have obtained which raise disturbing questions about the mental health treatment Lindsay was receiving before the killings.

The complaints allege that poorly coordinated treatment and a bewildering combination of powerful prescription drugs contributed to Lindsay's catastrophic deterioration.

She described feeling at one point "like a zombie".

The trial coverage has described 13 psychiatric medications being prescribed to the mum over roughly four months, including Zoloft, Prozac, Seroquel, Klonopin, Valium, Ativan, trazodone, Ambien, Remeron, Lamictal and amitriptyline.

Lindsay's lawsuit alleges medical malpractice, while Patrick's separate, wrongful death complaint, filed on behalf of his children's estates, accuses members of her mental health team of missing the warning signs as her condition spiralled.

The claims are contested and have not been proven.

Lindsay's lawsuit alleges healthcare providers failed to diagnose bipolar disorder with postpartum onset and instead subjected her to what it calls a "disorganised, uncoordinated course of polypharmacy", which she claims sent her condition spiralling and triggered a psychotic break in which she lost touch with reality and started hearing voices ordering her to kill her own children.

She said the medication left her "emotionless", "disoriented", "numb" and "not connected to her body".

Patrick's lawsuit alleges her treatment was fragmented, with different clinicians prescribing and changing psychiatric drugs without anyone adequately overseeing their overall effect.

It claims doctors failed to carry out blood tests that might have revealed whether Lindsay was metabolising the medication abnormally.

Those allegations now echo the central battle being played out in the courtroom.

Prosecutors say Lindsay planned the killings in their affluent seaside hometown, pointing to online searches and the fact that she asked Patrick to leave the house on errands as evidence of organised behaviour.

Her defence argues she was suffering from severe postpartum mental illness or psychosis, with underlying bipolar disorder and adverse medication effects, and was therefore not criminally responsible.

And at the heart of that argument is the claim that apparently Lindsay heard a male voice in her head that ordered her to kill the children and herself. Her lawsuit describes the hallucination as a "demanding, powerful" voice. In harrowing detail, it claims she fell into a "dream-like state", leaving her with an "irresistible compulsion to comply".

It further alleges that after Patrick left the house that night to collect a takeaway, the repetitive voice told her: "This is your last chance. Kill the children so you can kill yourself."

According to court documents, she strangled each child while muttering, "Go to God, baby."

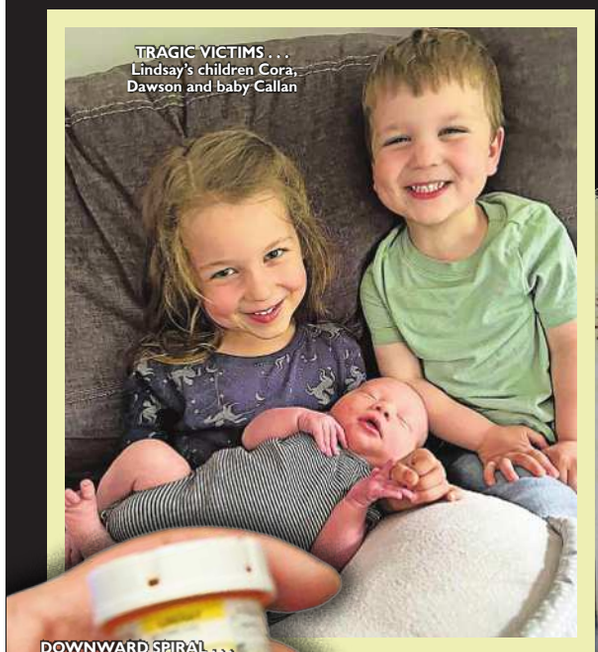
But prosecutors have sought to cast doubt on whether Lindsay was suffering "command hallucinations".

Severe reaction

Police explored whether that account had been influenced after the killings, although an officer acknowledged there was no evidence establishing that theory.

The tragedy was a horrifying reversal of what Patrick describes in his lawsuit as an idyllic family life.

The couple married in 2016 and both wanted children. After Cora was born in 2017, and Dawson in 2019, Lindsay, a respected midwife and fitness fanatic, arranged work around



TRAGIC VICTIMS . . . Lindsay's children Cora, Dawson and baby Callan

DOWNWARD SPIRAL . . . cocktail of drugs Lindsay was prescribed as she battled deteriorating mental health

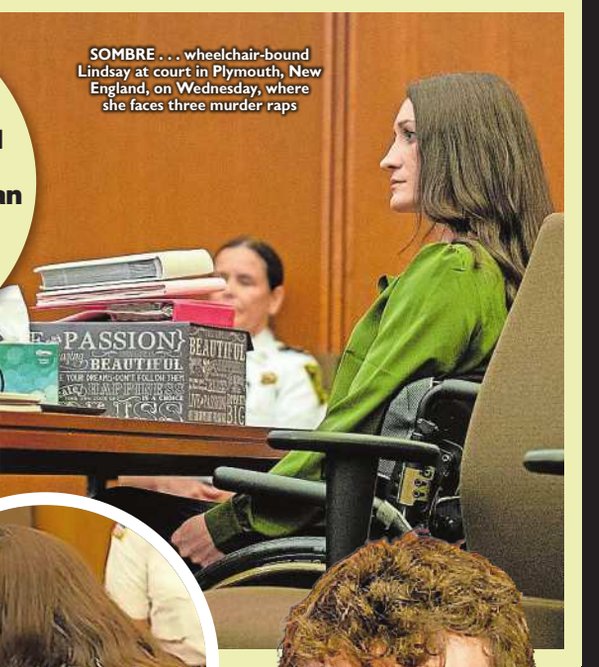
PLANNING A FUTURE . . . Patrick and pregnant Lindsay, cradling her bump

Did mum m
Or did a co
the voices s

HOMICIDE TRIAL THAT'S GRIPPING U.S.

LOVING FAMILY . . . Lindsay and Patrick, with their older kids Cora and Dawson

'The prosecution claims this was a deliberate and meticulously planned triple murder. The defence says the woman responsible was a desperately sick mum whose mind had collapsed'



SOMBRE . . . wheelchair-bound Lindsay at court in Plymouth, New England, on Wednesday, where she faces three murder raps

EMOTIONAL . . . Patrick gives evidence at wife's trial and, inset, overwhelmed Lindsay puts head in her hands as she hears witness testimony

murder kids in cold blood? cktail of 13 DRUGS cause he claims said, 'Kill them'?

dcare and would even check their monitors while working.

llan arrived in May 2022 and the ly spent their parental leave ing relatives, going to the beach enjoying time together. Lindsay told Patrick how happy she was how much she loved their new , according to legal documents.

t she had previously experienced tal health problems after rson's birth and, according to the suits, managed her symptoms with apy, exercise and meditation.

trick testified that, as she pared to return to work in autumn , her mental health began to riorate. Lindsay recognised she ded help and found psychiatrist Jennifer Tufts online, according her complaint. She scored 23 out a possible 30 on the Edinburgh Postnatal Depression Scale, a test used to identify women who may be suffering from the condition.

Her lawsuit says the high score indicated severe depression.

Dr Tufts diagnosed generalised anxiety disorder/adjustment disorder with depressed mood and prescribed antidepressant Zoloft.

Lindsay had wanted to try therapy first, but she eventually began taking the drug in mid-October. Her lawsuit alleges that after increasing the dose, she had a severe reaction, going 48 hours without sleep, suffering racing thoughts and worsening anxiety.

Patrick's complaint says she felt "awful", with insomnia, poor appetite, depression, crying and mental fog. By November, she was at times sleeping three hours a night and sought help at a hospital emergency department. Prozac followed, but Lindsay complained it worsened her insomnia.

On November 25, 2022, she was prescribed the sedative Ambien, antidepressant Remeron and anti-anxiety drug Klonopin.

Life imprisonment

According to the lawsuits, after taking Remeron she became dissociated and disoriented and struggled to work out what was real.

Then her condition became more alarming.

After antipsychotic Seroquel was prescribed, the complaints allege Lindsay developed suicidal thoughts and experienced what her lawsuit describes as auditory hallucinations.

She lost around 15lb, struggled to eat and suffered panic attacks and confusion. In December, Patrick told her clinician his wife had endured a "devastating week" of "horrible thoughts".

Her lawsuit alleges she was hearing a voice telling her she would never be the same and that "the only option is to die". She also allegedly told Patrick: "I have thoughts of harming the kids."

By New Year, Lindsay was suicidal and admitted herself to a psychiatric hospital for five days.

Her lawsuit alleges she was discharged despite records describing her insight and judgment as "limited".

Three weeks later, Cora, Dawson and Callan were dead.

At trial, Lindsay's mother testified that her daughter had told her the medication was "destroying her mind" and she was scared of being alone. Her sister, Allison Ozga, said Lindsay had experienced suicidal thoughts daily for around a month.

But Dr Tufts testified she did not observe psychosis. Lindsay's phone also showed ordinary, organised activity on January 24, 2023, including caring for the children and ordering the takeaway. Digital evidence included searches relating to suicide, postpartum psychosis and medication.

The prosecution argues this was a woman capable of planning rather than someone detached from reality.

Armchair sleuths have suggested Patrick was involved in his children's deaths, but he has never been named by police or prosecutors as a suspect.

Lindsay faces three counts of first-degree murder and life imprisonment without parole.

In the coming days, the jury will decide whose story they believe.

Friday — Sun tv 4-PAGE SECTION — TV GUIDE

BBC ONE

6am Breakfast (S)
9.30 Countryfile Treasures Judi Dench joins Charlotte Smith in the grounds of Inveraray Castle. (R,S)
10.30 Garden Rescue With Lee Burkhill and Chris Hull. (R,S)
11.15 Homes Under The Hammer Property auctions. (R,S)
12.15 Bargain Hunt Eric Knowles presents from an antiques fair in Lewes. (S)
1.00 BBC News (S)
2.00 The Hairdresser Mysteries A mysterious American charms the village. Last in the series. (S)
2.45 Escape To The Country Briony May Williams helps a couple to find a new home in Buckinghamshire. (R,S)
3.30 The Repair Shop Experts restore a suit of armour, a typewriter and a pane of stained glass. (R,S)
4.30 The Answer Run Quiz hosted by Jason Manford. (S)
5.15 Pointless Quiz hosted by Alexander Armstrong and Nish Kumar. (R,S)
6.00 BBC News (S)
6.30 Regional News (S)

9.30pm Michael can't afford Linda anymore so he decides to return her in Ann Droid

7.00 The One Show Angellica Bell and JB Gill present the usual mix of celebrity guests and stories about people in extraordinary circumstances. (S)
7.30 The Travelling Auctioneers (3/20) Globetrotter Jenny has returned home determined to honour her late grandmother's legacy. (R,S)
8.00 Celebrity MasterChef (3/15) The celebrities work in teams to serve up a three-course meal, before recreating a recipe provided by chef and author Seema Pankhania. At stake is a place in the semi-finals. (S)
9.00 Would I Lie To You? (5/9) Richie Anderson, Taj Atwal, Chris McCausland and Katherine Parkinson bolster the deceitful talents of team captains Lee Mack and David Mitchell. (R,S)
9.30 Ann Droid (6/6) With Michael living back at home and unemployed, he really can't afford Linda anymore, so he decides to return her but Sue wonders if she can live without her. (S)
10.00 BBC News (S)
10.30 Regional News (S)
10.40 27 Dresses FILM A single woman acting as a bridesmaid at her sister's wedding struggles to hide her love for the groom. Romantic comedy starring Katherine Heigl, James Marsden and Malin Akerman. (2008) ✪✪✪ (S) Then **Weather For The Week Ahead**
12.30-6am BBC News (S)

BBC TWO

6.15 am Homes Under The Hammer Property auctions. (R,S)
7.15 Money For Nothing (R,S)
8.00 Sign Zone: A House Through Time (R,S,SL)
9.00 BBC News (S)
1.00 Richard Osman's House Of Games (R,S)
1.30 The Finish Line (R,S)
2.15 Do You Know Your Place? Owain Wyn Evans, Greg Rutherford and Abby Cook visit Bangor. (R,S)
2.45 Animal Park Summer The keepers face a tough decision regarding a beloved wolf. (R,S)
3.30 Serengeti II Duma is growing up fast, but when he tries to take on the vultures he ends up alone and lost. With Kali roaming nearby, it is a dangerous time to be without his mother. (R,S)
4.30 Flog It! From Crathes Castle in Aberdeenshire. (R,S)
5.00 Gymnastics: European Championships 2026 LIVE Coverage of the third day of the men's event, held at Arena Zagreb in Croatia, where the apparatus finals take place. (S)

9pm Jim gets a chilling phone call and has a shocking realisation in Bergerac

7.00 Athletics: Diamond League Lausanne LIVE The Athletissima. Coverage of the 12th meeting of the campaign, held at Stade Olympique de la Pontaise in Switzerland. (S)
9.00 Bergerac (6/6) The race is on to find Kim before she comes to harm, and as Barney prepares to question Margaret again, Jim has a shocking realisation. (S)
9.50 The Secret Genius Of Modern Life Hannah Fry delves into the mysteries of refrigerators, and visits the production line at Bosch to find the lifeblood at the heart of every fridge. (R,S)
10.00 QI (10/18) Sarah Millican, Daliso Chaponda and Rob Beckett join regular Alan Davies on the comedy panel quiz with Sandi Toksvig asking questions on the theme of tails and tales. (R,S)
10.30 Newsnight Analysis of the day's events with Lucy Hockings. (S) Followed by **Weather**
11.05 PREMIERE Silent Roar FILM Premiere. A young surfer has to deal with the grief of his father's death. Comedy drama starring Louis McCartney and Fiona Bell. (2023) ✪✪✪ (S)
12.30 Today At The Test (R,S) **1.30** Sign Zone: Child Maintenance: Parents Under Pressure: Panorama (R,S,SL) **2.00-3am** The Big Deal With Steph McGovern (R,S,SL)

itv1

6am Good Morning Britain Current affairs and lifestyle features. (S)
10.00 This Morning Daily magazine, featuring a mix of celebrity chat, showbusiness news, lifestyle features, topical discussion, health advice and more. Including Local Weather. (S)
1.00 ITV News (S)
1.20 Regional News (S)
1.30 ITV Racing: From York LIVE Francesca Cumani and Ed Chamberlin present coverage of the third day of the Ebor Meeting, including feature race the Nunthorpe Stakes. (S) Followed by **Local Weather**
4.30 Tipping Point: Best Ever Finals Two more of the most thrilling and nerve-racking endgames from the arcade-themed quiz show hosted by Ben Shephard. (R,S)
5.00 The Chase Bradley Walsh hosts as Carol from Sutton Coldfield, Fuad from London, Victoria from Falkirk and Anthony from Stalybridge take on one of the Chasers. (R,S)
6.00 Regional News (S)
6.30 ITV News (S)

10pm Grace Van Patten stars in The Twisted Tale Of Amanda Knox

7.30 Abbey Clancy: Celebrity Homes (5/6) Entrepreneur Seema Malhotra reveals how she has transformed her Cheshire mansion, while fashion designer Alice Temperley takes Abbey around her Somerset home. (R,S)
8.00 Emmerdale Jimmy sells his haulage business as he is struggling with financial pressures, but Nicola is delighted when he agrees to a vow renewal. (S)
8.30 Coronation Street Glenda, Mary, and Christina chide Todd for his drinking. (S)
9.00 Who Wants To Be A Millionaire? Celebrity Special Jeremy Clarkson hosts a celebrity version of the big-prize quiz in which Laura Kenny and Krishnan Guru-Murthy answer questions to win cash for their chosen charities. (R,S)
10.00 The Twisted Tale Of Amanda Knox (8/8) Free but haunted by Perugia, Amanda must confront the man who branded her a murderer to finally move forward, regardless of the risks. (S)
11.00 ITV News At Ten (S)
11.30 Regional News (S)
11.50 Rush Hour FILM A Hong Kong detective investigates a kidnapping in Los Angeles Comedy adventure starring Jackie Chan and Chris Tucker. (1998) ✪✪✪ (S)
1.30 Shop On TV 3.00 Force Of Nature (R,S,SL) **3.50** Long Lost Family (R,S,SL) **4.45-6am** Unwind With ITV (S)

4

6.30 am The King Of Queens (R,S)
7.45 Everybody Loves Raymond Three episodes. (R,S)
9.10 Frasier (R,S)
11.10 Ramsay's Kitchen Nightmares USA In New Jersey. (R,S)
12.05 C4 News (S)
12.10 Find It, Fix It, Flog It The lads head to Birmingham, where they fall out over a bench that Henry thinks has value. (R,S)
1.10 The Great House Giveaway Dance teacher Yolande and maintenance engineer Patrick are teamed up to flip a dated property bought at auction in Greater Manchester. (R,S)
2.10 Countdown (S)
3.00 A Place In The Sun Sara Damergi looks for a holiday home near Puerto Del Carmen, Lanzarote. (R,S)
4.00 The Great B&B Challenge The first couple is eliminated. (R,S)
5.00 Château DIY Alison and Zion's fairy-tale turret reveals a rotten secret. (R,S)
6.00 American Pickers Mike Wolfe and Frank Fritz examine a collection of rare bubbletop cars. (R,S)

8pm Victoria has treatment in Surgery Secrets Of The Super Rich

7.00 C4 News (S)
7.30 F1 Dutch Grand Prix Sprint Qualifying Highlights Steve Jones presents action from the battle for Sprint Race positions in the 12th round of the season, held at Circuit Zandvoort, with little room for error for the drivers in a shortened qualifying format. Analysis comes from David Coulthard and Billy Monger. (S)
8.00 Surgery Secrets Of The Super Rich (6/6) Victoria undergoes a non-surgical skin tightening treatment, and JC invests in the growing trend of fat banking. (S)
9.00 8 Out Of 10 Cats Does Countdown Jimmy Carr hosts the comedy words-and-numbers quiz with Jon Richardson and Judi Love taking on Rob Beckett and Katherine Parkinson. (R,S)
10.00 Big Fat Quiz: Best Bits An hour of outbursts, meltdowns and Big Fat tantrums, as some of the biggest names in British entertainment take on the toughest quiz in television. (S)
11.05 Sarah Millican: Bobby Dazzler A stand-up special touching on various adult themes. (R,S)
12.10 FILM Sumotherhood Comedy drama starring Adam Deacon. (2023) ✪✪ (S) **1.50** Secret Lives Of Gypsy Wives (R,S,SL) **2.40** Ramsay's Kitchen Nightmares USA (R,S,SL) **3.30** Travel Man: 48 Hours In Marseilles (R,S,SL) **3.55-6.10am** Come Dine With Me (R,S)

5

6am Milkshake!
9.15 Jeremy Vine (S)
11.30 Storm & Alexis (S)
12.45 5 News (S)
12.50 Matt Allwright Debate on the day's biggest stories, and consumer advice to help viewers save money. (S)
2.20 Stranger In My Home FILM A woman needs a new roommate to supplement the rent, and finds something strange is going on with the tenant who moves in. Thriller starring Angela Cole and Zane Haney. (2023) ✪✪ (S)
4.00 Castle Part two of two. Beckett goes on the run with a team of mercenaries hot on her trail and must figure out who wants her dead before they can finish the job. (R,S)
4.55 Love Nature The story of the group trying to restore Lough Neagh to its previously pristine condition. (R,S)
5.00 5 News With Dan Walker (S)
6.00 Croatia: Jewel Of The Med A look at Hvar, the Croatian island in the Adriatic Sea. (R,S) Followed by **5 News Update**

8pm Alexander Armstrong continues his adventure in Sri Lanka

7.00 Tom Read Wilson's Grand Tour (3/3) Tom embarks on a scenic journey through Tuscany in a vintage Lancia, arriving in Florence, the cradle of the Renaissance, where he views Michelangelo's David. (R,S) Followed by **5 News Update**
8.00 Alexander Armstrong In Sri Lanka (2/3) The presenter embarks on the second leg of his Sri Lankan adventure, beginning with a train journey to the mountain town of Haputale. (R,S)
9.00 Heat (1 & 2/4) Double bill. Two families of British ex-pats reunite in Victoria, Australia, for a summer holiday with dramatic results. Then, word of the fires spreading adds extra anxiety to the household, except for Brad who insists the property isn't in danger. Australian thriller starring Danny Dyer. (R,S)
11.05 When Live TV Goes Horribly Wrong Memorable on-air hitches, including presenter Sarah Cawood recalling the time The National Lottery Jetset studio was invaded by Fathers for Justice protestors. (R,S)
1.00 Teleshopping (R,S) **2.00** GPs: Behind Closed Doors (R,S) **2.50** Castle. Beckett goes on the run. (R,S) **3.40** Friends (R,S) **4.35** The Highland Vet (R,S,SL) **5.25** Entertainment News On 5 (S) **5.35** Paw Patrol (R,S,SL) **5.45-6am** The Adventures Of Paddington (R,S,SL)

REGIONAL VARIATIONS S4C: **6am** Cyw **12.00** Newyddion S4C A'r Tywydd **12.05** Pysgod I Bawb **12.30** Heno **1.00** Y Ci Perffaith **1.30** Dan Do **2.00** Newyddion S4C A'r Tywydd **2.05** Prynhawn Da **3.00** Newyddion S4C A'r Tywydd **3.05** Ty Ffit **4.00** Awr Fawr: Octonots **4.10** Og Y Draenog Hapus **4.20** Misho **4.30** Joni Jet **4.45** Parc Glan Gwil **5.00** Stwnsh: Lego Ffrindiau: Amdani Ferched! **5.10** Bwystfil **5.20** Prys A'r Pryfed **5.35** Ar Goll Yn Oz **6.30** Garddio A Mwy **7.00** Heno **7.30** Newyddion S4C A'r Tywydd **8.00** Mike Bubbins: Un Mewn Miliwn **8.55** Newyddion S4C A'r Tywydd **9.00** Am Dro! **10.00** Y Deis **10.30-11.35pm** Miwsig Fy Mywyd BBC ONE WALES: **7.30-8pm** Best Of Weatherman Walking

FILMS ✪✪✪✪✪ Brilliant ✪✪✪✪ Very Good ✪✪✪ Good ✪✪ Not Bad ✪ Poor (R) Repeat (S) Subtitles (SL) Sign Language

MISCHIEF . . . Mr Airborne

By **ROD McPHEE**
TV Editor

With
FELICITY CROSS
Deputy TV Editor
and
JANINE YAQOOB
TV Reporter

The Sun tv biz

rod.mcphee@the-sun.co.uk

SOAPS PRANK ALERT

CORONATION Street and Emmerdale bosses are on high alert after a prankster broke in to the studios of rival soaps Hollyoaks and EastEnders.

Social media star Mr Airborne posted videos of himself sneaking on to the high-security sets, and even clips showing him on top of the Queen Vic pub.

A source said: "Security have been told to be extra vigilant. If he can get into Hollyoaks and EastEnders there's a real fear Corrie and Emmerdale could be next."

During his unofficial Hollyoaks visit, the YouTuber accidentally revealed a spoiler that Ste Hay (KIERON RICHARDSON) is set to go missing next month.

The source added: "It's a nightmare. Everyone works hard to keep storylines secret but someone trespassing and filming everything could ruin months of hard work."

CAR SHARE'S **SIAN GIBSON** joins BBC ghost series The Witch Farm. Written by **DANNY ROBINS**, of Beeb paranormal podcast and TV show Uncanny – she joins The Cage actor **MICHAEL SOCHA** and Black Doves star **GABRIELLE CREEVY** in the show inspired by first-hand accounts.

THRILLER RETURN FOR ROSE

FILMING has begun on the second series of ROSE AYLING-ELLIS's Bafta-winning thriller Code Of Silence.

The former EastEnders actress returns to the ITV series as Alison Brooks, the deaf catering worker trained to work with the police.

She is now called upon to assist with a surveillance operation involving Ruby Dowling, a woman caught up in a money-laundering syndicate.

BACK . . . Rose

Former Inbetweeners star EMILY HEAD plays Ruby, while fellow newcomer JONAH HAUER-KING takes the role of DS Daniel Henshaw. Ackley Bridge actress JO JOYNER also joins the cast.

Rose said: "I am so happy to be back on set and I'm looking forward to welcoming new members of the team too."

More listings: Pages 32 & 33

DRIZZE KICKS . . . Theo in rain mac for GQ mag and, *below*, cover shot

JERSEY BOY . . . he changes into knitwear for GQ

GANG HO . . . Theo in The Gentlemen with Kaya Scodelario

BEHOLD, THEO IN SHOWER

THE GENTLEMEN star THEO JAMES is dapper as ever as he smoulders in a rain-spattered mac and natty knitwear for this month's GQ magazine.

So it's easy to see how he's linked to the James Bond role currently being cast for Amazon MGM's next flick.

But the 41-year-old reckons his time has past for that, and fears he'd be forever typecast. He told the glossy mag: "I'm definitely too old now. But, yeah, that would be a place you could never come back from."

Theo leads the cast of GUY RITCHIE's gangster series on Netflix – a gig that does him just fine. He added: "Imagine, suddenly, I cannot walk down the street – what that does to your children, trying to find themselves in the midst of hyper-scrutiny and fame.

"None of that, to me, is worth it. At the time, it's very intoxicating, being offered some huge, sexy part that would change your life for ever. But it really wouldn't, ultimately, be worth it."

Love Is blinding!

DATING SHOW'S 93% BETROTHAL RATE

FINDING someone to love can be tough – never mind if in just days without clapping eyes on them.

But not if you're the cast of Love Is Blind – I've heard **EMMA** and **MATT WILLIS'** latest series had a 93-per-cent success rate.

Couples date behind a wall and only meet for the first time once they become engaged.

But, somehow, series three of the UK edition spawned 14 betrothals out of a possible 15 – a mind-boggling achievement that has broken the Netflix franchise's record.

Emma said: "They were mad for it this year." Matt added: "There are clearly a lot of thirsty people in the UK. We both got a sense that people really were there to get married.

"They weren't just going in to see what this was all about – they wanted to find a husband or wife."

After the cast left the dating "pods", the series followed just six of the 14 engaged couples as they honeymooned, lived together and walked down the aisle. The eight couples not chosen by Netflix to complete the full journey were free to consider their connection in the outside world – but how they fared has not yet been revealed.

And viewers must wait until August 26 to see which of the filmed six commit to marriage – then August 30 to learn if the matches have lasted since then.

The series, which was filmed a year ago, landed on the streamer on Wednesday and it's already in the top three most-watched.

Matt added: "It's my favourite series yet. There are some great standout characters. The kind of people you watch and just root for."

Emma said: "They've nailed the job of getting an amazing mix of people from all walks of life and I believed in every single person we followed."

HOSTS . . . Emma and Matt

JAMIE'S ON NED CARPET

IT must be mighty daunting walking on to the set of a show like EastEnders, some of whose stars have been with the BBC soap for more than 40 years.

But newcomer JAMIE BAMBER felt right at home thanks to mentor ADAM WOODYATT, who plays Ian Beale. Beyond Paradise star Jamie, who plays dad Ned in the new Hawkins family, said: "The thing that really stuck out is, I got a mentor for the first time in my life, age 53.

DEBUT . . Jamie

"Wow, I never thought I would get a mentor at this stage in my career, but my mentor happens to be Ian Beale. I've been watching Ian Beale on screen since I was 12.

"Adam was off and he came in to watch my first take. I was really humbled by that."

Part of the estranged family of Nicola Mitchell (LAURA DODDINGTON), Jamie will be joined by Holby City's PATRICIA POTTER as his wife Gemma and Nicola's sister.

KIM KARDASHIAN and the producers of Love Island USA have come together for a new reality show. Team Moms: Baseball follows parents whose sons attend a top training camp in Arizona aiming to produce the sport's next superstars. It drops on Paramount+ on September 24.

WHERE THERE'S A WILL

WILL.I.AM has been a coach on The Voice UK since day dot – but he's still just as dedicated when it comes to his wannabes.

The BLACK EYED PEAS frontman vows to work with every one of his acts who makes the ITV1 singing show's finals, even if they don't end up winning.

AID . . Will.i.am

He told The Sun's TV Mag, which you can bag free in tomorrow's paper: "Every year, I give my number to the artists on my team who make the finals.

"We work together.

"Every single artist that joins my team, we go into the studio.

"They have direct access to me."

The Voice UK returns to your screens tomorrow night at 7pm.

Friday

Sun TV 4-PAGE SECTION

FREEVIEW

BBC THREE freeview 23

7pm The Catch Up **7.10** Deadly 60 **7.40 FILM** Chicken Run. Animated comedy with the voices of Mel Gibson and Julia Sawalha. (2000) **9.00** Death In Paradise **10.00** Not Going Out **10.55** This Country **1.45-2am** Funboys

BBC FOUR freeview 9

7pm Today At The Test **8.00** Miles Davis: A Celebration At The Proms **9.15** TOTP: 1982 **9.55** TOTP: 1987 **10.25** Nick Lowe: BBC Four Sessions **11.25** K.d. Lang: BBC Four Sessions **12.25** Damien Rice: BBC Four Sessions **1.25-2am** TOTP: 1982

ITV2 freeview 6

6am Backyard Builds **6.30** Dress To Impress **7.30** The Real Housewives Of Potomac **8.20** The Real Housewives Of Beverly Hills **9.15** The Only Way Is Essex **10.15** Dawson's Creek **11.10** Charmed **12.10** Deal Or No Deal **1.10** Celebrity Supermarket Sweep **2.10** The Floor **3.10** The Only Way Is Essex **4.10** The Real Housewives Of Potomac **5.00** The Real Housewives Of Beverly Hills **6.00** Celebrity Catchphrase **7.00** The Floor **8.00** The 1% Club Valentine's Special **9.00 FILM** The Batman. Comic-book drama starring Robert Pattinson. (2022) **12.25** Family Guy **1.25-2.20am** American Dad!

ITV3 freeview 10

6am George And Mildred **7.05** Classic Emmerdale **8.05** Classic Coronation Street **9.10** Poirot **11.30** Heartbeat **1.35** Midsomer Murders **3.35** Classic Emmerdale **4.40** Classic Coronation Street **5.50** Heartbeat **8.00** Doc Martin **10.00** Lewis **11.50** Trial & Retribution **1.45-2.15am** George And Mildred

ITV4 freeview 26

6am The Best Of The 80s **6.15** River Monsters **6.45** Magnum, PI **8.55** Boon **10.00** Live World Series Of Darts: Australian Masters. Coverage from Wollongong. **2.00** River Monsters **2.30** Magnum, PI **3.40** Boon **4.45** The Professionals **5.50** Sharpe **8.00** Cycling: Women's Tour Of Britain Highlights **9.00 FILM** RoboCop 3. The cyborg joins rebel forces fighting against a corporation's sinister plans for the city of Detroit. Sci-fi thriller sequel with Robert Burke and Nancy Allen. (1993) **11.05** All Elite Wrestling: Dynamite **1.05-2am** Dark Side Of The Ring

E4 freeview 13

6am Modern Family **6.55** Rude(ish) Tube Shorts **7.00** Couples Come Dine With Me **8.00** Ramsay's Kitchen Nightmares USA **10.00** America's Funniest Home Videos **11.00** Below Deck: Mediterranean **12.00** The Simpsons **2.00** Brooklyn Nine-Nine **3.00** Modern Family **5.00** The Simpsons **8.00** The Great Celebrity Bake Off For Stand Up To Cancer **9.00** Celebrity Gogglebox For SU2C **10.00** Gogglebox **11.05 FILM** Alita: Battle Angel. In the 26th century, cyborg Alita is repaired by a kindly technician with a dark secret. Sci-fi adventure starring Rosa Salazar and Christoph Waltz. (2019) **1.30-3.40am FILM** The 355. Action thriller starring Jessica Chastain. (2022)

MORE4 freeview 18

8.55am Find It, Fix It, Flog It **10.00** Four In A Bed **12.40** Come Dine With Me Paralympics Special **3.20** Four In A Bed **5.50** Car S.O.S **7.55** Grand Designs **9.00** Carpe Diem **10.05** 24 Hours In A&E **12.15** 999: On The Front Line **1.20-2.20am** 24 Hours In A&E

CRIME TIME . . . Emmy Rossum as troubled FBI agent Alice Black

Sun TV review

FURIOUS
Disney+

FEMALE rage is all the rage in this welcome departure from your usual serial killer series.

If you've grown a little tired of the tortured "male murdering folk for the sake of it" thriller, this will be right up your street.

It follows former police officer turned FBI agent Alice Black (Emmy Rossum), who is brought in to hunt a mysterious and calculating female slayer (Lola Petticrew).

We're introduced to our femme fatale wearing a cat mask and offering sweets to a child on Halloween, before going indoors and finishing a squirming man off with a lethal dose of Fentanyl. Talk about Jekyll and Hyde.

Elsewhere, Alice is stuck in the FBI call centre, where her skills are not being utilised.

Watching her being told to "stay in her lane" by her male boss is enough to make your blood boil.

But the action is about to hot up as Alice is called upon for a case, which on the surface appears to involve the drug overdose of a judge but turns out to be much more.

A dramatic game of cat-and-mouse ensues as Alice's life becomes intertwined with that of the calculated killer.

And it's gripping stuff when the dogged agent – who is no stranger to violence, having been in an abusive relationship with a former colleague – finds a link between a dead criminal and the bodies piling up.

"Female serial killers are, for some part, victims," muses one cynical detective as she likens them to Greek mythology's Medusa and Poseidon.

Catastrophe actor Rob

SKY MIX freeview 11

7am Border Security: America's Front Line **8.00** Border Patrol **9.00** Nothing To Declare **11.00** Border Security: America's Front Line **12.00** Caught On Dashcam **1.00** Police 24/7 **2.00** Nothing To Declare **4.00** Star Trek: Deep Space Nine **5.00** Stargate SG-1 **6.00** Stargate Universe **7.00** Star Trek: The Next Generation **8.00** Police 24/7 **9.00 FILM** The Fifth Element. A 23rd-century New York cab driver protects a mysterious woman. Sci-fi adventure starring Bruce Willis. (1997) **11.30** Grimm **12.30** Wynonna Earp **1.30-2.30am** Police 24/7

More4 9pm A woman asks Tom to defend her husband in Carpe Diem

U&DAVE freeview 19

7.20am Top Gear **8.15** Border Force: America's Gatekeepers **10.20** Rick Stein's Cornwall **11.20** Yukon Gold **12.20** Top Gear **2.20** Mortimer & Whitehouse: Gone Fishing **3.00** Guy Martin: Proper Jobs **4.00** Hairy Bikers' Best Of British **5.00** Rick Stein's Cornwall **6.00** Rick Stein's Cornish Christmas **7.00** Mortimer & Whitehouse: Gone Fishing **7.40** Would I Lie To You? **9.00** QI XL **10.00** Magnum P.I **12.00** Mock The Week **12.40-2am** Would I Lie To You?

U&DRAMA freeview 20

7.20am The Bill **8.15** Doctors **9.25** Classic Holby City **10.45** Casualty **11.45** The Bill **12.50** Classic EastEnders **2.00** Classic Neighbours **3.05** Whitstable Pearl **4.10** Kingdom **5.20** As Time Goes By **6.00** Last Of The Summer Wine **8.00** You're Killing Me **9.00** Father Brown **10.00** New Tricks **11.20** Luther **12.40** Lovejoy **1.50-2.50am** Sister Boniface Mysteries

REALLY freeview 44

6am Fantasy Homes By The Sea **7.00** Teleshopping **8.00** Escape To The Country **9.00** Salvage Hunters **12.00** Celebrity Yorkshire Auction House **2.00** The Repair Shop **3.00** Salvage Hunters **5.00** Who Do You Think You Are? **6.00** The Repair Shop **7.00** The Yorkshire Auction House **8.00** Antiques Road Trip **9.00** My Lottery Dream Home **10.00** Help! I Wrecked My House **11pm-2am** Help! My House Is Haunted

U&YESTERDAY freeview 27

6.10am Abandoned Engineering **8.00** Bangers & Cash: Restoring Classics **10.00** Secret Nazi Bases **11.00** The World At War **12.00** Antiques Roadshow **2.00** Bangers & Cash **4.00** Secret Nazi Bases **5.00** The World At War **6.00** Antiques Roadshow **7.00** The Blue Planet **8.00** Canal Boat Diaries **10.00** Bangers & Cash **12.00** Bangers & Cash: Restoring Classics **1.00-2am** Find It, Fix It, Flog It

U&W freeview 25

6.15am Property Brothers: Forever Homes **7.00** Tipping Point **10.00** DIY SOS: The Big Build **1.00** Tipping Point **4.00** Property Brothers: Forever Homes **5.00** DIY SOS: The Big Build **7.00** MasterChef Australia **8.15** Nigella: At My Table **9.00** Pete Wicks: For Dogs' Sake **11.00** Ghosts **12.55-3am** Don't Hate Your House With The Property Brothers

QUEST freeview 17

6am Salvage Hunters: The Restorers **7.00** Salvage Hunters **9.00** Aussie Gold Hunters **11.00** Outback Opal Hunters **1.00** The Repair Shop **2.00** Shed And Buried **3.00** Shed And Buried: Classic Cars **4.00** Find It, Fix It, Flog It **5.00** The Yorkshire Auction House **7.00** Antiques Road Trip **8.00** The Yorkshire Auction House **9.00** The Repair Shop **11.00** How Do They Do It? **1.00-2am** Salvage Hunters

THAT'S TV freeview 56

8am That's 60s: Best Music Live! **8.05** Rising Damp **8.40** Some Mothers Do 'Ave 'Em **9.15** Never The Twain **9.45** On The Buses **10.20** Bread **10.55** Steptoe And Son **11.30** Oh, Doctor Beeching! **12.10** Rising Damp **12.40** Man About The House **1.10** Goodnight Sweetheart **1.50** When The Boat Comes In **2.50** Minder **3.55** Just Good Friends **4.25** Man About The House **4.55** Bread **5.30** Birds Of A Feather **6.00** That's 60s: Best Music Live! **6.05** Rising Damp **6.40** Steptoe And Son **7.15** Whatever Happened To The Likely Lads? **7.55** Minder **9.00** Benidorm **9.55** Shameless **11.00** Man About The House **11.30** Mind Your Language **12.00** Benidorm **1.00-2am** Minder

SPORT

Sky Sports Main Event 6.30pm Ellis Simms and Coventry City face Arsenal

SKY SPORTS MAIN EVENT

6am Sky Sports News **7.00** Sky Sports Breakfast **9.00** Good Morning Transfers **10.00** Test Cricket Bitesize **10.15** LIVE Test Cricket. England v Pakistan. Coverage of the third day of the first Test in the three-match series, held at Headingley Cricket Ground in Leeds. **6.30** LIVE FNF. Arsenal v Coventry City. Kick-off at 8.00. **11.00** LIVE PGA Tour Golf. The BMW Championship. Coverage of day two. **12.00-4am** LIVE Tennis. The Cincinnati Open. Further coverage of day nine.

SKY SPORTS PREMIER LEAGUE

6am PL Greatest Games **7.00** PL Years **9.00** Premier League Season Preview 2026/27 **10.00** Sky Sports FC **12.00** Transfer Talk **1.00** Total Football **3.00** Premier League Season Preview 2026/27 **4.00** Fantasy Show **4.30** Premier League Preview **5.00** The Premier League Show **6.30** LIVE FNF. Arsenal v Coventry City. Kick-off at 8.00. **11.00** PL 360 **1.00** FNF **1.30-2am** Premier League Stories

SKY SPORTS FOOTBALL

6am EFL Cup Retro **8.00** Craig Brown: My Scotland **8.30** There's Only One Sauzee **9.00** SPFL Greatest Games **9.30** EFL Greatest Games **10.00** Championship Season Review **11.00** SPFL Greatest Games **11.30** EFL Greatest Games **12.00** EFL Highlights **12.30** Bundesliga Weekly **1.00** Bundesliga Preview **2.00** EFL Highlights **4.00** Bundesliga Weekly **4.30** Bundesliga Preview **5.30** EFL Highlights **7.30** EFL Cup Highlights **8.30** Bundesliga Preview **9.30** EFL Highlights **11.00** EFL Cup Highlights **12.00-3am** EFL

SKY SPORTS ACTION

6am Betfred Super League **11.45** Betfred Super League Highlights **12.00** NFL Highlights **1.00** Good Morning Football **3.00** NFL Highlights **4.00** Betfred Super League Highlights **5.00** NBA Basketball **7.00** Betfred Super League Highlights **7.30** LIVE Betfred Super League. Wigan Warriors v Wakefield Trinity. Kick-off at 8.00. **10.15** NFL Bitesize Highlights **11pm-2am** NFL Highlights

SKY SPORTS +

6am Sky Sports News **7.00** Sky Sports Breakfast **8.00** Betfred Super League **10.50** My Icon: Michael Holding **11.00** LIVE F1. The Dutch Grand Prix practice session. **12.55** LIVE F1 Academy. The Dutch Grand Prix practice session. **1.45** F1 Team Principal Press Conference **2.15** Total Football **3.00** LIVE F1. The Dutch Grand Prix sprint qualifying session. Start-time at 3.30. Coverage from the 12th round of the season at Circuit Zandvoort. **5.00** LIVE PGA Tour Golf. The BMW Championship. Coverage of the featured groups on day two of the second tournament in the FedExCup Playoffs. **7.30** LIVE Betfred Super League. Wigan Warriors v Wakefield Trinity. Kick-off at 8.00. Coverage of the match at Brick Community Stadium. **10.15** My Icon: Deta Hedman **10.30** Paper Talk **11pm-2am** LIVE LPGA Tour Golf. The CPKC Women's Open. Coverage of day two.

SKY SPORTS CRICKET

6am Test Cricket **7.00** Nepal Climbing Cricket's Mountain **7.30** International T20 Cricket **8.00** Test Cricket **9.00** International T20 Cricket **10.00** Test Cricket Bitesize **10.15** LIVE Test Cricket. England v Pakistan. **7.00** Best Of ICC WT20 **7.30** International T20 Cricket **8.00** Test Cricket **9.00** International T20 Cricket **9.30** Test Cricket Bitesize **10.00** Test Cricket **11.00** One-Day International Cricket **12.00-2am** Test Cricket

SKY SPORTS GOLF

6am PGA Tour Golf **10.00** Chronicles Of A Champion Golfer **11.00** PGA Tour Champions **12.00** HotelPlanner Tour Golf Highlights **12.30** LIVE DP World Tour Golf. The Nexo Championship. **5.30** LIVE PGA Tour Golf. The BMW Championship. **8.00** LIVE PGA Tour Golf. The BMW Championship. **12.00-2am** LIVE LPGA Tour Golf. The CPKC Women's Open.

ENTERTAINMENT

Sky Atlantic 9pm Jeevan ends up on an unexpected path in Station Eleven

SKY ONE

6am Mornings With Jones And Melbourne **8.00** Stargate SG-1 **10.00** The Simpsons **12.00** Africa's Hunters **1.00** Hawaii Five-0 **3.00** S.W.A.T **5.00** The Simpsons **5.30** F1 **6.30** The Simpsons **8.00** A League Of Their Own. With Wayne Rooney, Maya Jama and Alex Brooker. **9.00** Micky Flanagan: An' Another Fing Live. A stand-up show recorded at London's O2 Arena. **10.45** Grimsburg. Three episodes. Marvin's newfound fame goes to his head. Next, a serial killer targets the winner of the town's talent show. Then, Marvin drinks a potion he thinks will make him immortal. **12.15** Grimm. A teacher is eaten by rats. **1.10-2.05am** Evil

SKY ATLANTIC

6am Fish Town **8.00** Billions **10.15** House Of The Dragon **12.35** Homicide: Life On The Street **2.30** Billions **4.30** Django **6.30** House Of The Dragon **9.00** Station Eleven. Jeevan and Kirsten survive their first winter alone, until an argument sends him on an unexpected path. **10.05** Station Eleven. Kirsten sets a plan in motion to free the Traveling Symphony once and for all, while the Prophet has a final reckoning with Elizabeth and Clark. Last in the series. **11.20pm-3.05am** House Of The Dragon. Rhaenyra summons a trusted knight for a risky venture.

SKY WITNESS

6am Bondi Rescue **7.00** Border Patrol **8.00** Send In The Dogs **9.00** The Force: Manchester **10.00** Motorway Patrol **10.30** Caught Red Handed **12.00** FBI **2.00** The Rookie **3.00** Law & Order: Criminal Intent **4.00** Nothing To Declare **8.00** Chicago Med. A road rage incident sends three patients into the emergency department. **9.00** Chicago Fire. A Firehouse 51 crew member is still in danger, while Cruz helps Severide investigate. **10.00** Chicago PD. Platt faces trouble. **11.00** The Rookie. John and Bailey search for a mystery gunman. **12.00-2am** FBI

U&GOLD

7.10am Don't Wait Up **7.50** Ever Decreasing Circles **8.30** Only Fools And Horses **9.10** The Green Green Grass **9.50** Are You Being Served? **10.30** Last Of The Summer Wine **11.50** Ever Decreasing Circles **12.25** Only Fools And Horses **1.05** Keeping Up Appearances **1.45** Dad's Army **2.25** The Green Green Grass **3.05** Are You Being Served? **3.40** Ever Decreasing Circles **4.20** Dad's Army **5.00** Last Of The Summer Wine **6.20** Keeping Up Appearances **7.00** Only Fools And Horses. The Trotters dog-sit. **7.40** Dad's Army. The platoon is marooned on a derelict pier. **8.20** Are You Being Served? The staff take over the canteen. **9.00** The Office **11.00** Not Going Out **11.40** Mrs Brown's Boys **12.20** The Office **1.40-2.25am** Not Going Out

COMEDY CENTRAL

8am The Upper Hand **9.00** Everybody Loves Raymond **11.00** Sabrina The Teenage Witch **1.00** Friends **9.00** Al Murray: One Man, One Guvnor Uncut. A performance by The Pub Landlord. **10.00** Mr Bean **11.00** Whose Line Is It Anyway? USA **12.00** 8 Out Of 10 Cats **12.50** 8 Out Of 10 Cats: Best Bits **1.40-2.40am** Russell Howard: Wonderbox

U&ALIBI

7.10am Murdoch Mysteries **9.00** Shakespeare & Hathaway: Private Investigators **10.00** The Mentalist **11.00** Hudson & Rex **12.00** Body Of Proof **1.00** Death In Paradise **2.00** Murdoch Mysteries **4.00** The Mentalist **5.00** Hudson & Rex **6.00** Body Of Proof **7.00** Private Eyes. Shade and Angie investigate when a compromising photograph is published online. **8.00** Death In Paradise. The team work between two islands to investigate the death of a tourist. **9.00** NCIS: Sydney. A shark spits out the arm of an ex-Navy SEAL. **10.00** Father Brown. Suspicious circumstances surround the death of a local fighter. **11.00** Private Eyes **12.00** Shakespeare & Hathaway: Private Investigators **1.00-2am** Death In Paradise

SKY COMEDY

8am Will & Grace **9.00** Sort Of **10.00** Avenue 5 **11.20** Will & Grace **12.20** Based On A True Story **1.40** Avenue 5 **3.00** Will & Grace **4.00** The Reluctant Landlord **5.00** Community **6.00** Will & Grace **7.00** The US Office **8.00** The Reluctant Landlord **9.00** Kevin Hart: Reality Check. A stand-up special by the comedian and actor. **10.15** Ania Magliano: I Can't Believe You've Done This. The comedian and writer performs her 2022 stand-up show. **11.15** Based On A True Story **12.15** The Reluctant Landlord **1.15-2.15am** Community

DISCOVERY

6am How It's Made **7.00** The Aquarium **9.00** Gold Rush **11.00** Building Off The Grid **1.00** Dr Jeff: Rocky Mountain Vet **3.00** How It's Made **5.00** Alaska: Homestead Rescue **7.00** Wheeler Dealers. Mike Brewer and Edd China look back over the last eight cars they transformed. **8.00** Gold Rush: Mine Rescue With Freddy & Juan. Juan makes his largest-ever hopper build. **9.00** Expedition Files. Josh Gates investigates Nikola Tesla's 'Death Ray'. **10.00** Mystery At Blind Frog Ranch. While drilling above the Golden Staircase, outsiders close in. **11.00** Expedition X **12.00** Deadliest Catch **1.00-2am** Expedition Files

RADIO

Virgin Radio 6pm Stu Elmore has the best soundtrack to start your weekend

VIRGIN RADIO DAB virginradio.co.uk

6.30am Chris Evans **10.00** Emma B **2.00** Ben Jones **6.00** Stu Elmore **10.00** Goldierocks **2.00-6am** Jen Thomas

TALKRADIO DAB talkradio.co.uk

6am Mark Dolan **10.00** Alex Phillips **1.00** Ian Collins **4.00** Kevin O'Sullivan **7.00** Peter Cardwell **9.00** What Just Happened? With Kevin O'Sullivan **10.00** Andre Walker Ft. Ash **1.00** Ben Fletcher **5.00-6am** A TalkSPORT Special

TALKSPORT 1053, 1089MW talksport.com

6am TalkSPORT Breakfast With Alan Brazil **10.00** Sam Matterface & Alex Crook **1.00** Hawksbee And Jacobs **4.00** TalkSPORT Drive

Sun tv 4-PAGE SECTION TV GUIDE

Delaney plays a slimy lawyer who the killer seduces in some uncomfortably entertaining scenes as she continues her rampage.

Furious takes a sympathetic view on the killer, delving deep into why she's carrying out such heinous acts.

And as investigations continue, it's suggested "victims of violence are the most violent", hinting at a motive for the murders.

Enjoyably dark and thought-provoking, Furious is also funny in parts.

Think Killing Eve but with less style – though, it certainly has plenty of substance.

JANINE YAQOOB

ON THE CASE . . . Brooke as Allie

Sun tv picks

YOU'RE KILLING ME, U&Drama, 8pm: Crime novelist Allie (Brooke Shields) finds herself at the centre of a real-life murder mystery when a literary critic is killed at a convention she's attending.

Allie reluctantly teams up with true-crime Gen-Z podcaster Andi (Amalia Williamson) and they set out to find the killer. But the pair are polar opposites, so can they put their differences aside and crack the case?

With Allie's career on the wane, she needs a new direction, and Andi could just be the one to revive her fortunes, whether she likes it or not.

Never taking itself too seriously, and beautifully shot in New England, it's Murder, She Wrote for a new generation.

Cosy crime, American-style, and lots of escapist fun.

MILES DAVIS: A CELEBRATION AT THE PROMS, BBC Four, 8pm: We often think of the Proms as Beethoven, Mozart and a chorus of Land Of Hope And Glory, but modern classics are celebrated, too. And few are more worthy than trumpeter, band-leader and composer Davis, a giant of post-war jazz.

As well as celebrating his works, the concert – which features trumpeter Ambrose Akinmusire – will explore the music that influenced this musical pioneer, including the work of George Gershwin.

ANN DROID, BBC One, 9.30pm: It seems the friendship between Sue and her robot carer Linda could be over, now her son Michael's lost his job and moved back in with her.

His unfaithful girlfriend Renee tells him sarcastically: "I'd love to have been there when you told them, 'Hey, Mum, sorry, I'm going to give back your robot girlfriend. You're going to have to date the air fryer instead!'"

Only Michael hasn't admitted Linda's being collected the next day. So, is this the end of Sue and Linda's story? We hope not.

THE HAIRDRESSER MYSTERIES, BBC One, 2pm: As this colourful comedy-drama bids farewell, a mysterious visitor is causing a stir in Blossom Vale, quickly taking over the fundraising for new church bells.

But when she's found hanging from a bell rope in the church tower, it's clear there was more to this woman than first thought.

Lily is soon on the case to discover who she was and what she was *really* doing in town.

KATE NOBLE

TNT SPORTS 1

6am LIV Golf **7.30** British Superbikes Highlights **8.30** Cycling **9.30** Cycling **10.30** Cycling **11.30** LIVE Cycling: Lloyds Tour Of Britain-Stage 3 **3.00** TNT Sports Reload **3.30** LIVE UCI Mountain Bike World Series Women **5.00** LIVE UCI Mountain Bike World Series Men **6.00** The Fantasy Show **6.30** Premier League Preview **7.00** Premier League Stories **7.30** Premier League – The Big Interview **8.00** MLB Highlights **9.00** LIVE MLB. Milwaukee Brewers v Atlanta Braves. Start-time at 9.10. **12.00** LIVE CPL. Saint Lucia Kings v Jamaica Kingsmen. **4.00-7am** LIVE AFL. Carlton v Fremantle. Bounce-up at 4.15.

TNT SPORTS 2

6am TNT Sports Reload **6.30** Premier League – The Big Interview **7.00** FA Community Shield **8.30** The Fantasy Show **9.00** AFL **10.30** LIVE AFL. Collingwood v Brisbane Lions. Bounce-up at 10.40. **1.30** CPL Highlights **2.00** LIVE Cycling: Lidl Deutschland Tour-Stage 2. **4.00** British Superbikes Rewind **4.15** Reframe the Game **4.30** LIVE LIV Golf **10.30** Cycling **11.30** Cycling **12.30** Cycling **1.30** UCI Mountain Bike World Series Women **3.00-5.15am** LIVE NWSL. San Diego Wave FC v Utah Royals FC. Kick-off at 3.00.

TNT SPORTS 3

6am UEFA Champions League **12.00** Premier League – The Big Interview **12.30** The Fantasy Show **1.00** MLB Highlights **2.00** Cycling **2.15** LIVE Cycling: Renewi Tour. Stage three. **4.30** Premier League – The Big Interview **5.00** CPL Highlights **5.30** LIVE FEI World Championships. In Aachen, Germany. **9.45** British Superbikes Rewind **10.00** Inside Serie A **10.30** Premier League Stories **11.00** CPL Highlights **11.30pm-3.45am** LIVE CPL. Saint Lucia Kings v Jamaica Kingsmen.

PREMIER SPORTS 1

6am FIM Sidecarcross Championship **7.00** Coppa Italia **9.00** Scottish Rally Championship **9.30** DTM Motorsport **10.30** Coppa Italia Show **11.00** NASCAR **12.00** Swedish Speedway **1.30** Sporting Greats **2.00** Scottish Rally Championship **2.30** LaLiga **4.25** DTM Motorsport **5.25** NASCAR **6.25** Sporting Greats **6.55** LaLiga **7.55** LIVE LaLiga. Real Betis v Real Sociedad. Kick-off at 8.00. **10.00** Coppa Italia Show **10.30** Sporting Greats **11.00** DTM Motorsport **12.00-2am** LaLiga

7.00 Kick Off **10.00** The Sports Bar Weekender **1.00-6am** Extra Time With Ben Fletcher

TALKSPORT2 *DAB talksport.com*

8am Fight Night Extra **9.00** Howzat For A Podcast! **10.00** The Ebor Festival Preview Show **11.00** The EFL Fan Network **12.00** EFL All Access **1.00** Racing Live **3.00** The Social **4.00** The Big Weekend Preview With William Hill **5.00** Premier League All Access **6.00** PGA Tour Live **12.00-8am** My Sporting Life

TIMES RADIO *DAB thetimes.co.uk/radio*

6am Rosie Wright And Calum Macdonald **10.00** Ed Vaizey **1.00** Ryan Tubridy **4.00** Cathy Newman **7.00** Geoff Norcott **10.00** Henry Bonsu **1.00-6am** The Best Of Times Radio

RADIO 1 *97.6-99.8FM bbc.co.uk/radio1*

7am Greg James **10.00** Anthems With Nat And Vicky **11.00** Group Chat With Nat And Vicky **12.45** Newsbeat **1.00** Mylo And Rosie **3.00** Dance Party Starters **4.00** The Official Chart On Radio 1 With Jack Saunders **5.45** Newsbeat **6.00** Dance Party With Danny Howard **8.00** Future Dance With Sarah Story **10.00** Pete Tong **12.00-2am** Essential Mix

RADIO 2 *88-91FM bbc.co.uk/radio2*

6.30am Sara Cox **9.30** Vernon Kay **12.00** Jeremy Vine **2.00** DJ Spoony **4.00** Jason Manford **7.00** Michelle Visage **9.00** Sophie Ellis-Bextor's Kitchen Disco **11.00** The Rock Show With Shaun Keaveny **12.00-1am** Romesh Ranganathan: For The Love Of Hip-Hop (R)

MOVIES

Sky Cinema Premiere 8pm Josh Hutcherson in Five Nights At Freddy's 2

SKY CINEMA PREMIERE

11.40am Five Nights At Freddy's 2 (15, 2025) ★★★ **1.30 Song Sung Blue** (12, 2025) ★★★★ **3.45 Heretic** (15, 2024) ★★★★ **5.45 Hamnet** (12, 2025) ★★★★ **8.00 Five Nights At Freddy's 2** (15, 2025) ★★★ **10.00 Normal** (15, 2026) Action comedy with Bob Odenkirk. ★★★★ **11.40 Seven Snipers** (15, 2026) ★★★ **1.15-3.30am Song Sung Blue** (12, 2025) ★★★★

SKY CINEMA ANIMATION

11.05am Epic Tails (U, 2022) ★★★ **12.45 Charlie The Wonderdog** (PG, 2025) ★★★ **2.25 Dog Man** (U, 2025) ★★★★ **4.00 The Angry Birds Movie** (U, 2016) ★★★★ **5.40 The Angry Birds Movie 2** (U, 2019) ★★★★ **7.20 The Ant Bully** (U, 2006) ★★★ **8.55 Epic Tails** (U, 2022) ★★★ **10.45 Trolls** (U, 2016) ★★★★ **12.20-1.50am Flushed Away** (U, 2006) ★★★★

SKY CINEMA STATHAM

12.05pm The Italian Job (12, 2003) ★★★ **2.10 The Mechanic** (15, 2011) ★★★★ **4.00 The Beekeeper** (15, 2024) ★★★ **6.00 The Expendables** (15, 2010) ★★★★ **8.00 The Expendables 2** (15, 2012) ★★★★ **10.00 The Expendables 3** (15, 2014) ★★★★ **12.10-2.05am Snatch** (18, 2000) ★★★

FILM4 freeview 14

11am The Golden Voyage Of Sinbad (U, 1974) ★★★ **1.10 Enemy Mine** (12, 1985) ★★★★ **3.20 Film4 Interview Programmes: Talking Film 3.25 River Of No Return** (PG, 1954) ★★★ **5.15 Deck The Halls** (PG, 2006) ★★ **7.05 Flamin' Hot** (12, 2023) ★★★ **9.00 Honest Thief** (15, 2020) ★★★ **11.05 The Forever Purge** (15, 2021) ★★★ **1.10-3.05am Little Monsters** (15, 2019) ★★★★

TALKING PICTURES freeview 82

11.25am So Long At The Fair (PG, 1950) ★★ **1.05 The Edgar Wallace Mystery Theatre 2.15 The Adventures Of Robin Hood 2.50 Ghost Ship** (U, 1952) ★★★ **4.20 Look At Life 4.30 The Cheaters 5.00 A Family At War 6.00 Rumpole Of The Bailey 7.00 Z Cars 8.00 Public Eye 9.05 Mort D'un Pourri** (12, 1977) ★★★ **11.35 Cellar Club With Caroline Munro 11.40 Supernatural 12.45-12.50am Cellar Club With Caroline Munro**

GREAT! MYSTERY freeview 50

1pm In Plain Sight 2.00 Castle 3.00 Diagnosis Murder 5.00 Murder, She Wrote 7.00 Castle 8.00 Unforgettable 9.00 In Plain Sight 10.00 Mystery 101: Pilot (PG, 2019) ★★ **11.55pm-1.45am Murder, She Baked: A Chocolate Chip Cookie Mystery** (PG, 2015) ★★★

GREAT! ACTION freeview 42

10.50am Any Gun Can Play (12, 1967) ★★★ **1.00 The Unit 2.00 Burn Notice 4.00 Eye For An Eye** (15, 2019) ★★★ **6.00 The Unit 7.00 Burn Notice 9.00 High Plains Drifter** (18, 1973) ★★★★ **11.20 The Avengers 12.20-1.20am The New Avengers**

18+ England, Scotland and Wales residents only. Subscription to Sun Club required. Online access required. Entry closes 23:59pm on 29/08/26. Non-transferable & non-refundable. T&Cs apply, see club. thesun.co.uk/sun-club. Sun Club new customer offer: £1.99 per month or £9.99 for the first year, then £19.99 thereafter unless you cancel at least seven days before your next billing date. Full T&Cs apply, see thesun.co.uk/club

dear deidre

Edited by SALLY LAND

Need our help? Email deardeidre@the-sun.co.uk any time

Team: JANE ALLTON, HILARY FREEMAN, KALLY LEWIS, CATHERINE THOMAS and KATE TAYLOR

Should I forgive hubby's affair?

Dear Deidre

MY husband's affair tore our family apart but now, two months on, he says leaving was the biggest mistake of his life.

I'm 42 and he's 44. We've been married for 15 years and have two children, 13 and 11. I really thought we were happy, although I suppose things had started to feel a little flat.

He'd been working longer hours and seemed glued to his phone but I never read into it because I just trusted him.

Then one evening I saw a message pop up on his phone that stopped me in my tracks.

It was from one of his colleagues. It said, "Can't stop thinking about you."

She works in the same sales team, and, looking back, I realise her name had been cropping up in conversations for months.

When I confronted him, he insisted it was nothing but his face told me otherwise.

He eventually admitted they'd been sleeping together for months and said he'd fallen in love with her. He packed a bag that night and left.

He told me he'd moved in with his sister but I know he spent the majority of time with this other woman. I was completely broken.

Then, last week, he turned up on our doorstep looking exhausted and begging forgiveness. He said he couldn't bear the thought of losing me and the children.

I still love him, so I let him in.

But now I don't know what to believe. We've spent the past few days talking and crying, and he's promised he'll do everything he can to fix things. But I don't know how I can ever trust him again.

■ DEIDRE SAYS: You've been through a huge emotional shock, not only discovering your husband's affair but also suddenly finding yourself facing the loss of your marriage.

While he may genuinely regret what he has done, forgiveness and rebuilding trust will take time.

Don't feel pressured to simply put this behind you because he has come home.

Tell him honestly what you need from him to feel safe in the relationship again.

He will need to be open, patient and willing to answer your questions while you process what happened.

If you both want to save your marriage, having couple's counselling through tavistockrelationships.org (020 7380 1960) could help you work through the betrayal and rebuild your relationship.

My support pack Cheating, Can You Get Over It? will help you understand your feelings and how to make progress.

HERE TO HELP YOU

IF YOU are worried about anything please get in touch with my team of counsellors and we will do our best to help you. Every email receives a personal response.

deardeidre@the-sun.co.uk

I'M AT END OF MY TETHER CARING FOR DYING FATHER

Dear Deidre

MY dad is dying but I'm exhausted from trying to be everything he needs.

Dad is 71 and I'm his 42-year-old daughter, his only child. He was diagnosed with terminal lung cancer last year and doctors have said he may only have weeks left. He's now receiving end-of-life care at home and needs help with almost everything.

Since he became so unwell he's become very dependent on me. He rings several times a day asking when I'm coming over and, if I can't make it, I'm met with comments about how he "won't be here for ever".

I know he's frightened and doesn't want to be alone but I'm struggling, too. I have rheumatoid arthritis and some days the pain and exhaustion are so bad I can barely get through work, never mind drive across town and sit by his bed for hours.

I love my dad more than anything but I'm completely worn out and don't know how much more I can give.

■ DEIDRE SAYS: You love your dad, but that doesn't mean you have to exhaust yourself trying to meet every need. It's OK to set boundaries around how often you can visit and how much you can realistically do.

Talk to his end-of-life care team about what other support could be arranged so you're not carrying this alone.

My support pack Standing Up For Yourself can help you set healthy boundaries, and my support pack Coping With Bereavement can help navigate the difficult emotions ahead.

CANNOT FORGET ONE THAT GOT AWAY

Dear Deidre

AFTER more than 30 years, I still can't shake the thought of the one woman that got away.

I'm 56 and she was my first real love. We met when we were 21 and spent nearly four years together.

She was funny, kind and completely besotted with me but I was young and convinced there was something better out there.

I ended things after getting caught up in nights out and a yearning to be single. At the time I thought I was making the right decision but, looking back, I was an idiot.

I've had several relationships since but I've never completely stopped thinking about her.

A few months ago I came across her on Facebook. She's married now, has two children and she looks genuinely happy.

I know I have no right to interfere but I can't help but stare at her photos and wonder what would have been if I'd stayed.

Part of me desperately wants to message her but I know I missed my chance.

■ DEIDRE SAYS: You made a mistake when you were young but dwelling on what might have been will only keep you stuck in the past.

Respect the life she has built and resist the temptation to contact her. Instead, focus on what you've learned about love and what you want from a relationship going forward.

My support packs, Moving On and Finding The Right Partner For You, can help you get beyond this and then focus on finding happiness again.

stories deidre's photo casebook

FREYA'S PAST WORRIES: **DAY 5**

Clothes by Boohoo and BoohooMAN

CONTINUES TOMORROW

hot topic

FEELING unhappy about your weight can take a toll on your confidence and the way you see yourself.

With constant messages about appearance, dieting, and body ideals, it's easy to feel like you're not measuring up. But your worth isn't defined by a number on the scales.

If your body image is getting you down, my support pack Weight Worries can help.

Dear Deidre

GIRLFRIEND CAN'T STOP SPENDING

MY girlfriend says she wants to build a future with me but I feel I'm the only one working towards it.

I'm 31 and she's 29. We've been together for four years and have a really happy relationship.

Recently we agreed we'd try to buy our first home by the end of the year and I've been doing everything I can to make it happen.

I work more than 40 hours a week and have started doing evening deliveries to earn extra money. Most of my spare cash goes into savings and I've stopped going out with friends as much.

She knows how important this next step is to me and says she wants it too. But I'm struggling to see what she's doing to make it happen. She earns a decent wage but seems to spend it almost as quickly as it comes in, on clothes, expensive coffees and weekends away.

Last month she spent £180 on trainers while telling me she couldn't afford to put anything into our house fund.

I don't begrudge her enjoying herself but, when I bring it up, she says I'm putting too much pressure on her. She promises to save more next month but it never happens. I'm starting to wonder whether she's committed to our future.

■ DEIDRE SAYS: You're putting a huge amount of effort into your shared goal, so it is understandable you feel frustrated.

Have an honest conversation about your plans and agree on exactly how much you can each realistically save each month. That way, you'll have a clear plan, rather than arguing about what each of you should be doing.

If she continues to prioritise spending, you will need to discuss whether you're truly working towards the same future.

My pack Looking After Your Relationship can help you communicate your needs.

GET IN TOUCH

If you are worried about something, my team is here to help. Please contact and follow us.
Online: thesun.co.uk/deidre **Instagram:** @dear.deidre **Facebook:** @DearDeidreOfficial
X: @DearDeidre **Post:** Dear Deidre, The Sun, 1 London Bridge Street, London, SE1 9GF

Fab DAILY

As M&S celebrates a century of selling clothes, **EMILY REGAN** looks at how it has shaped fashion and picks out some of the its contemporary items

M&S RACKS UP 100 YEARS OF FASHION

And it's still got bags of style

TIMELESS ELEGANCE . . . M&S x Aries silk maxi dress is perfect for an evening out

FROM Percy Pig sweets and Colin The Caterpillar cakes to Autograph and Per Una clobber, Marks & Spencer is woven into the very fabric of British life.

This year the High Street giant celebrates 100 years of selling clothing, and it remains the nation's top choice for style and value for both men and women.

Yesterday, M&S launched a collection with streetwear label Aries, honouring its most famed heritage pieces, which includes references to the original 1884 Marks & Spencer Penny Bazaar and the return of the St Michael label, retired in 2000.

Shoppers were even able to buy a version of the familiar green carrier bag, in a luxe, soft green leather – though this was so popular it sold out within hours.

Here, we take a look back over the decades at how M&S really has stood the test of time, and how the innovations from the last 100 years have shaped what is still sold today.

1920s

NEARLY 40 years after M&S opened as a Penny Bazaar, it began selling its first clothes – bras, garters, directoire knickers, sanitary belts and bodices.

And over the last 100 years, lingerie has been a big seller for the store.

Not only has M&S been the first stop for countless women when buying underwear, but its fitting service is also something of a rite of passage for girls growing up.

Today, M&S is the UK market leader for lingerie, with one in three British women buying their knickers there and an M&S bra being sold every two seconds. It also has supermodel status, with Rosie Huntington-Whiteley fronting her own lingerie collection with the store.

This year the company has taken shapewear to a whole new level with the introduction of M&S Body – soft lingerie and shapewear that rivals Kim Kardashian's billion-dollar Skims range.

1930s

MANY parents will be going to M&S in the next few weeks to get their children's back-to-school essentials for September.

It is a ritual that began in the 1930s, with M&S offering cardigans, trousers, ties and the rest, with "Back To School" branding in store windows. Today the range is far bigger, with crease and stain resistance and water-repellent fabrics, showing how schoolwear has had quite the glow-up.

1940s

DURING World War Two, M&S worked closely with the Government, creating garments to strict specifications and using high-quality, hard-wearing fabrics designed with longevity in mind. They included the practical and stylish utility dress – and now, 80 years later, you can still find the same style in stores. Today, the same emphasis on quality and longevity remains at the heart of the brand, with M&S still recognised for its well-made pieces.

The structured shape, nipped-in waist and flattering midi length that made the original utility dress both practical and polished remain just as relevant today.

With its waist-defining fit and elongating proportions, it is easy to see why this timeless silhouette continues to flatter and why M&S styles stand the test of time.

1950s

"DESIGNER dupe" might be a phrase made for social media, but the idea of recreating high-end fashion for less has been around for decades.

Dior was the height of fashion in the 1950s, its New Look collection swapping the boxy silhouettes of wartime dressing for tiny waists and voluminous skirts.

M&S quickly brought the look to the masses, with affordable interpretations proving high fashion did not need a couture price tag.

Fast forward to today, and the appetite for designer-inspired pieces shows no signs of fading.

M&S has had its share of its own viral moments in recent years, from sell-out £40 leopard-print jeans likened to a £235 Ganni pair, to suede brown loafers almost identical to a coveted pair by Yves Saint Laurent – and so popular that they returned for a second season.

In 2026, the store is reaching new heights of fashion, securing a spot on the London Fashion Week schedule for autumn-winter '26.

1960s

THE Swinging Sixties were synonymous with hemlines getting shorter, thanks to designer Mary Quant and the mini dress.

M&S was seen as an actively modernising brand during this time, so it was no wonder it also adopted the new, shorter style.

It advertised the look with the model of the moment – Twiggy, who launched a mini dress in 1966 with the tagline "Well above the knee for the young go-ahead".

The mini has remained firmly on the store's rails, and M&S has designed a range of shorter-style dresses and skirts, which attract shoppers who are, on average, 12

Continued on next page

THE BRA

THE UTILITY DRESS

THE SCHOOL KIT

Fab DAILY

Edited by SARAH BARNS and JOEL COOPER

THE POLO

CENTURY OF TOP MARKS

From previous page

years younger than the brand's typical customer. Want to knock a few years off your look? Try taking a few inches off your hemline.

1970s

IN 1975, M&S made fashion history when its £2.50 black polo-neck jumper became Britain's best-selling women's garment.

The jumper, costing about £27 in today's money, was the blueprint for what M&S would become best known for – affordable, well-made wardrobe heroes that quietly earn cult status.

Just over 50 years later, you can pretty much buy the same polo, now in a range of colours and costing £36, showing just how a good-quality basic can stand the test of time.

1980s

M&S was already moving towards a more inclusive approach to fashion by 1987, launching a Plus range for women up to size 24, later extending to 28, alongside a maternity collection.

It was a significant step for a high-street retailer at the time, and has now become part of M&S's DNA, with most of the brand's core collection available in sizes up to 24, with many styles offered in petite, regular and tall fits too. The maternity range remains, and the old Plus label has evolved into Curve, while external brands in store have items up to size 38.

1990s

THE supermodel phenomenon reached fever pitch and M&S was right there, with Claudia Schiffer, Linda Evangelista and Yasmin Le Bon all modelling for the brand. Most recently, M&S has hired actress Gillian Anderson and comedian Amelia Dimoldenberg to bring a fresh dose of celebrity appeal to campaigns.

2000s

M&S ditched its long-established St Michael brand, launching its Autograph range in 2000, followed by Per Una in 2001 – two names that are now firmly established within its fashion offering.

It has continued to broaden its customer choice, with Jaeger now offering a more premium proposition. The company has also embraced a more department-store approach, introducing a growing roster of concession brands.

2010s

AFTER four decades as one of M&S's most familiar faces, Twiggy launched her own collection with the store.

It was a huge hit, with a silver sequin jacket famously selling out in two hours.

The celebrity collaboration formula proved a hit again in 2016, when Alexa Chung created a 31-piece collection inspired by the M&S archive, followed by Holly Willoughby's hugely popular edit in 2018, which sent shoppers into a frenzy for a navy boilersuit.

Since then, M&S has harnessed the cult appeal of limited editions, teaming up with designer Bella Freud and luxury fashion house 16Arlington.

Both collections sold out quickly, proving M&S knows exactly what its customers want after 100 years of success.

From the sexiest star of the season to the surprise trend we want banished, we reveal the winners (and sinners) of the summer

PITCH-PERFECT WAG – MEGAN PICKFORD

EVEN lost luggage couldn't stop England Wag Megan from scoring in the style stakes at this year's World Cup.

For The Three Lions' first game, the 30-year-old was forced to make do with borrowed jeans thanks to an airline error. But she still pulled off a winning look, topped off with a cowboy hat emblazoned with a "1", a sweet nod to hubby Jordan's shirt number.

And once her suitcase finally made it off the bench, Megan seriously upped her fashion game. From her Chanel England flag brooch and perfectly coordinated belts to designer bags and patriotic nail art, no detail was too small for the bombshell.

Forget the Golden Boot, when it came to match-day glamour, Megan was our Golden Wag.

BEST WEDDING WARDROBE – DUA LIPA

IT was one of the most anticipated celebrity weddings of the summer – and Dua Lipa certainly didn't disappoint when it came to bridal looks.

In fact, after tapping up her little black book of designer contacts for her nuptials with actor Callum Turner, fashion darling Dua's big day(s) turned into something of a bridal fashion week.

Looking chic at her London Marylebone civil ceremony in a custom Schiaparelli skirt suit, complete with white gloves and a huge hat, the singer, 30, oozed sophistication. Then, for their three-day Sicilian celebration in June, she opted for several looks, including a feathery leather floor-length dress and a show-stopping Chanel gown with a six-metre veil.

According to reports, the creation featured a staggering 480,000 beads. That's one way to say, "I Dua".

SIZZLER OF THE SUMMER – SYDNEY SWEENEY

SCIENTISTS have revealed that according to the so-called "golden" body ratio, the ideal female figure looks remarkably like Sydney Sweeney. It's hardly rocket science, more like stating the obvious!

And the impossibly stunning 28-year-old Euphoria star has taken that information and run with it.

After launching her own lingerie label this year, SYRN, she has spent the summer promoting it, modelling everything from slinky two-piece sets and plunge bras to lacy garter skirts and stockings.

Fans have been flocking to buy the merch in a bid to emulate their sexy idol.

With an enormous fan base and apparently science on her side, Syd clearly found her winning formula.

The Fab summer style awards

SWIMSUIT SIREN – AMANDA HOLDEN

WE'RE not sure how she finds the time, but the 55-year-old TV presenter has certainly made the most of the summer heat by wearing as little as possible, as often as possible – and documenting it all.

Amanda has made the bikini pic something of an art form, kicking off the year by modelling a string of swimsuits on a birthday break in Dubai, before opting for a slinky red number to enjoy the June heatwave from her own garden.

And after a trip to St Tropez, she took her impressive swimwear collection to Corfu, where she has been showcasing her enviable bod in a series of sexy snaps.

No wonder the self-aware star jokingly warned fans of "the annual onslaught of bikini shots" back in July.

THE PUT-IT-AWAY PRIZE – 'NAKED' DRESSING

THIS is one look we would be more than happy to see the back of – yet despite our best efforts to move on, celebs clearly haven't got the memo.

Singer Chappell Roan, *left*, kicked off the year by attending the Grammys wearing a barely-there dress suspended by nipple piercings, while Hailey Bieber left little to the imagination in a totally sheer gown at the premiere of Wuthering Heights in Sydney.

But it was this year's Met Gala in New York in May that looked more like a naturist event than a fashion party.

Kylie Jenner had plastic boobs on show, Gigi Hadid had *everything* on show and rapper Doechii just draped a bit of fabric around her torso.

We're all for showing a bit of skin, but when underwear becomes the main event, perhaps it's time to put naked dressing back in the wardrobe.

FASHION CHAMELEON – MAURA HIGGINS

IN the true spirit of the show, the US Traitors contestant has spent the summer proving she can pull off pretty much anything. And when it comes to her wardrobe, she has certainly not been faithful to just one look.

From pretty-in-pink couture to preppy tennis chic in crisp Wimbledon whites, 35-year-old Maura has experimented with her style at every opportunity.

And it is not just her clothes that have had a makeover. The Irish TV presenter has switched up her hair almost as often as her outfits, going from tumbling, bouncy waves to a dramatic pixie crop.

She has formed more fashion alliances than we can keep track of and, when it comes to serving up all kinds of winning looks, there is no keeping Maura away from the best-dressed lists this summer.

BEST MATERNITY WARDROBE – ANNE HATHAWAY

DESPITE having five major films out in 2026, including The Odyssey and The Devil Wears Prada 2, it turns out her biggest production is off camera.

For 43-year-old Anne revealed in June that she is expecting her third child – and since then, she has given a masterclass in maternity dressing.

What started off with long, loose-fitting gowns from the likes of Prada and Louis Vuitton morphed into bump-baring two-piece ensembles, including the Prabal Gurung silk halter top she paired with jeans to the premiere of her latest film, The End Of Oak Street.

Fans were divided, but proud Anne was more than happy to show off her bump. Proof indeed that pregnancy doesn't have to mean putting fashion on mat leave.

BEST REVENGE DRESSING – MAYA JAMA

AFTER calling time on her romance with Manchester City ace Ruben Dias at the end of April, there was no chance of Maya Jama being left on the bench.

Instead, she jetted off for another long, hot summer in Majorca to host Love Island and wasted no time turning heads both in and out of the villa.

Just to really rub it in poor Ruben's face, Maya, 32, was unveiled as the face and body of Agent Provocateur's 2026 swim collection mere weeks after their split, and she posed up a storm in a string of racy looks, from tiny bikinis to plunging swimsuits.

Love Island is known for its bombshells, but Maya was undoubtedly the queen this year and proved the only thing hotter than a villa romance is an immaculate revenge wardrobe.

BEST TOURDROBE – ZENDAYA

IF there was an award for dressing for the film you are promoting, the 29-year-old American actress and singer would need a bigger trophy cabinet.

For Zendaya has taken to "method dressing", using her red-carpet wardrobe to give a nod to whatever character she is playing.

Case in point – her outfits for both press tours for this year's films The Odyssey and Spider-Man: Brand New Day.

For the first, she aptly channelled Greek goddess glamour in flowing, draped gowns, and for the Spidey flick she switched into superhero mode in dresses with webbed detail and heels complete with spiders crawling on them.

It's something Zendaya has been doing for a while now. This year, she also wore a series of wedding dresses on the press tour for The Drama, a film about a couple getting hitched. Talk about getting into character.

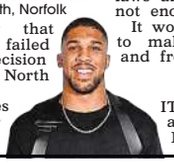
letters @the-sun.co.uk

The page where you tell Britain what you think

SO much for the long-awaited battle of Britain between Tyson Fury and Anthony Joshua, *pictured*, taking place in England.

It looks like Netflix and Saudi boxing supremo Turki Alalshikh are pushing for it to be in America, which shows their contempt for boxing fans in this country.

ANTHONY BURNS
Great Yarmouth, Norfolk



IT is disappointing that Andy Burnham has failed to make a robust decision to expand the UK's North Sea oil capacity.

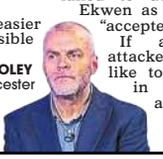
And irony of ironies the Prime Minister overlooks the fact that green tech supply chains, such as wind turbines, need oil for day-to-day maintenance.

JOHN BARSTOW
Pulborough, West Sussex

ANOTHER show of posturing by Burnham saying he will seize illegal tippers' assets and increase fines. We already have fly-tipping laws and £5,000 fines, which are not enough of a deterrent.

It would be cheaper and easier to make tips more accessible and free.

NIGEL COLEY
Leicester



IT seems Reformers are now realising Nigel Farage is not some kind of Messiah. Well done to Tim Montgomerie, *pictured*, who defected to Reform 18 months ago but has now been suspended after he criticised its senior leaders.

CHRIS TORODE
Richmond, North Yorks

JUDGE Rebecca Anne Pickering failed to deport rapist Hendrix Ekwen as she said he had now "accepted responsibility".

If another woman is attacked by Ekwen, I would like to see Judge Pickering in court, charged with aiding sex crimes.

BRIAN LEA
Nottingham

Megxit over too soon

£50 LETTER

AFTER bad-mouthing our Royal Family, Harry and Meghan are returning to the UK after six years.

Harry previously claimed it was not safe for his family to visit Britain, but they were quite happy to live in the gun capital of the world.

What has happened to make them return to this supposedly unsafe and racist country?

Has the American dream started to fade or have Americans realised the pair have little to offer now that they have run out of stories trashing our monarchy?

Reuniting with family members they turned on will be difficult.

CLIVE HACKETT
Porthleven, Cornwall

HARRY and Meghan are coming back to the UK with their children – is it because America has had enough of them?

They are reportedly going to carry on with their business enterprises. I feel sorry for anyone who works for them, because they have a long history of senior employees quitting after a matter of months.

JC HAYES
Sidmouth, Devon

I AM pleased that Prince Harry is moving back to the UK.

He had the guts to stand up for what he wanted after being treated appallingly.

Harry has followed his heart regardless of the royals' treatment of him, his wife and children.

PAUL ALLEN
Grantham, Lincs

WHATEVER made Prince Harry and Meghan decide to come back to live in the UK?

They will be nothing but trouble, complaining about everything, including their security.

REBELS RETURN . . . our front page

Have they not done enough damage to the Royal Family?

EILEEN PAINTER
Hainault, North East London

FIRES raging, hosepipe bans, cost of living through the roof, hundreds of illegal immigrants flooding into Kent daily, a Prime Minister who doesn't know what he is doing and nobody voted for – what else could go wrong?

And just like that Prince Harry and Meghan decide to return to live in the UK.

I think it's time to emigrate.

JAMIE WILLIAMS
Dunstable, Beds

JUST how naive is the Home Office? It is now wasting money printing booklets for asylum seekers that explain sex with children and rape are illegal.

As if migrants did not know this already.

MIKE BROWN
Knowle, Bristol

A BOOKLET given to asylum seekers tells them it is illegal in this country to rape children and women.

The front page should say in big letters: "Break any of our laws and you will be deported after you have served your sentence". But we all know from previous human rights appeals that often isn't the case.

ARTHUR HAYES
Middlesbrough

FINALLY the Government has acknowledged that some of the men we grant asylum to are a danger to women and kids. But why is it not stopping them from coming here in the first place?

EMMA MORTON
Bere Alston, Devon

DOES this give asylum seekers a get-out clause if they claim they didn't receive the sex assault leaflet? This harebrained scheme is an insult to women and children.

PATRICIA LOY
London

TO act as a deterrent, why not make it clear that any illegal migrant "rescued" from the Channel and brought to the UK would be expected to repay the cost of their rescue and subsequent care, regardless of the result of their asylum application?

KEITH HADLEY
Swadlincote, Derbys

AFTER the UK supplied attack drones to Ukraine's military, Russia warned that "London's actions will inevitably carry consequences".

Sour grapes, Russia? You shun any peace because of your bullying ways and blame others for your war losses.

Ukraine must join Nato to defend itself and protect the civilised world from Putin's evil.

FRED BROUGH
Chapel St Leonards, Lincs

email, fax, write or comment online

We pay £50 for our Star Letter of the day: Email letters@the-sun.co.uk. Fax us on 020 7782 4170 or write to Dear Sun, The Sun, 1 London Bridge Street, London, SE1 9GF. Include your full name and address. You can share your views at thesun.co.uk

THE Sun BINGO 8! PLEASE PLAY RESPONSIBLY
Play smart with Sun Bingo by setting Deposit Limits and using Reality Checks. Visit sunbingo.co.uk/smart-tips to find out more. 18+ GamCare.org.uk

Mystic Meg with MAGGIE HYDE

ARIES March 21 – April 20

If it's the end of your working week, you'll be ready to sign off – but it's worth sticking at jobs until they're done so you can start next week afresh. Money matters need wrapped up and ticked off. In love, it's shared goals that bring you closer. A new love interest could fizzle out if you don't have enough in common.

TAURUS April 21 – May 21

You get going when the going gets tough, but you need to see results ASAP. You'll now discover what, or who, has potential. Reverse out of dead ends, even if you don't know your options. A partner supports your desire for change, or a new love interest grows on you when they show their serious side.

GEMINI May 22 – June 21

You're so good at bouncing back, partly as you handle life's disappointments better than most. This is a safety net today for keeping your spirits up – or someone else's. How often do you get to do things you enjoy? This evening, the focus is on fun, and it's a great time to meet someone who lives life to the full.

CANCER June 22 – July 22

You may have the sense of being blocked, but something needs revisiting. Whether it's work or home life, you're getting the message that it's hard to become a fulfilled individual if you're bogged down in relationship issues. Single? A romance cynic secretly hopes you're the one to change their mind.

LEO July 23 – August 23

It's not great for your mood to feel that you're finishing the week on a low. A hard day at work, a miserable colleague or a problem with getting paid are the kind of things to expect. But a cheerful friend knows just how to bring the sun out. Enjoying what money can't buy will be an eye opener, especially in your love life.

VIRGO August 24 – September 22

There's a limit to how much energy you can expend on a frustrating issue. Remind yourself that making mistakes is one of the best ways to learn. Single? The right choice is the lover who wants to soothe your fears, not add to them. Home delivery foreign food is perfect for a stress-free evening together.

LIBRA September 23 – October 23

Your planet Venus hits speed bumps, bringing a setback or delay. Resist the blame game and go for plan B. On the dating scene, avoid gathering your friends' opinions too soon. It's what you think that really matters, and that extends to other choices, too. Choose lottery numbers with a sibling or neighbour.

SCORPIO October 24 – November 22

You're the expert at giving nothing away, and right now that's a plus. At work, keep your head down and get the job done. And no working late if you want to keep the home life sweet. The weekend starts with a feeling of being off duty. Insightful moments remind you that your love life is to be enjoyed, not endured.

SAGITTARIUS November 23 – December 21

You don't look too far back, but past experiences may weigh heavy today. Appreciate how these paved the way to the future you now have. The Moon in your sign brings you back to the present. In problem solving, things will naturally swing your way by the evening – or your straight talking will do the trick.

CAPRICORN December 22 – January 20

You and your other half both have pressures that need your undivided attention. This doesn't mean you're drifting apart, just on parallel tracks. Family duties may be part of this picture, but burdens will ease over the weekend. In love or money, do nothing in haste. Guidance comes from a loved one now in spirit.

AQUARIUS January 21 –February 18

It's a morning when everything is a slog, but helping hands from the middle of the day make a huge difference. If you're going away for the weekend, leave earlier than planned. The risk of delays is high. In your personal life, it's hard to know what others need from you. It's no to guessing and yes to spelling it out.

PISCES February 19 – March 20

You may not score any great triumphs today, but you can make great strides in the right direction. The key is to be persistent and not to let anything, or anyone, put you off. In love, it doesn't pay to be long suffering. If something is unacceptable, say so. Single? Clock the person with an infectious laugh.

Phone Meg's psychics for a chat on 0905 005 8102

Or to pay by credit/debit card call 08000 356 684 or mobile users call 020 7111 6406

Text a psychic. Just text MEG then a space and your question to 60016

Calls cost £1.50 per minute plus your telephone company's network access charge. You must have bill payer's permission. Calls recorded for your protection. Max call duration 19 mins for 0905 numbers. Over 18s only. These services are for entertainment only. SMS cost £1 per received message, max 3 messages per reply. UK only. To opt out of three promo messages call Helpline: 0330 114 0300. SP: Inveroak.com, PO Box 10015, CM1 9HH.

Something for the Weekend

● MOVIES ● GAMES ● MUSIC ● BOOKS

BRIMMING WITH TUNES . . . Brandon's third solo album is rooted in country music

Photography by CHRIS PHELPS

BRANDON FLOWERS

'These don't feel like Killers songs... they're quite personal'

the BIG INTERVIEW

WHEN Brandon Flowers was a kid, his dad tried to teach him how to fight.

The lad had been picked on at school, so his father Terry talked him through what to do if it happened again.

Decades later, a memory of that time helped inspire the title of Flowers' third solo album, Thrasher.

The Killers' frontman still remembers sitting beside his father Terry in his old 1946 Chevy truck. "I was in fifth grade, so only 11 years old," he recalls.

"My dad grew up fighting and I still remember him trying to explain to me how to fight.

"You can explain to me all day, but I'm not a fighter.

"He'd say, 'You don't just swing. You think about when you're going to throw your punch and you have to block yourself'.

"When I'm on stage, I find myself doing it so much. You have this crazy relationship, boys and their dads. I'm still trying to show him that I can do it."

Flowers is all smiles when we meet at his central London record label. He's just back from a week in Scotland with his family and feeling refreshed and rejuvenated.

Thrasher arrives 11 years after his last solo album, The Desired Effect. It is inspired by country and western, the music his dad listened to when Flowers was growing up.

"Much has been said about how my love of music came from my brother [Shane].

"Yeah, it did, but at the same time, I was hearing country music from my dad. His favourites were the heavy hitters – Johnny Cash, Waylon Jennings and Merle Haggard – along with some of those who were not as famous. There's a guy named John Conlee who he listened to, who I really love.

"As a teenager, I felt I had to choose – the kid who listens to New Order doesn't also listen to Waylon Jennings.

"As I get older, I just seem to gravitate back to my father's music."

Flowers says he has become closer to his father, and increasingly like him, as he has grown older – and admits he is still trying to prove himself to his dad.

He says: "I'm trying to show my dad that I can do what he does. He's a good man. He's doing pretty good.

"He had open heart surgery at 81, which is a difficult thing. He's five months past it now and is pretty good."

Ideas for Thrasher began shortly after Flowers finished The Killers' last record – 2021's Pressure Machine.

He says: "I really enjoyed making this. It was a very important record to me. I didn't want to leave it alone, so I just continued. It was such a revelation.

"I had all these memories, all these characters and sadness – all of this stuff that I could now find a place for and turn them into something.

"These songs don't feel like Killers songs – they're quite personal, so it felt natural that it should be a solo record. It's been nearly ten years since the last one – I can't believe it."

Thrasher is a beautifully observed, emotionally affecting record.

The first single Plans "picks up where Pressure Machine left off", says Flowers.

"It does a good job of representing the record. There's some strong emotional material on this album."

One of the most moving songs on Thrasher is One Of Us, a tribute to his sister's late husband.

Flowers, the youngest in his family, jokes that he was always told he was "a surprise" – until he was eight, when a friend's dad bluntly informed him he was "a mistake".

"I have a sister who is 17 years older than me so her husband was around since I was a little boy.

"He was my brother, so when he passed, it was just heartbreaking and completely unexpected. He was just out of heart surgery. You just want to pay tribute to them and my sister loves it."

The warm, wistful Paradise finds Flowers imagining the life he might have led, had music not taken him away from home.

"I always thought I would be a valet parker. That was my goal," he says with a chuckle.

"And if music didn't work out, it was my Plan B.

Winks and nods

"I would be really happy to support my family and be a valet. That's what my cousins and uncles have done – bellman and valet.

"I have a cousin, Bobby, who has spent his whole adult life as a valet parker, and he was sending me some texts one day complaining about work.

"I was sitting at the piano and just jumped on it, and used it as a launching pad for a song about an ageing valet parker.

"It's basically him, and it's where I would be right now if I didn't have this incredible thing happen to me.

"I have this empathy for him and I'm exploring what could have been and what might have been. There's sadness in it, but there are also winks and nods.

"That's the thing I love about country music – how those can coexist."

Thrasher was recorded quickly in Nashville with seasoned session musicians, including legendary harmonica player Charlie McCoy, whose credits include Bob Dylan, Roy Orbison, Elvis Presley, Johnny Cash and Dolly Parton.

Flowers says: "He played on all those Bob Dylan records and on Roy Orbison's Oh, Pretty Woman and Simon & Garfunkel's The Boxer. He played with Leonard Cohen and had great stories about them all. He's the mascot of Nashville and so incredible."

Flowers says that the song Red Ground came especially quickly.

"I was trying for a Lee Hazlewood vibe and that song fell into our laps. These guys do this every day for hours. They make decisions that would break a band."

Thrasher also finds Flowers making peace with his own past.

Although Las Vegas has always been central to The Killers' identity, he admits he once felt conflicted about his Utah upbringing.

Now he says: "It did feel like I was keeping Utah a secret because I am happy to wave the flag for Las Vegas, but had a bit of a conflict about Utah.

"Now, there's nothing wrong with embracing both.

"I look back with more tenderness now, and I'm so grateful for my upbringing there.

"I really lived in a golden time where you're just free. It was before phones and technology and was idyllic – like something out of Stand By Me."

Having interviewed Flowers many times over the past 20 years, one of the biggest changes is how much more comfortable

Continued on next page

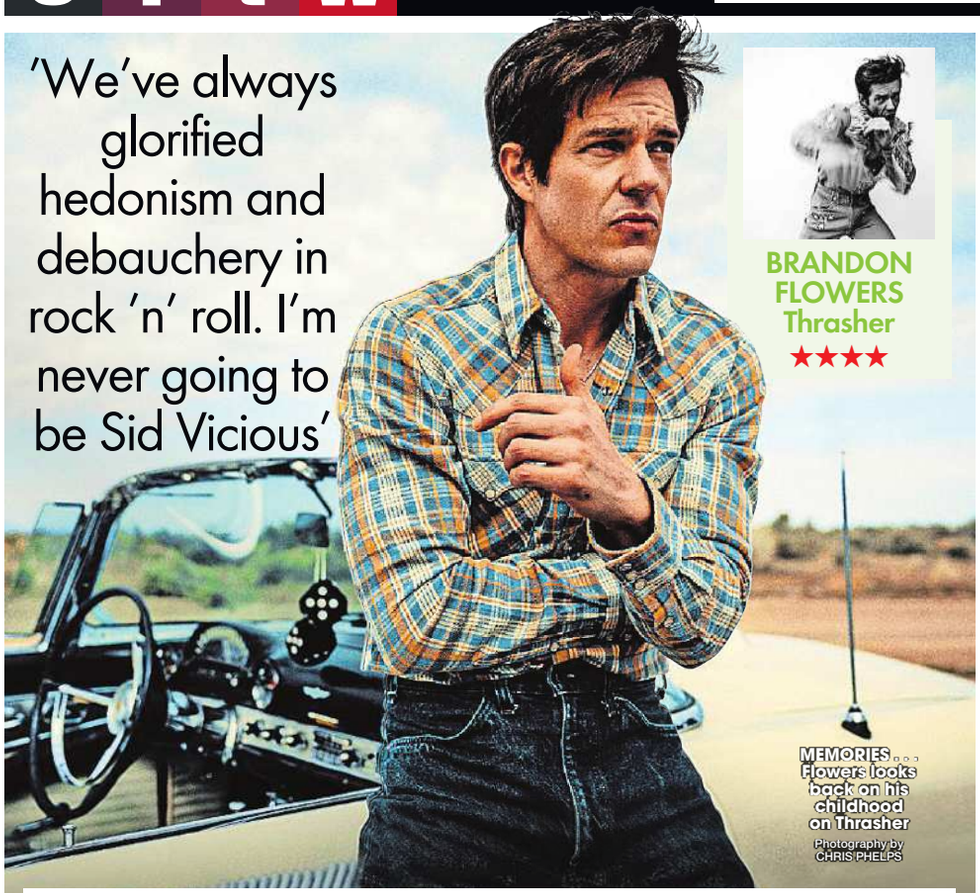
By JACQUI SWIFT

BATTLE READY . . album cover picture

sftw MUSIC

TOP GIGS **THE CURE** – tonight, Live From Wythenshawe Park, Manchester; **THE WEEKND** – tomorrow and Sunday, Croke Park, Dublin; **ROYAL BLOOD** – August 27, O2 Guildhall, Southampton; **BRANDON FLOWERS** – October 15, London's Royal Albert Hall, all ticketmaster.co.uk.

'We've always glorified hedonism and debauchery in rock 'n' roll. I'm never going to be Sid Vicious'



MEMORIES . . . Flowers looks back on his childhood on Thrasher

Photography by CHRIS PHELPS

BRANDON FLOWERS
Thrasher
★★★★

From previous page

he now seems revealing parts of himself he once kept guarded, particularly his Mormon faith.

He says: "I was so shy back then. I'm still shy, but I was also unsure about interviews and you don't know what you're supposed to reveal.

"It's so not rock 'n' roll to talk about Jesus in a positive light. It's very common in sports but I think people are less open in music.

"There is this authenticity turmoil, where you feel like we've always glorified hedonism and debauchery in rock 'n' roll – and even beyond rock 'n' roll.

"In every kind of art form, those seem to be the people that we really revere because they are outliers. But I've realised it doesn't make me any less creative because I have faith. I'm just never going to be Sid Vicious."

Flowers, 45, says coming to terms with his different identities, and simply being himself, has become easier as he's got older.

"I'm more forgiving of my younger self, but I'm still hard on my current self," he says.

"We all have that inner voice and it can be the worst critic.

"It's not been easy, but I now realise I can be that guy on stage, and also a family man," he explains. "But I was so conflicted for a while.

"Half of you feels like an imposter, and then the other half is trying to show why you belong – it messes with your mind. I was lucky to find something that I was passionate about.

"That's what I encourage my boys to find."

Flowers' sons Ammon, 19, Gunnar, 17, and Henry, 15, have all grown up with their dad on stage – but they are not impressed by his status.

Flowers says: "Ammon loves fitness and being outside – he is just about to go to college in Philadelphia which he's half excited and half scared about. My wife is sad about him leaving home.

"Then Gunnar loves horror and 90s rock and a lot of grunge, too.

"Henry is a football fanatic so when The Killers performed at the Champions League Final in Budapest, he got to meet David Beckham and was in heaven.

Deeply troubled

"Mick Jagger was there as well but it was all about Beckham, who signed a football card for him. He's also a full-blown Oasis fan, so I need to take him to see them when they play again next year."

Flowers remains hopeful about the future, even though he admits he is deeply troubled by Donald Trump's America and the actions of ICE.

"This administration is scary," says Flowers.

"It feels so un-American, and it goes against all of our values and the things that are beautiful about our country.

"You do feel a little bit hopeless and helpless." But he still believes change can come through younger generations and the ballot box.

"We have to remember to use our voices and to fight back at the polls when the time comes."

He adds: "Nobody from the other side is rising up at the moment. Somebody needs to rise up. Get the hell up."

Never one to stand still for long, Flowers has always had an impressive work ethic.

Another solo album is already in the pipeline, with a new Killers record also expected in 2027.

Until then, he is excited about his solo tour, which begins next week and arrives in the UK in October, including a night at the Royal Albert Hall.

He's already debuted songs from Thrasher at July's Newport Folk Festival – the famous Rhode Island event where Bob Dylan went electric in 1965.

"I've got a band together. This tour is going to be a different experience than you are accustomed to," he says.

"I'm going to tell more stories and take advantage of these smaller rooms – the Albert Hall is the biggest room I'm playing.

"I want to explain the story behind the songs, which you can't do in a stadium – so I thought this would be the time to give it a shot.

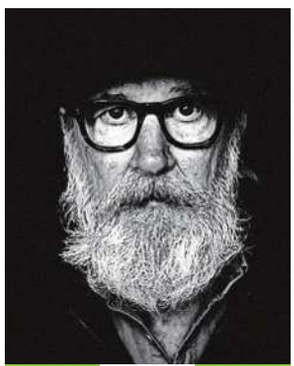
"I worry people will get sick of Mr. Brightside so I feel lucky that I have different outlets for my music."

'Justin killed it with just a banjo on his knee'

LAMBCHOP

FOR Lambchop's Kurt Wagner, "lined out" singing gets "to the root of roots music". It is an a cappella style for songs that cut straight to the point. It is rooted in centuries-old British culture but came to Appalachians via the American South. Now it has inspired Lambchop's richly atmospheric, suitably pared-back album Punching The Clown, the work of just Wagner, three other musicians including Bon Iver's Justin Vernon on banjo, two choirs and producer Ryan Olson.

It is in stark contrast to country soul classic Nixon (2000) or the electronic textures of FLOTUS (2016), but all are united by Wagner's intimate, unhurried vocals. Here, he tells all to SIMON COSYNS . . .



Q & A

KURT, let's start with you hearing an old folk song on the radio . . . why did you find it so compelling?

One of the curious things about listening to low-power community radio is that, on occasion, the DJs fail to "back announce" the songs that were just played.

In this case, it became a catalyst, personifying an idea I had knocking around, then jump-starting an investigation surrounding it. It led to my discovery of lined out singing.

It was the personification of this idea I had for making a record with solely banjo and voice. The song was simply that. A clunk of a banjo and three or four voices singing slightly out of tune. Yet it was breathtaking and very much a song.

Did you look into the history of lined out singing?

It would have been nice to have heard the origins, but there were no recordings from the late 1800s. Instead, I relied on versions of passed on interpretations, captured in the 1950s in North Carolina.

Still it was enough to recognise its influence on contemporary American music, particularly country music and Southern gospel.

And how did lining out inspire you?

It furthered my interest in music of the region from which I come and how I might emulate it to create something of a new sound.

One that might be considered as something that country music could become. Something spiritually emotive and void of crass yee-haw clichéd exploitation.

I was struck by the rawness of it, the unrefined nature of the voices and how they evoked something pure and direct. Just plain undeniable power, discomfort even.

What were the challenges you faced . . . vocally, musically and lyrically?

Given the nature of such a limited palette of sound, it became crucial that the material had integrity, quality and meaning.

It also needed to come from a place of deep conviction and truth (if you will), in order for it to feel correct. That was challenging and required a lot of effort, failure, pain, even madness in order to squeeze out the occasional success.

LAMBCHOP
Punching The Clown
★★★★★

You've employed as many as 15 to 20 musicians on previous records, how was it working with a pared-back line-up and two glorious choirs?

I have to admit it was refreshing. It also allowed for those few contributors to have more richness. Less to consider yet more room to explore. To be clear, there were 18 voices involved at times within a given song's moments.

Living in Nashville, you must have heard a lot of banjos, how did you find giving it such a prominent role?

To be honest I never really liked the banjo. For me it carried certain associations of growing up here in Nashville.

As a kid, I'd see it performed at state fairs or school raffles and other various public events. It was usually in conjunction with country comedy (the "joke country" genre). Guys like Grandpa Jones and Stringbean Akeman would perform these cornball tunes with a good portion of schtick.

Later, as a teenager, I had gotten into watching a lot of bluegrass at bars and found the instrument, while astonishing, also totally dominant – the way it would cut through even the loudest barroom din. Kinda like a bagpipe (another lesser favourite of mine).

So why use the banjo?

Well, going back to that formative radio listen – in that instance, it had been reduced to a single clunk-like strum used to denote a chord change. It seemed more supportive to the song rather that the driver. Almost understated and unremarkable. Wow.

How was it working with the banjo player – Justin Vernon?

He killed it. It seemed almost effortless and he was so supportive. He's such a great artist and sonic artisan. Through his generosity, he helped make the entire experience so unique, productive and indelible with just "a banjo on his knee".

. . . and the other members of this incarnation, guitarist Andrew Broder and choir leader Blake Morgan?

Andrew is a foundational part of what Lambchop has become. A true collaborator in the endeavour moving forward for the last three records. Never more so than on this new one. A great dude, doing it for the right reasons.

Blake is a unicorn in the choral universe. His ability to express his ideas through a group of voices as a single instrument is unique.

What did producer Ryan Olson bring to the record?

A s**t ton. This record reflects as much about who he artistically is as anything he's put his mind to. He has found a way to redefine the idea of what it is to be a producer.

What were your overarching themes and thoughts for this album?

Going hard at the hard stuff. What makes a song good to the maker and the listener? When is it finished? Is it ever really finished? Or is it when someone else interprets it, sings it? Shares it?

Please explain the disruptions, like the shout of, "Lambchop, no shit!" in the middle of Just West Of Nicolett?

100 per cent Ryan Olson. A challenge to the preciousness that's been endowed in this type of acoustic music. A way of saying, "Wait, there's more going on here", "pay f***ing attention", "snap out of it, Pops!"

This record is such a contrast to others in the Lambchop catalogue, do all your records have to have a vision?

Yup, I'm funny that way.

NEW RELEASES

PAUL HEATON
Jenius

IT'S 40 years since Heaton's first album, The Housemartins' London 0 Hull 4... and it's great to report that his instinctive way with an airy pop tune and a witty, perceptive lyric remains intact.

An upbeat mood is set by singalong shindig Favourite Kind Of Idiot, with Rianne Downey, the ideal counterpoint to Heaton's ageless delivery. Elsewhere, retro-styled Sad Songs And Lawsuits is a classic kitchen sink drama. ★★★★ SC

SAM SMITH
Hazel Eyes

FINDING love has meant a change in tone and outlook for Smith's fifth album.

While previous albums created dramatic pop moments centred on unrequited love, this has a more intimate, romantic feel.

My Guy is stripped back and mellow, while piano ballad Love Is A Stillness is comforting and content.

Smith co-produces for the first time and the love balladry of the title track indicates the singer is at peace with the world. ★★★½ JS

DMA'S
DMA'S

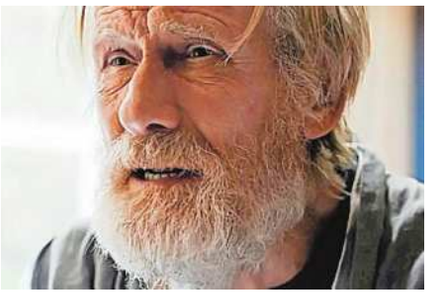
AFTER experimenting in recent albums, it is apt that the fifth one from the Aussie indie rockers is eponymous.

It seems they have rediscovered their signature sound in the direct rock of tracks like El Alamein. Chiming guitars and harmonies give a lush feel to My Baby's Place, while the chorus of Hurracane is a highlight. With an easy groove to melodies and rock attitude, this is their most satisfying album yet.

★★★★ JS

sftw MOVIES

TOP 5 FILMS THIS WEEK **1.** Spider-Man: Brand New Day. **2.** The Odyssey. **3.** The End Of Oak Street. **4.** KATSEYE: WILD HEARTS. **5.** Paw Patrol: The Dino Movie. *Source: filmdistributorsassociation.com*



& SONS
(15) 119mins ★★

EVERY family is complicated, but this feels especially so in Pablo Trapero's adaptation of David Gilbert's 2013 novel.

Bill Nighy plays Andrew Dyer, a celebrated author who wrote brilliant novels in his youth but is now an angry, bearded drunk who scrawls nonsense on bits of paper and refuses to leave his sprawling manor house.

Living with him are devoted housekeeper, Gerde (Anna Geislerova), and his college-aged son, Andy (Noah Jupe).

The motherless youth was the product of an affair that destroyed Andrew's marriage to Isabel (Imelda Staunton) and his relationships with his older sons, filmmaker Jamie (George MacKay) and recovering alcoholic screenwriter Richard (Johnny Flynn).

Andrew calls on the pair to visit, where they find their dad to be a boozing, jazz-obsessed narcissist who barely knows a thing about their lives.

They are further hurt by his revelations, which create a twist in the tale.

The acting is good, with powerful scenes between Nighy and Staunton, but the film is frustratingly slow and melancholy and the stellar cast could have coped with a broader set of emotions.

FILM OF THE WEEK

TEENAGE SEX AND DEATH AT CAMP MIASMA
(15) 112mins ★★★★

THIS seductive flick is a little like an Eighties slasher film, mixed with a large dose of sex therapy.

Kris (Hacks star Hannah Einbinder) is a geeky writer-director who gets a chance to reboot her favourite horror film franchise.

Studio bosses want to reinvent 1980s series Camp Miasma, which featured a trans character as a mass murderer. But they decide to update the narrative, and Kris sets off to the original shooting location to meet Billy Presley (Gillian Anderson) who was in the first movies.

She is now a recluse, living alone on the camp grounds and watching clips of herself on film while wearing silk robes and painting on an unseen canvas. She fascinates Kris, and they form a bizarre and intimate relationship that becomes very bloody.

Directed by Jane Schoenbrun, this funny, strangely beautiful look at cinema's obsession with the slasher film is hypnotic. And the soundtrack is exquisite, with some surprise tracks playing alongside gory scenes.

Often feeling like a dream sequence, it laughs at the cliches of the genre while also deeply respecting it.

Dulcie Pearce AT THE MOVIES

FIRST CLASS . . . Ginger Minj, *left*, and Jujubee

SO GOOD THEY NAMED HER THRICE . . . Marcia Marcia Marcia, *left*, Brooke Lynn Hytes and Symone

Sassy...but it does drag on a bit

IT seems strange to think of a time when RuPaul's Drag Race was not part of popular culture.

The US drag queen competition has variations all around the world, and guest judges including Lady Gaga and Miley Cyrus.

Now producers from the TV show, which has run for 17 years, have spread their no doubt bedazzled wings into the movie world.

Featuring a flamboyance of former contestants who have become household names in the US – and cameos from an eclectic mix of actors – this silly, camp comedy often feels like it was made up by kids who ate too many E numbers.

Sassy girl gang

It is the story of best friends Tess (Ginger Minj) and DeeDee (Jujubee), a pair of underappreciated train stewards who work on a terrible network called Stank Rail.

While preparing for their shift, they discover their jobs are finished and decide to catch a ride on the glitzy Glamazonian Express by pretending they work on it.

But the sassy girl gang, who run first class and often break into song and dance (Symone, Brooke Lynn Hytes, Marcia Marcia Marcia), humiliate the pair and pit them against each other. Meanwhile, outside the Barbie-like carriages, a catastrophic "Stormaganza" is brewing and threatens to derail the high-speed train and kill everyone on board.

The problems of the hurtling train and its very OTT passengers are brought to the nation's President, Judy Gagwell (RuPaul), who, to this point, has been very popular. We see her enjoying life's comforts, surrounded by posters featuring her campaign slogan, "She Fun", and expressing her desire to go into an "Oprah mood" by giving out tax rebates.

But soon she has to go full Trump by ejecting a journalist (Michelle Visage) from a press conference, while her aide (a hilarious Matt Rogers) threatens the media with working in a Zara clothes shop if they break his one-question-only rule. And that train is still racing along, with no one to stop it.

This utterly ridiculous film, directed by Adam Shankman (Hairspray!), has obvious influences from Aeroplane and The Naked Gun and asks very little of your brain cells.

The two leads are clearly great performers, as is RuPaul, but the jokes often feel too toned down – and the last third of the film, well, drags.

STOP! THAT! TRAIN!
(15) 90mins ★★★

FILM NEWS

- A SEQUEL to Pixar's Coco will see a teenage Miguel returning to the land of the dead.
- HOGWARTS Legacy sequel is in the works, say Warner Bros.
- STAR WARS: STARFIGHTER will see Ryan Gosling play rogue hero Kade Auberon.

GAMES

Edited by OWEN ANSLOW

Cute little droid is top of the bots

NODE: THE LAST FAVOUR OF THE ANTARII
PS5, Xbox, PC, £22.49 ★★★★½

CONSIGN R2-D2 and C-3PO to the scrapheap – NODE is definitely the droid you're looking for.

It's an intriguing 2.5D puzzle platformer with a unique twist where trial and error programming dictates how you play.

You control NODE, a cute little autonomous robot, as it explores a decaying Soviet nuclear factory in 2034. A radiation disaster has left the creepy complex abandoned and NODE is in a race against time to stop a catastrophe.

Within this compelling story arc lies a deeper tale of what happened to the scientists and a strange cosmic entity hidden beneath the facility. The wonderful thing about this game are the controls.

You can play it like a normal, real-time platformer, which is just as brilliant. But the game comes into its own in the original format, where you programme sequences of actions on a timeline. For example, you order NODE to go forwards for two seconds, jump, then move another two seconds, and then execute the sequence. Sit back and watch your plan work like a dream or end in disaster, in which case you go back and adjust.

The 2.5D presentation plays an important role as NODE can move between foreground and background areas, creating some clever routes and puzzles.

The decaying Soviet architecture, oppressive corridors and heavy shadows produce a suitably bleak atmosphere. The sound design completes the experience, favouring eerie ambience and chilling environmental audio rather than a bombardment of music. There's a lovely foreboding feeling you get, akin to Little Nightmares or Limbo.

But the combo of timeline programming and Soviet sci-fi lets NODE stand out in its own right.

This is an ambitious indie title from Lapsus Games with an inventive central idea set against the backdrop of a superbly unsettled world.

BOOKS

Edited by NATASHA HARDING

AN OCEAN AND A DAY
Hannah Richell, £16.99

PICK OF THE WEEK

WHEN the author's husband died in a freak surfing accident in Australia, she was shattered. As a mum to two young children, she had to dig deep and carry on, for all of their sakes.

Her memoir is a love letter to her late husband as she recalls the happy times they shared. She also reveals what happens when someone dies so unexpectedly, and the hole they leave in everyone's lives.

This is one of the most moving books that I have ever read.

★★★★★

RED SHEET
James Ellroy, £22

RED Sheet may be Ellroy's most hard-boiled crime book yet – and that's saying something.

LA cop Freddy Otash is a pill-popping, borderline racist, tasked with clearing 1960s Hollywood of the Commie red menace.

He is also hunting the killer of a woman who died after seeing Richard Nixon – and the Republican politician's aides are desperate to avoid a scandal.

Red Sheet isn't for the faint-hearted. But the slangy, fast-cutting film-style writing make this alternative history addictive.

★★★★ SJC

MAD MABEL
Sally Hepworth, £16.99

SHE may be a harmless old lady, but 81-year-old Elsie Fitzpatrick is hiding a dark secret from her childhood.

When her neighbour is found dead, everything comes crashing down.

Before long, the whole community knows that Elsie is in fact "Mad Mabel" – the youngest Australian ever to be convicted of murder, more than 60 years ago.

But Elsie now sets the record straight about the past.

Her story is moving – complicated but also ultimately hopeful.

★★★★

A SMART GIRL'S GUIDE TO SECOND CHANCES
Steph Vizard, £9.99

NO woman in Rebecca's family has wed their first fiance – but she won't resign herself to the same fate.

Despite what felt like hundreds of things going wrong in the lead-up to the wedding, she and Matt seemed the perfect match – until her ex, Alex, becomes her new client.

This beautifully written romance novel juggles choosing between head and heart in a clever way.

★★★★★

KATY BRIGHT

Sunpuzzles

We've got EVEN MORE of your TWENTY PUZZLES EVERY DAY

TRIPLE SunDOKU

EASY

		3		6	5			9
	9			8			2	
5					2	4		
			7	9		2		
6	1		8			9		
2		9				3		4
		6	2	3	9		1	
	3					7		2
9					1		4	

TEASER

Call 0905 757 0156 for clues or solutions
Cost £1 per minute plus network charge

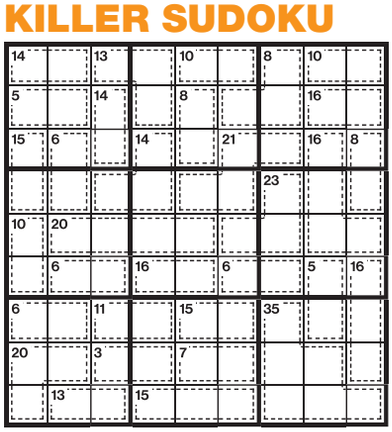
8					2	3		
	7	3			1		9	
			3	8		2	5	
1		4			5		7	
	5		4	1	6		3	
	2		7			1		5
	1	2		5	9			
	8		1			5	2	
		7	2					4

TOUGHIE

Call 0905 757 0152 for clues or solutions
Cost £1 per minute plus network charge

	9		2		3		1	
	8	6	7		4			
				1		9	4	
	2	1		7				9
		9				4		1
	4	7		3				5
				2		1	8	
	1	2	3		7			
	6		1		9		2	

KILLER SUDOKU



The normal rules of sudoku apply. In addition, the digits in each inner shape (marked by dashes) must add up to the number in the top corner of that shape. No digit can be repeated within an inner shape. Solution on right.

TWO-SPEED CROSSWORD

Two sets of clues but the answers are the same

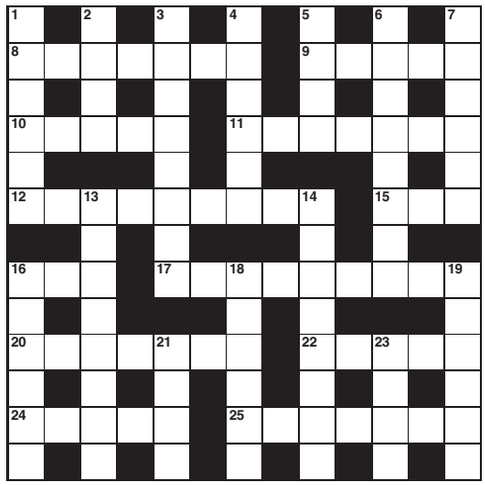
Cryptic

ACROSS

8 Writing about M1 guarantee (7)
9 Go back and research people-eaters (5)
10 Try to leave manufacturing work for important course in Pakistan (5)
11 Creeping plant found in cart pulled by tractor (7)
12 Right-wing politician, Republican, meeting head tutor in private home (9)
15 Oddly ignored sneaky negative vote (3)
16 Over the phone, choose photograph (3)
17 Pat argues desperately to get grass to eat (9)
20 Penny caught leaving residence for soup (7)
22 Spike right to stop nasty smell (5)
24 European staff needing end to terrible weather (5)
25 Had rough time concealing thirst (7)

DOWN

1 Economical to get rid of a coil of wire (6)
2 Daring bishop getting on a bit (4)
3 Broadcasts journey in landing zone (8)
4 Picked up lead, perhaps, showing resolve (6)
5 Co-parent in state of unconsciousness (4)
6 Alas, rink damaged in island nation (3,5)
7 Hunting bird, very large, with victim (6)
13 Virginia charged unit for holiday (8)
14 Cur plots to develop artist (8)
16 American dad with favourite term of endearment for small child (6)
18 Second drink with deputy on vacation? Easy, tiger! (6)
19 Fraction of distance upwards when cycling (6)
21 Some have ruined state (4)
23 Excess of gold good before end of January (4)



Solutions tomorrow
Get solutions today: Call **0905 757 0150** for Across and **0905 757 0151** for Down before midnight.
Calls cost £1 a minute plus network charge.

Coffee Time

ACROSS

8 Vow (7)
9 Monsters of folklore (5)
10 Major river in South Asia (5)
11 Scenes from a film used as advertising (7)
12 Female live-in tutor (9)
15 Indeed (3)
16 Photo (3)
17 Business of grazing cattle (9)
20 Thick soup with vegetables (7)
22 Tine (5)
24 Wear away (5)
25 Water shortage (7)

DOWN

1 Season (6)
2 Conspicuous (4)
3 Where a plane takes off from (8)
4 Courage (6)
5 Unconscious state (4)
6 Island previously known as Ceylon (3,5)
7 Fish-eating bird of prey (6)
13 Act of departing from property (8)
14 Henry Moore, for example (8)
16 Mushroom-shaped valve (6)
18 Dependable (6)
19 Half of a quarter (6)
21 Declare to be true (4)
23 Wild gathering (4)

Buy the latest Sun Puzzle Books, including crosswords, wordsearches & sudoku, for as little as £4.99 at harpercollins.co.uk or call 0141 306 3100

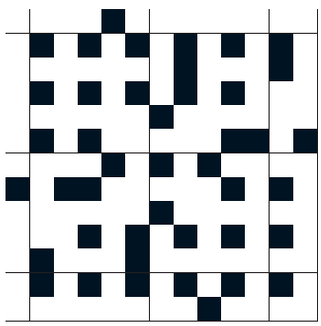
WORDSEARCH

Find seven words associated with goats. Words can run forwards, backwards or diagonally.

R	I	A	H	Y	S	E
K	S	O	N	B	N	D
G	L	N	K	I	R	M
B	A	I	Z	L	O	E
N	D	E	M	L	H	S
O	A	E	R	Y	I	S
G	R	A	Z	E	E	O

KRISS KROSS

Fit the words into the grid. Solution below right.



3 letters
Aga
Age
Eye
Rue

4 letters
Bomb
Germ
Loth
Mead
Spot
Stub
Tape
Tray

5 letters
Beach
Booze
Demob
Divot
Incur
Raver
Rearm
Rigid
Sheaf
Sinew

6 letters
Afraid
Barrow
Differ
Domain
Rhesus
Torero

7 letters
Bronzed
Overawe
Pizzazz
Plateau
Towards
Whatnot

8 letters
Cleanser
Humanity

THE NAME GAME

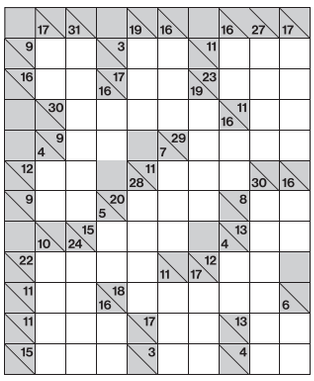
EACH clue leads to a well-known name. Put the initials or stated letters in the appropriate squares to identify a businessman:

1	2	3	4	5	6	7	8	9

1 & 3	Mr Mosley, multiple world boxing champion in three weight classes nicknamed "Sugar" (first and last letters of name)
6 & 9	Mr Stacey Solomon, who played Mickey Miller in EastEnders
5 & 4	John, who topped the charts in 1974 with Annie's Song (second and fourth letters of name)
2 & 8	Legendary crooner who recorded the album Cheek To Cheek with Lady Gaga
7	Mr Garros, aviation pioneer with a French tennis venue named after him (second letter of name)

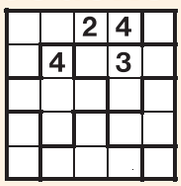
Yesterday: Author TOM CLANCY (Carl (Barat), Noni Madueke, Tim (Ambrose/Paine), (Dick) Cheney, Christopher (Lambert)). Another Name Game in The Sun tomorrow.
Can't wait until tomorrow for the answers? Call **0901 293 6298**
Calls cost £1 plus your network access charge.

KAKURO



Fill the grid so that each block adds up to the total in the box above or to the left of it. You can only use the digits 1-9 and you must not use the same digit twice in a block. The same digit may occur more than once in a row or column. Solution below right.

SUGURU®



Each cell in an outlined block must contain a digit: a two-cell block contains the digits 1 and 2, a three-cell block contains the digits 1, 2 and 3, and so on. The same digit must not appear in neighbouring cells, not even diagonally. Solution below right.

SUNDIAL

Brilliant: 19. Excellent: 16. Good: 12. Great kids' score: 9.

SEE how many words of four or more letters you can "dial" using the one at the centre in each word. You can make at least one word using all of them. Don't use the letters more than once in any word. No proper names or plurals ending in 's'. Words from Collins Concise Dictionary. Solution tomorrow.

YESTERDAY: Emmet, emote, meet, meme, memento, memo, mentor, mere, mete, meteor, meter, metre, metro, mneme, moment, mono, monte, moon, moor, moot, more, morn, mort, mote, motor, neem, norm, omen, omer, remote, room, teem, term, tome, METRONOME, MONOTREME.

Check today's answers by calling **0905 757 0155** before midnight. Calls cost £1 per minute plus your telephone company's network access charge.

30-SECOND NUMBERCRUNCH

Starting at the left with the number provided, work your way across the three lines one at a time, applying all the mathematical instructions to your running total. Don't use a calculator – that would be cheating! Write your answer at the end. Aim to complete each round in about 30 seconds. Good luck! Answers on the right.

EASY **73**	+167	÷6	+179	÷3	-29	÷11	×10	-28	×8	ANSWER
MEDIUM **81**	÷9	×4	+208	Half of it	+197	÷11	+300	÷7	-38	ANSWER
HARDER **171**	÷9	+2003	5/6 of it	-326	Third of it	+1909	50% of it	+4453	÷6	ANSWER

favourite brain-teasers! from Tuesday to Friday

Don't miss Saturday's Sun and The Sun on Sunday for bumper 3-page puzzle specials

WORD WORKOUT

19	5	14	2 I	14	■	21	20	3	25	1
25	■	3	■	9	■	20	■	20	■	26
22	21	25	■	25	13	19	20	17	26	16 D
22	■	21	■	5	■	26	■	■	■	21
■	19	21	25	7	■	■	20	20	24	26
23	■	26	■	26	18	26	■	7	■	6
26	16	16	6	■	■	21 L	26	26	15	■
21	■	■	■	5	■	2	■	12	■	10
4	20	14 S	8	19	20	11	■	5	16	20
26	■	4	■	25	■	2	■	13	■	26
16	7	5	22	8	■	7	20	20	1	6

A B C ~~D~~ E F G H ~~I~~ J K ~~L~~ M N O P Q R ~~S~~ T U V W X Y Z

1	2 I	3	4	5	6	7	8	9	10	11	12	13
14 S	15	16 D	17	18	19	20	21 L	22	23	24	25	26

The world's best brain-teaser – The Sun's clueless crossword. Each grid number in our Word Workout game represents a letter. So if you think 4 is the letter A, write A in all the squares with a 4. The whole alphabet is used and we have supplied some letters to start you off. Answers tomorrow.

YESTERDAY'S SOLUTION

ACROSS: Jug, Glisten, Razor, Bible, Yolk, Fridge, Tan, Fudged, Tsar, Rivet, Equal, Lawless, Tax.
DOWN: Jerky, Guzzled, Germ, Inborn, Tub, Niece, Fad, Disrupt, Teethe, Feral, Relax, Mess, Vow.

For four extra WORD WORKOUT clues
CALL 0901 293 6299 **TEXT** SUNWORD to 64343
Cost £1 plus standard network charge
For clues from the last 7 days **CALL** 0905 624 0010. Cost £1 per min plus network charge

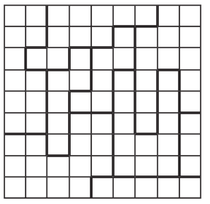
MISSING LINK

Fit ten words into the grid so each connects with the words on either side, eg wishing – well – done. The letters in the shaded squares spell out relaxing suds (6,4). Solution below.

ALARM					TOWER
PROFESSIONAL					PLAY
SMALL					GARDEN
ATOM					SQUAD
SNAIL					VAN
BREAKING					AGENCY
DUTCH					DOOR
FREE					WASH
FLAT					GAUGE
SOAP					OUT

STARS

Put two stars in each row, column and region. Star cells can't touch, even diagonally. Solution below.



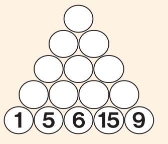
X FACTOR

Normal sudoku rules... but the two main diagonals must also contain the numbers 1-9. Solution below.

2			9		3		4	
8								5
1			2					
	1			2				3
5	7				1			
						2		7
		8						
7				6	9			
6	2			7		5	9	4

ADD UP

If the number in each circle is the sum of the two below it, what is the top number? Solution below.

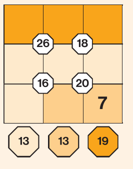


BRAINBUSTER

Insert vowels, spaces and punctuation into this sequence of consonants to make a well-known Shakespearean quote.

RMRMWHRFRRTTHRM

SAKURO



Enter the numbers 1 to 9 in the spaces so that the number in each octagon is equal to the sum of its four surrounding squares. Each coloured area should add up to the colour totals at the bottom. Solution below.

SET SQUARE

	+	7	+		= 14
+	■	×	■	+	
	+		+		= 18
×	■	÷	■	−	
	+		+		= 13
= 64		= 42		= 7	

Place digits 1-9 to make the sums work. Each digit can be used only once. Solution below.

Yesterday's solutions

SunDOKU

Easy

9	8	7	3	5	2	1	4	6
1	3	4	6	7	9	2	8	5
6	2	5	8	1	4	7	9	3
4	6	3	1	8	7	5	2	9
2	1	8	5	9	6	3	7	4
5	7	9	2	4	3	6	1	8
7	9	2	4	6	5	8	3	1
3	5	1	9	2	8	4	6	7
8	4	6	7	3	1	9	5	2

Teaser

6	9	1	2	8	4	7	5	3
8	4	3	7	5	1	6	2	9
5	2	7	3	9	6	1	4	8
4	3	6	9	7	8	2	1	5
9	5	2	6	1	3	8	7	4
7	1	8	5	4	2	9	3	6
3	7	4	8	2	9	5	6	1
2	6	9	1	3	5	4	8	7
1	8	5	4	6	7	3	9	2

Toughie

7	4	8	1	5	9	3	2	6
5	2	1	6	8	3	7	4	9
6	9	3	2	7	4	8	5	1
1	6	2	8	4	7	5	9	3
9	8	7	3	1	5	4	6	2
3	5	4	9	2	6	1	7	8
4	1	6	7	9	8	2	3	5
8	3	5	4	6	2	9	1	7
2	7	9	5	3	1	6	8	4

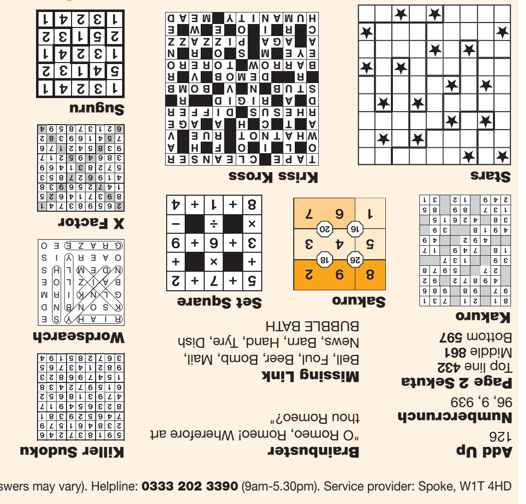
Two-speed crossword

ACROSS: 1 Sl-ant, 4 Bunk bed, 8 I'm-plod-e, 9 S-pray, 10 Incubate, 12 Ca-m-p, 14 Ground, 15 Re-miss, 18 Skim, 19 Clar-in-et, 21 Aster, 22 Raw deal, 24 Ferment, 25 Y-ie-l-d.

DOWN: 1 Ski-v-ing, 2 (W)asp, 3 Trombone, 4 Breath, 5 Nest, 6 Barba-(d)r-ian, 7 Dry up, 11 Chorister, 13 Tear-away, 16 Sett-led, 17 F-l-o-ret, 18 S-taff, 20 T-r-ee, 23 Eve.

NEWSPAPERS SUPPORT RECYCLING
The recycled paper content of UK newspapers in 2025 was 34.7%

Today's solutions



Calls for clues & answers last no longer than 2 minutes (Sundial answers may vary). Helpline: **0333 202 3390** (9am-5.30pm). Service provider: Spoke, W1T 4HD

STRIPS IN DIPS

JD SPORTS said the cost of living crisis has hit sales, despite more demand for footie kits.

The chain reported a 3.1 per cent decline in global sales over the 13 weeks to August 1, compared with the same period last year.

UK sales edged up by 0.8 per cent year-on-year, helped by stronger spending on outdoor products. And the company saw a boost during the quarter while England and Scotland played in the World Cup.

HAYS DISMAY

RECRUITMENT giant **HAYS** has plunged into the red, blaming an uncertain global outlook.

The company reported a pre-tax loss of £54.5million for the year to June 30, against profits of £1.5million the previous year.

It said the skills companies are looking for are evolving rapidly, and demand has shifted towards more flexible, project-based work.

Bosses added that they are facing global challenges on an unprecedented scale.

Sun money daily

james.flanders@thesun.co.uk

EDITED By JAMES FLANDERS, Business Affairs Editor

€1BN HUEL SHAKEOVER

Danone buys protein brand

By ADELE COOKE

DANONE has been given the green light for a €1billion (£860million) takeover of protein powder brand HUEL.

The Competitions and Markets Authority said it has cleared the merger after an inquiry.

Food and drinks company Danone agreed to buy the shake maker in March. It has not disclosed the price but a billion euros is reported.

Danone said the acquisition will help it grow in the nutrition sector.

Meanwhile, Huel said the move will help drive its international expansion. Danone already owns brands including **APTAMIL** and **COW & GATE** baby milk, **ACTIVIA** and **ACTIMEL** yoghurt and **EVIAN** and **VOLVIC** waters.

Huel is based in Tring, Hertfordshire and was founded by food expert Julian Hearn in 2015 to make nutritionally complete vegan products. The brand has rapidly grown in the years since. It has expanded into retail stores, growing its product range to items including powders, shakes, snack bars and drinks.

Dragons' Den star and podcaster Steven Bartlett was previously a director of the nutrition brand.

An advert he featured in was banned by the Advertising Standards Authority in 2024 for failing to disclose the commercial relationship with the celebrity entrepreneur.

Huel has a host of celebrity investors including actor Idris Elba and broadcaster Jonathan Ross.

The CMA gave interested parties the opportunity to comment on the deal over potential concerns about whether it could lessen competition in the market.

The regulator's decision to clear the merger means it is satisfied it can go ahead in its current form.

£860m Price Danone is paying to buy Huel

FTSE 100 10,748.16 UP 4.81pts 0.045%

£ $1.36 €1.16

SHARE PRICES

21st Cent Fox Inc A	4916½	-
21st Cent Fox Inc B	3359½	-
Aberdeen Group*	241¾	- 1¼
Anglo American*	3964	- 51
Assco Br Foods	2035	+ 10
AstraZeneca*	12074	+ 24
Aviva	716½	- 2¾
BAE Systems	2148	- 12
BP*	552¾	+ 13½
BT Group*	201¾	- 1¼
Barclays*	490	- 6
Barratt Redrow	309½	- 6¼
Bco Santander SA	1048	- 2
British American Tob	4154	+ 58
British Land	425	+ 2
Bunzl	2764	+ 8
Burberry Group	1059½	- 23½
Compass	2260¾	- 50¼
Currys	149¼	- 7
Diageo	1723	+ 33½
Drax Group	726	+ 1½
Experian	2975	+ 51
FirstGroup	179¼	- 1½
Frasers Group	811½	-
GSK*	1922½	+ 6½
Greggs	1807	+ 4
HSBC*	1505¼	+ 8¼
IMI*	2990	- 12
ITV	71½	- 0¾
Imperial Brands*	2517½	- 7½
InterContl Hotels*	11681½	- 208
Intl Consol. Airlines	418¾	- 8¾
Johnson Matthey*	2309	- 27½
Kingfisher	321¾	- 3¾
Legal&General*	286¾	- 11¼
Lloyds Banking Gp*	109¾	- 0½
LSE Grp*	8550	+ 32
Man Group*	305½	- 4
Marks & Spencer	374½	- 10
Mitch & Butlers	279	+ 0½
Mitie Group*	208¾	+ 0
Mobico Group	23½	- 0½
Mothercare	0¾	-
NatWest Group*	678½	- 3¼
National Grid	1189	+ 10
News Corp A	2175	- 2½
News Corp B	2471¾	- 9½
Next	15050	- 35
Pennon*	459¼	+ 3¾
Persimmon	1144	- 17½
Prudential	1015	- 8
Rank Group	110¼	+ 2¼
Reckitt Benckiser*	5002	+ 8
Rentokil*	342½	- 2
Rightmove	497¾	- 14¼
Rio Tinto Ltd*	9041¾	+ 148¼
Rolls-Royce*	1498	- 21¼
SSE*	2389	+ 7
Sainsbury's	328½	- 7
Segro*	957¾	- 2
Severn Trent	3100	+ 32
Shell*	3445½	+ 25
Smith&New	1078½	+ 10
Smiths News	69¼	- 0¼
Standard Chartered*	2156	+ 2
Tesco	448¼	-
The Sage Grp	1085	+ 12
Unilever*	4655	+ 16½
United Utilities	1419½	+ 10½
Vanquis Banking Gp	76¾	- 0¾
Vesuvius	380	- 3¾
Vodafone	118¼	- 1
WH Smith	416¾	- 5½

* = ex dividend

A MODERNA MIRACLE?

SHARES in Covid vaccine maker MODERNA soared after results of the world's first skin cancer jab came out.

The personalised cancer vaccine tells the immune system to fight melanoma, the deadliest form of skin cancer, by hunting down diseased cells. A stage two trial that is yet to be peer reviewed found it dramatically cut the risk of the cancer returning.

Moderna shares shot up by more than 170 per cent to over US$ 170 (£125) each before settling at around 135 per cent higher than the previous day.

Jobspot

COURIER giant EVRI is delivering 10,000 new jobs. Openings include van drivers and a range of support staff. To learn more about the vacancies that are up for grabs, check out evri.com/careers/life-at-evri.

Sunemployment

Edited by Jane Hamilton

The section that helps you find work

SPIN IT TO WIN IT . . . Adam

APPLY FOR A TWO-CENTRE POST

OFF to university this autumn? Virgin Media O2 has a new scheme to help students hold down retail roles with the firm while also studying.

It lets those in shop assistant roles move between stores in their university and home towns between term time and holidays.

With more than 300 shops nationwide, the firm hopes to to help students build valuable workplace experience. Virgin Media O2 retail director Will Houldsworth said: "Young people shouldn't have to choose between gaining a qualification and building a career."

Apply for jobs at tinyurl.com/38kxzrz2.

DIALLED IN . . . workers at Virgin Media O2

WAYS TO BEST SELL YOUR SET OF SKILLS

"SKILL MAXING" is trending on social media – but one expert claims rather than learn new tricks, job candidates should focus on reframing what they already do.

It is known as skills-flipping.

ADAM STAMM at work psychology consultancy Online Disc Profile explains: "This is not about disguising a weakness or inventing a personality. It is about understanding how your natural tendencies show up at work, explaining the value they bring to a team and demonstrating where you are continuing to grow."

Here some skills to flip . . .

1. Quiet or withdrawn, to observing, attentive and listening.
2. Preference for smaller groups and solo tasks, to strong independent working and self-management.
3. Not visibly high-energy, to calm and steady presence during pressure and change.
4. Control freak who needs to be in charge, to decisive organiser who provides structure and clarity.
5. Micromanager who doesn't delegate, to deep accountability, invested in getting best outcomes.
6. Intense or intimidating personality style, to highly driven and committed individual who is keen to hone pacing skills as part of professional development.

RIBENA IS FOR LIFE

IN an age of job insecurity, one employer is focusing on offering long-term roles for the local community.

Many of the staff at the Ribena factory in Coleford, Gloucs, are "lifers" with family members working together.

Craig Fletcher's mum and aunt both worked at the plant and he has been there since 1991. He says: "You can put the best machinery in here but without the people, it's worthless."

With the factory still thriving, there are lots of roles currently on offer. Find out more at tinyurl.com/37etrwv5.

Jobspot

CLOTHING chain SALTROCK has vacancies for sales advisers and supervisors. To find out more about what is on offer, and apply, visit harri.com/Saltrock-Careers.

RENEWABLE ENERGY TO CREATE 400,000 JOBS BY 2030

HANDS ON . . . apprentice Andy Pearson at Octopus Energy

POWER up your job prospects – by jumping on the eco-energy bandwagon.

The Government estimates that 400,000 new jobs will be created in the sector by the year 2030.

With the latest inflation figures up, on the back of increased gas prices – solar, wind and hydro-electric power, as well as low-carbon energy sources such as nuclear power and heat pumps, are all key.

Net Zero is again a buzz phrase on the lips of politicians.

The renewable energy industry offers roles for everyone from school leavers and apprentices to career changers and senior managers.

Engineers, fitters and customer service assistants are just some of the army of workers needed to shape the sector's future and help save the planet from climate change. Martin McCluskey, Minister for Local Energy And Jobs, said: "Jobs in clean energy are growing fast – including roles that AI simply can't do.

"For years, young people were told that desk jobs were the future, but learning practical skills has never been more important."

One of the biggest players in the field is Octopus Energy, which currently has 63 entry-level roles.

Marketing chief Rebecca Dibb-Simkin said: "The green economy is growing rapidly at a time when young people are struggling to get a foot in the door.

Demand is growing

"We're creating routes into green careers for people from all sorts of backgrounds."

Gracie Reed, 21, from Bristol, and Andy Pearson, 36, of Reading, have each joined the firm as technician apprentices in low-carbon heating.

Gracie said: "There are no specific qualifications for this job – it's just about willingness to learn and the ability to work well in a team.

"This is a way to get into the plumbing and heating industry while specialising in low-carbon energy – for which the demand is only getting higher."

Andy said: "Before working here, I was a draughtsman looking for a career change. The low-carbon industry is ever-growing, ever-changing and still quite new, so should be around for a long time."

You can apply now at octopus.energy/careers.

Meanwhile, the construction of Suffolk's Sizewell C nuclear power plant is set to create 17,000 jobs ahead of opening in the 2030s.

Hinkley Point C in Somerset, also under construction and likely to be up and running around 2030, is forecast to provide 25,000 construction jobs and 900 operational roles.

Nearly 40,000 people are now employed in the UK wind industry, up from 32,000 in 2023.

North Sea wind farm Hornsea 3, due for completion next year, is expected to generate up to 5,000 construction jobs and 1,200 operational ones.

The planned Green Volt floating offshore wind project in Scotland, which is expected to be operational by 2029, will support 2,800 jobs during construction.

And in more good news, the planned solar project at Tillbridge, Lincs, set to complete next year, is likely to provide 1,250 jobs.

And the National Grid has announced a £5million fund to support 5,000 young people from across the UK who are not in education, employment or training to get the skills they need to start careers in clean energy.

FUTURE PROOF . . . Gracie is specialising in low-carbon energy

Make a clean start

TIPS FOR JOINING BRAVE NEW WORLD

●KNOW YOUR ROUTE IN: There are multiple ways into the industry. See occupational-maps.skillsengland.education.gov.uk/green-themes for the jobs you are interested in, or speak to the National Careers Service for tailored advice.

●TAKE A COLLEGE COURSE: Next month sees the opening of five clean-energy Technical Excellence Colleges, at Colchester Institute, South Bank Colleges, The City of Liverpool College, The Education Training Collective, and University Centre Somerset College Group.

●UPSKILL: Current and former North Sea oil and gas workers living in Scotland can apply for tailored support to move into clean energy. See transitiontrainingfund.scot.

●LISTEN TO LEARN: Tune in to a webinar at destinationenergy.co.uk.

●FIND AN APPRENTICESHIP: Apprenticeships provide full and specialised training with a wage. Search for suitable opportunities at gov.uk/apply-apprenticeship.

The Sun TRAVEL just go holidays

NOW FROM
£219
PER PERSON

DON'T MISS THIS FANTASTIC LOCOMOTIVE BREAK

JUST RELEASED!

THE FLYING SCOTSMAN STEAM TRAIN AND DELIGHTFUL DORSET

2 Days • 27 & 28 October 2026

Join the Flying Scotsman on an unforgettable experience combining the romance of classic steam travel with breathtaking views of the countryside, from rolling hills to coastal vistas on the Swanage Railway between Swanage and Norden. Whether you're a lifelong railway enthusiast or simply looking to relive the golden age of train travel, this nostalgic trip offers a rare opportunity to witness the world's most famous steam engine in action. We also enjoy time in Bournemouth, home to seven miles of golden sands and a historic pier and some free time in Swanage.

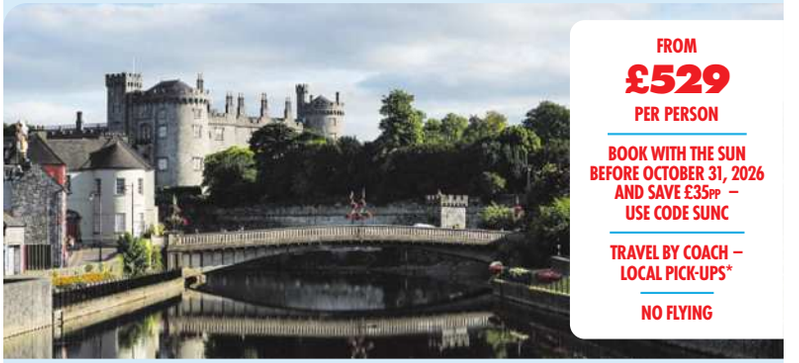
INCLUDES:

- Return coach travel*
- One night's three or four-star accommodation at a selected hotel
- Breakfast and Evening meal
- Free time in Swanage
- Train journey behind the Flying Scotsman on the Swanage Railway between Swanage and Norden
- En-route visit to Bournemouth

CALL NOW 0808 163 5236
Visit: thesuntravel.co.uk/scotsman Quote: SUNC

TERMS AND CONDITIONS: *Return coach travel from a network of coach pick-up points throughout England & Wales. Surcharges may apply from some pick(1)up points. Coach package holidays are subject to operator Just Go Holidays terms and conditions. Your booking is protected by Bonded Coach Holidays (BCH) and the Association of Bonded Travel Organisers Trust Limited (ABTOT); this is a government approved consumer protection scheme. Tours offered are subject to availability and government guidelines. Dates and pricing are correct at the time of print but can be subject to later change. Prices are per person, based on two people sharing a room. Single supplement applies. Standard phone charges apply. ABTA ABTA No.V7812

The Sun TRAVEL Ireland just go holidays



FROM
£529
PER PERSON

BOOK WITH THE SUN BEFORE OCTOBER 31, 2026 AND SAVE £35PP – USE CODE SUNC

TRAVEL BY COACH – LOCAL PICK-UPS*

NO FLYING

A TASTE OF IRELAND

5 days • April to September 2027

Experience the undeniable charm of one of the most captivating and distinctive destinations in the world, where enchanting landscapes meet vibrant cities and a unique culture. With great hospitality at our welcoming hotel with a free bar, live entertainment and cooking, Guinness pulling and Irish coffee-making demonstrations plus an inclusive itinerary to discover the beauty of the Emerald Isle, this promises to be spectacular adventure!

INCLUDES:

- Return coach travel and ferry crossings*
- Four nights at Treacy's Hotel, Enniscorthy, with dinner and breakfast (includes a traditional Irish buffet on one evening)
- Free bar (6pm-9pm) on nights two, three and four (local brands of beer, wine, spirits and soft drinks)
- Cooking, Guinness pulling and Irish coffee-making demonstrations
- Live entertainment every evening
- Excursions to Dublin and Kilkenny
- Optional guided city tour of Dublin (£19pp)
- Optional excursion to Dunbrody Famine Ship and Wexford (£25pp)

CALL NOW 0808 250 1121
Visit: thesuntravel.co.uk/taste-of-ireland Quote: SUNC

TERMS AND CONDITIONS: *Return coach travel is available from an extensive network of pick-up points in England and Wales. A small number of pick-ups may incur a supplement of £15-£30pp. Coach package holidays are subject to tour operator Just Go! Holidays' terms and conditions. Your booking is protected by Bonded Coach Holidays and the Association of Bonded Travel Organisers Trust Limited; government-approved consumer protection schemes. Tours are offered subject to availability and government guidelines. Operated by Just Go Holidays Ltd. Prices are per person, based on two people sharing a double/twin room. Single supplements apply. Please see the website or call for further details.

The Sun TRAVEL IGLU CRUISE ROYAL CARIBBEAN

FROM
£2,399
PER PERSON

EXCLUSIVE SAVINGS

FLIGHTS AND OVERSEAS TRANSFERS INCLUDED

TOURS INCLUDED

MUSIC CITIES OF THE DEEP SOUTH WITH TOURS & WESTERN CARIBBEAN CRUISE FROM NEW ORLEANS

Mariner of the Seas, Royal Caribbean • 12 nights • October 27, 2026 and January 25, 2027 *(Other dates available)*

CRUISE ITINERARY:

Fly UK to Memphis, Tennessee – three-night Memphis hotel stay with visits to Graceland, the Memphis Rock 'n' Soul Museum and Memphis Music Hall Of Fame – Amtrak train from Memphis to New Orleans – two-night New Orleans hotel stay – Mississippi dinner jazz paddle-boat cruise – board Mariner of the Seas in New Orleans for your seven-night full-board cruise – Puerto Costa Maya, Mexico – Belize City, Belize – Cozumel, Mexico - disembark New Orleans – fly to UK (overnight).

WHY NOT UPGRADE?
Outside from **£2,499PP** • Balcony from **£2,699PP** • Suite from **£3,699PP**

CALL NOW 0808 304 2673
Visit: thesuntravel.co.uk/iglu-rcl-memphis Quote: THE SUN

TERMS AND CONDITIONS: Prices and itinerary may vary by date. A limited number of staterooms are available at these promotional prices and may be withdrawn at any time. All prices are from prices and are pp and based on two sharing. Offers include all meals and entertainment on board ship and all taxes and surcharges. Visas may be required for certain destinations and are the customer's responsibility to obtain – please check at the time of booking.

The Sun TRAVEL IGLU CRUISE PRINCESS

FROM
£1,749
PER PERSON

EXCLUSIVE IGLU CRUISE SAVINGS

HOTELS AND OVERSEAS TRANSFERS INCLUDED

LAS VEGAS & HAWAIIAN ISLANDS FROM LOS ANGELES WITH STAYS

Emerald Princess • 21 nights • February 6, 2027 *(Other dates available)*

CRUISE ITINERARY:

Fly UK to Las Vegas, USA – three-night Las Vegas hotel stay – fly Las Vegas to Los Angeles – one-night Los Angeles Downtown hotel stay – board Emerald Princess for your 16-night full-board cruise – Kahului, Maui, Hawaii – Hilo - Kona - Honolulu, Oahu - Ensenada, Mexico - Los Angeles, USA - disembark – fly to UK (overnight)

INCLUDES:

- Three-night Las Vegas hotel stay Flights and overseas transfers
- One-night Los Angeles Downtown hotel stay

WHY NOT UPGRADE?
Outside from **£2,049PP**
Balcony from **£2,399PP**
Suite from **£3,249PP**

CALL NOW 0808 304 2675
Visit: thesuntravel.co.uk/iglu-princess Quote: THE SUN

TERMS AND CONDITIONS: Prices and itinerary may vary by date. A limited number of staterooms are available at these promotional prices and may be withdrawn at any time. All prices are from prices and are pp and based on two sharing. Offers include all meals and entertainment on board ship and all taxes and surcharges. Visas may be required for certain destinations and are the customer's responsibility to obtain – please check at the time of booking. Transfers and gratuities may not be included, please ask at the time of booking. Full terms and conditions apply. Prices are correct at the time of going to print. Drinks package is subject to the cruise line's terms and conditions. Please drink responsibly. *Hand-crafted Cruise & Stay Sale: Book select Cruise & Stay packages with a minimum spend of £1599 pp and receive exclusive extra savings on top of our site prices for a limited time only. *Cruise & Stay reduced deposit: Valid on Cruise & Stay bookings more than 17 weeks before departure, after which full balance is due. Must call to book and not combinable with any other offers. *See our website for full terms & conditions.

Champ Amy is playing it cool

AMY HUNT is running into unknown territory tonight — as she hopes to avoid an emotional hangover.

By ROB MAUL

She races over 200 metres in the Diamond League – just five days after her record fourth gold at the European Championships in Birmingham.

Hunt, 24, faces five women who have dipped under 22 seconds in Lausanne, Switzerland.

The Newark sprinter said: "It's a learning curve in terms of how to deal with all these different events, occasions, races.

"I've never had to do this before. So I'm interested to see what's going to happen. But it's something I love. It's the coolest job in the world."

Hunt *(left)* won the 100m, 200m, women's sprint relay and mixed relay titles at the Alexander Stadium.

She added: "Being announced on the line as the European champion for the first time will be a special moment."

SPORTS ROUND-UP: RESULTS & FIXTURES

CONFERENCE LEAGUE PLAY-OFF ROUND 1ST LEG

GENT (0)	**0 HIBERNIAN (0)**	**0**
HEARTS (0)	**2 R VIENNA (1)**	**2**
Raux Yao 57 (og) Wilson 62	Raux Yao 31 Wurmbrand 79	
LINCOLN RI (0)	**0 LARNE (0)**	**2**
	O'Neill 85 O'Hara 90	
MOTHERWELL (1)	**1 FREIBURG (1)**	**3**
Charles-Cook 2	Ginter 29, 65 (pen) Goto 90	
RANGERS (0)	**1 JABLONEC (0)**	**0**
Naderi 50		
SHAMROCK R (0)	**1 KUPS (0)**	**1**
Stevens 49	Parzyszek 85	
TROMSO (0)	**0 BRIGHTON (0)**	**0**

Atalanta 0 Hapoel Tel-Aviv 0, Braga L Austria Vienna L, Dinamo City L AE Pafos L, FC Drita 2 Inter D'Escaldes 2, Getafe L Partizan Belgrade L, Gornik Zabrze 2 Monaco 3, Hajduk Split L Rakow Czestochowa L, Inter Turku 0 Copenhagen 0, Lugano 2 Maccabi Tel-Aviv 1, Midtjylland 2 Rijeka 0, Nordsjaelland 1 St Gallen 0, Panathinaikos 2 Hradec Kralove 2, PAOK 1 Brann 1, Sion 2 Ajax 4, Twente 0 Qarabag FK 1, Vikingur Reykjavik 1 Borac 3, KI Klaksvik 0 Riga FC 0.

UEFA EUROPA LEAGUE PLAY-OFF ROUND FIRST LEG

RS BELGRADE (1)	**3 PLZEN (0)**	**0**
BENFICA (3)	**3 AGF (1)**	**1**
BESIKTAS (2)	**3 K ZALGIRIS (0)**	**0**
KF EGNATIA (0)	**0 LILLESTROM (0)**	**0**
J BIALYSTOCK (2)	**4 IBERIA 1999 (0)**	**0**
FC KAIRAT (0)	**0 ANDERLECHT (3)**	**3**
MJALLBY (0)	**0 RB SALZBURG (0)**	**1**
OFI (1)	**3 CSKA SOFIA (0)**	**0**
SINT-TRUIDEN (0)	**1 O NICOSIA (0)**	**0**
TRAB'SPOR (0)	**0 FERENCVAROS (1)**	**1**
U CRAIOVA (1)	**1 A ARMENIA (1)**	**1**
LECH POZNAN (5)	**7 THUN (0)**	**0**

SKY BET LEAGUE ONE

SHEFF WED (0)	**0 BRADFORD (0)**	**1**
	Baldwin 47	

	P	W	D	L	F	A	Pts
Bradford	2	2	0	0	3	0	6
Huddersfield	1	1	0	0	3	0	3
Stockport Cty	1	1	0	0	3	1	3
Luton	1	1	0	0	4	3	3
Cambridge	1	1	0	0	3	2	3
Mansfield	1	1	0	0	2	1	3
Bromley	1	1	0	0	1	0	3
Sheff Wed	2	1	0	1	2	2	3
MK Dons	1	0	1	0	2	2	1
Oxford Utd	1	0	1	0	2	2	1
Leicester	1	0	1	0	1	1	1
Stevenage	1	0	1	0	1	1	1
Wycombe	1	0	1	0	1	1	1
Blackpool	1	0	1	0	1	1	1
Burton Albion	1	0	1	0	1	1	1
Notts County	1	0	1	0	1	1	1
Reading	1	0	0	1	3	4	0
Wigan	1	0	0	1	2	3	0
Doncaster	1	0	0	1	1	2	0
Leyton Orient	1	0	0	1	1	2	0
Barnsley	1	0	0	1	0	1	0
Plymouth	1	0	0	1	1	3	0
Peterborough	1	0	0	1	0	2	0
AFC Wimbledn	1	0	0	1	0	3	0

CRICKET

ROTHESAY COUNTY CHAMPIONSHIP

DIVISION ONE

Hampshire v Yorkshire

The Rose Bowl: Yorkshire 173 (61.2 overs; K J Abbott 4-17). Hampshire 60-4 (26.0 overs).

Leicestershire v Glamorgan

Leicester: Leics 113-7 (46.4 overs).

COUNTY

Somerset v Essex

Taunton: Somerset 348-5 (96.0 overs; J F Thomas 110, H M Nicholls 96, T B Abell 65).

Surrey v Nottinghamshire

The Kia Oval: Nottinghamshire 184 (68.2 overs; L A Patterson-White 76no; T Lawes 5-45). Surrey 13-1 (9.0 overs).

Warwickshire v Sussex

Edgbaston: Sussex 99-3 (30.3 overs).

DIVISION TWO

Derbyshire v Durham

Derby: Durham 102-2 (38.0 overs; A Z Lees 53no).

Gloucestershire v Worcestershire

Cheltenham: Gloucestershire 107-5 (43.4 overs; T W Boorman 51no).

Lancashire v Northamptonshire

Old Trafford: Northamptonshire 56-2 (18 overs).

Middlesex v Kent

Northwood: Kent 299-6 (76.0 overs; S A Northeast 87, Z Crawley 81).

CYCLING

LLOYDS TOUR OF BRITAIN WOMEN: Stage 2 (Clitheroe to Blackpool, 10.5km) **-** 1 L Wiebes (Ned) Team SD Worx-Protime 3h 29m 26s, 2 M Coles-Lyster (Can) Human Powered Health at same time. **Overall -** 1 Wiebes 7:32:15, 2 C Consonni (Ita) CANYON//SRAM +14, 3 K Le Court (Togo) AG Insurance-Soudal Team at the same time, 4 K Swinkels (Ned) UAE Team L'IMAD +15, 5 J Nelson (GB) Team Picnic PostNL+16.

RENEWI TOUR (Belgium): **Stage 2** (Blankenberge to Ardooie (173.9km) **-** 1 J Philipsen (Bel) Alpecin-Premier Tech 3h 11m 27s, 2 J Giddings (GB) Lotto-Intermarche at same time. , **Overall -** 1 Philipsen 7:15:35, 2 O Kooij (Ned) Decathlon CMA CGM Team +4, 3 D De Bondt (Bel) Team Jayco-AlUla at the same time.

DEUTSCHLAND TOUR: Stage 1 (Bad Orb to Schwabisch Hall (215.3km) **-** 1 L Barre (Fra) Visma-Lease a Bike 5h 15m 9s, 2 I del Toro (Mex) UAE Team Emirates-XRG +16s. **Overall -** 1 Barre 2 del Toro +9, 3 G Ciccone (Ita) Lidl-Trek +18.

GOLF

NEXO CHAMPIONSHIP (Aberdeen): **1st Rnd** (Gbr & Irl unless stated) **- 67** M Kinhult (Swe), **69** E Baker, F Mory (Fra), B Follett-Smith (Zim), A Wilson, **70** K Nakajima (Jpn), H McCullen, J Skov Olesen (Den), J Scrivener (Aus), S Jamieson, A Bergstroem (Swe), M Southgate, L Bjerregaard (Den), **71** R Mansell, M Manassero (Ita), A Sullivan, D van Tonder (Rsa), Q Vidal (Spa), C Charmasson (Fra), A Halvorsen (Nor).

TENNIS

ATP & WTA CINCINNATI OPEN (Ohio): **Women Quarter-finals** - J Pegula (Usa) bt A Anisimova (US) 6-4 2-6 7-6 (7-4).

TODAY'S SPORT

(7.45 unless stated)

PREMIER LEAGUE

Arsenal v Coventry **8.0**
(Live on Sky Sports Main Event)

WILLIAM HILL CHAMPIONSHIP

Inverness CT v Partick **7.30**
(Live on BBC Scotland)

SCOTTISH LOWLAND LEAGUE WEST: Celtic B v Cumnock.

WELSH PREMIER: Cardiff Met Uni v The New Saints FC, Colwyn Bay v Airbus UK Broughton, Flint Tn United v Briton Ferry, Haverfordwest County v Cambrian United, Holywell Tn v Barry Tn United, Penybont v Llandudno, Trefelin BGC v Caernarfon Tn.

CRICKET

First Test Match—day 3 of 5: England v Pakistan (Headingley, 11am).

County Championship - Division One (day 2 of 4, 11am): Hampshire v Yorkshire (The Rose Bowl), Leicestershire v Glamorgan (Leicester), Somerset v Essex (Taunton), Surrey v Nottinghamshire (The Kia Oval), Warwickshire v Sussex (Edgbaston).

Division Two: Derbyshire v Durham (Derby), Gloucestershire v Worcestershire (Cheltenham), Lancashire v Northamptonshire (Old Trafford), Middlesex v Kent (Northwood).

CYCLING

Tour of Britain Women - Stage 3 (Mold to The Great Orme, 104.7km).

GOLF

USPGA Tour BMW Championship (Owings Mills, Maryland).

DP World Tour Nexo Championship (Trump International Golf Links, Aberdeen).

LIV Golf Indianapolis (The Club at Chatham Hills, Westfield, Indiana).

LPGA CPKC Women's Open (Edmonton, Alberta, Canada).

USPGA Tour Champions Rogers Charity Classic (Canyon Meadows G&CC, Calgary, Alberta, Canada).

FORMULA 1

Dutch Grand Prix (Circuit Zandvoort).

RUGBY LEAGUE

Betfred Super League (8.0)**:** Leigh v Bradford, Wigan v Wakefield.

	P	W	D	L	F	A	Pts
Leeds	23	18	0	5	784	346	36
Wigan	23	18	0	5	689	407	36
Warrington	23	17	0	6	632	388	34
Wakefield	23	16	0	7	625	422	32
Hull K R	23	15	0	8	688	383	30
Leigh	23	15	0	8	508	428	30
St Helens	23	13	0	10	548	508	26
Catalans	23	9	0	14	449	691	18
Castleford	23	8	0	15	408	716	16
Toulouse	23	7	0	16	460	618	14
York	23	7	0	16	454	665	14
Hull	23	6	0	17	399	499	12
Huddsfield	23	6	0	17	401	661	12
Bradford	23	6	0	17	392	705	12

TENNIS

ATP & WTA Cincinnati Open (Cincinnati, Ohio).

F1 DUTCH GRAND PRIX

Still on the ball

LEWIS IN TOP SHAPE

LEWIS HAMILTON warned his Formula One title rivals he has come back from the summer break in the best shape of his life.

From ISABELLE BARKER in ZANDVOORT

The 41-year-old Brit took part in a gruelling training regime during the three-week gap ahead of Sunday's Dutch Grand Prix.

He has 12 races left to get his hands on an elusive, record eighth Formula One world title, as he trails Mercedes' championship leader Kimi Antonelli by 50 points.

Hamilton's old Merc team-mate George Russell sits behind him in third, just nine points adrift.

Ferrari star Hamilton posted videos of himself doing various exercises over the layoff, particularly focusing on his core muscles.

One showed him doing **HANDSTAND** push-ups and another had him hanging from bars and doing crunches while gripping a medicine ball between his feet.

When he was not in the gym he was cosied up to girlfriend Kim Kardashian, with the pair posting a series of loved-up snaps as their relationship gets even more serious.

Hamilton looked absolutely smitten as he joined the Kardashians in Hawaii to celebrate the 29th birthday of Kim's sister, Kylie Jenner.

He said: "This has been the most different summer break I've ever had in all my championship seasons and career, actually.

"Normally, you go away and you take a week off or two off. There's a bit of partying and all that sort of stuff.

"I really took this as an opportunity to level up and trained for three weeks.

"I've come back the fittest I've ever come back in summer in the 20 years I've been here.

"I'm really proud of the work that we've put in. My trainer and I did a lot of analysis.

"Looking at where we have been, the things we did well, the things we leave behind, taking out things that, ultimately, don't get me to where I want to be.

"It's a good feeling, feeling fit. I've come in feeling different – rather than relaxed, I feel energised.

The seven-time world champ finally broke his Ferrari drought with victory at June's Catalunya Grand Prix in Barcelona. And Hamilton roared that he is hungry for a win in Zandvoort, having never stood on the top of the podium at the circuit.

This is also the last race at the track as Zandvoort will drop off the calendar next season.

Despite its popularity and with Red Bull's Dutch hero Max Verstappen on the grid, organisers have not been able to make the event work financially and have decided to stop hosting F1.

Hamilton added: "I've won pretty much all the other tracks and I definitely want to change that.

"Massively driven, it's just such an incredible circuit.

"Great crowd, obviously. Very special, particularly for Max as he comes here and has incredible support through the weekend. They really create the atmosphere.

"It's a track I've yet to really truly conquer, I would say, so it's definitely something I want to try to do this weekend."

Hamilton has cut a very different figure to the dejected man who arrived here last year.

Following a woeful start to his first season at Ferrari, he had suggested the team should find another driver and that he was "useless".

But 12 months later, he said his mindset has changed as the team are moving in the right direction and have listened to the changes he suggested.

Hamilton's points tally of 169 – thanks to five podium finishes in 11 grands prix so far – has already eclipsed the 156 he won last season.

He said: "We're in a real sweet spot. We're just going to continue to build on this foundation we've built."

HE'S HAMILTON ACADEMICAL . . . Ferrari ace Lewis shows off his football skills yesterday as he gets set to tackle the second half of F1's season

VERSTAPPEN . . . staying

MAX WED BULL DREAM

MAX VERSTAPPEN joked he is "practising for his marriage" after signing a shock contract extension with Red Bull.

From ISABELLE BARKER

The four-time champion, who joined the Formula One team in 2016, extended his deal until the end of the 2030 season.

His future had been the subject of huge speculation with the Dutchman threatening to leave several times and talk of a swap with McLaren's Oscar Piastri. And Toto Wolff confirmed last season Mercedes had held talks with Verstappen over a potential move.

But the 28-year-old insisted: "I was closer to retiring than changing teams. I like it here.

"It would be a great story to be picked by Red Bull and finish your career with one team."

News he had committed to staying in Red Bull's dark blue livery emerged on the eve of his home grand prix in Zandvoort. He added: "I don't need to drive in another colour. My favourite colour is blue, so that helps.

"I'm practising for my own marriage! Seeing how long I can eke it out in racing terms then try to triple that in marriage at least."

Verstappen's loyalty comes despite dramatic changes to his inner circle in recent years.

And his race engineer Gianpiero Lambiase has agreed to join McLaren "no later than 2028".

WALTERS . . . new role

Kev's got all basics

By GARY CARTER

KEVIN WALTERS is ready to go back to basics as St Helens' next head coach.

Saints pulled off a coup by landing the Australia boss to replace dumped Paul Rowley for three seasons on a £1million deal.

Walters is tipped to lead the Aussies to World Cup glory this summer but he is already preparing for a crack at the Super League.

He said: "For me, the foundation of success is creating an environment where players and staff enjoy training and working hard for each other.

"I witnessed first-hand how tough, physical and skilful the English players were in the Ashes.

"Now I look forward to being a part of Super League with the Saints."

Final act for Josh?

By GARY CARTER

JOSH CHARNLEY has his sights set on Old Trafford. After that, who knows?

Super League's record try-scorer, with 280, hopes to help Leigh take another step towards the play-offs against Bradford tonight.

But while Charnley, 35, is targeting the Grand Final, he does not know where he will be playing next season.

He said: "At the minute, there's nothing there, so I'll be a coffee barista and a builder. That's what I'm looking at.

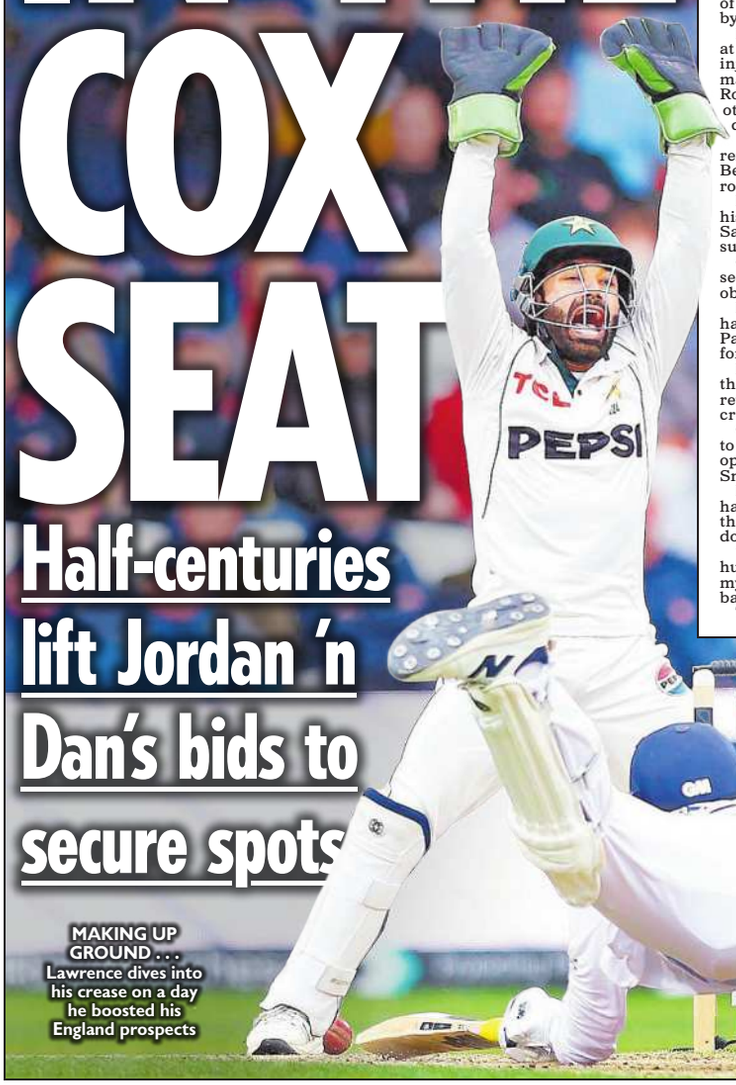
"I've seen it circling on social media I'm going to be playing for Salford next year. I've heard nothing, so it's just speculation.

"I'll just keep playing. If nothing's sorted I'm happy with what I've done."

CRICKET FIRST TEST, DAY TWO

IN THE COX SEAT

Half-centuries lift Jordan 'n Dan's bids to secure spots



MAKING UP GROUND . . . Lawrence dives into his crease on a day he boosted his England prospects

JORDAN COX and Dan Lawrence are two men hoping to fill a couple of gaping holes in the England team.

By JOHN ETHERIDGE

And their auditions went swimmingly at Headingley yesterday with a half-century apiece as the hosts continued their domination of the First Test against Pakistan.

With Joe Root contributing 66 – yes, Root 66 – and Harry Brook playing the most sparkling innings of 91, England piled up 366-8 by the close to lead by 195.

For Cox *(right)*, batting at No3 in place of the injured Jacob Bethell, to make 73 with captain Root watching from the other end cannot have done him any harm.

Then 29-year-old Lawrence, nominally replacing Ben Stokes as the team all-rounder, scored 51.

Lawrence's hopes of retaining his place improved as it emerged Sam Curran is to undergo groin surgery and is out for the summer.

Curran had been touted by chief selector Marcus North as the obvious successor to Stokes.

But Lawrence *(right)* should have all three Tests with Pakistan to launch his case for long-term inclusion.

Bethell is also out for the series but certain to return at No3 in Test cricket this winter.

Cox's best options are to oust Emilio Gay as an opener or challenge Jamie Smith to be wicketkeeper.

He said: "I'm thrilled. I would have taken 70-odd at the start of the match although I let myself down a little with my dismissal.

"There was a chance of a hundred – it was at the back of my mind. It's a case of trying to bang that door down."

The flame-haired Cox, 25, possesses a swagger that suggests supreme self-confidence.

After morning rain delayed the start until 2.45pm, he reached his fifty from 77 balls.

He survived an easy caught and bowled chance on 57, spilled by Khurram Shahzad, and was caught behind soon afterwards.

Root followed in the next over when he was plumb lbw to Shahzad.

Lawrence had a couple of scares and he is a legside dominant batter.

But he looked more comfortable at No6 than opening, which he did when he last played two years ago.

He eventually skied an attempted sweep-slog against left-arm spinner Ali Usman.

It must be said that Cox and Lawrence will rarely score easier international runs.

As well as lacking penetration, Pakistan's attack was so wayward that England scored at 4.46 an over without resorting to Bazball-style aggression.

There were fumbles in the field and dropped catches, too.

Brook was put down on one by skipper Salman Agha in the slips and he made Pakistan pay with a string of searing shots.

It came as a surprise when he missed one that turned from Usman and was bowled.

At 7.20pm, Usman dismissed Gus Atkinson and Ollie Robinson with successive balls.

It was left to Jofra Archer to prevent the hat-trick.

SCOREBOARD

First Test
England v Pakistan
(Day 2 of 5)

HEADINGLEY: England lead Pakistan by 195 runs with two first-innings wickets in hand

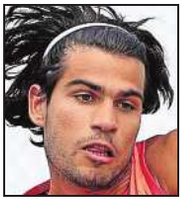
PAKISTAN: First Innings 171
(Shafique 61, Tongue 5-46, Robinson 5-51)

ENGLAND: First Innings
(Overnight 112-2)

J Cox c Rizwan b Usman	73
J Root lbw Shahzad	66
H Brook b Usman	91
D Lawrence c Rizwan b Usman	51
J Smith not out	16
G Atkinson lbw Usman	3
O Robinson b Usman	0
J Archer not out	0
B4 lb9 nb5	18
Total (8 wkts, 82 overs)	**366**

Fall: 36, 48, 198, 202, 322, 356, 364, 364.
Bowling: Abbas 21-5-61-1, Shahzad 19-1-111-1, Ali 19-2-89-1, Usman 23-1-92-5.
Umpires: C Gaffaney & A Paleker.

talkSPORT
EFL
LET THERE BE FOOTBALL
ARSENAL VS COVENTRY — TONIGHT 20:00 K.O talkSPORT
HULL VS MAN UTD — TOMORROW 12:30 K.O talkSPORT
WEST HAM VS CHARLTON — TOMORROW 15:00 K.O talkSPORT2
ON RADIO ONLINE ON THE APP



ALCARAZ . . . return

Return to Alcaraz

By JACK ROSE

CARLOS ALCARAZ has won his battle to be fit for the US Open.

The seven-time Grand Slam champion has not played since April due to an ongoing wrist issue.

But the 23-year-old's return was announced on Instagram, with a "Here we go" message.

The wrist problem forced Alcaraz to miss the defence of his French Open title and Wimbledon.

Meanwhile, the US Open, which starts on Sunday, has announced a £79million increase in total prize money.

Winners of the singles will each receive £4m, while first-round rewards at Flushing Meadows are more than £73,000.

PREM

NEWCASTLE NEGGED

Toon it out

JAISSLE'S ADVICE

DIFFICULT TYNE . . . boss Jaissle is keeping positive

MATTHIAS JAISSLE has told his Newcastle stars to shut out the "negativity".

There is a lack of optimism at Toon following the shock exit of boss Eddie Howe.

And star players Anthony Gordon, Sandro Tonali and captain Bruno Guimaraes have all been sold.

New boss Jaissle, 38, was warmly welcomed by the Toon Army but some pundits have predicted the Saudi-owned richest club in world football could face a Prem survival fight this term.

Jaissle admits the Magpies are in transition and could be undercooked when they host Liverpool on Sunday.

But the German said: "It's smart from us to avoid the negativity from outside – and there is negativity.

"You read it in the newspapers and social media in particular. So for us, the job is to focus on what we can influence.

"Control the controllables. This is our approach."

Jaissle hinted there could be another new arrival before kick-off with Toon looking to bring in at least **THREE** more stars before the transfer deadline.

New £30million right-back Amar Dedic could start against the Reds.

He played for Jaissle at Red Bull Salzburg and

By IAN MURTAGH

the boss said: "He knows our playing style due to our time together, which is always beneficial, especially when you don't have too much time to train."

There will be a tribute to the late Kevin Keegan, who starred for both clubs, for the opener. Keegan died of cancer at the age of 75 last month.

Newcastle have asked fans to arrive early for the 4.30pm kick-off to honour Keegan's life, while the matchday programme features the former Toon boss on the front cover.

A video tribute will be played on stadium screens looking back at Keegan's legendary playing and managerial career.

Both sets of players are to wear "Keegan 7 shirts" during the warm-up.

A minute's applause is to be held before the match while the players will wear black armbands.

Meanwhile, Newcastle hope to submit plans for a state-of-the-art £190m training complex in early 2027 after buying Woolsington Hall and 260 acres of land from former chairman Sir John Hall.

TNT SPORTS
HBO Max | EE | SKY | VIRGIN MEDIA

Our trophy cabinet

There's LEVELS to this.

©2026 TNT Sports Broadcasting Limited. TNT Sports is used under license. All rights reserved.

RIP legend Terry

By TOM BARCLAY

TOTTENHAM announced the death of Double-winning legend Terry Dyson, the only Spurs man to score a North London derby hat-trick.

The former winger, who also lined up for Fulham and Colchester, passed away aged 91.

Dyson played 209 games for Spurs, scoring 55 goals including three against Arsenal in 1961 and two in the 1963 Cup Winners' Cup final win over Atletico Madrid.

A Spurs statement read: "Our deepest condolences are with Terry's family and friends at this incredibly sad time."

Stayden Bogle

JAYDEN BOGLE did not have to think twice about signing a contract extension at Leeds.

The right-back, 26, has penned a new four-year deal following an impressive two seasons since arriving from Sheffield United in 2024.

Bogle *(above)* made 39 appearances last term, scoring two goals and producing four assists.

He said: "It was an easy one for me, I had a lot of different emotions and I'm proud.

"It's been special. Something you dream of as a kid is playing in an atmosphere like this and competing in the best league in the world."

Jack Keene

OUR COLUMNISTS ARE THE TALK OF SPORT

RODRI . . . Barca move

Post-Rodri era's here

MANCHESTER CITY look like embarking on a huge spending spree to try to plug the enormous gap left by Rodri.

The Spaniard has been fundamental to their success in the last seven years as, when he was fit, they were near invincible.

Whenever he missed a chunk of games injured — as he has done over the last two seasons — City looked vulnerable, brittle and exposed.

It doesn't matter who they bring in, the midfield star is irreplaceable.

And it is going to be fascinating to see how City reinvent themselves now that Rodri has joined Barcelona. It could be harder than people think.

Molineux own goal

JUST when you thought Wolves couldn't annoy their fans any further, they're effectively placing a swearing ban on them.

They used to play reggae instrumental The Liquidator before kick-off at Molineux, during which they would tell arch rivals West Brom to f* off.**

There had been talks on bringing it back — an easy win with supporters.

But, having consulted the Molineux Stadium Safety Advisory Group, aka "the fun police", the club says it won't return. Utter woke nonsense.

Balding on a winner

I'M in York for the racing at the moment and if you like the horses and you've never been, you MUST get the Ebor Festival on your bucket list.

If there was any doubt before this week, trainer Andrew Balding showed a major changing of the Flat guard is underway.

Balding, a former Favourite columnist, won Wednesday's feature race and is £3million-plus in prize money clear of established powers such as John Gosden and William Haggas.

He is the new top dog.

BULLIED

Villa pummelling so unfair

WHEN a Chelsea fan like me feels dismayed about the situation at Aston Villa, it's clear something is very wrong with the Prem's financial rules.

They are a rival of ours for a Champions League spot – but I can only imagine how frustrating this summer has been for Villa supporters and their ownership.

Villa are a big club with a massive fanbase, rich history and iconic stadium.

All right, the area around Villa Park isn't going to win any beauty awards but when it's packed out on a Saturday, there aren't many better grounds to watch a football match.

In Unai Emery, they have one of the best managers in Europe, and they have wealthy owners who have been willing to invest to try to break into the league's elite.

And yet, year after year, they enter the transfer window with their hands tied behind their back while the traditional Big Six vultures can pick apart their squad at will.

How can it be good for competition that a big, ambitious club with money to spend is thwarted at every turn?

Quite frankly, they have been bullied this summer into selling off their core players to bring in fresh blood – and it's been a similar story for years.

When they first qualified for the Champions League in 2024, they had to sell Moussa Diaby, Douglas Luiz and Jhon Duran in order to add to the squad without breaching rules.

It's a very tricky balancing act and they've already been fined by Uefa.

Now they are back in Europe's elite competition, they're having to do the same again.

The way the rules are set up, to favour the wealthiest and stymie the rest, qualifying for Europe actually makes life more difficult for clubs with smaller revenues.

As a result, it feels as though Villa have now reached their ceiling. And it's totally unfair.

The so-called Big Six, whose turnovers eclipses everyone else in the league by hundreds of millions, will always have an enormous advantage unless the other 14 Prem clubs stand up and demand change. There must be a better way.

How can it be fair that Tottenham, for example, who have been badly run for years and only avoided relegation on the final day of last season, can go on an unprecedented spending spree?

Or that Chelsea, who this year announced record pre-tax losses of £262million for 2024-25, are still splashing the cash by exploiting weird long-term contract loopholes and selling property and players to sister companies and clubs?

Meanwhile Villa, who finished in the top six in each of the last three seasons, have to sell the family silver to be able to recruit new players.

The likes of Arsenal, Manchester United and Liverpool weren't happy when Chelsea, Manchester City and Spurs started to muscle in at the top, so they'll be damned if Villa and Newcastle, also suffocated by financial restrictions, try to get in on the action.

Some Villa fans accept last season's squad achieved as much as it could, finishing in the top four and winning the Europa League, and knew changes were coming. But not to this extent.

With the departure of Ezri Konsa, who will likely be a bit-part player for Arsenal once Jurrien Timber and William Saliba are fit again, the spine of their team has been cut clean out.

In fact, when Villa go to Brighton on Sunday, there is a good chance their starting XI will feature just **FIVE** players from the side that started the Europa League final in May.

With Emery at the helm, and exciting players like Johan Manzambi and Brian Madjo in the squad, they might yet have another big campaign.

But it's bad for the Premier League that obstacles are constantly being put in the way of everyone bar the elite. It's about time that changed.

UNAI ON THE FINANCES . . . Villa boss Emery (inset) has seen key players like Ezri Konsa wave goodbye as they join Prem rivals this summer

THE PRICE OF SUCCESS
VILLA HAVING TO CASH IN

MAJOR SALES

2024 Finished: 4th

Douglas Luiz	Juventus	£50m
Moussa Diaby	Al-Ittihad	£50m
Jhon Duran	Al-Nassr	£71m

2025 Finished: 6th

Jacob Ramsey	Newcastle	£40m

2026 Finished: 4th

Youri Tielemans	Man Utd	£35m
Morgan Rogers	Chelsea	£117m
Donyell Malen	Roma	£21.6m
Lucas Digne	PSG	£8.5m
Ezri Konsa	Arsenal	£51m*

*Deal to be confirmed

SOLOMON . . . chants

Irons fans get song warning

By JUSTIN ALLEN

WEST HAM have issued a stern warning to fans after an anti-Palestine chant emerged during their season opener.

A song about Israeli winger Manor Solomon, heard during last weekend's 2-2 draw at Burnley, included the provocative line "he hates Palestine".

The Irons appealed to fans not to repeat the chant for tomorrow's first home game of the season against Charlton.

A statement read: "As we prepare to welcome a 62,500 sell-out, West Ham would like to remind supporters of the responsibility we all hold.

"Regardless of their background, every supporter within our diverse fanbase should be free to enjoy watching their team play football without fear, discrimination or abuse.

"The club is aware of an offensive and divisive chant — containing an anti-Palestine message — being sung by a section of away supporters during our opening match.

"We encourage our supporters to sing loud and proud about their football club and players but never in a way that creates division or causes offence among fellow fans.

"Equality, equity, diversity and inclusion are at the heart of the club. We believe in the power of football to unite and bring people together."

Solomon, 27 — signed this month from Tottenham — has been the subject of similar controversial chants at former clubs.

Gran just lovin' Sun

By COLIN YOUNG

REGIS LE BRIS says Granit Xhaka had no intention of quitting Sunderland.

Chelsea bid £8million for the Black Cats captain in June.

The cheeky offer from Xhaka's old boss at Bayer Leverkusen, Xabi Alonso, was immediately rejected.

Ahead of tomorrow's trip to Ipswich, manager Le Bris said: "It is really clear Granit loves this club, loves the group and loves to be part of this journey after one season."

Sunderland had signed midfielder Xhaka, 33, in a surprise £13m move from Leverkusen last summer.

He helped guide the club to seventh and their first European qualification for 53 years.

Le Bris added: "Quickly he switched on to, 'This is Sunderland, I want to go here, I want to stay here and I want to achieve something even bigger next season'."

Sarry eyed

GALATASARAY are keen on Spurs midfielder Pape Matar Sarr.

But SunSport understands any move from the Turkish giants for the Senegal international *(left)*, 23, is in the very early stages.

Sarr will likely struggle for game time after Tottenham's £185million summer midfield recruitment drive.

Reds can't book 'Uba

By KEN LAWRENCE

LIVERPOOL'S £50million bid for Yankuba Minteh has been snubbed by Brighton.

Replacing Mo Salah is the Reds' top priority following the Anfield legend's departure this summer and subsequent signing for Turks Trabzonspor.

But the move for winger Minteh *(left)*, 22, who is expected to be sidelined for at least another eight weeks, shows the Scousers are growing frustrated over their pursuit of Frenchman Bradley Barcola, 23.

Paris Saint-Germain are refusing to budge on their £135m asking price.

Gambia international Minteh, who joined the Seagulls from Newcastle for £33m in summer 2024, is understood to want a move to Anfield.

The Reds' only new attacker is Victor Munoz from Osasuna, while England midfielder Curtis Jones is joining Inter Milan for £30m and Spurs want £65m-rated Cody Gakpo.

NEWS TICKER

JOAO PALHINHA is set to reunite with his former Fulham boss Marco Silva at Benfica.

The midfielder, 31, was a target for Aston Villa but will join the Portuguese giants in a £16million switch from Bayern Munich.

MANCHESTER CITY striker Divine Mukasa is returning to West Ham on a season-long loan.

The 18-year-old spent much of his academy days with the Hammers before leaving for City in 2023.

Mukasa played six times for the Etihad club and made 16 loan appearances for Leicester last term.

JORDAN JAMES joined Wolves for 2026-27 on loan from French club Rennes.

Wanderers have an option to buy the 26-cap Wales midfielder, 22, at the end of the season.

James starred on loan at Leicester last term.

Taylor bid KO'd

ASTON VILLA have had an £18million bid for Southampton's Taylor Harwood-Bellis rejected.

Villa see the centre-half as a replacement for Ezri Konsa, who is joining Arsenal in a £51m deal.

Saints value the one-cap England ace at £25m and also turned down a £17m offer from Benfica.

Harwood-Bellis, 24, played in Sunday's 2-1 Championship loss at Watford and Saints boss Tonda Eckert would not be drawn on his future.

Villa also want another forward and held talks with Chelsea over £65m-rated Nicolas Jackson.

PREM

REFEREE PLEA

WATCHING BRIEF . . . referee Rob Jones and Co need to up their games this season

Time to deliVAR

STANDARDS MUST IMPROVE

HOWARD WEBB revealed this week he would like to apply a "light-touch approach" to VAR.

But this should have been the Prem's strategy for the last seven years, since it was introduced in the 2019-20 season.

Pro Ref chief refereeing officer Webb and his predecessor Mike Riley have allowed a forensic application which was totally unnecessary and contrasted with the Ifab protocol.

After talks with the 20 Prem clubs, Webb now says refs should reserve it for "those situations which are clear and obviously wrong".

So let's all hope – and pray – we see a big improvement in our use of VAR and refereeing standards in general this term.

Webb *(right)* has talked the talk for some time and now it is time for him to deliver.

We lost one of our top refs Anthony Taylor after he hung up his whistle following this summer's World Cup.

I find it baffling Taylor is no longer in our system as he was appointed the Turkish Football Federation's new director of elite refereeing.

It has been clear for some time that we haven't got many top-quality refs and that there is a real lack of depth in the top flight.

Webb and Co have opted to develop and expose more refs to football's elite by merging Select Group One (Premier League) and Two (EFL). While there is a bigger pool of officials (39) in the new Professional Referee Group officials, many have never overseen a Prem game.

Another point to note is this merger will make it easier for bosses to move the officials between the top flight and Championship without fanfare.

Arsenal's clash with Coventry at the Emirates tonight kicks off the new season, and nine new laws are set to be implemented.

I like the five-second countdowns for throw-ins and goal-kicks as we saw in the World Cup.

It will speed up the game but we need to be consistent in our application.

Players who go down will have to leave the pitch for a minute.

This will not apply if they have been fouled and the offending player has been cautioned for the offence.

For the 'goalkeeper timeout' – where a stopper is seen by a physio – the manager has ten seconds to pick an outfield player to leave the pitch for 60 seconds.

But this will not come into play if the goalkeeper has been fouled or is bleeding.

Substituted players have ten seconds to trudge off the pitch and if they don't then the sub must wait a minute.

That is another positive change because we don't want to see time-wasting in our game.

Ref chiefs have clarified that any kick of the ball during a goal-kick routine will be treated as the goalkeeper having taken it.

On the VAR front, they can now review second yellow cards.

This will only apply to ones that actually have been handed out – and **NOT** potential second cautions that did not come to pass.

Set-piece goals can also be reviewed if a foul occurred before the kick was taken. If this is the case, the goal will be chalked off and the set-piece retaken.

VAR can also correct acts of mistaken identity by the ref.

For example, if a player is booked but the offence was actually committed by another player, VAR should intervene to see the right player penalised.

This rule will only be applied to the same infringement.

Halsey verdicts on what fans will find out...

DIRECT OFFICIALS' WORDING FROM PREMIER LEAGUE MATCH CENTRE

"Everyone wants feedback from the officials and this is a good move for them to explain their decisions.

"The fans are just as important as the players and managers.

"While we won't hear from them directly and their quotes will be in a written form, it is a step in the right direction."

HALSEY VERDICT: Good decision

IN-GAME AUDIO FROM THE REF CAM

"This is fine in theory but I doubt we will get a true reflection of what goes on during a game. Shop-floor language is used and that's how officials manage the players.

"I fear we will only hear what Pro Refs want us to hear in a watered-down version. Players will also worry about speaking to officials because it may get aired."

HALSEY VERDICT: Bad decision

KEY MATCH INCIDENTS (KMI) PANEL

"This is a positive change as everyone should be able to view the results of the KMI panel.

"The five panel members have met since the 2022-23 season but their findings have officially remained private.

"I do hope we get full transparency and find out who is on the panel."

HALSEY VERDICT: Good decision

BALDWIN . . . fine strike

Bantams' away 'win

Sheffield Wed...0
Bradford.....1

By TONY BUGBY

ADEN BALDWIN'S sweet volley gave Bradford a big League One victory at Yorkshire rivals Sheffield Wednesday.

Baldwin, 29, did not look like a centre-back with six previous career goals as he fired into the roof of the net just two minutes after half-time.

It was the visitors' first on-target effort after the Owls dominated the opening period of a derby last played in 2005.

Jon McCracken made important saves to deny Jamal Lowe and Barry Bannan while Callum Slattery's drive clipped the outside of the post.

Lowe also fluffed a chance right at the death.

But Baldwin's strike gave Graham Alexander victory in his 150th match as Bradford boss.

They have won all three of their league and cup games this season.

CONF LGE TROMSO 0 BRIGHTON 0

IT'S GULL-LESS

BRIGHT SPOT . . . Ibrahim Osman fires off a volley

Hurzeler's men find Norway past Jakob

By TOM BARCLAY

KEEPER Jakob Haugaard shipped the goals that saw Brighton realise their Premier League dream nine years ago.

Last night, the 34-year-old was the brick wall Albion could not break through on their return to Europe.

Haugaard – who was in the Wigan side the Seagulls beat 2-1 to seal promotion in 2017 – made a hat-trick of fine stops for Tromso just before the interval.

Defender Isak Vadebu could have won it for the Norwegians but he fired horribly wide late on.

And Brighton boss Fabian Hurzeler insisted he was "satisfied" with taking a draw into Thursday's Conference League second leg at the Amex. Hurzeler *(above)* said: "We controlled the game but we weren't quick enough in possession. We still have a few opportunities but Tromso defended well.

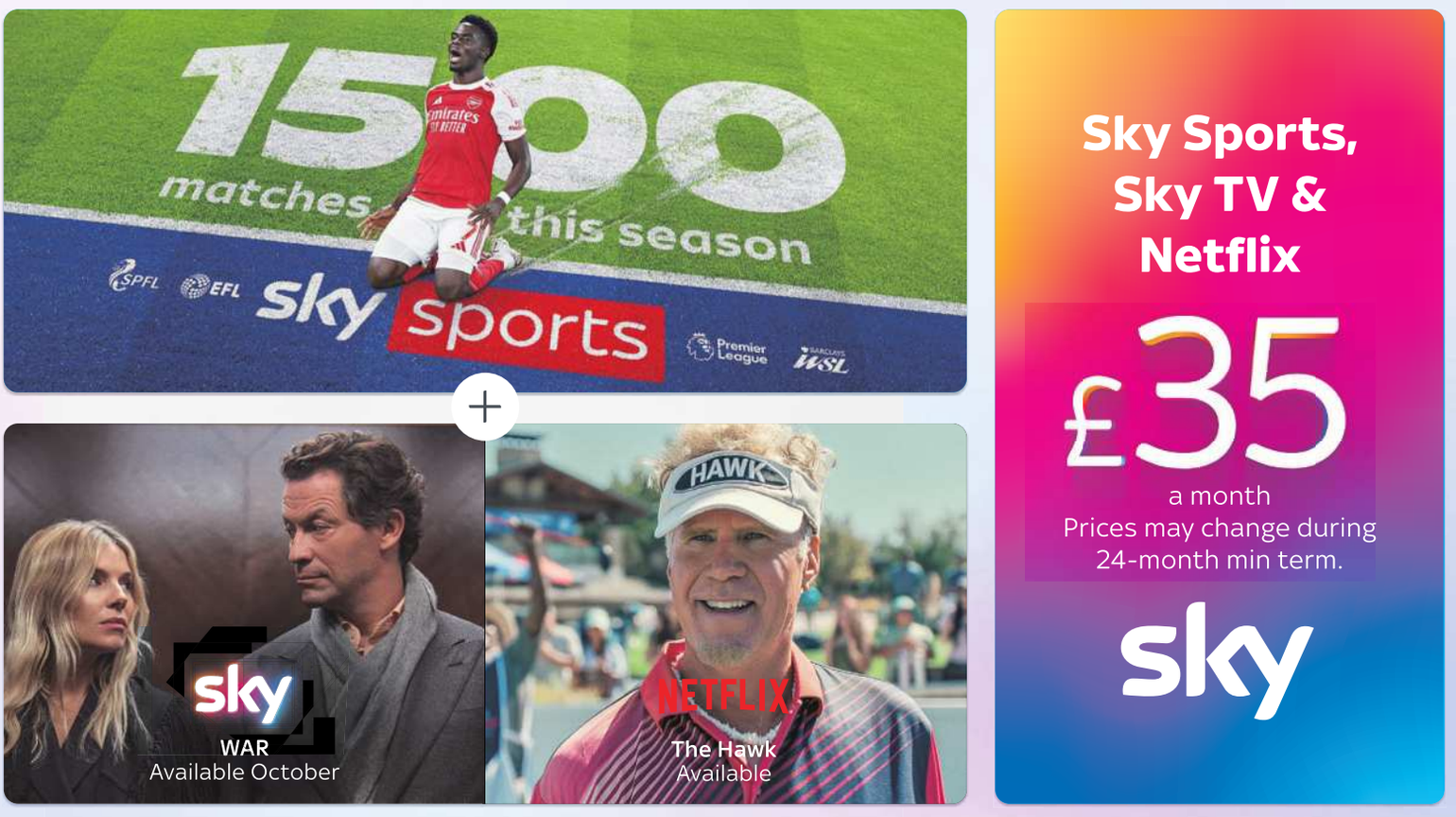
"They had two big chances after transition moments, we have to defend them better.

"Overall, a tough place, like we expected. A tough opponent, like we expected.

"We have to be satisfied with the draw, now we can finish it in front of our fans."

Brighton's players paid for the tickets of 407 fans who trekked into the Arctic Circle for the play-off first leg.

But they gave them little entertainment besides Pascal Gross, then Georginio Rutter and the lively Ibrahim Osman testing keeper Haugaard.



Search 'Sky Essential TV'

£15 Essential TV includes a selection of Sky channels.

New Sky TV customers only. Requires Sky Stream with 24-month minimum terms for Sky Essential TV (£15 a month) and Sky Sports Complete (£20 a month). Standard prices apply after, currently £21 and £35 a month. Essential TV includes Sky Atlantic, Sky News, Sky Sports Mix and Sky Sports Racing, Netflix Standard with ads and Discovery+ Entertainment - account set up required. Minimum broadband speed 25 Mbps recommended. All content available from October. 18+ UK Channel Islands and Isle of Man residential customers only. Further times apply.

SAGE . . . big boots to fill

No Pierre pressure for Sage

By JOSHUA HALL

PIERRE SAGE is feeling "no pressure" about filling Oliver Glasner's shoes at Crystal Palace.

French boss Sage, 47, signed a three-year deal this summer to replace Glasner following the club's most successful period in their history.

In his two years with the Eagles, Glasner, who is now Nottingham Forest chief, guided them to 2025 FA Cup glory and then won the Community Shield and Conference League last season.

But former Lyon and Lens gaffer Sage said: "I have no pressure. I came from the bottom.

"I just want to give my best. For me, the pressure is every day with the players to give the best session I am able and it's the same for the staff.

"We have to play as we choose and sometimes there is a gap between how we play and what we chose before the game.

"Our job is to make that gap as small as we can and we can maybe develop our game model."

Sage only began his professional managerial career in 2023 but has shaped his game on some of football's best.

He revealed: "Like Pep Guardiola said, we are all brothers and take the good ideas of the others.

"That's why when you ask how I am as a coach, I'm different.

"I don't want to say, as Jose Mourinho said, 'I'm the Special One'.

"The second time he said, 'I'm the happy one'. I'm the happy one, too."

Glas act on court

By ROB MAUL

OLIVER GLASNER hopes his passion for tennis can help serve up success for Nottingham Forest.

The Austrian will give his new club a rallying cry ahead of his first Prem game as Forest boss against Leeds tomorrow.

His previous Crystal Palace job came to his advantage as he got to play on the indoor courts at Wimbledon.

Glasner *(left)* joined the likes of retired British ace Kyle Edmund after being invited by an Eagles fan.

Edmund, 31, revealed: "Oliver loves tennis. He came to play some doubles and have some dinner — a social get-together.

"It was great to spend time with him. He's very down to earth, very open. He's a good club player."

PREMIER LEAGUE

HULL v

Lucky Devils? That's ridiculous

BIT OF A STRETCH . . . Carrick says it will take a big jump for his United team to be Prem title challengers

CARRICK KO'S TALK OF EASY START & TITLE

MICHAEL CARRICK believes it is "ridiculous" to suggest that Manchester United have an easy start to the new Premier League season.

By SAMUEL LUCKHURST

MAN UNITED CORRESPONDENT

And Carrick, in his first full campaign as Red Devils boss, admits it will take a big jump for his men to be considered title challengers.

United face newly-promoted Hull tomorrow lunchtime before a first home game against fellow new boys Ipswich a week on Sunday.

But Carrick has rejected claims that the fixture computer has given the Old Trafford outfit an easy ride.

He said: "For all of us who know this league, there are no favourable starts. It is a tough start.

"A newly-promoted team away from home is a tough game.

"I think it's an easy thing to throw out there but it's pretty ridiculous – and we're certainly not taking it that way at all."

Carrick has been here before. The ex-United midfielder had a penalty saved in Burnley's first Prem home game at Turf Moor in 2009, when the Clarets stunned Sir Alex Ferguson's side in a 1-0 triumph.

Ferguson was so incensed he dropped Carrick from the squad for the following game against Wigan – and the memory of that was possibly on the 45-year-old's mind.

He added: "I've been involved in them in the past, so I'm fully aware of what's at stake, what's coming at us on Saturday, what we've got to be ready for, so it's not favourable."

Hull won the Championship play-offs and are back in the top flight for the first time since 2017, while Ipswich finished second behind second-tier winners Coventry. The Tigers have spent £83.5million in the transfer window and Ipswich have broken the £100m barrier – but both clubs are favourites to be relegated.

In contrast, Carrick guided United to third spot and a return to the Champions League last season after taking interim charge in January following Ruben Amorim's sacking.

His players have talked up a title challenge during pre-season – but Carrick, whose side earned 39 points from his 17 games, played down a serious assault on Arsenal's crown.

That is despite picking up more points than the Gunners during that period.

Carrick, who was a key player during the club's last title-winning success in 2013, said: "It's going to be a jump.

"It doesn't really matter whether I say we can or we can't – and I would never say we can't, by the way. I don't believe that.

"It's about what we do, what we can do, what we're capable of doing as a group.

"The run of form from last season gives us confidence but we know there's a whole new step to make.

"It's exciting. We have the potential to achieve things – we will definitely give it everything we can.

"We have to believe that we're a good team and can do good things."

United are expected to have striker Benjamin Sesko and back-up keeper Karl Darlow, who joined from Leeds on a free this summer, in their squad at the MKM Stadium.

The pair did not appear in any of United's six pre-season games but resumed full training this week.

Dutch defender Matthijs de Ligt is not ready for inclusion after his return from a back injury that has kept him out since November 30.

While midfielder Mason Mount is "touch and go" to be added to the squad after he came off with a foot injury in the first half of the 1-1 draw with Paris Saint-Germain two weeks ago.

Mount's injury record has restricted him to 72 appearances in three seasons at United – but he retains Carrick's backing.

The United chief added: "Mason's a top player. We've seen that so far in the pre-season.

"He was one of our best players in the early stages in games he played, and I thought he was fantastic.

"He's picked up a little bit of a knock, there are no dramas. It's nothing major.

"Of course, he's missed some football over recent years and he wants to be fit, he wants to be in that full rhythm and he wants to stay fit.

"So we're doing our best to help him do that, but he's a top player.

"He will be back very soon, if not immediately, so it's all good."

OFF TO A FLIER?

UNITED'S PREM START

Tomorrow	Hull	(a)
Aug 30	Ipswich	(h)
Sep 6	Everton	(a)
Sep 13	Man City	(h)
Sep 20	Fulham	(a)
Oct 10	Tottenham	(h)
Oct 18	Leeds	(a)
Oct 25	Bournemouth	(h)
Oct 31	Chelsea	(a)

RED DEVILS' LAST FIVE PREM SEASONS

2021-22	6th
2022-23	3rd
2023-24	8th
2024-25	15th
2025-26	3rd

MANCHESTER UNITED

Tomorrow, 12.30pm
TNT SPORTS

The Sun TACTICS EXPOSED WITH MIDNITE

SCAN HERE TO WATCH

How Baleba transforms Man Utd

Rashford's razor-sharp

By SAMUEL LUCKHURST

MARCUS RASHFORD looks "sharp" says boss Michael Carrick — but could still leave Manchester United.

The attacker, 28, made his first United appearance since December 12, 2024 in the second half of last Saturday's 4-2 pre-season loss to AC Milan in Poland.

England international Rashford is likely to be in the squad for tomorrow's Prem opener at Hull, with the club yet to confirm his new squad number.

Rashford scored a stoppage-time winner in United's last top-flight fixture at Hull in August 2016 when he was still an 18-year-old.

Carrick has spoken glowingly about Rashford *(right)* since his return to the fold at the club's training camp in Ireland.

However, he declined to answer when asked if Rashford had told him he wanted to stay.

But Carrick said: "He's enjoying his football. He looks fit, he looks sharp, he looks strong, he looks ready to play football.

"So I've been delighted with him since he came back."

Carrick knows Rashford can be an option as a main striker, with United lacking a back-up to Benjamin Sesko.

But Rashford has produced his best football from the left wing.

The Red Devils chief said: "For us to have that option is really good moving through the season."

Meanwhile, United are continuing talks with Brighton over midfielder Carlos Baleba after submitting a £65million bid.

They also want Newcastle left-back Lewis Hall and Arsenal's versatile star Myles Lewis-Skelly.

SHOW US RESPECT . . . defiant Hull boss Jakirovic

Jaki's Tigers jibers score an own Cole

By ROSS HEPPENSTALL

SERGEJ JAKIROVIC stuck two fingers up at Hull's critics and raged: "You are disrespectful and stupid!"

And Tigers chairman Acun Ilicali also weighed in on a row which blew up following savage jibes by ex-England duo Joe Cole and Carlton Cole.

Boss Jakirovic's promoted side have been written off by bookies, ex-players and pundits as relegation certainties.

Tigers fans were left fuming when the duo used their Dressing Room podcast to mock Jakirovic's side on Wednesday.

Joe Cole *(right)* said: "Hull are gone, man. They have spent £70million and I'd be stunned if they stay up.

"They have come in through the back door. They've slipped in."

That prompted outbursts of wild laughter from Carlton Cole *(below)* – although he took to social media last night in an attempt to backtrack on the remarks.

He suggested the pair, both former West Ham players, will do a forfeit if Hull stay up.

But the Tigers boss hit back during his pre-match press conference.

Hull reached the Prem by following up a 2-0 aggregate success over Millwall in the play-off semi-finals with a 1-0 victory over Middlesbrough at Wembley.

Jakirovic said: "It's disrespectful because we earned everything on the pitch. Nobody gave us anything for free.

"We showed we're very mentally strong, especially in the last league game against Norwich.

"It was not easy to win this game and then against Millwall we were better in the two games before we won the play-off final.

"Are we in the Premier League by accident?

"This, for me, is stupid and disrespectful for the club and for the players.

"It's not fair, especially coming from ex-players because they know how hard players work to be in this position. If they were in my position they would fight.

"It's easy to say we'll finish 20th but can they bet on that?

"They can put everything on that, or they can lose. We will see."

Joe Cole, a regular TNT Sports pundit, suggested the broadcaster had tried to book him for Hull's first game at home to Manchester United tomorrow.

The 44-year-old joked: "I put my phone on 'do not disturb'."

However, TNT insiders say he was not lined up for that match.

Hull owner and chairman Ilicali hit back at both Coles.

Ilicali – dubbed Turkey's Simon Cowell – posted on X: "It is disappointing to see my beautiful city criticised by people who should know better.

"We are used to being underestimated and we enjoy it. We enjoyed it more when were promoted last season.

"The true beauty of a place is in its people. That's why, for me, Hull is one of the most beautiful places in the world.

"Seeing two ex-players making fun of a deservedly promoted club, is more laughable than the things they were laughing at."

Jakirovic, 49, is happy for Hull to be dismissed as no-hopers.

He has signed 11 players so far – twice breaking the club's transfer record – but wants another three or four.

The Tigers manager added: "Being underdogs is normal as a newly promoted side.

"Of course, they will put Coventry, Ipswich and us together.

"Some may say Fulham too but it's normal because of how much money we've spent.

"Yet the transfer window is still open and I hope we will bring in more quality, especially up front.

"The Premier League is the best league and I'm proud to be a part of it."

ALONSO . . . focus

ENZO

From Back Page

Fernandez's attitude in training but stopped short of saying he would still be at Stamford Bridge after the end of the window.

Asked if he considered the player's future settled, Alonso said: "He's training well, he's preparing for Fulham on Monday, that's my concern at the moment.

"Enzo is a Chelsea player. He's a top player. He's training really well since he started ten days ago with the team.

"Very integrated and we are happy with him. He's getting ready for Monday.

"He's training really well. I see him with a good attitude. That's what we want. Everyone is trying their best to prepare for the Premier League."

Chelsea declared their own deadline for bids of £120million for Fernandez last week, which passed without formal contact.

They now expect the Argentina midfielder, 25, to stay but remain open to bids above their valuation.

Alonso wants to keep Fernandez, who remains his vice-captain, despite the star trying to engineer a move away since March.

Fernandez was booed by sections of the Chelsea support in a 3-1 friendly win over Real Sociedad on Saturday, though some also chanted his name.

> Enzo is training well...very integrated
> – XABI ALONSO

Alonso is confident he can win fans back, adding: "I'm sure it will happen as this is normal in football.

"Once we start, we need the support and the full commitment of the team and all the supporters.

"Then we're all pushing in the same direction."

Alonso begins his Chelsea reign at Fulham on Monday and expects new arrival Danny Welbeck, 35, to be available despite training individually this week with a small knock.

As revealed by SunSport this week, City considered Wharton, 22, as an alternative to Fernandez.

But Crystal Palace do not want to sell the England man.

Wharton, who joined Palace from Blackburn in 2024, has three years left on his Selhurst Park deal.

New Eagles boss Pierre Sage said: "Now is not the moment to sell.

"He is able to play for a big club here or anywhere in Europe. But one year here, with a new dynamic will be good for him.

"We need him. That's why I think he will stay."

PREMIER LEAGUE 8pm, sky sports talkSPORT

HUNGRY

Arteta: My beasts don't need a kick...

(...but, believe me, I'll give them a kick if needed!)

MIKEL ARTETA is adamant he does not need to motivate his Arsenal players because winning the Premier League has 'created a beast'.

By **SIMON COLLINGS**

But the Gunners boss will be happy to give them a cheeky "kick" if standards ever slip.

Arsenal start their quest to retain the title tonight, hosting Coventry in the season's opener.

The last time the club successfully defended a top-flight title was **91 YEARS AGO**, before the start of World War Two.

But Arteta has no doubts about the hunger among his own squad to finish top of the Prem again.

The Spaniard said: "They don't need any kicks. If they need a kick, believe me, they will get a kick. But they don't need a kick.

"What they need is the realisation of the energy, desire and the passion that they have to go again. It's certainly there.

"Look after each other every day, because we have built something special – and it takes a long time to build it.

"We need to make sure that we look after it daily. That's the most important thing.

"It's like creating a beast, a monster inside you and saying, 'I want to go through it again'. We know what it is going to take. We know we're capable of doing it."

The silhouette of the Prem trophy that Arsenal players walk past on arrival at their London Colney training base is now illuminated to celebrate last season's achievements.

And Arteta is backing his squad to keep the light shining bright this campaign.

The Arsenal boss said: "Immediately after winning the title, the players were talking about what is next and what they want to do.

"They enjoy the company and journey so much that they want to keep this momentum going.

"And they want to keep it with the group of players that we have right now – and that is great.

"We start from scratch, from zero, and we're going to have to prove we have the level to go back to that position again.

"We have the ability to improve, to evolve. That's what I sense and I feel around the club and especially around the players."

One way Arteta has added fuel to Arsenal's fire is with new signings – midfielder Bruno Guimaraes is in from Newcastle for £75million and, at 28, is hungry for trophies.

The same goes for England defender Ezri Konsa, also 28, who is set to sign from Aston Villa for £51m after a medical yesterday.

Winger Christos Tzolis also arrived for £34m from Club Brugge as well as keeper Illan Meslier on a free after leaving Leeds in June.

Arteta said: "New signings bring a new energy, something to prove and obviously competition.

"When you talk about players with that quality and leadership, the same with Christos or with Illan – what they've done since day one, it raises the level."

Arteta said this week how his side are "attacking champions", as opposed to defending champions.

The Spaniard spent this summer on holiday with his family and part of that time involved writing down his thoughts.

Arteta explained: "I felt that I wanted to do it and I enjoyed it.

"It was a period of, again, self-reflection and understanding of where do we want to take this football club, these players?

"What is the journey I want to be involved in? What happens to me and my family, my life, in the next few months and years?

"It helped me. It made me feel better. It gave me energy, it gave me clarity as well. One thing I have to be able to provide is clarity and a clear direction.

"Then I have to have the ability to convince all of them that this is the right way to go."

Arsenal have full faith in Arteta but they now have a target on their backs and tonight's clash against Frank Lampard's promoted Coventry – back in the Prem after a 25-year absence – kicks off nine months of solid pressure.

Arteta said: "You give me the choice, I want to be first, I want to be hunted.

"And I want to be in control of our future, rather than having to depend on somebody else."

ARSENAL v COVENTRY

EYES

SPOTLIGHT . . . Saka with new boy Guimaraes

THUMBS UP . . . Lampard is prepared for Arsenal's threat

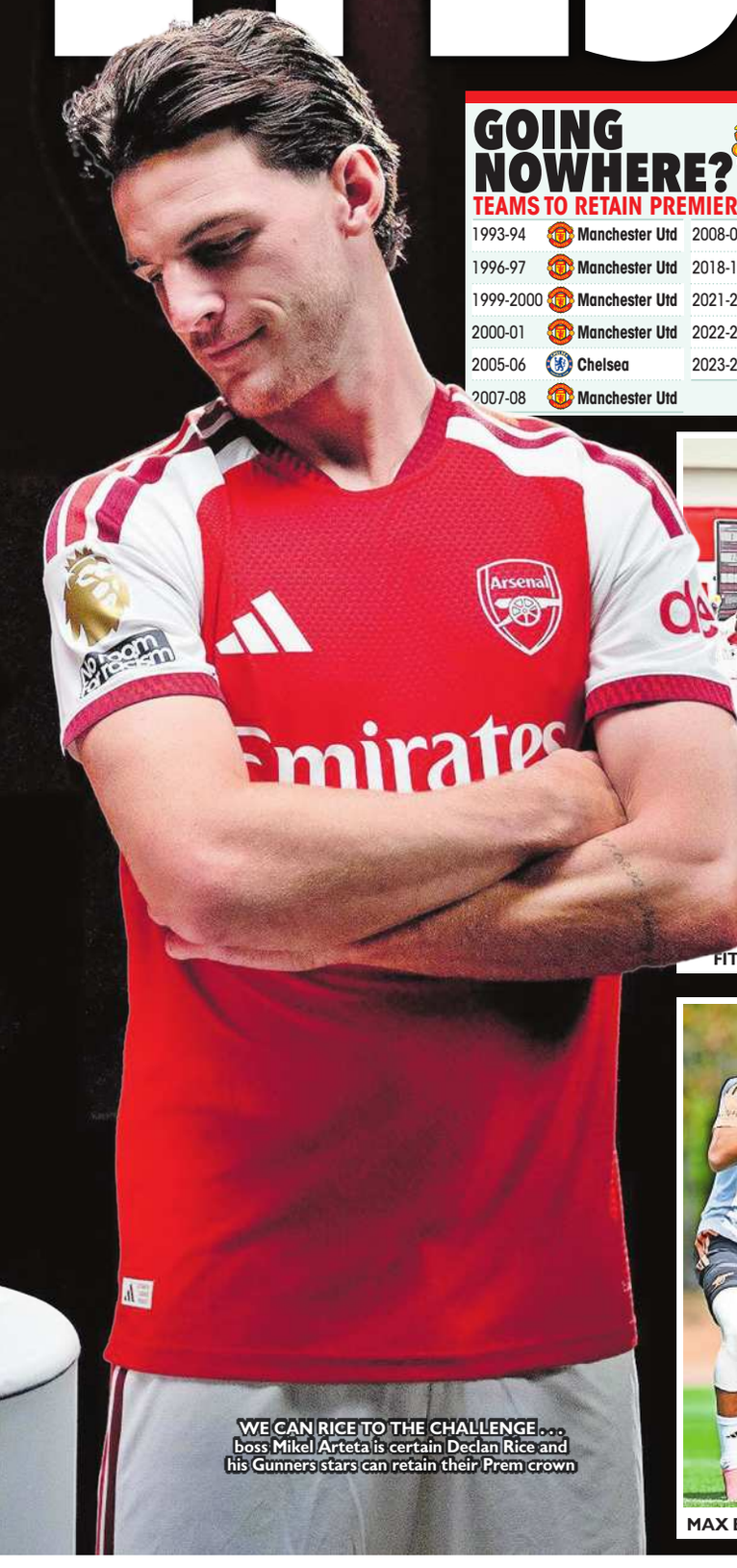
GOING NOWHERE?

TEAMS TO RETAIN PREMIER LEAGUE

1993-94	Manchester Utd	2008-09	Manchester Utd
1996-97	Manchester Utd	2018-19	Manchester City
1999-2000	Manchester Utd	2021-22	Manchester City
2000-01	Manchester Utd	2022-23	Manchester City
2005-06	Chelsea	2023-24	Manchester City
2007-08	Manchester Utd		

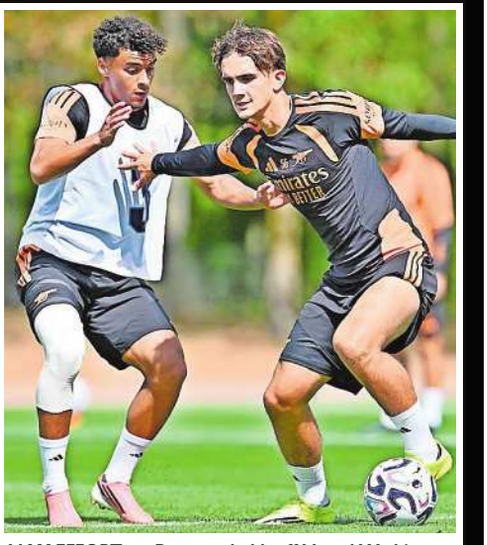
ALL-TIME TOP-FLIGHT CHAMPIONS

20	Liverpool, Manchester Utd
14	ARSENAL
10	Manchester City
9	Everton
7	Aston Villa



WE CAN RICE TO THE CHALLENGE . . . boss Mikel Arteta is certain Declan Rice and his Gunners stars can retain their Prem crown

FITS THE BILL . . . Bukayo Saka in the gym yesterday



MAX EFFORT . . . Dowman holds off Marcel Washington

Lamps all set for tough test

By CHARLIE WYETT

FRANK LAMPARD is ready for set-piece kings Arsenal.

His Coventry side won the Championship last season with the best defensive record.

But the Sky Blues face the ultimate test at the Emirates tonight on their return to the top flight after 25 years away.

The Gunners netted 25 goals from set-pieces on their way to winning the title last season.

Boss Lampard, who has spent nearly £130million on new players this summer, said: "We're always attentive on set-pieces.

"Arsenal have proved themselves to be the best in the world at set-pieces and very, very strong at both ends.

"So we have given that firm detail to the players.

"We respect Arsenal greatly. We should do because of what they've achieved with the squad that they've built.

"But it doesn't mean you play with too much respect.

"I don't think people will judge us too much on one game and say what that might mean for our season because we're winning or losing at Arsenal.

"Those things are not going to define our season.

"Consistency over the course will do.

"But it will give us a good feeling to show this team – which played with so much spirit, energy and quality last year – can go up and show itself at this level.

"So I am absolutely focused on our performance against Arsenal no matter what result will come."

Teenage forward Sidiki Cherif, 19, is Lampard's latest signing, with Coventry owner Doug King bringing in eight players so far.

But Chelsea legend Lamps knows Coventry's total spend can often be the fee for just one player at some clubs.

He said: "It's more difficult for Doug than for me but it's something that we have to understand because it is where the Premier League is at.

"What we have to do is to try and get the value that we want.

"We're not going for the £100million players – that's clear, but that's fine.

"I understand that the owner has to run the club in a smart way and we did that in the Championship.

"We came in and it was a well-run club and it's not for me to say, 'Let's just change the strategy'. It absolutely isn't.

"I have to understand what I'm working with.

"So those things when you go to the Premier League are obviously challenging.

"But again, that's OK. I'm not here to complain about that."

MIK'S GRILL

From Back Page

this?' It doesn't go through my eyes. It goes more through my ears, with Dan and Kate (Arsenal's press officers). They feed me what is going on.

"The rest, I just focus on information from Andrea (Berta, sporting director), the board, or Josh (Kroenke, co-chairman), to see where we are with transfers."

Arsenal will take their summer spending close to the £200million mark when they complete the signing of Ezri Konsa (*right*).

The England defender had a medical yesterday and is due to join from Aston Villa for £51m.

Now, the Gunners want to sell players before the transfer window shuts.

But one player who will not be leaving is MLS, 19. Asked if the midfielder will still be an Arsenal player when the window shuts, Arteta said: "100 per cent.

"Players raised in our system feel a love and connection with the club. We want to protect those assets, develop them and make them extremely important."

Arteta hinted that Martin Zubimendi will stay, after being linked to Real Madrid, calling him "a really important player".

Arsenal have been hunting a left winger – and failed in pursuits of Morgan Rogers and Vinicius Jr.

Juventus' Turkey star Kenan Yildiz, 21, is admired but not for sale.

Arteta said: "If we can add more, we will try to – but only if it makes us better than last year."

thesun.co.uk/sport

Sun Sport

City's Enzo lift

By JACK ROSSER and JOSHUA HALL

MANCHESTER CITY received a boost in their pursuit of Enzo Fernandez — as Chelsea boss Xabi Alonso refused to rule out the midfielder leaving.

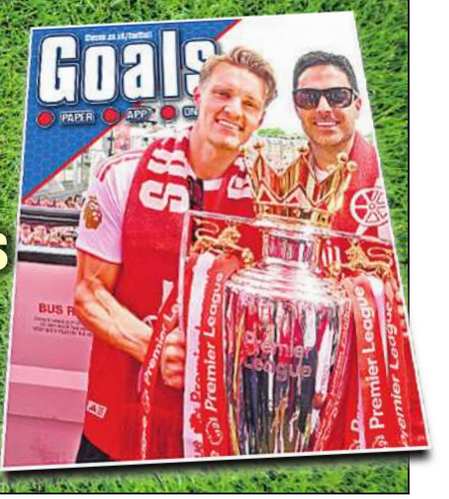
The Blues star *(left)* is a City target, with Crystal Palace yesterday issuing a hands-off warning over Adam Wharton. Alonso praised wantaway

Turn to Page 54

TODAY

TOMORROW

All the Prem match previews ...Goals pullout returns



IT'S BACK! ARSENAL v COVENTRY 8pm

Child's play

MIK'S GRILLED BY KIDS OVER TRANSFER LINKS

By SIMON COLLINGS

MIKEL ARTETA is blocking out the transfer window noise — except when his kids quiz him on the latest player links.

The Arsenal boss confirmed "100 per cent" the Gunners will not sell midfielder Myles Lewis-Skelly, amid interest from Chelsea and Manchester United.

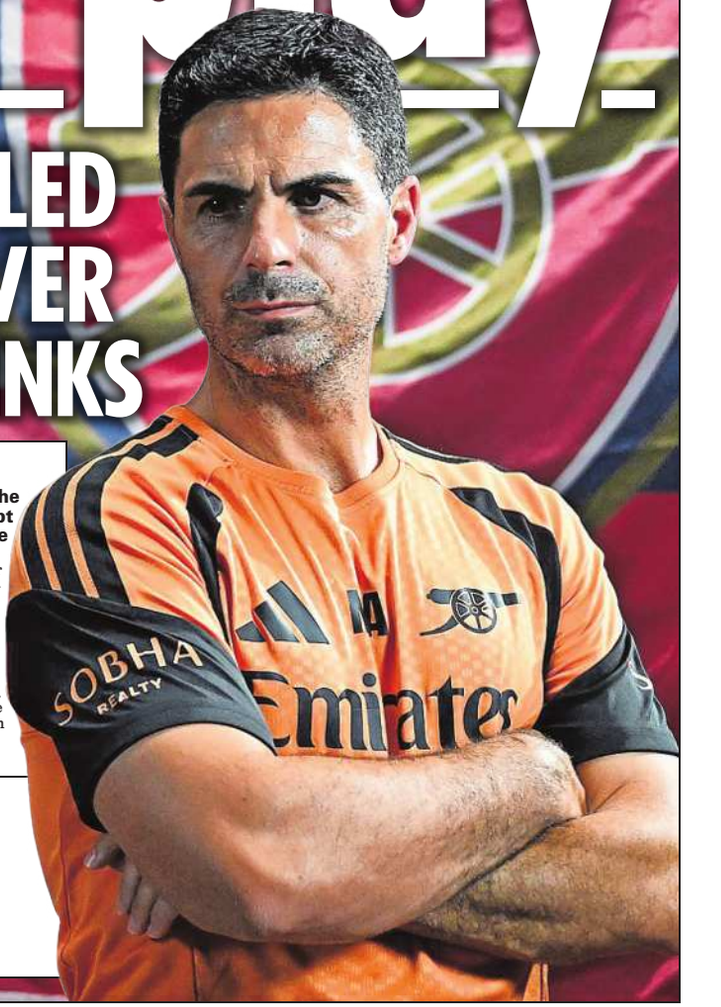
But the club wants to add an attacker before the September 1 deadline.

The Prem champs, who begin their defence at home to Coventry tonight, are looking at a host of different names.

Arteta said: "My kids, they say, 'Are you signing him? How close are we with

Turn to Page 55

FOCUS . . . Gunners boss Arteta is primed for Prem title defence



© NEWS GROUP NEWSPAPERS Ltd, 2026. Published in print and all other derivative formats by News Group Newspapers Ltd, 1 London Bridge St, London, SE1 9GF, 020 7782 4000. Printed by: Newsprinters Holdings Ltd, Great Cambridge Rd, Waltham Cross, EN8 8DY, Kitling Rd, Prescot, Merseyside L34 9HN and Byramsmuir Rd, Holytown, Motherwell ML1 4WH; Webprint, 2023 Bianconi Avenue, Citywest Business Campus, Dublin, Ireland; KP Services, La Rue Martel, La Rue des Pres Trading Estate, St Saviour, Jersey, JE2 7QR. For permission to copy articles or headlines for internal information purposes contact NLA media access at copy@nla.co.uk, or telephone 01892 525273. For all other reproduction and licensing inquiries contact Licensing Department, 1 London Bridge St, London, SE1 9GF, telephone 020 7711 7888, e-mail enquiries@newslicensing.co.uk

FREE 8-PAGE GUIDE

THE Sun

BACK TO SCHOOL SPECIAL

How to fill lunchboxes from just 33p
Page 3

TEN big back to school bargains
Page 4&5

Banging bank hol burgers for £2.87
Page 7

By JANE HAMILTON

IT'S been a long, hot summer – but now it's time to prepare for the new school year.

And The Sun has everything you need to get your kids lesson-ready on a budget.

Our brilliant back-to-class pullout brings you stationery best buys, last-minute uniform essentials, great lunchbox ideas and much more.

We even have tips on making the most of the season's last bank holiday on Monday, August 31.

Read on to learn more. We've done the homework so you don't have to!

HELPING YOU BEAT THE BILLS

TIPS AND TRICKS TO MAKE YOUR MONEY GO FURTHER

Got back-to school in the bag?

LIDL
More to Value.

Lunch for under £1*

Tesco
£1.09

Lidl
75p

Packing a winning lunch is More to Value.

LIDL
More to Value.

Subject to availability. Selected stores. *Price per lunch pro-rated on serving suggestion of 5. Purchase of full packs necessary at additional cost & leaving leftovers. Excludes lunchbox. GB Only. Prices correct and checked at tesco.com on 19.08.26. Prices and packaging may vary. Tesco may sell other products at other prices. See lidl.co.uk/savebig for more details.

Coronation egg mayo rolls

(Serves six)

Preparation time: 20 minutes.

Cooking time: 10 minutes.

THESE curried egg mayo rolls bring big flavour without the fuss. Make the filling in advance, then stuff into wholemeal rolls and take to a picnic or pack into a lunchbox the next day.

Total cost: £3.10 Cost per serving: 52p

YOU NEED:

5 medium eggs
1 lemon
150g light mayonnaise
2tsp mild curry powder (add to taste)
1tbsp mango chutney
2 celery sticks
6 soft wholemeal rolls
65g baby leaf salad leaves

METHOD: Bring a pan of water to the boil.

Carefully lower in the eggs and set a timer for ten minutes.

Meanwhile, prepare a bowl of ice-cold water.

After ten minutes, use a slotted spoon to plunge the eggs into the ice-cold water.

Once cooled, peel the eggs and chop into small chunks.

Zest the lemon.

Put the mayonnaise, curry powder, mango chutney and lemon zest in a medium bowl.

Stir to combine and season to taste with salt. Finely chop the celery sticks and add to the curried mayo, along with the chopped eggs.

Fold through until combined.

Split open the wholemeal rolls.

Top each base with a small handful of salad leaves and spoon the egg mayo mixture on top.

Pop the bun lids on to finish.

***Costs per serving based on proportion of ingredients used**

Blueberry and lemon muffins

(Makes 12)

Preparation time: 12 minutes.

Cooking time: 20 minutes.

Total cost: £3.96 Cost per serving: 33p

YOU NEED:

140g soft unsalted butter
140g caster sugar
3 medium eggs
1tsp vanilla extract
Zest of 1 lemon
140g self-raising flour
100g blueberries
Icing sugar to dust

METHOD: Preheat the oven to 200C, fan 180C, gas mark 6. Line a 12-hole muffin tin with paper or silicone cases.

Add the butter, sugar, eggs, vanilla extract, lemon zest, flour and a pinch of salt to a mixing bowl and blend with an electric whisk until you have a lovely smooth batter.

Stir in the blueberries, then divide evenly between the cases.

Bake for 15 to 20 minutes or until golden and risen.

Transfer to a wire rack to cool, then dust with icing sugar to serve.

IF the thought of making school packed lunches for the next year fills you with dread, don't despair. We asked kids' food expert Caroline Job how to ensure youngsters eat every bite and return home with an empty tub each day.

Caroline, *left*, who shares her ideas on YouTube and Instagram at Lunchbox World, has a feast of bite-sized tips.

Get started with the tasty recipes at recipes.lidl.co.uk.

THINK OUTSIDE THE LUNCHBOX

How to get kids to eat every scrap

1. PLAN AHEAD

KEEP your cupboards and fridge stocked with lunchbox staples so you can quickly put together balanced lunches without any last-minute supermarket trips.

Planning for the week helps to reduce waste and save fuel.

2. BOX OF FUN

KIDS are more likely to munch if their lunch looks appealing.

Use bright, reusable silicone cupcake cases to separate snacks, add colour and stop different foods touching. It will be more attractive if the items don't all spill into each other.

3. BITE-SIZE BRILLIANCE

CHOP fruit, vegetables and sandwiches into small pieces so children can eat them quickly during short lunch breaks.

Also, make it fun. Cut things into different shapes using cookie cutters or thread them on to mini wooden skewers.

4. EASY PICKINGS

MAKE sure little ones can actually open their lunchbox and unwrap all the different elements. With limited time to eat, they might give up if you don't make it easy for them.

5. GO LARGE

INSTEAD of paying more for individual snack packs, buy larger bags of treats, yoghurt or cheese and divide them into reusable containers or lunchbox compartments. It's a sure-fire way to save a packet.

6. LOVE YOUR LEFTOVERS

LEFTOVER pizza can be cut into mini triangles for next-day lunchboxes, while pasta with pesto can be cooled for an on-the-go school lunch.

If you have vegetables spare from last night's dinner, you could stir them into whisked eggs to make mini egg muffins.

7. SLICE AS NICE

WHOLE apples and other fruits often come home untouched, so chop fruit into easy-to-eat pieces which will make it more enticing.

Halved grapes, sliced peaches, strawberries, melon and mango are all good options.

8. TRY-IT-YOURSELF

YOU can buy branded kits to make crackers, ham and cheese but do it yourself for less money, putting all the elements in a lunchbox and leaving your kids to create their own.

9. KEEP IT COOL

FREEZE a tube of yoghurt before adding it to the lunchbox.

It will help keep sandwiches and snacks cool.

10. MEET AND EAT

IF you are picking up from school, come armed with a snack to avoid hangry outbursts on the way home or on the journey to after-school clubs.

A banana or oaty treat should do the trick, along with a fresh bottle of water.

11. SLOWLY DOES IT

A LUNCHBOX may not be the place to introduce new flavours to your child. You might have better luck at your evening meal instead. Whenever you do it, try pairing a favourite dish with one new element, like an unfamiliar fruit or vegetable.

Bargain buys to try

■**IT'S CRUNCH TIME:** Opt for own-brand to save money and get a multipack of ten bags of Tesco Cheese Puffs for £1.85.

■**YOG-ON:** Buy in bulk with three selected lunchbox items for the price of two at Sainsbury's, including a six-pack of Sainsbury's Greek style yoghurts, £1.10.

■**GOOD TO GO:** Pack in goodness with Vemondo falafel from Lidl, £1.49.

■**BRAND BARGAINS:** Buy brands when they're on offer, like Philadelphia soft cheese, 165g, down from £2.24 to £1.35 at Asda.

■**COOL CUSTOMER:** Freeze yoghurt pouches, like Tesco's Creamfields four-pack for 99p, to help keep lunchboxes cool.

■**PRICE CHOP:** Save by avoiding pre-prepped fruit. Cut up a galia melon for £1 down from £1.47.

BAG YOURSELF A WRITE BARGAIN WITH GREAT KIT

ALL ADDS UP . . . solve tricky equations with the green Casio Classwiz Plus scientific calculator, down from £17 to £13 at Asda

ON THE CASE . . . lemons pencil case, down from £9 to £6 at TGJones

MAKE A NOTE . . . stock up on Pukka A4 Core Jotta notebooks, down from £4 to £3 at Tesco with a Clubcard

IN THE BAG . . . pack for the day with the Puma backpack from Lidl, £12.99

BLACK AND WRITE . . . scribble away with a pack of ten zebra pens from The Range, £1.99

HEAT AND EAT . . . prepare for colder weather with the Decor vacuum insulated food flask, £8 at Argos

LUNCH ON THE GO . . . carry everything in the cherry lunchbag from Dunelm, down from £5 to £3.50

TOTES ORGANISED . . . be ready for the new term with our sackload of essentials at great prices

Follow sch rules for t class savi

ON EVERYTHING FROM SHOES

SMART CHECKS

AVOID an expensive back-to-school shopping spree by checking what you already have.

Kids may ask for pens and colouring pencils, but look in the cupboard before you go out and buy new. There may be some stashed in there.

The same goes for lunchboxes and water bottles. Check for cracks or leaks, then pack them for another year.

If you do need to buy fresh supplies, take advantage of the back-to-school sales.

It could be worth purchasing pens, glue sticks and highlighters for the full year ahead if you find a great deal.

Own-brand is likely to be as good as more well-known products.

A Sainsbury's 36g glue stick is £1.25 compared to £2.25 for a 22g Pritt Stick.

TRIP TIPS

CLASS days out and residential trips are planned months ahead, so ask for details at the start of the school year so you can budget in advance.

You may be able to get financial help if you are going to struggle with the cost.

At the same time, request advance notice of inset days.

Knowing the dates could help you plan holidays or cheaper days out when most children are in school.

ON YOUR MARKS

USE name tags, a stamp or marker pen to put your child's name on anything they take to school.

We rate the £14.99 stamp and ink pad kit available from stamptastic.co.uk. Mark smaller items, such as pens and colouring pencils, with a dot of nail varnish so they get put back in the right pencil case.

SHOE IN

TO get money off school shoes, check cashback sites.

You can get 5.5 per cent cash-back on Clarks by using a gift card bought through cashback app JamDoughnut.

Signing up to emails from shoe brands may also net you a discount. At Schuh, you can recycle shoes from any brand to get £5 off a new pair. The Kickers Reskinned service gives you £15 to spend when you send a pair of old Kickers back.

You can also pick up cheaper reconditioned shoes at reskinned.clothing/kickers/kids.

Lidl's back to school deals have shoes from £6.99.

MEAL MATHS

FREE breakfast clubs continue to be rolled out for primary school pupils in England.

Around 1,400 more schools will begin offering free breakfast clubs from September, taking the total number participating to over 2,700 schools across England.

Using the clubs, which provide kids with a free breakfast and free childcare at the start of the day, could save families up to £450 a year per child, as well as offering around 95 hours of free childcare.

FOOT FIT

IF you are buying shoes online, make sure you get the right size.

Find instructions on how to measure at home at clarks.com or startriteshoes.com.

You can also buy a plastic foot measurer from £2.99 on Amazon.

SCHOOL SAVINGS

IF you add up all the extra school-related costs over the year, you'll likely be looking at hundreds of pounds.

Avoid being caught out by creating a savings pot. Check if your bank account offers this and, if not, put money aside at home.

That way, you won't be caught out by cake sales or donation days.

MAP YOUR ROUTE

DON'T forget the cost of simply getting

TO give PE let your ki musty in a That just rid of mud Add half a soda to you washing pow A paste vinegar patches If stain dete toot L bef

THE almost school u Simply ge other clothe home.

Wearing s less wear ar

nool top ngs

TO STATIONERY

EARN a gold star by following our ten great tips for cutting back-to-class costs.

From getting kids a free breakfast to making sure everything is labelled, swot up now to save money throughout the school year.

DRAW ON SUPPLIES . . . check cupboards at home for colouring pens and other stationery before buying new

o school.
With high
trol prices,
ving can soon
up. Compare with
transport and check
the cheapest route.
what local travel passes give
or kids.

CLEAN UP

kits a longer life, don't ds leave items to go bag.
makes it harder to get and sweat stains.
cup of bicarbonate of ur detergent for extra er.
of bicarb and white can help tackle sweat s.
clothes come home with s, pour on laundry rgent and rub with an old thbrush.
eave to sit for 15 minutes ore washing as normal.

QUICK CHANGE

RE'S an easy way to get double the wear out of a niform.
et your kids to change into s as soon as they arrive

chool gear less will mean d tear on your wallet.

'Around 1,400 more schools will begin offering free breakfast clubs from September'

WAYS TO SAVE ON COSTLY UNIFORM

ONE in five parents spends more than £150 a year on school uniform per child, while three-quarters fork out between £51 and £200, according to financial advisory service Money Wellness.

It found half of families are not aware of the new school uniform rules coming in next month.

From September, schools in England will only be able to ask parents to buy a maximum of three branded uniform items per child (four or fewer items for secondary and middle schools) – a move designed to make kitting out the kids more affordable.

While the big school uniform sales happen in June and July, you can still pick up great deals if you know how.

Look out for supermarket savings during the school year. If there's a deal on clothes, like a 20 per cent off offer, which happens often, it will usually include uniform, too.

Check out uniformerly.co.uk, a marketplace dedicated to preloved school uniforms, where you can also sell your own items.

Along with Vinted and Facebook Marketplace, it's a good way to find kit.

When it comes to shoes, head to the outlet shops to pick up a pair for less. At clarksoutlet.co.uk you get 20 per cent off when you buy two pairs of shoes from a selection, already discounted, or buy two items and get the third half price.

Sizes are limited, but you might be lucky and snag a real bargain. At Deichmann, you can also buy one pair and get another half price.

You can earn big points for being a Lidl bit loyal

LOYALTY apps are one of the smartest ways to save money on your weekly shop.

And Lidl's revamped Lidl Plus scheme makes it even easier to save as you spend.

Instead of selecting offers like some supermarket schemes, the "Lidl Points" system – launched earlier this year – is personalised.

So you get to choose exactly what you want to spend your rewards on.

Lidl points (you get one point for every £1 you spend in-store) can be exchanged for either money-off coupons or free items from a huge range in-store.

You can collect and then save your points for up to two years, making it super-simple to put them aside for Christmas or a blow-out big buy.

Every week, there are new "extra points" for a little earning boost.

And the app also highlights selected items with up to 50 per cent off the regular points price.

As an extra thank-you, shoppers will receive a unique set of up to ten weekly coupons, with great discounts on products you buy regularly. New coupons appear in the app every Thursday, but remember to activate the deals before you shop.

New to Lidl Plus?

Every new user will get 100 points for free when they sign up, plus two coupons valid till the end of August – one for a free bakery treat and the other for a free fruit item once you spend a minimum of £5.

You can even use the 100 free points you get for joining immediately on dozens of items, such as baked beans, instant noodles, brioche burger buns, tomato ketchup, mouthwash, a five-pack of bananas and tasty chocolate blocks.

So get straight to the points and start saving by downloading the Lidl Plus app today.

SCAN THE CODE TO DOWNLOAD THE NEW LIDL APP

READY to bank on some brilliant savings? It's the last long weekend of the summer and stores are holding end-of-season sales to clear out stock in time for autumn. Here's how to make the most of every penny and be set for the months ahead.

Banking on

Leather Shoes
£6.99

Assorted Sistema Lunch Essentials
£3.99

Character Backpacks
£4.99

Stationery Assortment
£1.99

Being school-run ready is More to Value.

Find these and loads more back-to-school essentials in store now.

LIDL
More to Value.

Subject to availability. Selected stores. GB only. Prices correct on 19.08.26. Prices and packaging may vary. Leather shoes, £6.99. Sistema Drinks Bottle, £3.99. Sistema Sandwich box, £3.99. Character backpack, £4.99. Stationery Assortment, choose from a pencil sharpener, Tippex, pens or pencils, £1.99.

SIX ways to maximise summer savings

1 HUNT down a "between seasons" bargain: The scorching summer means shorts and sundresses have almost sold out, but there's plenty of stock left of other seasonal items such as lightweight jackets, cardigans, summer jeans and dresses with longer sleeves. Grab something from these ranges, which you can wear into autumn and again in spring. Prices are up to 70 per cent off.

2 SEARCH for end-of-season sales: With the summer coming to an end, garden furniture, barbecues, camping gear and paddling pools are on sale, with up to 60 per cent off. The GoodHome Attaia gas burner BBQ was £400 but is now £150 at B&Q.

And the Keter Emily four-seater garden seating set in dark grey was £150 and is now down to £99 at Argos.

3 STOCK up early for Xmas: It's never too soon to get organised for the festive season.

With only around four months to go until Christmas Day, use the Bank Holiday sales to snap up suitable early gifts and food items which will last, such as champagne and spirits.

4 DASH to a "flash sale": Many big-name stores offer long weekend flash sales, with offers lasting from 72 hours to just 24 hours.

Check retailer websites and apps and sign up for marketing alerts so you don't miss out when prices drop. Discounts can be as much as half price.

5 ADD a Bank Hols discount code: Check out sites such as MyVoucherCodes to track down an extra online discount. Don't forget free delivery codes for online shopping, too.

6 CONSOLE yourself: Price tracking site Idealo claims that the Bank Holiday and September are the cheapest for electronics such as tablets and gaming consoles, plus air fryers.

Lidl is offering the on-trend pastel pink 4.7L Silvercrest air fryer for just £29.99.

a hot deal?

Teriyaki Glazed Burgers with Sesame Slaw

(Serves: 4)

Preparation time: 15 minutes.

Cooking time: 15 minutes.

YOU NEED:

Half a tsp toasted sesame seeds
80g mayonnaise
Juice of 1 lime
1 tsp honey
Half a tsp sesame oil
120g savoy cabbage
15g fresh ginger
2 spring onions
2 tsp olive oil
4 Aberdeen Angus quarter pounders
70g teriyaki marinade
4 brioche buns

METHOD: Heat the sesame seeds in a large frying pan over a medium heat until golden.

Immediately transfer to a large bowl.

Allow to cool slightly, then add 40g mayonnaise, the lime juice, honey and sesame oil, and stir together.

Shred the cabbage, cut the ginger into sticks and finely slice the spring onions, then add to the mix and stir to combine. Season to taste.

Heat the oil in a large frying pan over a medium heat.

Once hot, add the burgers and cook for 15 minutes or until done, turning often. During the last seven minutes, baste the burgers with the teriyaki marinade, basting and turning often until all the marinade is used.

Transfer to a plate and leave to rest for five minutes.

Split and lightly toast the brioche buns.

Spread the cut sides with the remaining mayonnaise.

Add half the slaw to the bottom buns, top with the burgers, followed by the bun tops. Serve.

For added colour, sprinkle with a bag of side salad.

Subject to availability. Selected stores. GB only. Prices correct and checked at asda.com and in store on 17.08.26 & prorated based on weight/size. Excludes promotional prices. Prices and packaging may vary. Saving based on these branded and own-brand goods at Asda vs the cost of an equivalent product meeting the same need at Lidl. Asda may sell other products at other prices. For full list of products compared please visit lidl.co.uk/save

Giving your fridge a fresh start is More to Value.

Save up to 54%

Red Grapes
500g
Regular price £3.78/kg
Lidl Plus price £2.98/kg
20/08/26 - 26/08/26‡

£1.89
With Lidl Plus
Save 21%
£1.49

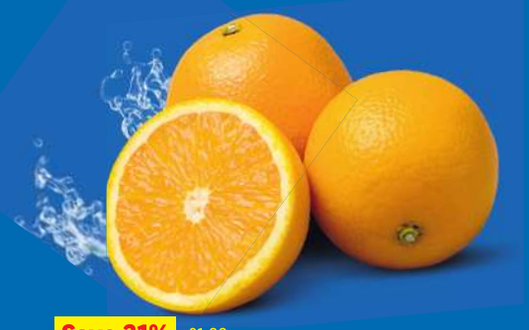
Plums
1kg
Regular price £1.99/kg
Lidl Plus price £1.59/kg
20/08/26 - 26/08/26‡

£1.99
With Lidl Plus
Save 20%
£1.59

220g

Green Beans
220g
Regular price £3.86/kg
Lidl Plus price £1.77/kg
20/08/26 - 26/08/26‡

85p
With Lidl Plus
Save 54%
39p



Save 31% ~~£1.89~~
£1.29

Large Oranges
4 Pack, 32.3p/orange

Save 28% ~~69p~~
49p

Figs
Loose, 49p/fig

Save 21% ~~£1.39~~
£1.09

Galia Melon
Each, £1.09/melon

Retail Industry awards 2025
FRESH PRODUCE RETAILER OF THE YEAR MULTIPLE
WINNER

Pick of the Week in store from Thur 20/08 to Wed 26/08

LIDL

More to Value.

‡18+. GB Only. T&Cs apply. See Lidl.co.uk/LPTV. Offer valid 20.08.2026 to 26.08.2026. British Green Beans, 220g, 85p, Regular price, £3.86/kg, Lidl Plus Price, 39p, £1.77kg. Plums, 1kg, £1.99, Regular price, £1.99/kg, Lidl Plus Price, £1.59, £1.59kg. Red Grapes, 500g, £1.89, Regular price, £3.78/kg, Lidl Plus Price, £1.49, £2.98/kg. Large Oranges, 4 pack, £1.29, 32.3p/orange. Figs, Loose, 49p, 49p/fig. Galia Melon, Each, £1.09, £1.09/melon. Subject to availability. Packaging may vary.

Close Kal Col

KEANE CLINGS ON IN OAKS BATTLE

By JACK KEENE at York

COLIN KEANE let out a big sigh of relief as super mare Kalpana dug deep to win the Yorkshire Oaks.

Andrew Balding's star was running on fumes at the line but did enough to keep her head in front of running-on Sparan Nua.

Keane (*below*) had to kick a long way from home as pacemaker Sugar Island looked to have stolen a march with none of his rivals seemingly happy to chase the hare.

And he nearly paid for his exertions but Kalpana came to the rescue again.

Keane said: "The line came at the right time!"

The likeable five-year-old has been one of the stars of the season and as for Balding, his golden summer is now diamond-encrusted.

Just 24 hours after Item won a Juddmonte thriller, he got his hands on the £600,000 feature to headline a fabulous 1,832-1 four-timer.

The Lost King (7-1) kicked things off with an easy win before Prizeland (11-1) scurried clear in the Galtres and Machadadorp (9-1) struck

Turn to Page 3

AND BREATHE . . . Kalpana just holds on from fast-finishing Sparan Nua in Yorkshire Oaks

8-PAGE YORK EBOR SPECIAL

THE Favourite

Friday, August 21, 2026

EASY RIDER!

Surf the Wave with George ace at York

WAVE POWER . . . Wave Rider

By TEMPLEGATE (Steve Mullen)

GET set for another heat Wave at York today.

WAVE RIDER (4.10 York, nap) can make the bookies sweat as he steps up to what should be an ideal distance.

This four-year-old hasn't been with talented trainer George Scott (*below*) for long and, after a spell in Bahrain, he made his UK debut for the yard at Goodwood last month.

He was held up much too far off the pace by Oisin Murphy and, as often happens on the Downs, he was blocked a couple of times when trying to make his challenge.

There was plenty of petrol left crossing the line and this extra quarter-mile should be right up his street.

That effort has seen his handicap mark drop back below 100 and the first-time cheekpieces may well sharpen him up too.

He was entitled to need that last run after a break and should be spot on here with a lot longer up York's straight to hit top speed and get the job done.

FIRST PAST THE POST FOR RACING

The biggest and the best pullout

. . . SEVEN DAYS A WEEK!

Favourite WE'RE THE BIGGEST AND BEST

TO Bacio or not to Bacio?

That is the question . . .

What a week it has been at York with big-race drama and surprises.

Today it's all about speed and the unknown quantity called Bacio, who bids to land the feature Group 1 Coolmore City Of Troy Nunthorpe Stakes on the back of a facile handicap success at Royal Ascot.

The US raider, trained by Wesley Ward (*below*), blitzed his field at Royal Ascot in the Palace of Holyroodhouse. But having been rated just 100 on that occasion, can he now see off mainly seasoned Group performers having been upped to a mark of 114?

The answer, of course, is yes he can. But I suspect it won't be easy as he will face a ferocious battle for the lead.

Added to all that, he was very much on a favoured part of the Berkshire track back in June.

I'm siding with **MISSION CENTRAL** (3.35), who I feel might just be overpriced for bang in-form Aidan O'Brien and Ryan Moore.

The Group 1 King Charles III winner flopped last time in the July Cup, but that was six furlongs and maybe he just wants to close in late over the minimum distance.

The son of No Nay Never didn't look happy at all in the closing stages at Newmarket and it's a case

Stick with Ryan to hit Bac in Nunthorpe

of just forgetting the run. He's got loads of talent when on song and should enjoy running at an electric pace. Let's hope he's in the mood.

Day three of the Ebor Festival – once again live on ITV – gets under way with a handicap for the Classic generation over a mile. **JEDDAAL** (1.50) is interesting for Kieran Shoemark and Ed Walker.

The improving gelding has looked like a strong stayer at this trip this season so there was no surprise when he was ridden prominently in a very competitive race against older horses at Thirsk last time.

He didn't quite see it out there and I think positioned with a little bit more restraint, he can be bang in the mix. An each-way play.

The Group 2 Weatherbys Lonsdale Cup is over an extended two miles.

MOUNT ATLAS (2.25) shouldn't be good enough for a race like this but it's not a strong renewal and he has solid each-way claims.

Andrew Balding's runner loves this track and there is a chance he can improve a little more over this trip. He stayed on strongly at this course last time to deny Tabletalk over a mile and six and should be in the mix. PJ McDonald is on top.

Next is the Group 2 Al Basti Equiworld Dubai Gimcrack for juvenile colts and geldings over six furlongs.

ARAPAHO GOLD (3.00) looks the real deal after his win at Newbury last time in the Rose Bowl.

I was reporting at the track that day and he was very impressive in maintaining his unbeaten record.

He did so despite taking a bump and he showed a good attitude. A big runner for Connor Beasley and Michael Dods.

Finally, a handicap over a mile and a half. **ZANNDABAD** (4.10) is a funny old thing, and can't be backed with any confidence. That said, he'll be dropped out the back by Jamie Spencer and if they go hard he might just pick up a few pieces.

Tony Martin's boy is down to a mark of 89, the lowest he's ever been in a Flat handicap and he wasn't disgraced at Newcastle last time. I'll risk a few quid each-way and pray! *Yeeehaaa!*

ROYAL FEAST . . . Bacio hacks up in a handicap at Royal Ascot

Templegate's Pinstickers' guide

NIGHT RAIDER can leave his Nunthorpe rivals in the dark (3.35 York).

By STEVE MULLEN

Karl Burke's flyer was in sizzling form earlier this season and his Temple Stakes win at Haydock was high class.

He copped a bad draw at Royal Ascot and isn't the first horse not to handle Goodwood.

Back on a conventional track from a good draw, he'll be right there under James Doyle.

American speedball **Bacio** is a threat provided it doesn't get too soft along with **American Affair**, **Mission Central** and **Rayevka**.

Here's my guide to the field:

AIN'T NOBODY ★★
NO thanks. Second in this last year at 100-1 but that remains a blip and recent form has been modest. Handles good to soft and good draw but needs a major revival to figure.

AMERICAN AFFAIR ★★★★
AFFAIR chance. Back to his best when landing a 5f Group 2 at Goodwood last time and is already a Group 1 winner. Effective on good to soft, has won here and well drawn. Major player.

COVER UP ★★★
COVER driver. Produced a career best when swooping late to win a 5f Group 2 at the Curragh. Best at this trip and handles any ground. Likes to come late and high draw iffy.

JM JUNGLE ★★
JUNGLE fever. Sixth in this last year and solid third on last York run before a decent Goodwood effort. Tries blinkers here but draw tough so needs very best.

NIGHT RAIDER ★★★★★
NIGHT fever. Below par at Goodwood latest but earlier won Group 3 and Group 2 contests over 5f. Any ground suits, this is his optimum trip and a return to his spring best gives him leading claims from a good draw.

PARTISAN HERO ★★
NEEDS a hero. Improved since switching back to sprinting, winning here before Group 3 and Group 2 placings. Good ground and 5f suit, cheekpieces return, but he's short of this level.

REDORANGE ★★★
RED alert. Beat several of these in C&D Listed event last time, having won at Windsor this term. Any ground is fine and he likes it here but this Group 1 demands a career best from stall 18.

RUMSTAR ★★★
RUM do. In excellent form, winning a Group 3 before chasing home **American Affair** at Good-

GOOD NIGHT . . . Night Raider can deliver for trainer Karl Burke (*below*)

NIGHT NURSE

Canny Karl has just the tonic for punters in big York sprint

MISSION'S

THE Mission is obvious — to win the Nunthorpe!

I'm very confident MISSION CENTRAL (3.35) will love this rapid test. He's won his first three starts over five this year, including the King Charles III at Ascot.

He has run in the July Cup since then, but that didn't suit him running over six furlongs up a hill.

I think being back at York on a flat, fast five furlongs will suit him really well.

He was progressive at the start of the year and seems in good form at home.

There's pace everywhere in the Nunthorpe and he should be there or thereabouts.

Bacio is an exciting horse for Wesley Ward, he won at Royal Ascot and did it in style.

There are horses in here that we have seen plenty of, the likes of Asfoora and American Affair, and it looks set to be very competitive.

I kick off with ILLINOIS (2.25) in the Lonsdale Cup.

He ran a good race when

FOR COLOURS AND TIPS SEVEN DAYS A WEEK

to the Nunthorpe Stakes

wood. Was a good fifth in this last year, has a fair draw but wouldn't want it too soft.

STARLUST ★

STAR burst. Showed more when close fourth in a Listed race over C&D last time. Goes well here and 5f suits but this is a much deeper contest.

BACIO ★★★★

BAC for more. Speedy American who demolished a big-field Royal Ascot handicap over 5f latest in a Group 1-standard show. He has a plum draw and will be hard to beat if handling the likely softer ground.

MISSION CENTRAL ★★★★

MISSION possible. Won three straight over 5f, culminating in the Group 1 King Charles III at Royal Ascot, before disappointing over 6f in July Cup. Drop back to 5f ideal and he likes some cut. Decent draw and looks overpriced.

ASFOORA ★★★

AS you like it. Last year's winner and a three-time European Group 1 scorer who showed renewed spark when fourth at Goodwood. Five furlongs is ideal and she handles any ground, so cannot be dismissed from stall 3.

AZURE ANGEL ★

NO Zure thing. Listed-standard performer who has always come up short at this level. Yard in form but this is a big ask.

HEAVENLY HEATHER ★★

HEATHER small. Excelled when sixth in Royal Ascot Group 1 before meeting trouble in a Listed race here. Trip suits on any ground but needs lot more.

RAYEVKA ★★★★

RAYV on. Thriving since dropping to 5f, winning a Group 3 before losing King Charles III at Royal Ascot in a photo. Good ground suits and the strong pace should help her style, making her a major player despite dodgy draw.

TIME FOR SANDALS ★★★

IN Time. Done little since winning last year's Commonwealth Cup but promising third to **American Affair** at Goodwood. Repeat gives a place hope.

FITZELLA ★

DOESN'T Fit. Best form has been over further and at lower levels. Held in a Chester Listed last time and this is a tall order despite a good draw in one.

PERSHAADA ★★★

HAAD to win. Richard Hannon's dad won this with a two-year-old in the early 90s and she gets almost two stone from her rivals. Won the Molecomb nicely at Goodwood last time and likes this trip on any ground. Could nick a place.

BIG WINNER . . . Libertango

COLIN

From Page One

in the closing fillies' handicap. There's now the very real prospect of a proper trainers' title race as Balding closed the gap on Aidan O'Brien, with the pair a country mile clear.

But that's a story for another day, this was all about Kalpana.

Balding was watching on from Kingsclere, but Juddmonte's racing manager Barry Mahon said: "Fast ground, slow ground, 12 furlongs, you can do anything with her. She's the ultimate pro.

"She's fully matured and keeps answering the questions, it's wonderful."

Mahon added: "You knew after going a couple of furlongs it was going to be messy and passing the three I thought the pacemaker was gone. Colin had to commit a bit sooner than he wanted.

"She was always going to be vulnerable to something closing."

The bookies left her at 8-1 for the Arc, which could also be an option for stablemate Item.

Mahon said: "I wouldn't think we'd run both. With Item being a colt, if the ground is good he'd have first preference."

Billy Loughnane was once again seen to brilliant effect as he guided Libertango (3-1) to a last-gasp Lowther Stakes win.

And Sun Goddess (Evs f) produced a jaw-dropping performance, mowing down the field in the Goffs sprint before dashing clear by six lengths.

SURF home with WAVE RIDER (4.10, York).

In-form George Scott's dark'un spent last winter sunning himself over in balmy Bahrain.

Quick ground put the brakes on Scotty's slogger there, but he went into some clued-up notebooks after getting stuck in rush-hour traffic at Goodwood three weeks ago.

Conditions should be perfect today, and the each-way early birds are already having a nibble.

Mind you, those bookie chappies are on red alert after Alan King's Heroics (3s to 5-4) stuck his chest out to land a five-star flutter at Wolverhampton on Tuesday night.

That windfall has given Kingy's camp something to go to war with, and they are sending out positive smoke signals about Daiquiri Bay in the Ebor.

Al's ace landed a Premier League-punt at the Royal meeting in June, and I'm told he has been primped and preened for tomorrow's half-million-nicker tussle.

Regular rider Rossa Ryan is more than hopeful, and the nag's carrot crunching fan club will be crying into their cider if he doesn't go close.

William Haggas (*above*) never looks down in the dumps, and the walking grin should be flashing his pearly whites after **SILVER LAKE** (5.20) struts her stuff in York's nightcap. Wily Will's improver

Lake to make a big splash

comes here in tip-top shape after laughing at some lively ladies in a fillies' scrap at Goodwood.

This is another step up the ladder, but the big-spending gang at Wathnan are full of confidence and she will take plenty of catching.

By the way, word is Haggas's happy band are working overtime to get their top notch colt Merchant back on the front line.

That ball of muscle has gone AWOL since tweaking something that shouldn't be tweaked when he was revving up for last year's Arc.

But a friendly face close to the horse has issued an upbeat bulletin, and the cut-glass boys and girls at Highclere Racing reckon their pride and joy could be ready to rumble this autumn.

Talking of which, the same Highclere crew sank a few shandies after Cavolo Nero (3s to 13-8) landed a touch at Kempton on Wednesday.

My mucker 'flat-face Freddie' boosted his finances when that improver did the bizzo.

Fred's a lovely fella although he did have a tough childhood – apparently his dad was a foster parent but his mum preferred Carlsberg.

Anyway, our man has been doing the rounds in Lambourn, and he reckons some shrewd judges will be raising a glass to **BLUE COURVOISIER** in York's 1.50.

Clive Cox's improver ran into a couple of likely lads last time and should be an each-way earner from a handy low draw.

Finally, have a peep at Lanarkshire legend Jim Goldie's crowd-pleaser **AMERICAN AFFAIR** in the Nunthorpe (3.35). Jolly Jim's speedball has racked up a few coconuts in his form figures this season.

But the old-timer looked right back to his best when he smashed up some slick sprinters in a decent dash last month.

Goldie's go-getter has got plenty of previous on a sloppy surface, and the tartan army are getting ready to loosen their sporrans.

NOT IMPOSSIBLE

winning at Royal Ascot and he stays really well. He was just beaten in the Great Voltigeur a few years back, so York should suit him fine.

This is a tough race, but he usually gives his best shot.

MARCO POLO (3.00) ran a very nice race on debut.

He's obviously still a maiden after finishing second at the Curragh and steps straight into the Group 2 Gimcrack, which looks competitive, but I think he'll run well.

I don't know too much about TYCOON (4.10).

My son Toby rode him last time out over course and distance when he finished second to a runaway winner.

He ran well when staying on at Ascot on his penultimate run and hopefully remains handicapped well enough to go close once again.

OKLAHOMA (4.10) is my ride in the Convivial Maiden.

He's a nicely bred son of Wootton Bassett out of Hydrangea, and a full-brother to Hawk Mountain. He ran a good race on debut but disappointed last time at Killarney.

That race didn't suit him in a small field, and this race should be better for him.

I'm looking forward to riding him.

I'm then aboard LADY DORA MAE (5.20) for the first time.

She looks to have been progressing well all season and now races off a career-high mark. The draw looks okay though, so hopefully she can go well in the finale.

Good luck everyone!

SPRINT STAR . . . Mission Central

PULLOUT SEVEN DAYS A WEEK — ALL YOU NEED, ALL THE TIME

Favourite WE'RE THE BIGGEST AND THE BEST FOR CO

DAY THREE OF YORK EBOR FESTIVAL ITV: 1.50, 2

TEMPLEGATE

1.50..... Storming Point
2.25. Caballo De Mar (nb)
3.00.....Marco Polo
3.35.....Night Raider
4.10..... WAVE RIDER (nap)
4.45.....Oklahoma
5.20.....Silver Lake

TOM PEPPER

1.50..... Bearish (nb)
2.25.....Amiloc
3.00.....Adaay Of Scarlett
3.35..... BACIO (nap)
4.10.....Master Builder
4.45..... Launch Sequence
5.20..... Lady Dora Mae

TEMPLEGATE'S TRIO: Wave Rider and Caballo De Mar (double) with Marco Polo (all York).
TOM PEPPER'S DOUBLE: Bacio and Bearish (both York).
SUNRATINGS' NAP: PERSHAADA (3.35 York).
THE JUDGE: ADAAY OF SCARLETT (3.00 York).

TIC-TAC: Left-handed, u-shaped track of 2m, 5f run-in. Races of 7f start on a spur.
DRAW: Low numbers best on the straight track, especially when soft
FAVOURITES: (2021-2026): 178 have won out of 666 races (27%). At the previous corresponding meetings, 54 have won out of 217 races (25%). **JACKPOT:** 1-6.
LIVE ON RACING TV

TOP TRAINERS

2021-2026 W Haggas 41-212, A Balding 39-222, K R Burke 33-294, K Ryan 27-327, R & P Fahey 26-434, J & T Gosden 25-112, R Beckett 25-146, R Hannon 18-119, T Easterby 15-516, M Dods 12-135. **THIS SEASON:** A Balding 7, W Haggas 5, J & T Gosden 5, R & P Fahey 4.

TOP JOCKEYS

2021-2026 T Marquand 32-207, W Buick 31-156, D Tudhope 28-278, O Murphy 27-156, R L Moore 24-129, R Ryan 21-154, P J McDonald 19-151, C Lee 18-170, J Hart 14-209, O Orr 12-192. **THIS SEASON:** W Buick 6, R Ryan 4, J Doyle 4, P J McDonald 4.

TRAINER TRACE

FIRST RACE FOR NEW YARD: 4.10 Genealogy D Hogan (Ire) to Faye Bramley.
RACEFAX: A P O'Brien won the 4.45 in 2023 & 2025. W Haggas won the 1.50 in 2017 & 2024. A Balding won the 2.25 in 2017 & 2023. J & T Gosden won the 2.25 in 2018, 2019, 2020, 2021 & 2025.
LONGEST TRAVELLERS: Le Samourai (1.50), **Amiloc** (2.25), **Starlust** (3.35), **Master Vintner** (4.10), **Food For Thought** (5.20) trained by R Beckett, Kimpton Down, round trip of 502 miles; **Master Builder** (4.10) & **Janey Mackers** (5.20) trained by D Menuisier, Pulborough, round trip of 496 miles; **Storming Point** (1.50), G & J Moore, Horsham, round trip 458 miles.

IN THE MONEY

TOP EARNERS:

3.35 **Asfoora**	£1,797,314
2.25 **Illinois**	£1,092,208
3.35 **American Affair**	£847,474
2.25 **Al Nayyir**	£823,297

UNDER ORDERS

SEVEN-DAY WINNERS: Explode (4.10) won at Newbury (1m 4f). **Final Objective** (3.00) won at Thirsk (6f). **BLINKERED FIRST TIME:** 3.35 Jm Jungle. **VISORED FIRST TIME:** None. **FIRST RUN SINCE WIND OP:** None. **WEIGHTWATCHER:** 4.10 **Shadow Dance** (won off 95 down 6lb to 89). **JOB JOCKEYS:** rides **Bacio** (3.35) for W A Ward, 5 from 11, 45%. C T Keane rides **Mussab** (3.00) for R & P Fahey, 3 from 8, 38%. R Ryan rides **Rastnet** (5.20) for J Butler, 10 from 31, 32%. O Murphy rides **Asfoora** (3.35) for H Dwyer, 3 from 10, 30%. M Barzalona rides **Rayevka** (3.35) for F Graffard, 255 from 943, 27%. O Murphy rides **Adaay Of Scarlett** (3.00), **Speyside** (4.45) for H Palmer, 65 from 260, 25%. D Tudhope rides **Ernst Blofeld** (4.10) for H Al Jehani, 3 from 12, 25%.

1.50 SKY BET MILE HANDICAP (Class 2) 3-Y-O; winner £51,540; 1m (20 runners)

1 44-101 **EXCLUSIVE CODE 22 (D)**
(11) A Watson 9-9 ..... **James Doyle 97**
Runs: 5 Wins: 2 (F,G) Places: 3 £41,861
Easy Goodwood winner, 9lb rise demands another career-best effort

2 -31101 **ST ANTON 41 (D)**
(13) R Hannon 9-7 ..... **Pat Dobbs 96**
Runs: 8 Wins: 3 (3F) Places: 3 £58,213
Won three times this season, battled well to win at Newmarket, dangerous

3 1312 **OUTBACK HEAT 64 (D)**
(18) H Eustace 9-6 ..... **Kaiya Fraser 98**
Runs: 4 Wins: 2 (A,G) Places: 1 £51,514
Top effort in the Britannia at Royal Ascot, major player if ready to roll

4 7-774D **COMMAND THE STARS 25 (D)**
(6) G Scott 9-4 ..... **Darragh Keenan 92**
Runs: 10 Wins: 3 (F,2GS) Places: 1 £61,792
Unlucky to be disqualified at Ripon, quirky but has bags of talent

5 -24103 **BLUE COURVOISIER 20 (BF,D)**
(5) C Cox 9-2 ..... **Rossa Ryan 91**
Runs: 7 Wins: 2 (2F) Places: 2 £72,715
Strong third at Goodwood, but could be vulnerable to an improver

6 1-1301 **NOELAN STAR 25 (D)**
(7) E Bethell 9-2 ..... **Daniel Tudhope 92**
Runs: 5 Wins: 3 (F,2A) £14,984
Battled well at Ripon, but this stronger race demands considerably more

7 1-9042 **ZENNOR STORM 22 (D)**
(4) W Haggas 9-2 ..... **Tom Marquand ●99**
Runs: 6 Wins: 2 (2A) Places: 1 £22,386
Runner-up to Exclusive Code at Goodwood, weighted to reverse that form

8 1-7477 **LION OF ALBA 22 (D)**
(14) H Palmer 9-0 ..... **David Probert 92**
Runs: 7 Wins: 1 (F) Places: 1 £30,733
Hit or miss, every chance if bouncing back to his best but that is a big IF

9 122411 **WELBURY 13 (D)**
(19) E Bethell 9-0 ..... **Oisin Orr 90**
Runs: 8 Wins: 3 (F,A,G) Places: 2 £21,778
Bolted up at Redcar, improving but now faces an 11lb rise in a better race

10 11-300 **INTENSE VISION 22 (D)**
(16) O Rix 9-0 ..... **Silvestre De Sousa 85**
Runs: 5 Wins: 2 (2S) £20,841
Comfortably held at Ascot and Goodwood, improvement is needed

11 5-1314 **JEDDAAL 20 (BF,D)**
(12) E Walker 8-13 ..... **Kieran Shoemark 94**
Runs: 9 Wins: 2 (GS,G) Places: 3 £41,864
Won well at Chester and ran creditably against older rivals at Thirsk

12 -55312 **IRONWILL 20**
(17) S Williams 8-12 ..... **Marco Ghiani 92**
Runs: 8 Wins: 3 (S,2F) Places: 2 £41,561
Finished well for second over 7f at Goodwood, wide draw not ideal, risky

13 4-121 **BEARISH 47 (D)**
(2) E Dunlop 8-11 ..... **Oisin Murphy 97**
Runs: 4 Wins: 2 (2G) Places: 1 £17,166
Lightly raced, snug win on hcap debut at Ayr, champ booked, go well

14 62-41 **EKLLEEM 64 (D)**
(15) W Haggas 8-11 ..... **William Buick 95**
Runs: 4 Wins: 1 (G) Places: 1 £9,332
Impressive Ripon novice winner, potentially well treated on hcap debut

15 -23313 **KRASIMIR 23 (P★;D)**
(10) G Lyons (Ire) 8-10 ..... **Colin Keane 94**
Runs: 8 Wins: 1 (A) Places: 6 £21,240
Irish challenger, first-time cheekpieces could unlock further improvement

16 1-9742 **ASTRAZAR 34 (C)**
(20) E Walker 8-9 ..... **Ashley Lewis (3) 89**
Runs: 11 Wins: 2 (S,G) Places: 3 £99,755
Course winner returning to form, but widest stall makes life tougher

17 2-3226 **STORMING POINT 22**
(9) G & J Moore 8-9 ..... **Rob Hornby 96**
Runs: 5 Places: 4 £10,642
Respectable Goodwood sixth, e-w possibilities from unchanged mark

18 290782 **DAYDREAMA 25**
(8) T Easterby 8-8 ..... **James Sullivan 85**
Runs: 14 Wins: 2 (2G) Places: 4 £38,773
Returned to form at Ripon, but remains vulnerable in this stronger contest

19 751146 **START ME UP 20**
(3) R Spencer 8-8 ..... **Saffie Osborne 88**
Runs: 10 Wins: 2 (S,G) Places: 1 £33,311
Progressive earlier this summer, mile trip may stretch him, up against it

20 012 **LE SAMOURAI 20**
(1) R Beckett 8-8 ..... **Edward Greatrex 96**
Runs: 3 Wins: 1 (A) Places: 1 £7,935
Unexposed hcap debutant with a favourable draw, one to watch closely

BETTING: 5 Zennor Storm, 6 Exclusive Code, 13-2 Eklleem, Outback Heat, 10 Blue Courvoisier, Ironwill, 12 Jeddaal, Welbury
WHERE FAVOURITES FINISHED: 5 6 4 0 1
2025: Fifth Column 9-2, W Buick 11-4F (J & T Gosden), drw 5, 17 ran.

TEMPLEGATE'S VERDICT

1.50

STORMING POINT looks a juicy price after catching the eye on handicap debut at Glorious Goodwood. Gary and Josh Moore's colt finished only sixth there but that tells nowhere near the full story. He was held up from a wide draw and given a lot to do by Ryan Moore. He powered home to clock the fastest time of all the runners in the second half of the race. He's back off the same mark, goes on any ground and can make the frame at least at long odds. **Exclusive Code** was impressive in that Goodwood race but has been hiked 9lb, while **Zennor Storm** is another obvious threat after flying home from the back for second. **Outback Heat** has not been seen since his excellent Britannia second at Royal Ascot from a bad draw and is another for the shortlist. **Blue Courvoisier** ran a cracker against older horses at Goodwood and comes into the reckoning dropping in trip. Lightly-raced **Ekleem** hasn't been clobbered with a mark of 87 for this handicap debut after an easy Ripon win. **Bearish** and **Le Samourai** are others with more to come in a wide-open contest.

Sunracing FORM

EXCLUSIVE CODE (9-9) 2-1 fav led after 1f, going best 1f out, soon shaken up, comfortably, bt **ZENNOR STORM** (9-6) 18-1 rear of mid-division, good headway 1f out, ran on strongly, not reach winner, 1l **STORMING POINT** (9-4) 18-1 held up, outpaced 1f out, never near to challenge, 6th (btn 3l) **INTENSE VISION** (9-9) 22-1 held up, outpaced 2f out, kept on final furlong, never dangerous, 11th (btn 3¼l) (19 ran) (Goodwood 1m hcap (3) £25,770 good to firm).
ST ANTON (9-1) 10-1 midfield, ran on well to lead final strides, just won on nod, bt Albaya (8-12) ns (8 ran) (Newmarket 1m hcap (2) £25,770 good to firm).
OUTBACK HEAT (8-11) 10-1 held up, going well 2f out, good headway 1f out, ridden to challenge final furlong, ran on well, btn ¾l by Moonfall (8-10) **LION OF ALBA** (8-7) 33-1 prominent, ridden 2f out, kept on well final furlong, 4th (btn 2l) **EXCLUSIVE CODE** (8-10) 33-1 in touch, hung right inside final furlong, weakened, 13th (btn 5¾l) **ST ANTON** (8-11) 18-1 midfield, faded final furlong, 14th (btn 6l) **BLUE COURVOISIER** (8-12) 33-1 close up, hung left 1f out, no extra, 18th (btn 7l) **INTENSE VISION** (8-11) 50-1 no extra final 110yds, 20th (btn 7¾l) **NOELAN STAR** (8-12) 66-1 carried right 1f out, faded, 26th (btn 14l) (30 ran) (Ascot (2) £67,302 good to firm).
COMMAND THE STARS (9-11) 9-2 chased leaders, disputing lead inside final furlong, just prevailed, finished first, placed third, bt Noelan Star (9-9) sh hd, then disqualified **NOELAN STAR** (9-9) 11-4 held up, disputing lead inside final furlong, carried left inside final 110 yards, just held, finished second, placed first, sh hd **DAYDREAMA** (9-2) 11-2 held up, disputing lead inside final furlong, carried left final 110 yards, just held, finished third, placed second, 3rd (btn hd) (5 ran) (Ripon 1m hcap (3) £7,731 good).
BLUE COURVOISIER (9-3) 10-3 jt fav prominent, led 1f out, headed inside final furlong, no extra towards finish, 3rd of 15 (btn ¾l) to Crest of Fire (9-6) (Goodwood 1m 1f hcap (3) £25,770 good to firm).
LION OF ALBA (9-0) 18-1 prominent, ridden 2f out, weakened 1f out, 7th of 14 (3¾l) to Ciarrai Abu (8-9) (Goodwood 1¼m hcap (2) £61,848 good to firm).
WELBURY (9-8) 9-1 prominent, led 2f out, went clear over 1f out, comfortably, bt Barley (9-5) 7l (14 ran) (Redcar 1m hcap (4) £5,234 good to firm).
JEDDAAL (8-10) 3-1 jt fav handy, led 2f out, headed final 1½yds, 4th of 11 (btn 1l) to Witch Hunter (9-2) (Thirsk 1m hcap (2) £26,170 good to firm).
IRONWILL (8-5) 10-1 held up, headway 1f out, ran on well, went 2nd final strides, btn 1¼l by Ghost Mode (8-11) **START ME UP** (8-2) 14-1 held up, stayed on inside final furlong, never nearer, 6th (btn 2¼l) (13 ran) (Goodwood 7f hcap (2) £38,655 good to firm).
BEARISH (9-0) 6-1 took keen hold, prominent, ridden 2f out, in touch with leader entering final furlong, kept on and led final strides, bt Dwindling Funds (8-8) nk (10 ran) (Ayr 1m hcap (3) £8,246 good).
EKLLEEM (9-3) evens fav tracked leaders, led 1f out, went clear inside final furlong, easily, bt Ervani (9-3) 4¼l (4 ran) (Ripon 1m nov mdn (3) £6,281 good).
KRASIMIR (9-8) 15-2 chased leader, led 3f out, strongly pressed 1f out, ran on, extra close home, 3rd of 11 (btn ½l) to Minella Rockett (9-4) (Galway 1m 1f hcap €15,601 good to yielding).
ASTRAZAR (9-4) 7-2 slowly away, led before end of first furlong, joined inside final furlong, all out when headed towards finish, btn hd by Silca Bay (9-0) (6 ran) (Newmarket 1m hcap (4) £6,442 good to firm).
LE SAMOURAI (9-11) 10-3 prominent, stayed on 1f out, held towards finish, btn hd by Brighton Beach (8-13) (5 ran) (Thirsk 1m nov mdn (4) £5,400 good).

TEMPLEGATE'S VERDICT

2.25

CABALLO DE MAR (*below*) can bounce straight back from his Gold Cup flop over a more suitable trip. George Scott's tough five-year-old was still third well inside the final furlong over 2m4f at Royal Ascot before weakening dramatically and showed signs of heat stress afterwards. He has been given two months to recover and he's a Group 1 winner who goes on any ground. **Amiloc** unseated at the start of the Goodwood Cup after a respectable display in the Hardwicke at Royal Ascot. He will enjoy this test and all the rain that has fallen will be a big help, while I'd hoped to see **Columbus** in the Ebor and he's fit from a good hurdles win at Galway. **Illinois** is an enigma but at his very best would have every chance. **French Master** is another to consider.

1.50 YORK — TRAFFIC LIGHT RATINGS (5 = EXCELLENT 3 = AVERAGE 1 = POOR)

HORSE	Crs	Dis	Gng	Cls	Form	Spd	Trn	Jky	Total
1 EXCLUSIVE CODE	3	4	3	3	3	4	1	4	25/40
2 ST ANTON	3	5	1	4	4	5	2	3	27/40
3 OUTBACK HEAT	3	4	3	3	4	4	2	1	24/40
4 COMMAND THE STARS	3	1	1	3	1	1	4	1	15/40
5 BLUE COURVOISIER	3	3	2	5	2	3	3	4	25/40
6 NOELAN STAR	3	4	3	3	1	3	4	3	24/40
7 ZENNOR STORM	3	2	1	3	1	2	5	2	19/40
8 LION OF ALBA	3	3	3	4	1	1	1	1	17/40
9 WELBURY	3	4	1	3	4	2	4	3	24/40
10 INTENSE VISION	3	1	3	3	1	1	1	1	14/40
11 JEDDAAL	4	2	4	4	2	3	3	2	24/40
12 IRONWILL	3	2	1	3	4	4	1	3	21/40
13 BEARISH	3	4	5	3	5	4	1	4	29/40
14 EKLLEEM	3	3	3	3	3	2	5	5	27/40
15 KRASIMIR	3	2	1	3	3	3	2	4	21/40
16 ASTRAZAR	5	2	4	3	1	1	3	2	21/40
17 STORMING POINT	3	1	3	3	3	2	2	1	18/40
18 DAYDREAMA	3	1	4	3	1	1	1	1	15/40
19 START ME UP	3	2	3	3	2	2	1	3	19/40
20 LE SAMOURAI	3	1	1	3	2	1	4	1	16/40

2.25 WEATHERBYS LONSDALE CUP STAKES (GRP 2) winner £141,775; 2m (9 runners)

1 7-2210 **CABALLO DE MAR 64 (D)**
(1) G Scott 5-9-8 ..... **Oisin Murphy 97**
Runs: 23 Wins: 9 (S,4A,2GS,2G) Places: 6 £715,961
Dual Group 1 winner, but must rebound after hard race in the Gold Cup

2 3-1327 **AL NAYYIR 64**
(5) T Clover 8-9-5 ..... **William Buick 94**
Runs: 31 Wins: 6 (2S,3G) Places: 8 £823,297
Proven course performer, third last year and likely to find a few too good

3 24-66U **AMILOC 24**
(6) R Beckett 4-9-5 ..... **Rossa Ryan ●99**
Runs: 10 Wins: 5 (F,2A,2G) Places: 1 £490,645
Touch of class, unseated early in Goodwood Cup, can bounce back

4 25-516 **CARMERS 64 (T★,V;D)**
(9) P Twomey (Ire) 4-9-5 ..... **non-runner 97**
Runs: 8 Wins: 4 (F,3G) Places: 1 £294,318
Strong stayer, outclassed in Gold Cup, but capable of better, ruled out

5 4536-0 **COLUMBUS J20**
(3) W Mullins (Ire) 5-9-5 ..... **Colin Keane 88**
Runs: 14 Wins: 3 (A,GS,G) Places: 2 £129,874
Impressive hurdle winner at Galway, bit to find at this level on the Flat

6 0-3524 **FRENCH MASTER 24 (B)**
(7) J & T Gosden 5-9-5 ..... **James Doyle 96**
Runs: 12 Wins: 4 (F,A,2G) Places: 2 £191,456
Goodwood Cup fourth, this track will suit better, huge run expected

7 -36155 **ILLINOIS 24**
(4) A O'Brien (Ire) 5-9-5 ..... **Ryan Moore 97**
Runs: 18 Wins: 5 (2S,2F,G) Places: 6 £1,092,208
Beat French Master at Royal Ascot, but behind him last time, do better

8 4-2231 **MOUNT ATLAS 41 (C)**
(8) A Balding 5-9-5 ..... **P J McDonald 95**
Runs: 17 Wins: 4 (S,2F,G) Places: 5 £224,181
Progressive course winner, stamina no issue but may lack a touch of class

9 65461/ **QUICKTHORN 707 (CD)**
(2) H Morrison 9-9-5 ..... **Tom Marquand —**
Runs: 27 Wins: 10 (F,S,A,4GS,3G) Places: 3 £810,507
Former Goodwood Cup winner, but must defy a huge absence, ignore

BETTING: 9-4 Caballo De Mar, 3 Amiloc, 5 Illinois 6 Al Nayyir, 15-2 French Master, 8 Mount Atlas, 10 Columbus, 33 Quickthorn
WHERE FAVOURITES FINISHED: 1 2 2 5 1
2025: Trawlerman 7-9-8, W Buick 5-6F (J & T Gosden), drw 4, 6 ran.

Sunracing FORM

CARMERS (9-3) 25-1 with leaders, pushed along 3f out, no extra, 6th of 11 (12l) to Scandinavia (9-3) **AL NAYYIR** (9-4) 125-1 mid-division, weakened 1f out, 7th (btn) **CABALLO DE MAR** (9-4) 7-1 chased leaders, no extra 1f out, last (well btn) (Ascot 2¼m Grp 1 (1) £396,970 good to firm).
AMILOC unseated rider latest (9-3) 28-1 held up, late headway final furlong, 6th of 12 (btn 5l) to Giavellotto (9-3) (Ascot 1¼m Grp 2 (1) £141,775 good).
ILLINOIS (9-4) 7-4 fav in touch, led going well 2f out, pressed inside final furlong, always holding runner-up, bt **FRENCH MASTER** (9-4) 9-1 held up, pressed winner inside final furlong, always held, nk **COLUMBUS** (9-4) 11-1 mid-division, weakened 2f out, 11th (well btn) (13 ran) (Ascot 2¾m cond stk (2) £64,800 good to firm).
FRENCH MASTER (9-12) 33-1 towards rear, pushed along 3f out, plugged on, 4th of 8 (btn 16l) to Scandinavia (9-12) **ILLINOIS** (9-12) 25-1 mid-division, weakened 2f out, 5th (well btn) **AMILOC** (9-12) 17-2 unseated rider leaving stalls, (Goodwood 2m Grp 1 (1) £283,550 good).
MOUNT ATLAS (9-0) 2-1 mid-division, closed 1f out, ran on strongly to press leader, led narrowly final strides, bt Tabletalk (9-0) hd (6 ran) (York 1¾m Grp 3 (1) £56,710 good to firm).
QUICKTHORN (9-7) 2-9 fav made all, ridden 1f out, kept on well, bt Drawn To Dream (9-2) 3½l (3 ran) (Salisbury 1¾m cond stk (2) £10,308 soft).

2.25 YORK — TRAFFIC LIGHT RATINGS (5 = EXCELLENT 3 = AVERAGE 1 = POOR)

HORSE	Crs	Dis	Gng	Cls	Form	Spd	Trn	Jky	Total
1 CABALLO DE MAR	2	5	3	2	3	2	2	3	22/40
2 AL NAYYIR	1	3	1	1	4	3	1	4	18/40
3 AMILOC	4	4	4	4	4	3	2	3	28/40
4 CARMERS	2	4	5	2	3	4	4	1	25/40
5 COLUMBUS	2	4	3	2	2	1	3	2	19/40
6 FRENCH MASTER	1	4	3	1	1	4	5	4	23/40
7 ILLINOIS	2	4	2	3	1	2	4	5	23/40
8 MOUNT ATLAS	3	4	2	2	5	5	3	1	25/40
9 QUICKTHORN	5	4	4	5	2	1	1	2	24/40

3.00 AL BASTI EQ (GRP 2) 2-Y-

1 112222 **A**
(3) H Pa
Runs: 6 Wins: 2
Consistent, cheekpie

2 61832 **A**
(2) R Hu
Runs: 5 Wins: 1
Group 3 runner-up, i

3 111 **A**
(5) M D
Runs: 3 Wins: 3
Unbeaten, taking Lis

4 2741 **F**
(4) H Al
Runs: 4 Wins: 1
Highly tried, enjoyed

5 1 **G**
(6) K R
Runs: 1 Wins: 1
Won modest novice

6 213 **H**
(1) A Ke
Runs: 3 Wins: 1
Solid third in Molecc

7 2 **M**
(7) A O'
Runs: 1
Represents top con

8 11 **M**
(8) K Ry
Runs: 2 Wins: 2
Unbeaten in two star

9 218 **N**
(10) G Sc
Runs: 3 Wins: 1
Unlucky not to finish

10 33 **M**
(12) R &
Runs: 2
Yet to win in two star

11 21 **N**
(9) E Wa
Runs: 2 Wins: 1
Improving, stylish ma

12 7124 **R**
(11) N Ti
Runs: 4 Wins: 1
Talented, top track ri

BETTING: 9-4 Arapaho G Polo, 6 Agamemnon, 15-2 M
WHERE FAVOURITES FI
2025: Lifeplan 9-2, Zak W

Sunrac

ADAAY OF SCARLETT (9-2) touch, led final furlong, no ex headed finish, btn 1l by Man Friend (9-2) (10 ran) (Goodw Grp 2 (1) £113,420 good to firm
AGAMEMNON (8-13) led a headed final 110yds, kept on, by Kosuma (8-10) (8 ran) (Deau Grp 3 (1) £30,248 good to soft)
ARAPAHO GOLD (9-2) 4-1 pro led final furlong, held on, bt (9-2) nk **AGAMEMNON** (9-2) touch, went 3rd inside final 3rd (btn 2l) (10 ran) (New Listed (1) £28,355 good to firm
FINAL OBJECTIVE (9-7) 1 made all, clear final furlong, bt Scenic Route (9-7) 2½l (Thirsk 6f mdn (4) £5,757 good
GREAT OAK (9-7) 1-3 fav clo ridden final furlong, led final bt Star People (9-7) nk (2 ran) nov stks (4) £5,400 good to firm
HELL OF A SPIN (9-3) 66-1 m headway 1f out, 3rd final 110y of 11 (2¼l) to Pershaada (9-0) wood 5f Grp 3 £62,381 good to
MARCO POLO (9-7) 14-1 keen go 2nd close home, btn 1½l b

3.00 YORK

HORSE	Crs	D
1 ADAAY OF SCARLETT	3	
2 AGAMEMNON	3	
3 ARAPAHO GOLD	3	
4 FINAL OBJECTIVE	3	
5 GREAT OAK	3	
6 HELL OF A SPIN	3	
7 MARCO POLO	3	
8 MATTEO	3	
9 MRAIR	3	
10 MUSSAB	3	
11 NEVER ENOUGH	3	
12 RONSON	3	

EACH-W

BLUE COURVOISIER (
right back to his best
in a hot contest at G
Have an each-way de
THOUGHT (5.20 York)
Newmarket last time o

LOURS AND SUNFORM SEVEN DAYS A WEEK!

2.25, 3.00, 3.35 & 4.10 GOOD TO SOFT

UIWORLD DUBAI GIMCRACK
O; £141,775; 6f (12 runners)

ADAAY OF SCARLETT 22 (P★)
almer 9-2 ..... **Oisin Murphy** ●99
2 (F,G) Places: 3 £146,198
ces might unlock further improvement, respected

AGAMEMNON 19
ughes 9-2 ..... **Kieran Shoemark** 90
(A) Places: 2 £23,483
improving with racing and holds each-way claims

ARAPAHO GOLD 35 (D)
ods 9-2 ..... **Connor Beasley** 98
3 (3F) £36,862
ted winner at Newbury commands serious respect

INAL OBJECTIVE 7 (D)
Jehani 9-2 ..... **James Doyle** 89
(G) Places: 1 £19,205
d a nice confidence boost at Thirsk, place hope

REAT OAK 32 (D)
Burke 9-2 ..... **Clifford Lee** 85
(F) £6,351
on debut, huge step up in class, best watched

ELL OF A SPIN 23
eatley 9-2 ..... **Mikey Sheehy** 96
(G) Places: 2 £26,285
mb at Goodwood, extra furlong likely to suit

ARCO POLO 12
Brien (Ire) 9-2 ..... **Ryan Moore** 94
Places: 1 £4,132
nections, promising debut second, dangerous

ATTEO 83
an 9-2 ..... **Kevin Stott** 95
2 (F,G) £30,090
ts, not seen for a while and could be ready to return

RAIR 66 (D)
cott 9-2 ..... **non-runner** 96
(G) Places: 1 £23,638
closer in Coventry, ruled out due to soft ground

USSAB 62
P Fahey 9-2 ..... **Colin Keane** 97
Places: 2 £21,853
ts but excellent third in the Norfolk, top rider up

EVER ENOUGH 27 (D)
alker 9-2 ..... **William Buick** 93
(F) Places: 1 £29,535
iden win at Ascot, lots of potential and one to watch

RONSON 49 (BF)
nkler 9-2 ..... **Silvestre De Sousa** 90
(F) Places: 1 £19,731
der booked and not without a chance at big odds

Gold, 11-4 Adaay Of Scarlett, 9-2 Marco
lussab, 10 Never Enough
NISHED: 7 2 6 6 3
Wheatley 13-2 (D Carroll), drw 6, 8 ran.

cing FORM

8-1 in
tra and
's Best
ood 6f
).
fter 2f,
btn 1¼l
uville 6f
.
minent,
Nabati
16-1 in
10yds,
ury 6f
).
-6 fav
easily,
11 ran)
).
se up,
estrides,
(Ayr 6f
n).
idfield,
ds, 3rd
(Good-
firm).
well to
y Push

The Boat Out (9-7) (19 ran) (Curragh 6f mdn €15,000 good to firm).
MATTEO (9-4) 11-10 fav made most, ran on gamely towards finish, bt **RONSON** (9-6) 50-1 in rear, hung lf out, just held, sh hd (9 ran) (Beverley 5f 2yo stks (2) £25,770 good to firm).
ADAAY OF SCARLETT (9-3) 40-1 midfield, led final furlong, headed final 110yds, btn ½l by Great Barrier Reef (9-3) **FINAL OBJECTIVE** (9-3) 125-1 prominent, led 1f out, soon headed, no extra, 7th (btn 15¼l) **MRAIR** (9-3) 18-1 short of room 1f out, not recover, 8th (15¼l) (21 ran) (Ascot 6f Grp 2 (1) £113,420 good to firm).
MUSSAB (9-3) 66-1 towards rear, ran on strongly 1f out, 3rd of 21 (btn 3½l) to Orthodox (9-3) **AGAMEMNON** (9-3) 40-1 mid-division, ridden 1f out, no extra, 8th (btn 5½l) (Ascot 5f Grp 2 (1) £99,242 good to firm).
NEVER ENOUGH (9-2) 11-8 fav made all, stayed on well, always doing enough, bt Izuba (9-2) 1½l (9 ran) (Ascot 6f mdn (2) £27,000 good).
RONSON (9-4) 4-1 cf one pace 1f out, 4th of 8 (2l) to Bint Archange (8-13) (Sandown 5f Listed £25,520 good).

TRAFFIC LIGHT RATINGS
5 = EXCELLENT 3 = AVERAGE 1 = POOR

Dis	Gng	Cls	Form	Spd	Trn	Jky	Total
2	4	3	2	5	1	3	23/40
2	4	3	1	1	2	1	17/40
5	4	3	5	4	1	1	26/40
3	2	3	3	2	3	4	23/40
4	4	3	5	1	4	2	26/40
3	5	3	3	3	4	1	25/40
2	4	3	4	1	5	5	27/40
3	5	3	5	1	1	1	22/40
3	4	3	1	3	3	2	22/40
2	1	3	2	4	1	3	19/40
4	4	3	4	2	2	4	26/40
3	1	3	1	1	1	1	14/40

AY THIEF

1.50 York) came
when just denied
oodwood latest.
ouble with FOOD FOR
who went close again at
ff just 2lb lower.

TEMPLEGATE'S VERDICT

MARCO POLO is by a sire who produces plenty of soft-ground winners and he looked a useful prospect when second in a big field on debut at the Curragh earlier this month. There are plenty of 6f winners in the family and he might well have won that first outing with a clearer run through. Ryan Moore (*below*) takes over today and he can take a major step forward for Aidan O'Brien.

3.00

Unbeaten **Arapaho Gold** is the obvious danger after completing his hat-trick in Listed company at Newbury and he relishes this trip. Softer ground is an unknown but he has plenty of ability. **Adaay Of Scarlett** has been second on his last four, including three times in Group 2s and first-time cheekpieces could help. He is right at home over this trip but is another who has only tackled quick ground so far. **Agamemnon** continues to progress and was second in a French Group 3 earlier this month. He seems to improve with every run so cannot be ruled out. **Mussab** ran well in the Norfolk Stakes at Royal Ascot and has been off the track since. He shaped well over course and distance on debut and is another with place prospects.

REST OF YOUR DAY THREE ACTION

3.35 YORK — TRAFFIC LIGHT RATINGS
5 = EXCELLENT 3 = AVERAGE 1 = POOR

	HORSE	Crs	Dis	Gng	Cls	Form	Spd	Trn	Jky	Total
1	AINT NOBODY	4	4	2	4	1	1	1	1	18/40
2	AMERICAN AFFAIR	3	4	2	4	3	4	2	1	23/40
3	COVER UP	1	5	3	1	4	4	4	4	26/40
4	JM JUNGLE	2	2	1	1	2	3	2	3	16/40
5	NIGHT RAIDER	2	3	1	4	3	2	4	4	23/40
6	PARTISAN HERO	3	1	4	2	4	3	2	3	22/40
7	REDORANGE	4	3	3	2	3	2	3	2	22/40
8	RUMSTAR	3	3	4	5	3	4	3	1	26/40
9	STARLUST	5	2	3	3	1	1	4	4	23/40
10	BACIO	2	2	2	2	1	4	1	2	16/40
11	MISSION CENTRAL	2	4	5	3	4	3	5	5	31/40
12	ASFOORA	4	2	1	3	1	2	1	4	18/40
13	AZURE ANGEL	1	3	1	2	1	1	4	3	16/40
14	HEAVENLY HEATHER	1	1	1	1	2	1	1	1	9/40
15	RAYEVKA	2	1	1	1	4	5	1	1	16/40
16	TIME FOR SANDALS	1	1	1	2	2	2	3	2	14/40
17	FITZELLA	2	1	2	2	2	1	2	3	15/40
18	PERSHAADA	2	4	4	2	5	3	3	2	25/40

Sunracing FORM

MISSION CENTRAL (9-1) 14-1 rear of mid-division, rapid headway 1f out, led towards finish, bt **RAYEVKA** (9-4) 7-1 mid-division, smooth headway 2f out, stayed on well 110yds out and every chance, just held, hd **HEAVENLY HEATHER** (9-4) 40-1 mid-division, kept on final furlong, nearest finish, 6th (btn 1¼l) **ASFOORA** (9-4) 12-1 chased leaders, ridden 1f out, one pace, 7th (btn 2l) **NIGHT RAIDER** (9-7) 4-1 chased leaders, faded inside final furlong, 10th (btn 2½l) **JM JUNGLE** (9-7) 80-1 handy, faded final furlong, 11th (btn 2¾l) **AZURE ANGEL** (9-4) 125-1 dwelt, mid-division, pushed along 1f out, never on terms, 12th (btn 3l) **COVER UP** (9-7) 25-1 mid-division, kept on 1f out, not much room closing stages, 13th (btn 3l) **AIN'T NOBODY** (9-7) 80-1 towards rear, kept on until no impression 1f out, 15th (btn 3½l) **TIME FOR SANDALS** (9-4) 16-1 prominent, weakened final furlong, 19th (btn 5½l) **STARLUST** (9-7) 50-1 towards rear, pushed along 2f out, no response, 23rd (btn 8½l) **RUMSTAR** (9-7) 25-1 mid-division, pushed along 2f out, weakened 1f out, 25th (btn 9½l) **AMERICAN AFFAIR** (9-7) 15-2 chased front rank pulling hard, weakened 2f out, eased 1f out, last (btn 13l) (26 ran) (Ascot 5f Grp 1 (1) £396,970 good to firm).
AMERICAN AFFAIR (9-4) 12-1 pressed leader, led 3f out, pushed along 1f out, jockey dropped whip inside final furlong, kept on well, bt **RUMSTAR** (9-4) 6-1 in touch, ran on well inside final furlong, went 2nd towards finish, ¼l **TIME FOR SANDALS** (9-1) 14-1 in rear, headway 1f out, went 3rd towards finish, kept on, 3rd (btn ¾l) **ASFOORA** (9-1) 14-1 front rank, going well 2f out, ridden to lead 1f out, no extra when headed towards finish, 4th (btn 1l) **JM JUNGLE** (9-4) 9-1 prominent, pressed leader 2f out, no extra final 110yds, 5th (btn 2½l) **PARTISAN HERO** (9-4) 14-1 led, headed 1f out, faded, 7th (btn 3½l) **NIGHT RAIDER** (9-7) 5-2 fav midfield, shaken up 2f out, faded inside final furlong, 10th (btn 4¾l) **AZURE ANGEL** (9-1) 28-1 half-reared, almost unseated and lost all chance start, behind, last (btn) (Goodwood 5f Grp 2 (1) £170,130 good to firm).
COVER UP (9-9) 7-1 held up, short of room 2f out, headway 1f out, led 100 yards out, kept on well, bt **PARTISAN HERO** (9-9) 14-1 tracked leader, ridden 1f out, disputed 100 yards out, soon headed, kept on same pace, ¾l (10 ran) (Curragh 5f Grp 2 (1) €78,000 good to firm).
REDORANGE (9-1) 12-1 towards rear, pushed along 2f out, led 110yds out, ran on, bt Aspect Island (8-10) nk **JM JUNGLE** (9-1) 9-1 tracked leaders, ridden 2f out, soon led, headed 110yds out, no extra, 3rd (btn ½l) **STARLUST** (9-1) 4-1 fav in touch, ridden and every chance final furlong, always just held, 4th (btn ½l) **AZURE ANGEL** (8-13) 14-1 rear of mid-division, keeping on one pace when not much room close home, 5th (btn ¾l) **AMERICAN AFFAIR** (9-1) 11-2 mid-division, pushed along 1f out, not pace to challenge, 6th (btn 1½l) **HEAVENLY HEATHER** (8-10) 13-2 chased leaders, ridden 2f out, no impression when hampered 1f out, 12th (btn 5½l) (13 ran) (York 5f Listed (1) £39,697 good to firm).
BACIO (9-5) 3-1 fav travelled strongly, close up, led and ridden over 1f out, stayed on strongly, bt Sandal's Song (9-4) 3¾l (27 ran) (Ascot 5f hcap (2) £61,848 good to firm).
MISSION CENTRAL (9-2) 13-2 led, headed after 1f, ridden 1f out, weakened, 7th of 11 (btn 5½l) to Comanche Brave (9-8) (Newmarket 6f Grp 1 (1) £453,680 good to firm).
FITZELLA (8-10) 11-1 towards rear, ridden 2f out, kept on steadily 1f out, 5th of 9 (btn 2½l) to Simplify (8-10) (Chester 6f Listed (1) £34,026 good).
PERSHAADA (9-0) 11-4 fav midfield, headway final furlong, led final 110yds, won going away, bt Adonius (9-3) 2l (11 ran) (Goodwood 5f Grp 3 (1) £62,381 good to firm).

3.35 COOLMORE CITY OF TROY NUNTHORPE STAKES (GRP 1) £340,260; 5f (18 runners)

1 07-090 **AIN'T NOBODY** 66 (D)
(6) K Ryan 4-10-1 ..... **Kevin Stott** 89
Runs: 16 Wins: 2 (F,GS) Places: 2 £234,709
Last year's runner-up, but poor recent form raises questions, ignore

2 -02061 **AMERICAN AFFAIR** 21 (CD)
(4) J Goldie 6-10-1 ..... **Paul Mulrennan** 97
Runs: 27 Wins: 9 (4F,3GS,2G) Places: 8 £847,474
Bounced back to best in Group 2 at Goodwood, likes it here, strong claims

3 -13801 **COVER UP** 34 (D)
(15) S & E Crisford 6-10-1 ..... **William Buick** 91
Runs: 29 Wins: 10 (S,F,6A,2G) Places: 3 £465,682
Slick Group 2 winner at the Curragh, but likely to find few too good today

4 -49035 **JM JUNGLE** 21 (B★;CD)
(16) J & S Quinn 6-10-1 ..... **Jason Hart** 93
Runs: 44 Wins: 6 (S,2F,GS,2G) Places: 15 £494,569
Consistent, likes it here and first-time blinkers may help him outrun odds

5 0-1100 **NIGHT RAIDER** 21 (BF,D)
(2) K R Burke 5-10-1 ..... **James Doyle** 94
Runs: 18 Wins: 6 (F,4A,GS) Places: 1 £267,339
Fourth last year and has won twice this season, recent efforts need forgiving

6 713327 **PARTISAN HERO** 21 (CD)
(17) D Loughnane 6-10-1 ... **Tom Marquand** 90
Runs: 30 Wins: 6 (A,GS,4G) Places: 14 £215,905
Usually consistent, but improvement is needed to strike at Group 1 level

7 7-8141 **REDORANGE** 41 (CD)
(18) C Cox 4-10-1 ..... **P J McDonald** 91
Runs: 16 Wins: 4 (2F,2G) Places: 7 £125,247
Won Listed race over course and distance last time, place shout

8 0-2012 **RUMSTAR** 21 (D)
(8) J Portman 6-10-1 ..... **Rob Hornby** 96
Runs: 32 Wins: 7 (S,2F,4G) Places: 4 £398,819
In good nick with Sandown win and Goodwood second, dangerous

9 74-604 **STARLUST** 41 (BF,CD)
(10) R Beckett 5-10-1 ..... **Rossa Ryan** 95
Runs: 24 Wins: 6 (2A,2GS,2G) Places: 6 £735,986
Fourth here last time, but must rediscover his peak form to be a factor

10 121-11 **BACIO** 63 (D)
(5) W Ward (USA) 3-9-13 . **Juan Hernandez** 97
Runs: 5 Wins: 4 (F,A,2G) Places: 1 £170,018
Brilliant hcap win at Royal Ascot, trainer talking him up, ground concerns

11 0-1117 **MISSION CENTRAL** 41 (D)
(7) A O'Brien (Ire) 3-9-13 ..... **Ryan Moore** 98
Runs: 10 Wins: 6 (F,4G) £625,277
Won Group 1 at Royal Ascot, plenty went wrong in July Cup, do better

12 -00794 **ASFOORA** 21 (B;CD)
(3) H Dwyer (Aus) 8-9-12 .... **Oisin Murphy** 95
Runs: 34 Wins: 12 (2S,2F,4G) Places: 5 £1,797,314
Brilliant winner last year, revived when fourth at Goodwood, respected

13 615050 **AZURE ANGEL** 21 (B;D)
(14) E Bethell 6-9-12 ..... **Daniel Tudhope** 91
Runs: 26 Wins: 7 (F,5A,G) Places: 2 £130,146
Listed winner earlier this season, not had much luck since, e-w claims

14 254260 **HEAVENLY HEATHER** 41 (D)
(9) T Waggott 5-9-12 ..... **Barry McHugh** 83
Runs: 22 Wins: 3 (3A) Places: 5 £142,450
Excellent Royal Ascot sixth, but has yet to prove that was not a fluke, ignore

15 6-5612 **RAYEVKA** 66 (D)
(12) F Graffard (Fr) 4-9-12 . **Mickael Barzalona** 98
Runs: 13 Wins: 3 (2S,GS) Places: 4 £359,604
Narrow Royal Ascot runner-up with leading claims after a short break

16 -58003 **TIME FOR SANDALS** 21
(13) H Eustace 4-9-12 .... **Kieran Shoemark** 93
Runs: 13 Wins: 2 (F,A) Places: 6 £587,780
Bounced back to form when third in Group 2 at Goodwood, drawn wide

17 -56505 **FITZELLA** 19
(1) H Palmer 3-9-10 ..... **Colin Keane** 82
Runs: 11 Wins: 2 (F,G) Places: 2 £107,980
Useful filly, but doubt she has the gears to win a Group 1 over 5f, avoid

18 32141 **PERSHAADA** 23 (D)
(11) R Hannon 2-8-2 .... **Silvestre De Sousa** ●99
Runs: 5 Wins: 2 (F,G) Places: 1 £86,032
Very quick, rapid win at Goodwood last time, top jock up, lots to like

BETTING: 9-4 Bacio, 5 Rayevka, 6 Mission Central, 7 Asfoora, American Affair, 12 Night Raider, Pershaada, 14 Rumstar, Cover Up, 20 Time For Sandals, Redorange, 25 Jm Jungle, 33 Starlust

WHERE FAVOURITES FINISHED: 4 6 2 4 0
2025: Asfoora 7-9-12, O Murphy 11-1 (H Dwyer Aus), drw 5, 17 ran.

TEMPLEGATE'S VERDICT

NIGHT RAIDER can bounce back with a good draw in the Nunthorpe. Karl Burke's (*below*) flyer had looked better than ever earlier this season, landing the Palace House before overcoming a tardy start to win the Temple Stakes at Haydock. This is his optimum trip, some cut suits and a return to his spring level gives him every chance. He's had excuses for his past two failures – a bad draw at Ascot and Goodwood's roller-coaster. **Bacio** is an obvious danger after demolishing a big field in a Royal Ascot handicap in a performance worthy of Group 1 company. He remains open to improvement, although softer ground is a different test. The strong pace should play perfectly to **Rayevka**, who has thrived since dropping to 5f. She won a Group 3 before being edged out by **Mission Central** at Royal Ascot, and looks a major player despite a tough draw. The latter is respected back at 5f after not enjoying six in the July Cup. **American Affair** arrives at the top of his game following his Goodwood Group 2 success and is another to consider. Defending champion **Asfoora** fared better at Goodwood and has place claims again.

3.35

BIG-RACE PINSTICKERS SEE PAGES 2-3

You love racing. We love racing.

The Favourite. First past the post for colours, tips and form SEVEN DAYS A WEEK

Favourite YET MORE COLOURS, TIPS AND SUPER

REST OF YOUR DAY THREE COLOURS AT YORK

4.10 ASSURED DATA PROTECTION HANDICAP (2) winner £61,848; 1m 4f (17 runners)

1 31-639 **PLAGE DE HAVRE 48 (D)**
(7) A Balding 5-9-12 ..... **P J McDonald** 96
Runs: 12 Wins: 2 (A,G) Places: 6 £113,524
Useful course form, but must rebound from a disappointing recent effort

2 12-030 **WAVE RIDER 24 (P★)**
(3) G Scott 4-9-11 ..... **Oisin Murphy** 93
Runs: 13 Wins: 2 (F,GS) Places: 5 £57,079
Capable, first-time cheekpieces and trip could spark improvement

3 -16066 **FRENCH DUKE 15 (D)**
(11) H Al Jehani 5-9-9 ..... **James Doyle** 94
Runs: 14 Wins: 2 (F,G) Places: 3 £122,264
Third in this race last year, well treated but recent form disappoints

4 0-7221 **MASTER VINTNER 14 (B;D)**
(16) R Beckett 4-9-8 ..... **Rossa Ryan** 97
Runs: 8 Wins: 3 (S,A,G) Places: 3 £30,434
Progressive, smooth win at Thirsk, but wide draw far from ideal, e-w

5 0-4175 **ERNST BLOFELD 41 (BF,D)**
(12) H Al Jehani 4-9-7 ..... **Daniel Tudhope** 90
Runs: 10 Wins: 2 (2A) Places: 1 £27,182
Both wins have come on the AW, turf form not as good, bit to prove

6 -53032 **TYCOON 27**
(4) K De Foy 4-9-6 ..... **Ryan Moore** 91
Runs: 11 Wins: 1 (F) Places: 5 £38,450
Consistent, Ryan takes over but needs to find more to be a win factor

7 0600-1 **MASTER BUILDER 100 (CD)**
(5) D Menuisier 5-9-4 ..... **Tom Marquand** ●99
Runs: 14 Wins: 3 (S,2G) Places: 3 £118,012
Course-and-distance winner in May, 7lb rise very fair, strongly fancied

8 713102 **SPORTINGSILVERMINE 13 (D)**
(8) J Owen 5-9-4 ..... **Marco Ghiani** 97
Runs: 39 Wins: 4 (2F,A,G) Places: 11 £172,957
Won big pot at Newmarket, solid Ascot effort latest, on the shortlist

9 352112 **SAY WHAT YOU SEE 15 (C,D)**
(14) L Bailey 4-9-3 ..... **Billy Garritty** 95
Runs: 19 Wins: 5 (2A,GS,2G) Places: 6 £70,091
Progressive course winner, longer trip could unlock further improvement

10 941-12 **TRUTH BE TOLD 32**
(2) M Grassick (Ire) 4-9-3 ..... **non-runner** 98
Runs: 11 Wins: 2 (G) Places: 2 £28,309
Irish challenger, only just held in a decent race at Ballinrobe, ruled out

11 60-811 **EXPLODE 6 (D)**
(15) F Bramley 4-9-2(5ex) ..... **William Buick** 97
Runs: 9 Wins: 3 (2F,GS) Places: 3 £28,689
Progressive hat-trick-seeker, quick returns but top jock keeps the ride

12 049-88 **ZANNDABAD 55**
(1) A Martin (Ire) 7-9-1 ..... **Jamie Spencer** 90
Runs: 22 Wins: 4 (2GS) Places: 2 £94,775
Well treated on best form, but this shorter trip may prove inadequate

13 07-670 **SHADOW DANCE 139 (P★,T★;CD)**
(9) R Menzies 6-9-1 ..... **Kaiya Fraser** 80
Runs: 15 Wins: 2 (2G) Places: 5 £125,016
Course winner in his pomp, but looks out of sorts for new yard, ignore

14 /88-50 **GENEALOGY J40**
(13) F Bramley 4-9-0 ..... **Clifford Lee** 87
Runs: 7 Wins: 1 (G) Places: 1 £13,797
Recent winner over hurdles, but looks poor hcapped back on the Flat

15 962511 **PRIMO LARA 27 (C,D)**
(10) J Chapple-Hyam 5-8-12 ... **Colin Keane** 98
Runs: 19 Wins: 4 (F,2A,GS) Places: 1 £47,620
Progressive dual winner arriving in excellent form, 7lb rise may anchor him

16 112944 **JIMMY SPEAKING 15**
(6) C Dwyer 5-8-10 ..... **Silvestre De Sousa** 87
Runs: 29 Wins: 5 (S,2A,GS,G) Places: 9 £74,612
Consistent recently, but not sure how much staying power he possesses

17 514 **CUFF IT 16**
(17) R Spencer 3-8-4 ..... **Saffie Osborne** 89
Runs: 3 Wins: 1 (GS) £7,543
Unexposed hcap debutant, drawn in the car park, others appeal more

BETTING: 11-2 Master Builder, 7 French Duke, 17-2 Wave Rider, 8 Primo Lara, 10 Plage De Havre, Master Vintner, Sportingsilvermine,
WHERE FAVOURITES FINISHED: 6 3 0 0 9
2025: Asgard's Captain 5-8-9, J Egan 16-1 (D Cunha), drw 3, 10 ran.

Sunracing FORM

SPORTINGSILVERMINE (8-9) 12-1 prominent, shaken up to lead 2f out, kept on well inside final furlong, bt Paddy The Squire (9-10) 1¼l **PLAGE DE HAVRE** (9-11) 10-1 held up, shaken up 2f out, weakened over 1f out, 9th (btn 12l) (12 ran) (Newmarket 1¼m hcap (2) £64,425 good to firm).
WAVE RIDER (9-2) 17-2 mid-division, ridden over 3f out, no response, 11th of 17 (btn 4¾l) to Al Aali (8-10) (Goodwood 1¼m hcap (2) £61,848 good).
SAY WHAT YOU SEE (8-10) 12-1 held up, stayed on strongly 1f out, just held btn nk by Spinning Wheel (9-10) **JIMMY SPEAKING** (8-6) 28-1 mid-division, headway to lead 1f out, headed inside final furlong, weakened, 4th (btn 2¼l) **FRENCH DUKE** (9-6) 13-2 held up towards rear, ridden and kept on one pace 1f out, 6th (btn 3¾l) (12 ran) (Southwell 1m 3f hcap (2) £15,702 AW).
MASTER VINTNER (9-9) 3-1 handy, headway 2f out, led 1f out, ran on, bt Golden West (8-10) 2½l (6 ran) (Thirsk 1¼m hcap (3) £9,720 good).
TYCOON (9-10) 10-3 keen, led, ridden and headed 2f out, kept on same pace final furlong, 3rd of 8 (btn 1½l) to Tryfan (8-11) **ERNST BLOFELD** (9-12) 13-8 fav keen, midfield, ridden 2f out, soon wandered around, kept on same pace final furlong, 5th (btn 4l) (8 ran) (Ascot 1¼m hcap (2) £24,300 good to firm).
TYCOON (9-9) 6-1 prominent, pushed along 2f out, edged right over 1f out, no chance with winner, kept on, btn 7½l by Likealot (10-0) (10 ran) (York 1¼m hcap (3) £15,462 good to firm).
MASTER BUILDER (9-9) 10-3 fav midfield, travelled strongly into lead 2f out, kept on strongly, bt Great Bedwyn (9-7) ¾l **SPORTINGSILVERMINE** (9-4) 22-1 held up, pushed along and headway 2f out, held from 1f out, 7th (btn 10l) (17 ran) (York 1¼m hcap (4) £15,462 good).
SPORTINGSILVERMINE (9-8) 16-1 mid-division, improved 3f out, soon pushed along and pressed leader, kept on one pace final furlong, btn 1½l by Asgard's Captain (9-8) (Ascot 1¼m hcap (2) £41,803 good to firm).
TRUTH BE TOLD (10-0) 11-4 tracked leaders, travelling well 2f out, soon pushed along, ridden in 2nd inside final furlong, stayed on close home, not reach winner, btn nk by War Rooms (9-10) (9 ran) (Ballinrobe 1m 5f hcap €12,000 good to yielding).
EXPLODE (9-12) 6-1 made most, increased lead 1f out, went clear final furlong, comfortably, bt Masterinthewoods (9-9) 4½l (5 ran) (Newbury 1¼m hcap (4) £10,468 good to firm).
ZANNDABAD (8-13) 18-1 held up in mid-division, stayed on well final 150 yards, nearest finish, 8th of 20 (btn 5½l) to Align (9-5) (Goodwood 2m hcap (2) £77,310 AW).
SPORTINGSILVERMINE (8-12) 12-1 prominent, outpaced and lost ground quickly 1f out, soon weakened, 12th of 13 (btn) to Team Player (8-11) **SHADOW DANCE** (9-6) 33-1 midfield, dropped towards rear 3f out, soon struggling, tailed off final furlong, last (well btn) (Musselburgh 1½m hcap (3) £25,770 soft).
GENEALOGY (9-7) 28-1 tracked leader, 4th halfway, ridden and no impression 2f out, 10th of 16 (btn 5¾l) to final Voyage (8-8) (Ascot 1¼m hcap €15,000 good to yielding).
PRIMO LARA (10-1) 4-1 tracked front pair, led 2f out, ridden 1f out and forged on, readily, bt Masterinthewoods (10-1) 1½l (15 ran) (Ascot 1¼m hcap (4) £16,042 good to firm).
CUFF IT (9-11) 4-1 early pace, led, ridden over 2f out, headed over 1f out, kept on one pace, 4th of 10 (btn 8½l) to Shadow Road (9-4) (Kempton 1m 3f nov (3) £6,480 AW).

TEMPLEGATE'S VERDICT

4.10

WAVE RIDER can make a splash now he steps up to 1m4f and can land this red-hot handicap. George Scott's four-year-old didn't get the breaks at Goodwood last time, twice meeting trouble in the final furlong and crossing the line with plenty left. That was his first start for four months and Oisin Murphy keeps the ride. He won twice over 1m2f last season, including on soft at Pontefract, and was also runner-up in a Bahrain Group 2 over that distance. Quicker going would hold no fears and he's had a nudge down the weights. **Master Builder** has obvious claims after scoring over course and distance on good to soft in May, while **Say What You See** likes it here and arrives after an excellent Southwell second. **Master Vintner** powered clear over 1m4f at Thirsk in first-time blinkers and remains interesting, while **Sportingsilvermine** returned to form when second at Ascot. **French Duke** is another slipping in the weights, while **Plage De Havre** ran well on his last visit here in May and looks a big each-way price.

4.10 YORK	Crs	Dis	Gng	Cls	Form	Spd	Trn	Jky	Total
SAY WHAT YOU SEE	4	5	4	2	5	5	2	2	29/40
MASTER VINTNER	3	4	3	2	4	4	4	3	27/40
WAVE RIDER	3	3	2	5	3	1	3	4	24/40
EXPLODE	3	5	1	2	2	4	2	4	23/40
PLAGE DE HAVRE	2	3	4	4	1	1	5	1	21/40
FRENCH DUKE	3	3	1	4	1	1	4	4	21/40
SHADOW DANCE	5	4	5	3	1	1	1	1	21/40
PRIMO LARA	4	4	1	2	3	3	1	3	21/40
MASTER BUILDER	4	3	4	4	1	1	1	1	19/40
SPORTINGSILVERMINE	1	2	1	3	2	2	4	3	19/40
TRUTH BE TOLD	3	3	2	2	4	3	1	1	19/40
CUFF IT	3	3	1	2	4	1	3	2	19/40
JIMMY SPEAKING	3	3	3	2	3	2	1	1	18/40
GENEALOGY	3	1	3	2	2	2	2	2	17/40
ERNST BLOFELD	3	2	1	2	1	1	4	2	16/40
TYCOON	1	1	1	2	1	3	2	5	16/40
ZANNDABAD	2	2	2	3	1	2	1	1	14/40

4.45 BRITISH STALLION STUDS EBF CONVIVIAL MAIDEN STAKES (2); 2-y-o; winner £51,540; 7f. (15 runners)

1 (12) **BENJAMIN HORNIGOLD** J O'Brien (Ire) 9-7 ..... **Colin Keane** —
2 (4) **5 DOVER STREET 16** R Hannon 9-7 ..... **Pat Dobbs** 91
3 (6) 35 **GALIPI 52** C Hills 9-7 ..... **Tom Marquand** 90
4 (1) **GAME CHARACTER** H Palmer 9-7 ..... **David Probert** —
5 (2) 3 **LANCASTER TOWER 23 (BF)** J & T Gosden 9-7 ..... **William Buick** 97
6 (11) 33 **LAUNCH SEQUENCE 24** K R Burke 9-7 ..... **James Doyle** 96
7 (14) **MAGWITCH** K Ryan 9-7 ..... **Kevin Stott** —
8 (8) **MASTER CELERITAS** J & S Quinn 9-7 ..... **Jason Hart** —
9 (13) **MY REMAS (T★)** A Balding 9-7 ..... **P J McDonald** —
10 (10) 23 **OKLAHOMA 39 (P★;BF)** A P O'Brien (Ire) 9-7 ..... **Ryan Moore** ●99
11 (3) **PETE'S ANGEL** R & P Fahey 9-7 ..... **Barry McHugh** —
12 (7) **ROSSBEIGH** F Brennan 9-7 ..... **Edward Greatrex** —
13 (9) 3 **SOLE AMBITION 38** E Walker 9-7 ..... **Kieran Shoemark** 94
14 (15) 3 **SPEYSIDE 20** H Palmer 9-7 ..... **Oisin Murphy** 96
15 (5) **THE THINKING MAN** A Keatley 9-7 ..... **Mikey Sheehy** —

BETTING: 3 Oklahoma, 4 Lancaster Tower, 6 Speyside
WHERE FAVOURITES FINISHED: 7 1 6 1 3-4
2025: Frescobaldi 9-7 Ryan Moore 10-3 (A P O'Brien(Ire) drawn 7, 13 ran.

5.20 SKY BET EBF FILLIES' HCAP (2) value to the winner £51,540; 1m 2f (17 runners)

1 1-1346 **NAGA 34 (D)**
(9) J & T Gosden 4-9-12 ..... **William Buick** 97
Runs: 10 Wins: 3 (F,A,G) Places: 2 £41,042
Been chasing black type, 1m4f too far latest, plenty of weight but respected

2 1427-9 **SHARPEN 48 (T★;D)**
(11) G Boughey 4-9-10 ..... **Jamie Spencer** 92
Runs: 6 Wins: 1 (G) Places: 1 £19,215
Lstd 2nd in Ireland last year but lost way, no show stable debut, jury's out

3 0150-3 **JANEY MACKERS 105 (D)**
(6) D Menuisier 4-9-8 ..... **Tom Marquand** 96
Runs: 9 Wins: 2 (S,GS) Places: 2 £39,064
Fair return at Chester in May, off since a concern, go well if fit and firing

4 122622 **LADY DORA MAE 7**
(5) G Boughey 3-9-5 ..... **Ryan Moore** 96
Runs: 12 Wins: 3 (F,2A) Places: 6 £76,104
Good 2nds in Goodwood hcap and French Lstd latest, Ryan up, player

5 1-2153 **PLAID 35**
(17) J Fanshawe 3-9-2 ..... **Oisin Murphy** 95
Runs: 6 Wins: 2 (A,G) Places: 2 £36,564
Not disgraced Lstd last twice, 17lb higher than Hamilton hcap win, e-w

6 /2-763 **ELECTRIFARHH 24 (H)**
(7) E Walker 4-9-1 ..... **Kieran Shoemark** 92
Runs: 6 Wins: 1 (A) Places: 2 £21,537
Best yet in hcaps at Goodwood last time, worth try at 10f, interesting

7 222374 **RASTNET 10**
(3) J Butler 4-9-1 ..... **Rossa Ryan** 89
Runs: 10 Wins: 1 (A) Places: 6 £22,883
Running respectably but tad too high in hcap, go well but vulnerable

8 217584 **PATAGONIA GIRL 19 (D)**
(13) H Palmer 4-8-12 ..... **Ashley Lewis (3)** 92
Runs: 15 Wins: 3 (F,2G) Places: 2 £47,289
Chester winner in May but has failed to build on it, others preferred

9 7-6311 **SILVER LAKE 21 (D)**
(8) W Haggas 3-8-10 ..... **Saffie Osborne** ●99
Runs: 5 Wins: 2 (2F) £51,267
On the upgrade, beat Lady Dora latest, 9lb rise might prove no anchor

10 5-3101 **DREAM CAMP 32 (D)**
(15) A Balding 3-8-10 ..... **Rob Hornby** 98
Runs: 5 Wins: 2 (F,A) £17,136
Sandringham was too hot but more like it Windsor latest, up 4lb, threat

11 110656 **FOLK PAGEANT 21 (D)**
(16) C Johnston 3-8-9 ..... **Marco Ghiani** 93
Runs: 10 Wins: 4 (S,A,2G) Places: 1 £64,656
Started year on fire but off boil since, rain would help, needs bounce back

12 2-4122 **FOOD FOR THOUGHT 20 (BF,D)**
(12) R Beckett 3-8-8 ..... **Edward Greatrex** 97
Runs: 6 Wins: 1 (F) Places: 2 £15,020
Holding her own in small-field hcaps, this lot tougher but not ruled out

13 576706 **CALLIANASSA 27**
(10) B Ellison 5-8-8 ..... **Silvestre De Sousa** 83
Runs: 41 Wins: 4 (4A) Places: 8 £88,302
Coming down weights but for a reason, there will be easier assignments

14 135231 **PENDELLA 38 (D)**
(2) K R Burke 3-8-6 ..... **Jack Nicholls (3)** 95
Runs: 8 Wins: 2 (F,A) Places: 3 £31,232
Confidence booster at Beverley latest, 3lb rise fair, taken seriously

15 142414 **DUNKELD DREAMER 41 (BF,C)**
(1) K R Burke 3-8-5 ..... **Cam Hardie** 89
Runs: 17 Wins: 5 (S,2F,2G) Places: 4 £52,062
Excused latest, true-run race is what she needs and this could be it, player

16 315125 **BEARIN UP 42**
(14) T Easterby 3-8-2 ..... **Duran Fentiman** 92
Runs: 14 Wins: 3 (3G) Places: 4 £29,337
On career-high mark, and 10f stretches her stamina, place at very best

17 215879 **BINT AL DAAR 27 (V;D)**
(4) K Frost 6-8-2 ..... **Ethan Tindall (5)** 75
Runs: 43 Wins: 5 (F,3A,G) Places: 11 £123,163
Regressive form, unsighted Ascot back on turf latest, won't figure here

BETTING: 3 Silver Lake, 5 Plaid, 6 Lady Dora Mae, 10 Electrifarhh
WHERE FAVOURITES FINISHED: 2 2 6 0 4
2025: Cape Flora 3-8-8, K O'Neill 13-2 (J & T Gosden), drw 2, 13 ran.

THE Placepot is a bet where you select a horse to be placed in the FIRST SIX races of any meeting. Multiply the number of selections in each race to calculate your stake. So for staking it's 2x2x2x2x1x2 which adds up to 32 lines. If one in each race is placed, we get a payout!

POT LUCK

TODAY'S PICKS AT YORK

LEG 1 ..... Storming Point, Blue Courvoisier
LEG 2 ..... Caballo De Mar, Mount Atlas
LEG 3 ..... Marco Polo, Arapaho Gold
LEG 4 ..... Night Raider, Rayevka
LEG 5 ..... Wave Rider
LEG 6 ..... Oklahoma, Lancaster Tower

KILLARNEY

GOING: GOOD

EAMONN HAMES

5.12 ..... Belicoso
5.47 ..... Iamimmaculate
6.20 ..... Moonlit Sun
6.50 ..... Glitter And Glory
7.20 ..... LUKER'S TIPPLE (nap)
7.50 ..... Espritroyale
8.20 ..... Murat

TOM PEPPER

5.12 ..... Maggie Walker
5.47 ..... Oscar Nominee
6.20 ..... Jagged Edge
6.50 ..... Casamorati
7.20 ..... Eagle Fang
7.50 ..... Chicago Moon
8.20 ..... Samui

■TIC-TAC: Left-handed, sharp, oval track of 1m 2f. ■LEADING TRAINERS (2021-2026): J P O'Brien 27-152. J Harrington 13-95, D O'Brien 7-26, H De Bromhead 7-33. THIS SEASON: J P O'Brien 6, D Hogan 2, D K Weld 2. ■TOP JOCKEYS (2021-2026): D McMonagle 17-99, S Foley 15-111, W M Lordan 11-50, C D Hayes 9-94. THIS SEASON: D McMonagle 5, C D Hayes 4, S Coen 2. ■LONGEST TRAVELLER: Mayflower (5.47) & Jagged Edge (6.20) trained at Dublin. Round trip of 386 miles. ■JACKPOT: 3-6. PLACEPOT: 1-6. ■LIVE ON RACING TV

5.12 NURSERY HANDICAP; 2-y-o; winner €9,000; 1m. (8 runners)

1 (7) 763 **BELICOSO 35** J O'Brien 9-13 ..... **D McMonagle**
2 (3) 637 **MARGOT MAE 43** J Harrington 9-10 ..... **S Foley**
3 (6) 6223 **SEAXBURH 19 (BF)** J O'Brien 9-9 ..... **D McDonogh**
4 (5) 080 **RAZMATAZ 36** D O'Brien 9-2 ..... **G Ryan**
5 (8) 16 **MAGGIE WALKER 55** D Marnane 9-1 ..... **L McAteer**
6 (1) 785 **OLD JOANIE 27 (T★)** J Barrett 9-1 ..... **R Mulligan (5)**
7 (4) 089 **ELYATTA 16 (T★)** N Meade 9-0 ..... **A Caffrey**
8 (2) 0007 **FINE LINE 16** D Hogan 8-9 ..... **C Hayes**
Maggie Walker ●99, Margot Mae 98, Seaxburh 97.
5-2 Seaxburh, 3 Belicoso, 5 Maggie Walker, 13-2 Margot Mae, 8 Razmataz, 10 Old Joanie, 12 Fine Line, Elyatta

5.47 RATED RACE; 3-y-o; winner €12,000; 1m. (8 runners)

1 (4) 6657 **MAYFLOWER 23** S Thorne 10-0 ..... **J Kearney (3)**
2 (2) -166 **DO FOR LOVE 127 (T★;D)** K Condon 9-13 **G Carroll**
3 (1) 7110 **KIRKLAND SIOUX 23 (D)** J O'Brien 9-13 **D McMonagle**
4 (7) 3282 **MANTON BAY 29 (BF,D)** D Marnane 9-13 **L McAteer**
5 (8) 12 **OSCAR NOMINEE 165** J Murtagh 9-10 ..... **B Coen**
6 (3) 2-42 **IAMIMMACULATE 19 (T★;BF,D)** G O'Leary 9-9 **S Foley**
7 (5) 6-01 **TOTALLY PUZZLED 96 (H;D)** H Bromhead 9-8. **R Whelan**
8 (6) 7234 **ELMAKAYA 27** D Weld 9-7 ..... **C Hayes**
Iamimmaculate ●99, Manton Bay 98, Oscar Nominee 96.
5-2 Iamimmaculate, 3 Manton Bay, 4 Oscar Nominee, 7 Elmakaya, 8 Totally Puzzled, Kirkland Sioux, 14 Do For Love, 16 Mayflower

6.20 LISTED STAKES (1); winner €30,000; 1m. (11 runners)

1 (9) 1-96 **CRISTAL CLERE 63 (D)** J Nallen 8-9-9 **J Heffernan**
2 (7) -256 **EAST HAMPTON 33** D Marnane 4-9-9 ..... **L McAteer**
3 (2) 1030 **JAGGED EDGE 19 (D)** S Thorne 4-9-9 ..... **J Kearney**
4 (1) 0268 **CAROLINA JETSTREAM 55 (D)** R Aguiar 4-9-4. **W Lordan**
5 (6) 8-80 **QUEBEC 89** J O'Brien 4-9-4 ..... **D McDonogh**
6 (5) 1102 **RION RUBETTE 14** M Butler 4-9-4 ..... **P Harnett**
7 (8) 3874 **SUBSONIC 9** J Murtagh 4-9-4 ..... **B Coen**
8 (4) 3624 **SYZYGY 36 (B;D)** D McLoughlin 4-9-4 **S McCullagh**
9 (10) 1344 **HARDY WARRIOR 24 (T★;D)** J O'Brien 3-9-3 **D McMonagle**
10 (11) 314 **MOONLIT SUN 23 (BF,D)** J Harrington 3-8-12. **S Foley**
11 (3) 9242 **WEARING STARS 27** H Bromhead 3-8-12 **R Whelan**
Hardy Warrior ●99, East Hampton 97, Carolina Jetstream 96.
7-4 Hardy Warrior, 5 Carolina Jetstream, 6 Moonlit Sun, 6 Jagged Edge, 8 East Hampton, 10 Quebec, 12 Cristal Clere, 14 Syzygy

6.50 HANDICAP; 3-y-o; winner €9,000; 1m. (10 runners)

1 (5) 3550 **GOLDDREAM 23 (V★;D)** D Marnane 10-0 **L McAteer**
2 (4) 56-6 **SAGA LUCIA 34** M O'Callaghan 10-0 ..... **J Powell**
3 (7) 9982 **CASAMORATI 21** J O'Brien 9-13 ..... **D McMonagle**
4 (9) 2357 **GLITTER AND GLORY 12** J Harrington 9-13 **S Foley**
5 (2) -673 **CHAPEL LANE 43** W McCreery 9-11 .. **D McDonogh**
6 (6) 8106 **SWEET BABY ZOU 21** J O'Brien 9-9 **J Pietropaolo (7)**
7 (10) 1300 **ONLY ONE SCOBIE 21 (D)** P Flynn 9-7 ..... **L Roche**
8 (1) 1624 **CHIRAC 39 (BF)** J Feane 9-3 ..... **P Harnett (5)**
9 (3) 6609 **SANCERRE ROCK 70 (P★,T★)** A Slattery 9-2 **A Slattery**
10 (8) 1-70 **JOHN LA BEAR 21 (D)** R O'Sullivan 9-1 ..... **B Coen**
Chirac ●99, Casamorati 98, Chapel Lane 97.
3 Casamorati, 9-2 Chapel Lane, 5 Chirac, 6 Saga Lucia, 13-2 Sweet Baby Zou, 10 Golddream, Glitter And Glory, 14 Only One Scobie

7.20 PREMIER HANDICAP; winner €30,000; 1m 6f. (13 runners)

1 (12) -902 **TAIPAN 21 (CD)** J Harrington 8-10-0 ..... **S Foley**
2 (6) /214 **EAGLE FANG 25 (V;CD)** W Durkan 6-9-10.. **C Hayes**
3 (11) -437 **GRANITE BAY 25 (P★;BF,D)** J Fahey 5-9-10 **J Cleary (5)**
4 (5) 4-26 **ROYAL HOLLOW 222 (CD)** A Slattery 8-9-8 **A Slattery**
5 (8) 1130 **THE REAL SCREAMER 41** P Flynn 5-9-6 ..... **B Coen**
6 (10) 2120 **FACTUAL FACT 54 (C)** H Bromhead 7-9-7 **R Whelan**
7 (2) -149 **LIGHT UP THE DARK 25 (D)** J O'Brien 5-9-7 **D McMonagle**
8 (9) -801 **WAR ROOMS 32** G Keane 5-9-7 ..... **J Heffernan**
9 (1) -922 **IMMUTABLE 21** J Murphy 6-9-4 ..... **K Carroll**
10 (3) 9110 **GAOTH CHUIL 23 (C)** T Walsh 8-8-9. **R Holohan (7)**
11 (7) 20-7 **LUKER'S TIPPLE J8** G Cromwell 5-8-9 ... **R Whearty**
12 (13) 1951 **SIR JEREMY 20 (B)** N Meade 4-8-9 . **K Kennedy (5)**
13 (4) -056 **CHUTZPAL 15 (B;CD)** H Bromhead 7-8-7 **S Cusack (7)**
Immutable ●99, War Rooms 98, Gaoth Chuil 96.
9-2 Immutable, 5 War Rooms, 13-2 Eagle Fang, 8 Luker's Tipple, Sir Jeremy, 10 Granite Bay, Taipan, 12 Gaoth Chuil

7.50 APPRENTICE HANDICAP; winner €7,200; 1m 6f. (10 runners)

1 (3) -332 **LADY PLIMSOLL 3 (BF)** M O'Callaghan 4-10-0 **R Holohan (4)**
2 (4) 8067 **TRUBSHAW 21 (B★;D)** H Bromhead 4-9-10 **G Hill (7)**
3 (7) 1258 **JURALITY 29** P Flynn 5-9-6 ..... **S Coen**
4 (9) 8118 **NUMIDIA 14 (V;D)** P Lawlor 8-9-6 .... **M Sheridan (7)**
5 (5) 15-7 **CHARLIE BROWN 16 (D)** T O'Mara 6-9-4 **A Browne-Souza (7)**
6 (6) 3751 **CHICAGO MOON 39 (C)** H Bromhead 3-9-1 **C Cusack (7)**
7 (8) 6522 **ESPRITROYALE 21** G Cromwell 3-9-0 ..... **J Kearney**
8 (2) 9044 **DESERT FRIEND J25 (D)** P Murphy 10-8-13 **W Joyce**
9 (1) 0632 **CELESTIALLY 37** D O'Brien 3-8-11 ..... **P Harnett**
10 (10) 6338 **QUEEN OF ASTOLAT 16** D Hogan 3-8-7 **K Kennedy**
Chicago Moon ●99, Celestially 98, Lady Plimsoll 97.
3 Chicago Moon, 4 Lady Plimsoll, 9-2 Celestially, 6 Espritroyale, 10 Numidia, 12 Jurality, 14 Trubshaw, Desert Friend, Charlie Brown

8.20 AMATEUR STAKES; winner €9,600; 2m 1f. (8 runners)

1 (5) 71 **MURAT 43** P Lawlor 7-11-11 ..... **Mr H Swan**
2 (6) 30-8 **RAGMANS CORNER J22** G Keane 7-11-7 **Mr F Maguire**
3 (2) 322- **SAMUI 405 (CD)** G Elliott 7-11-7. **Miss H Smullen (7)**
4 (2) 2 **CAN HAPPEN J25** P Flood 6-11-4. **Miss G Benson (7)**
5 (4) 0 **GLOWING ACCOUNT 23** W P Mullins 9-11-4 **Miss J Townend**
6 (1) 0-09 **SILAS MARNER 8** S Harty 9-11-4 ..... **Ms M Kelly (7)**
7 (8) 080- **SIMPLETWISTOFFAITH J294** J O'Neill 9-11-4 **Mr K O'Neill (7)**
8 (3) 00-9 **SUPREMIE LAW 15** S Harty 7-11-4 ..... **Mr J Chute (7)**
Samui ●99, Murat 97, Ragmans Corner 94.
Evs Samui, 2 Murat, 6 Ragmans Corner, Can Happen, 8 Glowing Account

Sun FORM

NAGA (9-6) 11-2 towards rear, not pace to trouble leaders, 6th of 9 (3¾l) to Brielle (9-6) (Newmarket 1¼m Listed (1) £34,026 good).
LADY DORA MAE (8-9) 16-1 in rear, never a factor, 6th of 9 (btn 12l) to Tattycoram (9-7) **SHARPEN** (9-7) 40-1 lost position 3f out, soon beaten, last (well btn) (Newmarket 1¼m Grp 2 £93,572 good to firm).
JANEY MACKERS (9-1) 33-1 stayed on final furlong, 3rd of 11 (btn 5½l) to Respond (9-5) **CALLIANASSA** (8-5) 66-1 one pace, 6th (7l) (Chester 1¼m hcap (2) £23,190 good).
LADY DORA MAE (8-10) 6-1 led 2f out, headed 1f out, kept on, ½l by Mirik (8-13) (9 ran) (Clairefontaine 1¼m Listed (1) £20,785 soft).
PLAID (9-2) 85-40 tracked leaders, short of room 2f out, stayed on, 3rd of 6 (3½l) to Superior Choice (9-7) **FOLK PAGEANT** (9-2) 18-1 weakened, 5th (10l) (Hamilton 1m 3f Listed (1) £45,368 good to firm).
ELECTRIFARHH (9-1) 18-1 stayed on 1f out, nearest finish, 3rd of 14 (3¾l) to Rumba Numba (9-7) (Goodwood 1m hcap (3) £25,770 good).
RASTNET (10-2) 4-1 led, headed final 110yds and weakened, 4th of 9 (2l) to She Commands (9-10) (Lingfield 1¼m hcap (4) £10,468 AW).
PATAGONIA GIRL (10-1) 8-1 led 2f out, headed 1f out, one pace, 4th of 7 (5l) to Charmaine (10-1) (Chester 1¼m hcap (4) £7,731 good).
SILVER LAKE (8-6) 4-5 fav led 2f out, stayed on well, bt **LADY DORA MAE** (9-9) 11-1 chased winner 1f out, kept on, 3l **FOLK PAGEANT** (9-2) 33-1 led, headed 2f out, weakened, 6th (11l) (7 ran) (Goodwood 1¼m hcap (2) £43,809 good).
DREAM CAMP (9-6) 9-1 led 1f out, kept on well, bt Sunshine Star (9-8) ¾l (7 ran) (Windsor 1¼m hcap (4) £10,468 good to firm).
FOOD FOR THOUGHT (9-9) 10-11 fav led, headed inside final furlong, no extra, btn 1¼l by Hollywell Stream (9-7) (4 ran) (Newmarket 1¼m hcap (4) £6,542 good to firm).
CALLIANASSA (9-10) 9-1 kept on same pace final furlong, 6th of 12 (6l) to Fantastic Fox (9-13) (Newcastle 1m hcap (4) £5,653 AW).
PENDELLA (9-8) 11-10 fav made all, readily, bt It's Debatable (9-9) 1¼l (4 ran) (Beverley 1¼m hcap (4) £5,574 good to firm).
DUNKELD DREAMER (8-8) 13-8 fav effort 2f out, stayed on, 4th of 5 (1l) to Spirit Of Acklam (9-5) (Hamilton 1m 5f hcap (4) £5,286 good).
BEARIN UP (8-13) 18-1 prominent, plugged on, 5th of 9 (6½l) to Dark Moon Rising (9-12) (York 1¼m hcap (4) £12,885 good to firm).
BINT AL DAAR (9-7) 50-1 ridden 2f out, no progress, 9th of 15 (btn 18l) to Primo Lara (10-1) (Ascot 1¼m hcap (4) £16,042 good to firm).

SUNFORM – WE'RE ALL YOU EVER NEED, ALL THE TIME!

NEWMARKET

GOING: GOOD TO FIRM (GOOD)

2.00 RACING WELFARE FILLIES' NOVICE STAKES (Class 3); 2-y-o; value to the winner £6,185; 7f. (7 runners)

1 (7) 3 **BEGUILED 22** J & T Gosden 9-2 .... **Billy Loughnane ●99**
2 (6) 6 **GIVE ME A BOW 20** W Stone 9-2 .... **Paddy Bradley 73**
3 (2) 5 **JESSICA 20** K De Foy 9-2 .... **Hector Crouch 90**
4 (5) **LATE NIGHT SHOW** K R Burke 9-2 .... **Pierre Jamin —**
5 (1) **SHOW ME GLORY** A Balding 9-2 .... **Callum Hutchinson —**
6 (4) **WOOLLAHRA** J Morland 9-2 .... **George Wood —**
7 (3) **ZIRCONIC** H Palmer 9-2 .... **Harry Davies —**

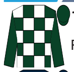
BETTING: 11-10 Beguiled, 3 Show Me Glory, 4 Late Night Show, 8 Jessica, 14 Zirconic
WHERE FAVOURITES FINISHED: 1 4 3 5-6 2
2025: Inis Mor 9-9 Sean Levey 3-1 (D Menuisier) drawn 6, 10 ran.

2.35 BRITISH EBF NOVICE STAKES (3); 2-y-o; value to the winner £6,700; 7f. (6 runners)

1 (5) **AL JABBAR** C Appleby 9-2 .... **Billy Loughnane —**
2 (2) **ASTABUEN** E Walker 9-2 .... **George Downing —**
3 (1) 5 **MAJESTIC JUDE 24** W Haggas 9-2 .... **Harry Davies ●99**
4 (3) 6 **MOHEEBB 24** J Butler 9-2 .... **Neil Callan 84**
5 (6) 8 **NIDAL 14** S Williams 9-2 .... **Pierre Jamin 72**
6 (4) 64 **ON TARGET 7** G Scott 9-2 .... **George Wood 93**

BETTING: 4-6 Al Jabbar, 3 Majestic Jude, 11-2 Astabuen, 12 On Target, 33 Moheebb
WHERE FAVOURITES FINISHED: 1 1 2 2 1
2025: Monoceros 9-2 Billy Loughnane 6-5 Fav (C Appleby) drawn 2, 5 ran.

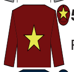
3.10 RACING TV FILLIES' HANDICAP (4) value to the winner £6,442; 6f (8 runners)


1 1314-8 **ELARA MAY 35**
(4) P McBride 3-9-11 .... **Hector Crouch 93**
Runs: 10 Wins: 4 (2F,A,G) Places: 2 £25,869
Busy but good first season, poor on return, needs to show she's trained on

2 336013 **POWDERING 35 (CD)**
(7) M Herrington 6-9-9 .... **Dylan Hogan 97**
Runs: 55 Wins: 9 (S,F,4A,GS,2G) Places: 12 £103,106
C&D win in June, but 4lb rise did for her here latest, vulnerable again

3 1-1432 **ZIGHY 53 (BF,D)**
(6) G Boughey 3-9-8 ..... **Billy Loughnane ●99**
Runs: 9 Wins: 2 (2A) Places: 5 £21,160
Tapped for toe at Ffos Las (5f) last time, this trip better, leading player

4 332920 **SHALLOW 24 (V;CD)**
(5) R Spencer 5-9-7 .... **George Wood 95**
Runs: 28 Wins: 5 (F,4A) Places: 11 £93,465
Went close C&D two starts ago, not so great Goodwood latest, bounce back


5 530649 **ANGEL SHARED 24 (CD)**
(8) Steph Hollinshead 5-9-6 .**Dougie Costello 96**
Runs: 27 Wins: 6 (S,3F,GS,G) Places: 3 £60,576
Likes it here, won this off 7lb higher last year (in better form then), threat

6 41860 **BRIGHT SUMMER 27**
(3) A Balding 3-9-2 ... **Callum Hutchinson 89**
Runs: 5 Wins: 1 (A) £6,689
Won novice on AW but hasn't kicked on three turf starts since, squeak

7 710212 **ADALIDA 27**
(1) S Williams 3-8-13 .... **Callum Shepherd 96**
Runs: 16 Wins: 2 (F,G) Places: 6 £24,485
Solid effort this mark at Lingers latest, go well but possible best trip is 5f

8 134384 **SEEING STARS 10**
(2) W Knight 3-8-7 .... **Harry Davies 91**
Runs: 9 Wins: 1 (A) Places: 5 £13,599
No disgrace Nottm latest, unexposed at sprint trips, place prospect

BETTING: 9-4 Zighy, 7-2 Powdering, 6 Adalida, Shallow, 8 Elara May, 10 Seeing Stars, 12 Bright Summer, Angel Shared
WHERE FAVOURITES FINISHED: 3
2025: Angel Shared 4-9-12, D Costello 3-1 (S Hollinshead), drw 3, 7 ran.

3.45 RACING TV HANDICAP (5); value to the winner £5,154; 1m 2f. (5 runners)

1 (2) -090559 **LIBERATE 24 (D)** J & S Best 4-9-11 .... **George Wood 86**
2 (4) 43-220 **FANCIULLA DEL WEST 50 (BF)** E Walker 3-9-9 .... **George Downing 95**
3 (1) 24-3913 **EMMA'S LETTER 30 (B;D)** E Dunlop 3-9-7 .... **Billy Loughnane 98**
4 (3) 954 **MISS GUINEVERE 64 (H)** C Fellowes 3-9-3 .... **Paddy Bradley 94**
5 (5) 2761551 **PORT DARWIN 16 (D)** C Johnston 3-9-1 .... **Callum Shepherd ●99**

BETTING: 2 Port Darwin, 11-4 Emma's Letter, 3 Fanciulla Del West, 5 Miss Guinevere
WHERE FAVOURITES FINISHED: 1 3 1 4
2025: Gretna Dreams 3-9-2 Pat Cosgrave 6-1 (S C Williams) drawn 2, 6 ran.

TEMPLEGATE
2.00 .... Beguiled
2.35 .... Al Jabbar
3.10 .... Zighy
3.45 .... Port Darwin
4.20 .... Rizal
4.51 .... Rogue Citation

TOM PEPPER
2.00 .... Show Me Glory
2.35 .... Astabuen
3.10 .... Powdering
3.45 .... Emma's Letter
4.20 .... Zurna
4.51 .... Bami

■TIC-TAC: July course is an undulating galloping track of 2m. All races upto a mile are on the straight course. ■DRAW: None. ■LEADING TRAINERS WITH RUNNERS (2021-2026): C Appleby 76-209, J & T Gosden 35-163, A Balding 22-134, W Haggas 20-132. THIS SEASON: C Appleby 13, J & T Gosden 8, A Balding 8. ■TOP JOCKEYS WITH RIDES (2021-2026): B Loughnane 29-125, R Havlin 19-134, N Callan 18-124, H Davies 11-82. THIS SEASON: B Loughnane 15, R Havlin 6, H Crouch 5. ■LONGEST TRAVELLER: Zirconic (2.00). Round trip of 414 miles. ■TRAINERFAX: C Appleby won the 2.35 in 2019 & 2025. ■FIRST RUN SINCE WIND OP: None. ■LIVE ON RACING TV

4.20 END OF SUMMER SEASON HANDICAP (4) winner £6,442; 1m 4f (4 runners)

1 26-311 **RIZAL 35 (D)**
(1) G Scott 4-10-3 .... **Billy Loughnane ●99**
Runs: 10 Wins: 2 (2F) Places: 3 £15,991
Landed odds at Hamilton, 5lb rise for hat-trick attempt, the one to beat

2 822436 **PATROL 27 (D)**
(3) D Cunha 4-9-10 .... **Robert Havlin 95**
Runs: 28 Wins: 3 (3A) Places: 7 £35,318
Back on last winning mark but better on AW (0-15 on turf), has a squeak

3 041160 **PARISIAN SCHOLAR 21 (CD)**
(4) C Johnston 3-9-6 .... **Callum Shepherd 91**
Runs: 16 Wins: 5 (2F,2A,GS) Places: 1 £40,654
Excuses latest, C&D winner three starts back, not discounted totally

4 9721 **ZURNA 43 (D)**
(2) J & S Birkett 3-9-4 .... **Dylan Hogan 98**
Runs: 4 Wins: 1 (F) £7,485
Enjoyed step up to 12f to win at Epsom, up 6lb, can chase the fav home

BETTING: 10-11 Rizal, 9-4 Zurna, 5 Patrol, 10 Parisian Scholar
WHERE FAVOURITES FINISHED: 2 1 8 2 2
2025: Bondi 3-9-1, Sean Levey 4-1 (R Hannon), drawn 2, 3 ran.

Sunracing FORM

RIZAL (9-4) 4-5 fav tracked leader, led 2f out, readily, bt Nightsinwhitesatin (9-1) 2l (3 ran) (Hamilton 1½m hcap (4) £5,286 good to firm).
PATROL (9-12) 22-1 mid-division, pushed along 3f out, kept on, 6th of 15 (9¼l) to Primo Lara (10-1) (Ascot 1½m hcap (4) £16,042 good to firm).
PARISIAN SCHOLAR (8-13) 12-1 weakened 1f out, last of 13 (btn 14l) to Into The Light (9-7) (Goodwood 1m 3f hcap (3) £25,770 good to firm).
ZURNA (9-8) 9-2 close up, led 2f out, drifted left 1f out, kept on well, bt Tai Hang Pegasus (9-9) 1½l (5 ran) (Epsom 1½m hcap (5) £4,449 good).

4.51 SEE YOU ON THE ROWLEY MILE FILLIES' HANDICAP (5); value to the winner £5,154; 7f. (9 runners)

1 (1) 8-41344 **HILLTOP 14 (D)** D & C Kubler 5-10-0 .... **Billy Loughnane 93**
2 (2) 4314-1 **BAMI 59 (D)** T Dascombe 3-9-9 .... **Pierre Jamin ●99**
3 (7) 17-8733 **GHISA 21 (H;D)** C Fellowes 3-9-9 .... **Paddy Bradley 91**
4 (6) 31-631 **ROGUE CITATION 14 (CD)** E Bethell 3-9-9 .... **Harry Davies 98**
5 (3) 862-901 **SPLASH 37 (D)** D Ivory 3-9-8 .... **Robert Havlin 97**
6 (9) 41 **MISS GALLANT 47 (H;D)** M Botti 3-9-6 .... **Jack Gilligan 96**
7 (8) 4-531 **TOO TOO DIVINE 31 (BF)** J Fanshawe 3-9-5 .... **George Wood 97**
8 (4) -312312 **ALLEGRINO 20 (D)** A Balding 3-9-4 .... **Callum Hutchinson 95**
9 (5) 4-43588 **IRONIST 44** G Margarson 4-9-4 .... **Callum Shepherd 83**

BETTING: 7-2 Bami, 4 Too Too Divine, 5 Miss Gallant, Rogue Citation, 7 Hilltop
WHERE FAVOURITES FINISHED: 5-7 3 3 4 2-3
2025: Folkene 3-9-5 Joanna Mason 9-1 (Roger Fell) drawn 8, 9 ran.

PRO BETS

EYECATCHER: CARMERS (2.25 York) didn't quite stay in the Ascot Gold Cup and can do better here.
PENALTY KICK: DANDY MAGIC (7.45 Hamilton) can defy a penalty for winning here last time out.
GAMBLED ON: THANKS HARRY (5.57 Salisbury) was well backed before just missing out at Hamilton last time out.

YOUR KILBEGGAN CARD

GOOD (GOOD TO YIELDING)

4.56 MAIDEN HURDLE; winner €7,200; 2m. (14 runners)

1 **BAILA CONMIGO F21 (H★)** C Murphy 4-11-9 .. **E Walsh**
2 50 **HINCHINBROOKE 20** E McNamara 4-11-9 .... **G Noonan**
3 8-5 **PUPPET MASTER F27** C Murphy 4-11-9. **E Finegan (5)**
4 37-0 **KIMI DE MAI 20** W P Mullins 6-11-5 .... **D Mullins**
5 -169 **CHARLES THE BOLD 13** B McMahon 6-11-4 **E Nugent (7)**
6 -542 **FIRST ASCENT 13 (BF)** G Elliott 5-11-4 .... **J Kennedy**
7 06 **GRABAT 36** P Fenton 5-11-4 .... **B Hayes**
8 9-7U **JODORO 46** D McLoughlin 5-11-4 .... **P O'Hanlon**
9 39-F **LE ROI ARTHUR 17** E Buckley 5-11-4 .... **K Buckley**
10 03-0 **ANNS GETAWAY 13** S McParlan 6-10-11 **Mr N McParlan**
11 4258 **MISTAKENFORANOTHER 35** J Ryan 5-10-11..... **D King**
12 /7-8 **RENE'S GOLD 20** R O'Sullivan 5-10-11 .... **D Meyler**
13 0/P9 **ROSE MOUNTAIN 13** M Hassett 6-10-11 .... **P Enright**
14 0 **REALLY TRULY 8** J O'Brien 4-10-8 .... **J Slevin**
15 **RICKETY KATE** J O'Brien 4-10-8 .... **RESERVE**
16 **LOADSTONE** J O'Brien 4-11-1 .... **RESERVE**
17 **GEASHILL POET** A Murray 5-11-4 .... **RESERVE**

Kimi De Mai ●99, Puppet Master 92, First Ascent 89.
4-5 Kimi De Mai, 4 First Ascent, 13-2 Puppet Master, 10 Rene's Gold, 12 Really Truly, 14 Le Roi Arthur, 16 Mistakenforanother

5.32 NOVICE HURDLE; winner €7,200; 2m 3f. (9 runners)

1 2321 **FACILE OCEAN 13 (C)** C Murphy 5-11-12 **E Finegan (5)**
2 15 **MAGICO 76 (T★)** W P Mullins 5-11-12 .... **D King**
3 FP41 **NO MON NO FUN 31** J Doyle 5-11-12 .... **J Doyle**
4 -313 **ROSIE'S WINGS 22** R O'Sullivan 6-11-12 .... **D Gilligan**
5 2-12 **MINO DES MOTTES 25** G Elliott 4-11-9 .... **J Kennedy**
6 1-31 **LA COTE FLEURIE 85** H Bromhead 5-11-5.. **D O'Keeffe**
7 3-09 **EAGLEWOOD 14** L Flynn 6-10-12 .... **P Enright**
8 4 **KATIE CAN'T COUNT 69 (H★;BF)** W P Mullins 6-10-12 **B Hayes**
9 -437 **LAKEWOOD ROSE 42** N Hennessy 8-10-12 **Miss N Hennessy (7)**

Magico ●99, La Cote Fleurie 97, Mino Des Mottes 96.
5-2 La Cote Fleurie, 4 Magico, Mino Des Mottes, 9-2 Rosie's Wings, 8 Facile Ocean, Katie Can't Count, 12 No Mon No Fun

6.05 HANDICAP HURDLE; winner €7,200; 2m 3f. (16 runners)

1 -507 **CLOONAINRA 19** J McConnell 7-11-12 **S Fitzsimons (7)**
2 3-62 **MAGIC DAY 28 (CD)** H Bromhead 7-11-12 .... **D O'Keeffe**
3 5241 **MYSILVERRIVERFEALE 28 (H;CD)** T Cooper 5-11-8 **D King**
4 -1PP **SOMERSBY ROOST 42 (D)** O McKiernan 6-11-8 **P Enright**
5 4P82 **BHEAN SAIBHRE 31** A Howard 5-11-7... **P Smithers (5)**
6 9-35 **COCOVIC 50 (H)** E McNamara 6-11-7 .... **P O'Brien (5)**
7 -1P3 **PRIDE OF PLACE 42 (B)** E Bolger 7-11-7 **C O'Dwyer (3)**
8 -109 **SECRET ROCK 11 (C)** C Collins 7-11-6 .... **E Walsh**
9 -333 **EMESTERAYE 23** R O'Sullivan 5-11-5 .... **D Gilligan**
10 -P30 **PAUL COLLINS 23** B McMahon 6-11-5 .... **P Byrnes**
11 -8P2 **DIAMOND TIPP 18 (P★)** M Hassett 6-11-4 ... **J Kennedy**
12 -4P3 **THE MONKEY POLE 18** N Dooly 6-11-4 .. **R Condon (5)**
13 6541 **PARKGARVE 12 (B)** I Donoghue 6-11-1 .... **P O'Hanlon**
14 2-68 **MALIKANNA 36** P Roche 5-10-13 .... **M Walsh**
15 1272 **BLUE REED 13 (CD)** C Collins 7-10-11 ..... **E Finegan (5)**
16 00-5 **SOLAR GENERATION 98** M Brassil 5-10-9 .... **R Doyle**
17 8-06 **KOME DANS UN REVE 8** P Fenton 6-10-8 .... **RESERVE**
18 -434 **STEPS IN THE SAND 15** C Murphy 7-10-8 .... **RESERVE**
19 6510 **ANDYOURBIRDCANSING 15** J Ryan 8-10-7. **RESERVE**

Pride Of Place ●99, Magic Day 98, Blue Reed 97.
7-2 Pride Of Place, 5 Parkgarve, 6 Blue Reed, 13-2 Magic Day, 7 Bhean Saibhre, Mysilverriverfeale, 8 Emesteraye, 12 Diamond Tipp

6.35 MAIDEN HURDLE; winner €7,200; 3m 1f. (8 runners)

1 82 **BENNER WENNER 49** H Bromhead 5-11-4 . **D O'Keeffe**
2 U5 **DAD SEZ 23** G Elliott 6-11-4 .... **J Kennedy**
3 /074 **GO TO THE MOON 2** M McNiff 6-11-4 .... **P Enright**
4 -508 **L'AS DE WATT 18 (T★)** P Fenton 5-11-4 .... **B Hayes**
5 **GEORGES PARK** J Ryan 4-10-12 .... **D King**
6 -P85 **IDAHO EXPRESSO 15 (H)** D Christie 6-10-11. **D Gilligan**
7 45 **LADY FELICIA 31** A Howard 5-10-11 .... **S Torrens**
8 2-P3 **PACY MACIE 49** B Walsh 5-10-11 .... **Mr B Walsh (7)**

L'as De Watt ●99, Dad Sez 95, Benner Wenner 90.
11-8 Dad Sez, 9-4 Benner Wenner, 4 Lady Felicia, 12 L'as De Watt

7.05 HANDICAP CHASE; winner €6,000; 3m 2f. (14 runners)

1 9-22 **ONE WAY TRAFFIC 17** O McKiernan 9-12-0 . **P Enright**
2 P-5P **GORTHILL 19** S Carlin 10-11-13 .... **Mr S Connor (7)**
3 -418 **LECALE'S DIAMOND 35 (B★)** G Cromwell 6-11-11 **K Donoghue**
4 8503 **BROKEN ICE 6** J McConnell 10-11-9 .... **A Harvey**
5 4U7U **SAMPOET 17 (T★)** D Christie 9-11-7 .... **B Harvey**
6 316- **OUR ZEBO 336 (B)** N Kelly 7-11-6 .... **C Stone-Walsh**
7 -114 **ZOLPHARINE 13** J Ryan 8-11-5 .... **D King**
8 9-84 **GLENDINE BILLY 14** A Mullins 8-11-3 .... **D Mullins**
9 F-86 **JOE'S TURN 40 (C)** M McNiff 10-11-2 .... **A King (7)**
10 1321 **FR GILLIGANSVOYGE 7 (B)** J Carr 13-10-11 **P O'Brien (5)**
11 P-P8 **SEVENTY EIGHT TEAM 21** P Gilligan 8-10-9 **D Gilligan**
12 /P-0 **DEADHEAT 49 (P★)** S McParlan 13-10-8 **Mr N McParlan**
13 766- **HE FITZ IN 197 (V)** D Fitzgerald 10-10-8 .... **S Ewing**
14 995- **TULLABRACK LAD 131** F Flood 7-10-2 **M Kenneally (5)**

Fr Gilligansvoyge ●99, Broken Ice 98, Our Zebo 97.
3 One Way Traffic, 7-2 Our Zebo, 5 Broken Ice, 8 Fr Gilligansvoyge

7.35 HANDICAP CHASE; winner €12,000; 3m 2f. (9 runners)

1 -414 **CHARLIE LUCIANO 21 (C)** N Meade 7-11-12 **Mr D McGill (7)**
2 0-57 **A WAVE OF THE SEA 67 (C)** J Broderick 10-11-9 **C O'Dwyer (3)**
3 3-54 **CEANNDANA 13** R O'Sullivan 9-11-8 .... **K Donoghue**
4 86-9 **KOORI STAR 20** P Fahey 8-11-8 .... **D Gilligan**
5 -254 **IRA HAYES 19 (V)** J McConnell 7-11-5 **M Kenneally (5)**
6 3423 **SCALPNAGOON 13** G Elliott 6-11-5 .... **J Kennedy**
7 70-4 **GRANVILLE STREET F20 (P★)** C Murphy 8-11-3 **E Walsh**
8 315P **AD CAELUM 20** J Ryan 7-10-13 .... **J Slevin**
9 -83F **THE DARA MAN 35 (C)** J Ryan 11-10-5 .... **D King**

Scalpnagoon ●99, Ira Hayes 98, Charlie Luciano 97.
7-2 Scalpnagoon, 4 Charlie Luciano, Ira Hayes, 6 Ceanndana, 6 The Dara Man, 10 Koori Star, A Wave Of The Sea, Granville Street

8.05 NAT HUNT FLAT; winner €6,601; 2m. (11 runners)

1 3/ **BELLAHILL 509** S Crawford 6-12-0 .... **Mr S Connor**
2 0 **BLACKWOOD JOE 18** E Sheehy 5-12-0..... **Mr J Dunne**
3 F- **IN AROUND THEHOUSE 467** S Curling 5-12-0 **Mr L Barnett (2)**
4 779 **LONG STORY 31** J Neilan 6-12-0 .... **Mr T Halford (2)**
5 0-9 **DDAKJI 25** C Houlihan 4-11-11 .... **Mr B Stone**
6 44 **HILL SILVER 25** C Murphy 4-11-11 .... **Mr D McGill**
7 **LONE ASH LAD** N Kelly 4-11-11 .... **Mr S Cotter (2)**
8 6 **REAFADDA 19** J Ryan 4-11-11 .... **D Doyle**
9 F/0 **A QUEST FOR COGNAC 29 (H★)** B Walsh 6-11-7 **Mr B Walsh**
10 P-P3 **BAYMOUNT 14** A Mullins 5-11-7 .... **Mr J Hendrick**
11 P-P0 **NO BRAINER 36 (P★)** P McEnery 5-11-7 **Ms H Persse (4)**

Baymount ●99, Hill Silver 93, Long Story 84.
11-8 Baymount, 5-2 Hill Silver, 7 Bellahill, 15-2 In Around Thehouse

EAMONN HAMES
4.56 .... Kimi De Mai
5.32 .... La Cote Fleurie
6.05 .... Emesteraye
6.35 .... Dad Sez
7.05 .... Lecale's Diamond (nb)
7.35 .... Koori Star
8.05 .... Bellahill

TOM PEPPER
4.56 .... First Ascent
5.32 .... Facile Ocean
6.05 ... Mysilverriverfeale
6.35 .... Benner Wenner
7.05 .... One Way Traffic
7.35 .... Scalpnagoon
8.05 .... Hill Silver

■TIC-TAC: Right-handed undulating course of 9 furlongs. 6 fences per circuit. ■LEADING TRAINERS WITH RUNNERS (2021-2026): W P Mullins 34-111, H De Bromhead 23-133, G Elliott 20-247, J P Ryan 17-200. THIS SEASON: Ciaran Murphy 3, J P Ryan 2, H De Bromhead 2. ■TOP JOCKEYS WITH RIDES (2021-2026): D J O'Keeffe 15-126, J J Slevin 11-81, K M Donoghue 10-98, M P Walsh 8-37. THIS SEASON: B Hayes 2, D King 2, E Finegan 2. ■LONGEST TRAVELLER: Gorthill (7.05) trained at Antrim. Round trip of 332 miles. ■JACKPOT: 3-6. PLACEPOT: 1-6. ■LIVE ON RACING TV

LONGSHOT

PLAGE DE HAVRE (4.10 York) is coming down the weights and was a good third in a hot handicap at the Dante meeting on his last visit to the Knavesmire.

FFOS LAS

GOING: GOOD

2.10 HANDICAP (Class 5); winner £4,187; 6f. (6 runners)

1 (3) 8551 **SIXTYGEESBABY 10 (V;D)** D O'Meara 4-10-3(5ex) **L Morris**
2 (4) 7531 **SAFARI DREAM 17 (CD)** B Millman 6-9-11. **F Marsh**
3 (6) 47-6 **ARMY BUGLER 23 (P★)** W Greatrex 3-9-8 **H Vigors (5)**
4 (1) 1575 **ALKUWARRIOR 15 (C)** C Mason 3-9-7... **G Mangan**
5 (2) 4613 **LIOSA 27 (D)** Z Hawkins 6-9-6....... **O Carmichael (7)**
6 (5) 4942 **PULL THE RUG 15 (D)** G Harris 3-9-4...... **R Downey**

Safari Dream ●99, Sixtygeesbaby 98, Pull The Rug 97.
11-10 Sixtygeesbaby, 7-2 Safari Dream, 5 Pull The Rug, 6 Liosa, 14 Army Bugler, 20 Alkuwarrior

Sun FORM

SIXTYGEESBABY (10-0) 4-1 keen, led final furlong, kept on strongly, eased towards finish, bt Valentine Catcher (9-3) 4l (8 ran) (Carlisle 6f hcap (5) £4,187 good).
SAFARI DREAM (10-0) 11-4 made all, stayed on gamely final furlong, just prevailed, bt Diamondinthedark (9-9) sh hd (7 ran) (Ffos Las 6f hcap (5) £4,187 good).
ARMY BUGLER (9-0) 20-1 chased leaders, outpaced over 2f out, soon weakened, last of 6 (well btn) to Wheels Of Fire (9-12) (Sandown 5f hcap (4) £6,019 good).
ALKUWARRIOR (9-2) 28-1 in rear, shaken up and some progress 1f out, never on terms, 5th of 7 (btn 5¾l) to Solar Edge (9-13) (Chepstow 5f hcap (4) £5,339 good to firm).
LIOSA (9-8) 11-2 in rear, ridden inside final furlong, hung left final 110yds, no extra towards finish, 3rd of 10 (1½l) to Red Snapper (8-8) (Salisbury 6f hcap (5) £4,580 good to firm).
PULL THE RUG (9-6) 11-1 led 1f out, edged left inside final furlong, soon headed, held, btn nk by Red Snapper (8-10) (4 ran) (Chepstow 6f hcap (5) £4,187 good to firm).

2.45 HANDICAP (6); winner £3,454; 7f. (7 runners)

1 (3) 863R **SOFIAN 17 (CD)** N Evans 4-9-9 .... **K O'Neill**
2 (7) 7830 **SEARCHINGTHEBLUES 35 (P★;D)** M Usher 4-9-9 **R Dawes (5)**
3 (5) 8632 **CYPRIOT DIASPORA 17 (BF,CD)** B Millman 5-9-8 **J Doughty**
4 (4) 0431 **KALEIDOSCOPE EYES 17 (CD)** B J Llewellyn & R Williams 4-9-7 **R Downey**
5 (1) -991 **OVIEDO 9 (C,D)** A Dunn 6-9-3(5ex) **M Wonnacott (5)**
6 (6) 0807 **GREEN ICON 36 (D)** J & R Flint 4-9-2 .... **W Carson**
7 (2) 6246 **RAVENGLASS 36 (B;D)** A Wintle 7-9-0 .... **J Leavy**

Oviedo ●99, Kaleidoscope Eyes 98, Ravenglass 96.
10-11 Oviedo, 4 Kaleidoscope Eyes, 5 Cypriot Diaspora, 8 Ravenglass

3.20 MAIDEN STAKES (4); winner £5,400; 7f. (3 runners)

1 (3) 2222 **KORBUT 25** Sir M Prescott 3-9-2 .... **L Morris**
2 (2) 2-45 **LIKENESS 138** J Channon 3-9-2 .... **G Bass**
3 (1) 28-3 **READER 122** M Tregoning 3-9-2 .... **J Doughty**

Korbut ●99, Reader 95, Likeness 94.
11-10 Korbut, 7-4 Likeness, 7-2 Reader

3.55 HANDICAP (6); 3-y-o; winner £3,454; 7f. (12 runners)

1 (11) -989 **MEDYG 25 (B★)** E Smyth-Osbourne 9-9 **H Vigors (5)**
2 (2) 0568 **WILLOWINGHURN 9 (V;D)** D O'Meara 9-9 .. **J Leavy**
3 (12) 8690 **LADY FIZZ 15** I Mohammed & J Santos 9-9 **C Howarth (3)**
4 (1) 3618 **GAL 10 (D)** M Loughnane 9-6 .... **L Morris**
5 (8) -074 **ICONIC DAWN 17 (B)** H Morrison 9-6 ..... **G Mangan**
6 (10) 8686 **GOLDEN MABEL 13 (H)** L Williamson 9-6 **B Ffrench-Davis (5)**
7 (5) 7-71 **DIAMOND ALI 74** J & S Birkett 9-5 .... **W Carson**
8 (7) -363 **COUGAR FORCE 87** H Main 9-1 .... **G Bass**
9 (4) 6343 **FOLLOW MY HEART 31 (BF)** B Millman 9-0 **R Kavanagh (3)**
10 (3) 7354 **ARVANA BELLE 14** B Millman 9-0 .... **J Doughty**
11 (9) 0047 **INDEPENDENT ANGEL 12** L Williamson 9-0 **M Wonnacott (5)**
12 (6) 596 **KAIKO 21** A Wintle 9-0 .... **F Marsh**

Follow My Heart ●99, Cougar Force 98, Diamond Ali 97.
7-2 Diamond Ali, 9-2 Cougar Force, 5 Follow My Heart, 6 Gal, 7 Willowinghurn, 8 Arvana Belle, 10 Iconic Dawn, 14 Medyg

TEMPLEGATE
2.10 .... Sixtygeesbaby
2.45 .... Oviedo
3.20 .... Korbut
3.55 .... Diamond Ali
4.30 .... Charencey
5.02 .... Atalanta Mist

TOM PEPPER
2.10 .... Sixtygeesbaby
2.45 .... Kaleidoscope Eyes
3.20 .... Likeness
3.55 .... Diamond Ali
4.30 .... Charencey
5.02 .... Atalanta Mist

■TIC-TAC: Left-handed turf course of 1m 4f, 5f & 6f races are run on the straight course. ■DRAW: Little effect. ■LEADING TRAINERS WITH RUNNERS (2021-2026): B Millman 12-82, B J Llewellyn & Robert Williams 11-124, H Morrison 10-47, A Wintle 9-70. THIS SEASON: C Mason 3, A Wintle 3, M Loughnane 2. ■TOP JOCKEYS WITH RIDES (2021-2026): G Mangan 7-56, J Leavy 7-31, L Morris 6-34, F Marsh 4-72. THIS SEASON: G Mangan 3, Harry Vigors 2, R P Downey 2. ■LONGEST TRAVELLER: Sixtygeesbaby (2.10) & Willowinghurn (3.55) trained at Upper Helmsley. Round trip of 606 miles. ■FIRST RUN SINCE WIND OP: None. ■LIVE ON SKY SPORTS RACING

4.30 CLASSIFIED STAKES (6); winner £3,454; 1m 2f. (11 runners)

1 (11) 5334 **A ROSE ADAAY 12** G Harris 4-9-9 **B Ffrench-Davis (5)**
2 (7) 6223 **CHARENCEY 10 (BF)** I Williams 6-9-9 .... **J Leavy**
3 (8) 6556 **CITY ESCAPE 28 (E;CD)** N Evans 9-9-9..... **K O'Neill**
4 (9) 2832 **GERT LUSH 17** R Teal 9-9-9 .... **G Mangan**
5 (2) 2U36 **KING OF THE DANCE 9 (B)** B J Llewellyn & R Williams 7-9-9 **D Murphy (7)**
6 (1) 7R97 **PROPHET SQUEEZE 24 (H)** B Murphy 8-9-9 **C Howarth (3)**
7 (10) 2574 **RACING DEMON 21 (P★)** E De Giles 6-9-9 **L Morris**
8 (6) 6609 **STRONG MAN TOM 28 (P★)** B Murphy 4-9-9 **R Kavanagh (3)**
9 (3) 6433 **TYPEFACE 30 (C)** I Williams 4-9-9 .... **H Vigors (5)**
10 (5) 9746 **ELORA PRINCE 18** A Wintle 3-9-2 .... **F Marsh**
11 (4) 2642 **LAPIDARIST 20** D Simcock 3-9-2 .... **T Langley (5)**

Racing Demon ●99, Gert Lush 96, Charencey 95.
3 Charencey, 5 Lapidarist, Gert Lush, 6 Typeface, Racing Demon, 10 King of The Dance, City Escape, A Rose Adaay

5.02 HANDICAP (6); winner £3,454; 1m 4f. (10 runners)

1 (10) -953 **COGITAL 52 (C,D)** B J Llewellyn & R Williams 11-9-9 **D Murphy (7)**
2 (9) 1344 **VIRTUAL HUG 24 (D)** N Evans 8-9-8 .... **K O'Neill**
3 (4) 7133 **BUCK BARROW 24 (CD)** A Wintle 4-9-8..... **F Marsh**
4 (3) 6308 **MASTER DANCER 46 (V★)** R Bandey 9-9-7 **G Mangan**
5 (7) 8-62 **ADRIAN 78 (B;D)** B J Llewellyn & R Williams 9-9-7 **H Vigors (5)**
6 (6) 3323 **ATALANTA MIST 44** M Tregoning 3-9-1.. **J Doughty**
7 (8) 3864 **SAXOPHONIC 29 (P★)** D Simcock 3-9-0 ... **L Morris**
8 (1) 5581 **DREAM OF ITHACA 15 (D)** J Gallagher 3-9-0 **L Wright (5)**
9 (2) 779 **EMERALD REINE 86 (P★)** J & S Birkett 3-8-10 **R Kavanagh (3)**
10 (5) 5800 **BEAU CHEVALIER 12** E De Giles 3-8-7 **R Dawes (5)**

Atalanta Mist ●99, Adrian 98, Dream Of Ithaca 97.
11-4 Dream Of Ithaca, 9-2 Atalanta Mist, 5 Adrian, 6 Buck Barrow, 7 Saxophonic, 8 Virtual Hug, Cogital, 20 Emerald Reine

SALISBURY

GOING: GOOD TO FIRM (GOOD)

TEMPLEGATE
5.27 .... Thiscouldbefun
5.57 .... Spirit Of Lyra
6.27 .... Zen Diva
6.57 .... Box Clever
7.27 .... Bintward
7.57 .... A Daughters Love

TOM PEPPER
5.27 .... Thiscouldbefun
5.57 .... Thanks Harry
6.27 .... Zen Diva
6.57 .... Footstepinthewoods
7.27 .... Bintward
7.57 .... Masterdream

■TIC-TAC: Right-handed galloping track of 1m 2f, the uphill finish makes for a stiff test. ■DRAW: High at an advantage in sprints when the going is soft. ■LEADING TRAINERS (2021-2026): R Beckett 38-182, R Hannon 28-202, C Cox 24-129, E J-Houghton 18-120. THIS SEASON: R Beckett 6, B Millman 5, E J-Houghton 3. ■TOP JOCKEYS (2021-2026): S M Levey 10-90, R Clutterbuck 8-51, C Bishop 8-94, J Watson 8-31. THIS SEASON: L Edmunds 2, J Mitchell 2, F Tett 1. ■JOB JOCKEY: G Dobie rides Inca Heights (6.27), Thisonesforyou (6.57) for C Cox, 7 winners from 24 rides, 29%. ■LONGEST TRAVELLER: Chan Noir (5.57), Spirit Of Lyra (5.57), Bintward (7.27) trained at Newmarket. Round trip of 302 miles. ■FIRST RUN SINCE WIND OP: None. ■LIVE ON RACING TV

5.27 AMATEUR HANDICAP (Class 5); winner £4,346; 1m. (8 runners)

1 (4) 6-21 **MARSH BENHAM 29 (D)** G Baker 7-11-2.. **Mr S Walker**
2 (5) 5043 **KIMEKO GLORY 8 (B)** C Hills 4-11-1..... **Mr J Hills (7)**
3 (3) 0234 **DARVEL 28 (B;CD)** P Chamings 8-11-0....... **Mr F Tett**
4 (8) 66-2 **PRINCE RASAM 86** G & J Moore 5-11-0 **Mr H March (7)**
5 (7) 3749 **PRODIGAL SON 29 (B;D)** H Main 4-10-11... **Mr H Main (3)**
6 (2) 9-96 **OPTIMATUM 17 (D)** B Millman 4-10-11 . **Mr P Millman**
7 (6) 1515 **PALAZZO PERSICO 22 (D)** A Carroll 5-10-7 **Mr W Pearman (5)**
8 (1) 0301 **THISCOULDBEFUN 8 (CD)** J Moore 4-10-7 **Miss S Dorricott (5)**

Thiscouldbefun ●99, Marsh Benham 98, Kimeko Glory 97.
3 Marsh Benham, 4 Thiscouldbefun, 5 Prince Rasam, 6 Darvel, 7 Kimeko Glory, Palazzo Persico, 12 Prodigal Son, Optimatum

5.57 NOVICE STAKES (5); 2-y-o; winner £4,860; 6f. (14 runners)

1 (7) 16 **CHAN NOIR 27 (D)** J Chapple-Hyam 9-7 **R Clutterbuck**
2 (6) 63 **HELLO YOU TEN 15** J Osborne 9-7 .... **W Carver**
3 (9) 6 **KABOOM 15** R Hannon 9-7 .... **S Levey**
4 (14) 72 **THANKS HARRY 20** T Dascombe 9-7 .... **W Cox**
5 (4) **LOWCOUNTRY** T Ward 9-4 .... **A Voikhansky**
6 (8) 0 **STORM FORCE TEN 11** J Osborne 9-4 .... **T Fisher**
7 (3) 20 **FILLIPAS 50** B Millman 9-2 .... **L Edmunds**
8 (5) 41 **SPIRIT OF LYRA 27 (D)** W Knight 9-2 ...... **J Mitchell**
9 (13) **CHRISTMAS IS COMIN** S Leech 9-1 .... **J Gordon**
10 (10) 9 **MR MONTGOMERY 6 (H★)** O Sangster 9-1 **S Donohoe**
11 (12) **REECE'S CALL** B Millman 9-1 .... **T Heard**
12 (1) **INMYOPINION (H★)** A Perrett 8-10 .... **N Currie**
13 (2) **PENT UP CHARM** M Madgwick 8-10 . **I Chalmers (7)**
14 (11) **VERA LEMON** S Mullins 8-10 .... **R Dawson**

Spirit Of Lyra ●99, Chan Noir 94, Thanks Harry 90.
13-8 Spirit Of Lyra, 10-3 Thanks Harry, 4 Chan Noir, 10 Fillipas, 14 Hello You Ten, 20 Kaboom, Mr Montgomery, Lowcountry

6.27 HANDICAP (4); 3-y-o; winner £5,888; 6f. (7 runners)

1 (3) 2600 **ETERNAL SOLACE 88 (D)** O Sangster 9-10 **J Mitchell**
2 (1) -110 **ZEN DIVA 24 (CD)** R Beckett 9-9 .... **R Clutterbuck**
3 (7) -156 **BINTOLA 39 (D)** H Charlton 9-9 .... **L Edmunds**
4 (4) 0-06 **INCA HEIGHTS 41 (P★)** C Cox 9-7 .... **G Dobie**
5 (5) 72-1 **KOHANA NATION 20 (D)** C Hills 9-7 .... **J Watson**
6 (2) 7165 **HAVANA SMILE 29** G & J Moore 9-4 ..... **T Moore (7)**
7 (6) 7410 **COYY 22** E J-Houghton 9-3 .... **C Bishop**

Kohana Nation ●99, Bintola 98, Coyy 95.
2 Kohana Nation, 11-4 Zen Diva, 9-2 Coyy, 7 Bintola, Havana Smile, 16 Eternal Solace, Inca Heights

Sun FORM

INCA HEIGHTS (9-4) 28-1 tailed off, 11th of 12 (btn 13l) to Jazl (9-4) **ETERNAL SOLACE** (9-2) 33-1 always in rear, last (btn 16l) (Leicester 6f hcap (3) £9,421 good to firm).
ZEN DIVA (8-7) 7-1 tailed off, last of 20 (btn 13l) to Sing The Blues (8-11) (Goodwood 6f hcap (3) £25,770 good to firm).
BINTOLA (9-9) 9-2 weakened, 6th of 12 (6¼l) to Under The Twilight (9-7) (Windsor 6f hcap (4) £5,653 good to firm).
INCA HEIGHTS (9-3) 12-1 held up, never involved, last of 6 (11l) to Grasmere Boy (9-9) (Chester 6f hcap (4) £7,731 good).
KOHANA NATION (9-7) 2-5 fav made all, readily, bt Brash (9-7) 3¾l (4 ran) (Doncaster 6f nov mdn (4) £5,400 good).
HAVANA SMILE (9-8) 7-1 no impression 1f out, 5th of 7 (btn 5l) to Arry Up (9-7) (Sandown 5f hcap (4) £6,019 good).
COYY (8-5) 14-1 never a factor, 11th of 18 (btn 6½l) to Naana's Shadow (9-8) (Goodwood 5f hcap (3) £25,770 good).

6.57 HANDICAP (5); 3-y-o; winner £4,580; 1m. (8 runners)

1 (7) 2903 **BOX CLEVER 25 (C)** J Portman 9-9 .... **J Watson**
2 (2) 4606 **COURT OF STARS 15 (P★)** O Sangster 9-7 **S Donohoe**
3 (3) 5654 **ZIPWIRE 8** J Moore 9-7 .... **T Fisher**
4 (8) 0561 **FOOTSTEPINTHEWOODS 32 (D)** E Lavelle 9-5 **S Levey**
5 (4) -934 **THISONESFORYOU 25 (D)** C Cox 9-3 .... **G Dobie**
6 (5) -456 **CRIMSON SUNSET 97** M Tregoning 9-3 .... **N Currie**
7 (1) 568 **FLORIZELLE 74** E Smyth-Osbourne 9-0 **L Edmunds**
8 (6) -021 **VIOLET GOLDSMITH 49 (D)** E J-Houghton 8-11 **C Bishop**

Box Clever ●99, Footstepinthewoods 98, Violet Goldsmith 97.
5-2 Footstepinthewoods, 7-2 Violet Goldsmith, 9-2 Box Clever

7.27 NOVICE STAKES (3); winner £6,480; 1m 2f. (5 runners)

1 (4) 1 **BINTWARD 22** R Varian 3-9-7 .... **R Dawson**
2 (5) 07 **STOPHERANDGO 17** D Flood 9-9-7 .... **S Levey**
3 (1) P **THAT'S ALL FOLKS 16 (H)** S Mullins 6-9-7 **T Fisher**
4 (3) 5 **HERSTMONCEUX 17** W Muir & C Grassick 3-9-5 **L Edmunds**
5 (2) 3 **GOLDEN ISLAND 21** H Main 3-9-0 .... **J Mitchell**

Bintward ●99, Golden Island 93, Herstmonceux 77.
1-7 Bintward, 5 Golden Island, 33 Herstmonceux, 50 Stopherandgo

7.57 HANDICAP (6); winner £3,926; 1m 6f. (6 runners)

1 16-3 **MOAB J115 (D)** H Knight 6-10-2 .... **J Watson**
2 948 **DIGGER ONE 16** Kieran Burke 5-9-13 .... **J Gordon**
3 39-2 **MASTERDREAM 31** N Mulholland 9-9-11 . **C Bishop**
4 5012 **A DAUGHTERS LOVE 9 (BF)** D Flood 3-9-8 **S Levey**
5 3136 **BASILETTE J33 (BF)** S Mullins 7-9-5 .... **R Dawson**
6 3213 **PANTHERE NOIR 18 (BF)** L Dace 3-8-10..... **T Heard**

A Daughters Love ●99, Masterdream 97, Panthere Noir 97.
7-4 A Daughters Love, 3 Moab, 4 Panthere Noir, 11-2 Masterdream

GREYHOUNDS

SELECTIONS

■HOVE: 11.01 Alright Grace (nap) (4-6-1) 11.18 Tuono Dave (6-4-1) 11.34 Sharp Surprise (nb) (6-5-2) 11.52 Leslies King (5-3-4) 12.09 Alright Irene (3-1-6) 12.26 Montalto Ranger (5-1-3) 12.42 Noelles Glenlo (6-3-2) 12.59 Luna Outof Orbit (1-4-6) 1.17 Millers Gem (6-4-2) 1.33 Hopes Candy (1-5-3) 1.51 Sly Ash (5-2-1) 2.07 Nice Enough (3-1-2)
■CENTRAL PARK: 11.09 Broadway Rose (2-5-1) 11.27 Rossa Annie (nap) (6-5-2) 11.43 Hollyoak Poppet (2-6-1) 12.01 Speedy Bas (nb) (4-5-1) 12.18 Swift What (5-1-6) 12.34 Flying Glenbrook (6-4-3) 12.51 Deelish Maggie (5-3-4) 1.08 Hollyoak Peace (2-1-4) 1.26 Hollyoak Siobhan (2-5-4) 1.42 Beckley Jojo (1-4-6) 1.59 Roseville Icon (5-3-1) 2.14 Hollyhill Shari (1-3-4)

RETURNS

■KINSLEY: 11.14 Treanmanagh Ruby 15-8f (1-6-3 BAGS F £17.66 TC £36.71). 11.30 Ninja Berkley 11-4 (2-6-4 £28.23 TC £89.56). 11.46 Hazelgrove Raven 4-1 (5-6-2 £24.34 TC £64.62). 12.03 Rockstar Kenny 13-8 (5-3-4 £14.97 TC £22.23). 12.20 Treamanagh Star 3-1 (1-5-4 £10.19). 12.37 Lightfoot Elle 5-1 (5-1-2 £28.85 TC £68.23). 12.53 Grantstown Road 11-4f (4-5-6 £16.48 TC £46.04). 1.11 Drombeg Dolly 7-2 (4-3-5 £17.21 TC £94.50). 1.26 Russian Doctor 2-1f (2-3-1 £8.77 TC £31.29). 1.41 Grumpy Edith 6-5f (4-3-5 £5.35 TC £13.68). 1.58 Hazelgrove Flash 3-1 (1-4-2 £13.97). 2.14 Thats So True 4-1 (2-3-4 £20.82 TC £37.65).
■NOTTINGHAM: 11.25 Bonos Brother 5-1 (2-3-6 BAGS F £41.64 TC £138.62). 11.41 Blae No Play 7-2 (4-5-1 £12.62). 11.58 Keefill Beth 4-1 (4-1-6 £16.38 TC £35.84). 12.14 Doubtful Diamond 13-8f (3-5-4 £7.10 TC £13.30). 12.31 Ryder Ripple 6-4f (3-1-4 £10.54 TC £29). 12.48 Demba Bark 10-3 (2-1-5 £11.14). 1.06 Monbeg Bella 6-1 (2-5-4 £19.63). 1.21 Kellies Jewel 3-1 (6-4-3 £6.29 TC £17.62). 1.36 Chasing Niamh 2-1f (3-2-5 £9.38 TC £25.10). 1.52 Wolf Dawn 7-4f (6-2-5 £6.43). 2.09 Romantic Rosie 13-8f (1-3-2 £7.43).

Favourite WE'RE ALL YOU NEED, ALL THE TIME

HAMILTON

GOING: GOOD TO SOFT

TEMPLEGATE	TOM PEPPER
4.33 ..... Pikachu	4.33 ..... Pikachu
5.07 ..... Foxy Night	5.07 ..... Foxy Night
5.40 ..... Lord D'or	5.40 ..... Nakassama
6.15 ..... Salamanca City	6.15 ..... El Burhan
6.45 ..... Jordan Electrics	6.45 ..... Canon's House
7.15 ..... Sir Garfield	7.15 ..... Sir Garfield
7.45 ..... Dandy Magic	7.45 .. Winged Messenger
8.15 ..... Tanjen	8.15 ..... Startling

■TIC-TAC: Right-handed, loop course with 5f run-in part of straight. Undulating, with testing finishing climb. ■DRAW: Low to middle numbers best in sprints, especially on soft ground. ■LEADING TRAINERS WITH RUNNERS (2021-2026): J Goldie 77-540, I Jardine 47-367, T Easterby 30-211. THIS SEASON: J Goldie 13. ■TOP JOCKEYS WITH RIDES (2021-2026): A Mullen 44-286, D Allan 20-133, C Rodriguez 20-123. THIS SEASON: S James 6. ■LONGEST TRAVELLER: Lord D'or (5.40) & Tèumessias Fox (6.15). Round trip of 774 miles. ■TRAINERFAX: W Haggas won the 6.15 in 2021 and 2024. I Jardine won the 6.15 in 2017 and 2025, and won the 6.45 in 2023 and 2024. J Wainwright won the 8.15 in 2016 and 2017. ■FIRST RUN SINCE WIND OP: None. ■LIVE ON RACING TV

4.33 WHY SETTLE TECHNOLOGY AI ADOPTION EBF MAIDEN STAKES (Class 3); 2-y-o; winner £7,290; 1m. (3 run)

1 (3) 2534 **PIKACHU 24** C Johnston 9-7 ..... **David Egan ●99**
2 (1) 34 **TRUMPETY TRUMP 35** J Goldie 9-7 ..... **Rhys Elliott (5) 91**
3 (2) **NICE NEASY DOES IT** T Easterby 9-2 ..... **David Allan —**

BETTING: 2-7 Pikachu, 4 Trumpety Trump, 10 Nice Neasy Does It
WHERE FAVOURITES FINISHED: 1 1 4 1 1
2025: August George 9-7 Stevie Donohoe 8-13 Fav (I Furtado) drawn 7, 6 ran.

5.07 HUWS GRAY BRITISH STALLIONS EBF FILLIES' HCAP (4); value to the winner £8,636; 1m 1f. (9 runners)

1 (3) 1106149 **KRISSY 32 (D)** J Goldie 5-9-10 ..... **Rhys Elliott (5) 90**
2 (1) 6634212 **POLYGRAM 18 (BF)** T Davidson 4-9-10 ..... **David Allan 98**
3 (4) -541313 **PORTH EILIAN 31 (C)** E Bethell 3-9-9 ..... **Callum Rodriguez 93**
4 (2) 43323 **FOXY NIGHT 21 (BF)** J Butler 3-9-8 ..... **David Egan ●99**
5 (6) 5-15089 **THANKFULLY 27** K R Burke 3-9-7 ..... **Sam James 87**
6 (9) 3412-3 **WILD DAHLIA 23** W Haggas 3-9-5 ..... **Cieren Fallon 96**
7 (5) 7710/0- **SHARONA J401** J Bedi 5-9-4 ..... **William Pyle 83**
8 (7) 8043233 **SECOND FIDDLE 10 (C)** I Jardine 7-9-1 ..... **Andrew Mullen 91**
9 (8) 6403111 **SAXON GRACE 6** D Bourke 3-9-1(12ex) ..... **Shane Gray 98**

BETTING: 3 Polygram, 7-2 Foxy Night, 4 Saxon Grace, 6 Wild Dahlia, 7 Porth Eilian
WHERE FAVOURITES FINISHED: 6 1 4 1
2025: Seren Star 3-9-3 Warren Fentiman 4-5 Fav (W Haggas) drawn 2, 3 ran.

5.40 DARLEY EBF NOVICE STAKES (2); value to the winner £20,616; 1m 3f. (3 runners)

1 (2) 574/2-4 **NAKASSAMA 23** N Kelly (Ire) 6-9-12 ..... **Shane Gray 98**
2 (3) 4 **FLAGBEARER 17** W Haggas 3-9-4 ..... **Cieren Fallon 94**
3 (1) 6-222 **LORD D'OR 32 (BF)** A Balding 3-9-4 ..... **Callum Rodriguez ●99**

BETTING: 10-11 Lord D'or, 13-8 Nakassama, 5 Flagbearer
WHERE FAVOURITES FINISHED: 2 2 2
2025: Aequitas 3-8-13 Mark Winn 11-1 (D O'Meara) drawn 3, 4 ran.

6.15 LANARK SILVER BELL HANDICAP (2) winner £53,086; 1m 4f (15 runners)

1 91-543 **EL BURHAN 15**
(4) G Boughey 4-10-0 ..... **Pat Cosgrave 95**
Runs: 11 Wins: 4 (2GS,2G) Places: 2 £65,938
Running into form, big race at Sthwell latest but three-figure mark tough

2 01-100 **YABHER 24 (T★;D)**
(10) W Haggas 4-9-12 ..... **Cieren Fallon 98**
Runs: 11 Wins: 4 (F,3G) Places: 1 £114,298
Bolted up at Goodwood in May but hefty 12lb rise an anchor since, e-w

3 3/606- **STRASSIA 330 (H★;D)**
(5) D O'Meara 5-9-12 ..... **David Nolan 79**
Runs: 10 Wins: 2 (2S) Places: 1 £75,240
Grp 2-placed in France in '24, no show both runs for this yard, bit to prove now

4 83-712 **NOBLE HORIZON 24**
(1) O Rix 4-9-9 ..... **Callum Rodriguez ●99**
Runs: 11 Wins: 2 (F,G) Places: 4 £48,431
Leic win bettered by close 2nd in big field at Goodwood, 1m4f to suit, player

5 3-535P **TEUMESSIAS FOX 63 (D)**
(3) A Balding 7-9-7 ..... **Tom Eaves 86**
Runs: 36 Wins: 5 (4A,G) Places: 4 £156,041
Decent back form but little of late, R Ascot latest complete washout, jury's out

6 3-8608 **LAVENDER HILL MOB 13 (D)**
(12) J Owen 5-9-3 ..... **Shane Gray 88**
Runs: 19 Wins: 2 (A,G) £34,112
Signs of life at Ascot latest, albeit didn't look winner in waiting, sniff

7 181062 **SPIORADALTA 34 (C)**
(11) M Walford 6-9-3 ..... **Sam James 94**
Runs: 49 Wins: 10 (3S,F,3GS,3G) Places: 13 £132,033
Cracking effort behind Salamanca latest, weighted to go close, 1-1 here, danger

8 -41753 **EVANESCO 22**
(2) C Johnston 3-9-2 ..... **David Egan 97**
Runs: 10 Wins: 2 (F,S) Places: 2 £57,578
Decent effort at Goodwood last time, 1m4f fine but little leeway in current mark

9 6-1211 **SALAMANCA CITY 34 (D)**
(14) J Fanshawe 5-9-1 ..... **Daniel Muscutt 96**
Runs: 22 Wins: 5 (2GS,3G) Places: 8 £87,402
Not stopping Ripon, 5lb rise for hat-trick bid might still underestimate her

10 -83427 **ASHNAK 27**
(6) D O'Meara 4-9-1 ..... **Mark Winn 90**
Runs: 10 Wins: 1 (S) Places: 2 £45,892
Ayr 2nd two starts back gives him claims, softer ground the better, threat

11 12050/ **EVALUATION J310**
(9) A Nicol 8-9-0 ..... **David Allan —**
Runs: 27 Wins: 6 (F,2A,3G) Places: 6 £111,463
Last seen over hdles, stable bow after break and will find this short enough, left

12 303100 **ALTAREQ 10**
(13) J Goldie 4-8-13 ..... **Lauren Young (5) 84**
Runs: 10 Wins: 1 (G) Places: 4 £24,242
Off mark at Ayr last month but off boil since, first go at 1m4f, e-w squeak

13 -11037 **ELSASS 28 (C)**
(7) C Johnston 4-8-12 ..... **Joanna Mason 93**
Runs: 14 Wins: 3 (2A,G) Places: 3 £38,490
Two wins early doors this year but now appears in hcapper's grasp, down list

14 0-6021 **TIERNAN 20 (C)**
(8) I Jardine 4-8-11 ..... **Andrew Mullen 95**
Runs: 9 Wins: 1 (G) Places: 1 £27,775
Off mark in Hamilton novice, needs to back it up, not out of it if doing so

15 -11361 **LETSBEFRANK 5 (C,D)**
(15) J Goldie 6-8-9(5ex) ... **Amie Waugh (3) 98**
Runs: 24 Wins: 6 (2F,GS,3G) Places: 3 £100,424
In good form, 5lb pen for Ponte win on Sunday but don't rule him out

BETTING: 7-2 Salamanca City, 9-2 Noble Horizon, Yabher, 11-2 El Burhan, 6 Evanesco, 7 Spioradalta, 9 Tiernan, 12 Letsbefrank, 14 Elsass
WHERE FAVOURITES FINISHED: 1 7-9 2-4 1 2
2025: Paddy The Squire 5-9-9, A Mullen 9-4 (I Jardine), drw 2, 8 ran.

6.45 ACRISURE HANDICAP (3); value to the winner £10,308; 5f. (13 runners)

1 (11) 601-910 **GERMANIC 24 (D)** J Camacho 5-10-1 ..... **Ryan Sexton 88**
2 (9) 014-290 **ADVERTISED 69** G Tuer 3-9-13 ..... **Oliver Stammers 87**
3 (13) 0-09939 **SIR YOSHI 27 (D)** G Harker 4-9-13 ..... **David Nolan 85**
4 (10) 14-5294 **STURLASSON 75 (D)** J Ryan 5-9-11 ..... **Cieren Fallon 95**
5 (7) 00-3250 **TATTERSTALL 24 (P★;D)** M Dods 6-9-11 ..... **Daniel Muscutt 91**
6 (5) 7013445 **VANTHEMAN 20 (B;CD)** K Ryan 5-9-10 ..... **Tom Eaves 96**
7 (12) 6954831 **JORDAN ELECTRICS 32 (CD)** J Goldie 10-9-10 ..... **Mark Winn 98**
8 (8) 0942602 **ETERNAL SUNSHINE 20 (D)** J Goldie 6-9-8 ..... **Lauren Young (5) 97**
9 (4) 5-20878 **STARGAZED 2 (V;D)** K R Burke 3-9-8 ..... **Sam James 90**
10 (3) 6250634 **CANON'S HOUSE 20 (CD)** M & D Easterby 5-9-8 ..... **Joanna Mason ●99**
11 (2) 28-1220 **PARISIAC 46 (CD)** I Jardine 7-9-3 ..... **Conor Whiteley (5) 86**
12 (6) 0507482 **ORIENTAL PRINCE 20 (D)** J Goldie 5-8-9 ..... **Rhys Elliott (5) 94**
13 (1) -150859 **JUSTMYLUCK 6 (H;D)** L Perratt 3-8-7 ..... **William Pyle 87**

BETTING: 3 Jordan Electrics, 4 Eternal Sunshine, 13-2 Canon's House, 7 Vantheman
WHERE FAVOURITES FINISHED: 4 3 3
2025: Brummell 4-9-3 Tom Kiely-Marshall 6-1 (J Camacho) drawn 1, 6 ran.

7.15 PATERSONS OF GREENOAKHILL HANDICAP (DIV 1) (4); value to the winner £5,286; 6f. (11 runners)

1 (7) 5518636 **HUNKY DORY 2 (D)** L Perratt 4-10-0 ..... **Tom Kiely-Marshall (5) 85**
2 (11) 7-11682 **SIR GARFIELD 7 (B;BF,CD)** J & S Quinn 5-9-13 ..... **David Nolan 97**
3 (8) 51114-2 **LIPSINK 70 (D)** M Appleby 9-9-12 ..... **Alistair Rawlinson 98**
4 (3) 7848149 **JANNAS JOURNEY 13 (CD)** J Goldie 5-9-12 ..... **Rhys Elliott (5) 91**
5 (2) 4838963 **WRECK IT RYLEY 23 (V;D)** A Brown 6-9-11 ..... **Cieren Fallon 94**
6 (6) 18-0413 **BELSITO 25 (CD)** K Ryan 6-9-9 ..... **Tom Eaves 95**
7 (4) 0032836 **SHOOT TO KILL 24 (D)** N Kelly (Ire) 9-9-8 ..... **Shane Gray 88**
8 (5) 8773332 **ABDUCTION 25 (CD)** J Goldie 8-9-8 ..... **Jake Dickson (5) ●99**
9 (1) 8-23915 **STIRRUP CUP 65 (BF,CD)** T Easterby 4-9-7 ..... **David Allan 92**
10 (9) 3134202 **ASHEN 14** J Goldie 4-9-2 ..... **Lauren Young (5) 96**
11 (10) 4609332 **WHISKEY KISSES 13** R Smith 3-8-8 ..... **Greg Fairley 93**

BETTING: 3 Lipsink, 7-2 Sir Garfield, 11-2 Wreck It Ryley, 6 Abduction, 8 Belsito
WHERE FAVOURITES FINISHED: 5
2025: Iris Dancer 7-9-4 Andrew Mullen 5-2 (T Davidson) drawn 4, 5 ran.

7.45 PATERSONS OF GREENOAKHILL HANDICAP (DIV 2) (4); value to the winner £5,286; 6f. (10 runners)

1 (7) 131-405 **WINGED MESSENGER 56 (H;C,D)** J Camacho 5-10-0 ..... **Ryan Sexton 96**
2 (5) 931-624 **CITY CAPTAIN 104 (BF,CD)** H Bethell 4-9-12 ..... **Callum Rodriguez 95**
3 (4) 1205325 **MONTEZUMA 14 (H;BF)** J Goldie 4-9-12 ..... **David Egan 93**
4 (1) 0-60069 **LORD BERTIE 28 (H;D)** D O'Meara 6-9-12 ..... **Mark Winn 87**
5 (8) 20-0950 **WOBWOBWOB 70 (V;D)** A Keatley 8-9-9 ..... **Oisin McSweeney 87**
6 (6) -288180 **THEY ALL KNOW ME 56** R & P Fahey 4-9-8 ..... **David Nolan 92**
7 (10) 5935781 **MIRACULOUS 15 (D)** T Easterby 4-9-8 ..... **David Allan ●99**
8 (9) 0044431 **DANDY MAGIC 10 (CD)** J Goldie 4-9-8(5ex) ..... **Lauren Young (5) 96**
9 (3) 1-50510 **DAIZEN 46 (D)** R Menzies 3-9-5 ..... **Cieren Fallon 91**
10 (2) 2161309 **IRIS DANCER 10 (B;CD)** T Davidson 8-9-0 ..... **Andrew Mullen 86**

BETTING: 11-4 Miriential, 3 Dandy Magic, 5 City Captain, 11-2 Winged Messenger
WHERE FAVOURITES FINISHED and 2025: See Division 1.

8.15 HEMMINGS HOMES 10TH ANNIVERSARY HANDICAP (6); value to the winner £3,664; 5f. (13 runners)

1 (13) 6718309 **JM JHINGREE 4 (CD)** E Whillans 4-10-0 ..... **Greg Fairley 88**
2 (3) 79180 **THISTLE NIL 39** J Goldie 4-10-0 ..... **Rhys Elliott (5) 91**
3 (4) 625-011 **KING OF THE JUNGLE 62 (D)** M & D Easterby 6-9-13 ..... **Joanna Mason 98**
4 (2) 0513730 **HI LORD 13 (CD)** W Harrison 4-9-12 ..... **Conor Whiteley (5) 92**
5 (5) 1683045 **HARB 13 (BF,D)** T Davidson 7-9-9 ..... **Jack Garritty 94**
6 (7) -597751 **TANJEN 10 (CD)** T Easterby 4-9-9 ..... **David Allan ●99**
7 (1) 4006360 **IMPRESSOR 13 (V★;CD)** P Makin 9-9-9 ..... **Sam James 84**
8 (8) 8322422 **STARTLING 13 (B;D)** J Wainwright 4-9-9 ..... **Oisin McSweeney 96**
9 (12) 87-6672 **NEVER DARK 10 (CD)** I Jardine 8-9-5 ..... **Alex Jary (3) 97**
10 (10) 0U-9319 **SUPREMISSY 13 (D)** I Jardine 3-9-3 ..... **Andrew Mullen 87**
11 (6) 4489684 **FALCON QUEEN 13** R Smith 3-9-2 ..... **Tom Eaves 89**
12 (9) 3471875 **DOON THE GLEN 11 (V;C)** J Goldie 6-8-13 ..... **Lauren Young (5) 90**
13 (11) -305055 **KYBER CRYSTAL 43 (CD)** R Menzies 7-8-12 ..... **Amie Waugh (3) 86**

BETTING: 3 Tanjen, 4 King Of The Jungle, 11-2 Startling, 6 Never Dark, 13-2 Harb
WHERE FAVOURITES FINISHED: 3 3 4 5
2025: Thunderstorm Katie 4-9-2 Paul Mulrennan 7-2 (J Goldie) drawn 7, 7 ran.

RACING RESULTS ROUND-UP

KILLARNEY

Going: Good-good to yielding in places

4.35: 1 SEA OF DUBKA D J O'Keeffe (5-4 fav); **2 Minella Buoy** (11-4); **3 Misty Cove** (22-1). 11 ran. 16l; 4¼l. H De Bromhead. T: £2.25; £1.10, £1.30, £4.10. Ex: £5. Trifecta: £42.40. CF: £5.18.

5.08: 1 AUTUMN TWIST D King (7-2 jtfav); **2 Moylussa** (9-2); **3 Gino Bella** (7-2 jtfav). 10 ran. 4¼l; 3½l. D Hogan. T: £4.50; £1.30, £1.80, £1.80. Ex: £24.50. Tricast: £60.74. Trifecta: €109.90. CF: £21.06.

5.43: 1 DIAMOND DU BERLAIS B Hayes (4-9 fav); **2 Brother Walfrid** (11-2); **3 Pets Georgina** (6-1). 5 ran. 6½l; 10l. W P Mullins. T: €1.45; €1.40, €1.10. Ex: €3. Trifecta: €8.90. CF: €3.82. NR: Loch Cuan.

6.13: 1 BALLYSTONE Josh Williamson (4-1); **2 Fort Dino** (11-4); **3 Affinity Rock** (7-4 fav). 6 ran. 3l; 1¾l. J McConnell. T: €5.40; €2.10, €1.60. Ex: €20. Trifecta: €39.60. CF: €15.95. NR: Heroes Rise, Where's My Jet.

6.45: 1 LADIES WELL D J O'Keeffe (3-1 jtfav); **2 Cullenwaine** (11-2); **3 Tropical Image** (14-1). 12 ran (Western Model 3-1 jtfav). 4¼l; 9l. A Slattery. T: €4; €1.50, €1.90, €3.50. Ex: €20.60. Tricast: €214.75. Trifecta: €239.90. CF: €21.99. NR: Oneforgonzo.

7.15: 1 MINERS BRIDGE P T Enright (13-8 fav); **2 Tippin And Tappin** (11-1); **3 Kings Jet** (16-1). 11 ran. 1½l; 1¼l. S Curling. T: €2.63; €1.30, €3.10, €4.70. Ex: €25.30. Tricast: €234.17. Trifecta: €553.70. CF: €22.45.

PLACEPOT: €42.80

LEOPARDSTOWN

Going: Good to firm-good in places

4.56: 1 SO LOVELY W M Lordan (2-5 fav); **2 Zenith Blaze** (14-1); **3 Isle Of Capri** (11-1). **3 Villaray** (16-1). 14 ran. 1½l; 1¼l, dht. A P O'Brien. T: So Lovely €1.40; So Lovely €1.02, Zenith Blaze €4.70, Isle Of Capri €1, Villaray €1.90. Ex: So Lovely, Zenith Blaze €7.20. Trifecta: So Lovely, Zenith Blaze, Isle Of Capri €14.10, So Lovely, Zenith Blaze, Villaray €23.80. CF: So Lovely, Zenith Blaze €8.35. NR: Miss Hong Kong.

5.27: 1 BANKS OF THE BOYNE Wesley Joyce (9-4 fav); **2 Sovreigns Joy** (9-2); **3 The Green Helmet** (3-1). 14 ran. ¾l; hd. M Mulvany. T: €3.25; €1.40, €1.70, €1.30. Ex: €17.40. Trifecta: €39.80. CF: €12.98. NR: Blitogue, Togetherwearefree.

6.00: 1 NAOI S Coen (20-1); **2 Free Solo** (20-1); **3 Ninth Crusade** (33-1). 14 ran (Bear Right 3-1 fav). ¾l; nk. W McCreery. T: €27.40; €6.70, €4.20, €11.50. Ex: €382.80. Tricast: €12706.78. Trifecta: Not won. CF: €372.39. NR: Faoladh, Gordon Bennett, Kc Bear, La La Lucrative, Mr Perth, Oppenheimer, Rappell.

6.30: 1 HIGHWAYMAN S T McCullagh (22-1); **2 Cannes** (7-2); **3 Piazza San Marco** (5-1). 9 ran (Abbotsford 11-4 fav). 2½l; 1¾l. J P O'Brien. T: €28.60; €4.60, €1.70, €1.90. Ex: €114.90. Trifecta: €757.30. CF: €99.45.

7.00: 1 BEN HUR A Caffrey (7-4 fav); **2 Cooley's Mist** (7-1); **3 Pavilion End** (11-1). 11 ran. 1½l; 1½l. N Meade. T: €2.75; €1.30, €2.40, €3. Ex: €18. Tricast: €109.09. Trifecta: €251.10. CF: €14.68. NR: Party Dress.

7.30: 1 UNCLE GOALIE G M Ryan (11-4); **2 My Shayla** (9-2); **3 Goddess Of War** (5-2 fav). 13 ran. ns; 3½l. Rory Devine. T: €3.75; €1.40, €1.80, €1.30. Ex: €17.90. Trifecta: €57.60. CF: €16.08. NR: Mothel Abbey.

8.00: 1 TACHOS C D Hayes (3-1 fav); **2 Thrifty Of Digby** (11-2); **3 Bella Colombia** (11-2). 8 ran. hd; 1½l. D K Weld. T: €4; €1.40, €1.80, €1.90. Ex: €22.20. Tricast: €88. Trifecta: €133. CF: €20.36.

PLACEPOT: €116.20

LINGFIELD

Going: Standard

2.10: 1 BIRKACRE BROW D Probert (5-1); **2 Inglewood** (4-6 fav); **3 Last Dandelion** (9-2). 8 ran. 1l; ¾l. J Tate. T: £5.75; £1.20, £1.10, £1.70. Ex: £5.80. Trifecta: £15.20. CF: £8.12. NR: Black Treasure. Black Treasure| Rule 4 applies to All Bets, deduct 5p in the £.

2.45: 1 ONE NUMBER D Probert (4-5 fav); **2 Berkshire Regal** (4-1); **3 Royal Acclamation** (11-4). 8 ran. 4½l; 7l. J P O'Brien (IRE) . T: £1.80; £1.10, £1.60, £1.20. Ex: £5.70. Trifecta: £13.50. CF: £5.05.

3.20: 1 WHITESNAKE Jason Watson (12-1); **2 Bajan Bandit** (4-1); **3 Dandy Khan** (11-2). 11 ran (Ocean Force 15-8 fav). 2½l; 1½l. R Teal. T: £15; £3.70, £1.70, £1.70. Ex: £60.10. Tricast: £310.55. Trifecta: £473. CF: £60.21. NR: Mount Mogan.

3.55: 1 POWDER MONKEY P Cosgrave (15-2); **2 Red Hat Eagle** (4-1 jtfav); **3 The Bitter Moose** (11-2). 11 ran (Gunfighter 4-1 jtfav). 1½l; 1½l. G Boughey. T: £8.50; £2.60, £3, £2. Ex: £33.20. Tricast: £184.91. Trifecta: £193.20. CF: £36.41. NR: Dancing Rinca, Sant Alessio, Split Elevens.

4.30: 1 FUSEBOARD J Haynes (11-2); **2 Royal County Glory** (9-4 fav); **3 Apex Star** (7-1). 11 ran. ns; 1½l. C Banham. T: £6.50; £2.10, £1.40, £2.70. Ex: £20.40. Tricast: £93.97. Trifecta: £148.50. CF: £18.73. NR: Love Alive.

5.01: 1 WHIZZY DIZZY Georgia Dobie (25-1); **2 Fiorella Princess** (5-2 fav); **3 Sea Her Excel** (11-4). 7 ran. shd; 1½l. C Cox. T: £26; £5.70, £2. Ex: £76.40. Tricast: £235.86. Trifecta: £458.30. CF: £86.59. NR: Little Jaybee.

PLACEPOT: £26.50
QUADPOT: £29.30

NEWCASTLE

Going: Standard

6.19: 1 NIFFLER L Morris (13-8 fav); **2 Fleur De Mer** (3-1); **3 Billy Bathgate** (7-1). 12 ran. 2½l; 13l. Sir M Prescott. T: £2.63; £1.20, £1.50, £2.30. Ex: £8.60. Tricast: £30.29. Trifecta: £37.70. CF: £6.65. NR: Carwyn, Star Of Markinch.

6.54: 1 STAR OF COMMALA Molly Keegan-Price (85-40); **2 Queen's Hame** (8-15 fav); **3 Roccapina** (22-1). 9 ran. 1½l; 7l. J Chapple-Hyam. T: £4.20; £1.10, £1.02, £5. Ex: £5.10. Trifecta: £29.10. CF: £3.87.

7.24: 1 SPIRITED GESTURE R Havlin (1-6 fav); **2 Angel In My Heart** (5-1); **3 Rubyroo** (7-1). 8 ran. 3l; hd. J & T Gosden. T: £1.17; £1.02, £1.40, £2.80. Ex: £2.30. Trifecta: £6.50. CF: £2.25.

7.54: 1 THIS MOMENT Grace McEntee (11-2); **2 Star People** (7-4 fav); **3 Social Spirit** (6-1). 6 ran. ns; 2½l. G Boughey. T: £6.50; £2, £1.50. Ex: £20.20. Trifecta: £97.40. CF: £16.21.

8.24: 1 LETHAL NYMPH D Nolan (3-1 fav); **2 Changeofmind** (22-1); **3 Little Mi Mi** (4-1). 13 ran. shd; 1½l. P Midgley. T: £4.40; £1.90, £6.80, £2. Ex: £84. Tricast: £293.11. Trifecta: £521.60. CF: £82.20.

8.54: 1 GET UP EVERYBODY D Nolan (9-2); **2 Donald** (10-1); **3 Operation Gimcrack** (11-2). 14 ran (Mount Ruapehu 4-1 fav). nk; hd. P Midgley. Tricast: £266.19. CF: £52.67.

PLACEPOT: £12.30
QUADPOT: £10.90

NEWMARKET

Going: Good to firm-good in places

2.00: 1 MINKAAS J P Spencer (evens fav); **2 Zephyra** (2-1); **3 Elpeeare** (7-1). 5 ran. nk; 3½l. T Kent. T: £2; £1.10, £1.30. Ex: £3.10. Trifecta: £7.30. CF: £3.23. NR: Grey Tamam.

2.35: 1 TIE A NAVYRIBBON Josephine Gordon (10-3); **2 Missouri Waltz** (6-4 fav); **3 Highland Girl** (15-2). 6 ran. 1½l; 5½l. W Stone. T: £4.34; £1.90, £1.30. Ex: £9.60. Trifecta: £34.30. CF: £8.78.

3.10: 1 VENETIAN LION H Davies (9-4 jtfav); **2 Glen Nevis** (9-4 jtfav); **3 Potomac River** (6-1). 7 ran. nk; 2l. W Haggas. T: £3.25; £1.30, £2. Ex: £8.20. Tricast: £25.15. Trifecta: £27.20. CF: £7.51. NR: Calyxoh.

3.45: 1 RACE TO THE STARS Toby Moore (15-8 fav); **2 First Officer** (13-2); **3 Be Patient** (10-3). 5 ran. 7l; 1½l. C Appleby. T: £2.88; £1.40, £2.40. Ex: £11.10. Trifecta: £30.60. CF: £13.99. NR: Tycoon.

4.20: 1 MR WRITER D Muscutt (11-2); **2 Cherry Cobbler** (11-8 fav); **3 Cancan In The Rain** (9-2). 10 ran. 1l; ¾l. J Fanshawe. T: £6.50; £1.80, £1.80, £1.20. Ex: £21.10. Tricast: £37.51. Trifecta: £70. CF: £13.05.

4.51: 1 TRAVELING MAN Mason Paetel (3-1); **2 Sibling Rivelry** (7-2); **3 Society Girl** (11-4). 5 ran (Jack Langley 5-2 fav). 2½l; hd. C Fellowes. T: £4; £2.90, £1.30. Ex: £14.20. Trifecta: £40.20. CF: £13.74.

PLACEPOT: £13.90
QUADPOT: £9

STRATFORD

Going: Good to firm

5.35: 1 FINE THING H Skelton (9-4); **2 Porcupine Bank** (3-10 fav); 2 ran. 1½l. D Skelton. T: £3.50;

6.06: 1 REBEL TRIBESMAN J J Burke (2-1 fav); **2 Kittys Glance** (11-4); **3 Torrent** (5-1). 5 ran. 2½l; 8l. J Snowden. T: £3; £1.80, £1.50. Ex: £7.60. Tricast: £17.20. CF: £8.03.

6.36: 1 CAPTAIN COOL Sean Quinlan (9-4 jtfav); **2 Crebilly** (4-1); **3 Parisencore** (8-1). 6 ran. 2½l; 11l. J Candlish. T: £3.25; £1.50, £2.20. Ex: £11.20. Trifecta: £59.80. CF: £11.57.

7.06: 1 DUNKERQUE Sean Quinlan (11-8 fav); **2 Krak** (5-2); 3 ran. 10l. J Candlish. T: £2.38; Ex: £4.30. Trifecta: £4.10. CF: £4.67.

7.36: 1 GLENMALURE FLYER H Skelton (3-1 jtfav); **2 Illogical Logic** (13-2); **3 Flashy Boy** (7-2). 6 ran (Yes And Yes 3-1 jtfav). 4l; nk. D Skelton. T: £4; £2, £2.50. Ex: £19.30. Trifecta: £92.40. CF: £21.52.

8.06: 1 RETETI M Goldstein (10-3 fav); **2 Jet Patrol** (4-1); **3 Mayday Games** (7-2). 11 ran. 1½l; 3½l. Miss S West. T: £4.40; £1.20, £1.90, £1.90. Ex: £21.50. Tricast: £51.86. Trifecta: £98.50. CF: £18.43. NR: Berry Edge.

PLACEPOT: £87.60
QUADPOT: £11

YORK

Going: Good to soft

1.50: 1 LIBERTANGO B Loughnane (3-1); **2 Star Of State** (9-4 fav); **3 Jolivette** (25-1); **4 Miss Kodi** (10-1). 17 ran. 1½l; 1l; 2½l. G Boughey. T: £4; £1.40, £1.60, £8.95. Ex: £15.10. Tricast: £163.72. Trifecta: £309.20. CF: £10.30. NR: Moonrise, Livenka.

2.25: 1 SUN GODDESS R L Moore (evens fav); **2 Battle Fever** (80-1); **3 Speed of Sound** (40-1); **4 Pride Of Toledo** (28-1). 20 ran. 6l; ¾l; nk. A P O'Brien (IRE) . T: £2; £1.01, £11.80, £4.05, £5.45. Ex: £76.70. Trifecta: £1415.90. CF: £166.26. NR: Blake's Monarch, Where Love Lives.

3.00: 1 THE LOST KING O Murphy (7-1); **2 Bullet Point** (9-2); **3 Spell Master** (14-1). 14 ran (Centigrade 5-2 fav). 2½l; 1l. A Balding. T: £8; £1.70, £2.55, £4.75. Ex: £38. Tricast: £351.07. Trifecta: £686.40. CF: £39.88. NR: Aalto, Mezcala, Point Lynas.

3.35: 1 KALPANA C T Keane (10-11 fav); **2 Sparan Nua** (25-1); **3 Minnie Hauk** (4-1). 9 ran. shd; 2½l. A Balding. T: £1.91; £1.20, £6, £1.50. Ex: £32.10. Tricast: £69. Trifecta: £172. CF: £34.80.

4.10: 1 PRIZELAND O Murphy (11-1); **2 Rhapsody** (9-1); **3 Capichera** (25-1). 13 ran (Vauntingly 10-3 fav). 3½l; shd. A Balding. T: £12; £3.40, £3.60, £6.45. Ex: £118.50. Trifecta: £1584.10. CF: £99.31. NR: Sunshine Star, Without Prejudice.

4.45: 1 MIA FANTASIA M Ghiani (3-1 fav); **2 Theheatison** (50-1); **3 Caeruleus** (22-1); **4 Rising Tiger** (4-1). 18 ran. 2½l; ½l; ½l. H Palmer. T: £4.35; £1.50, £8.25, £4.30, £2.05. Ex: £209.90. Tricast: £3025.97. Trifecta: £2982.30. CF: £195. NR: Big Cigar, High Calibre, Regal Tiger, Soldier Of The Sea.

5.20: 1 MACHADADORP O Murphy (9-1); **2 Woohoo** (18-1); **3 Oolong Poobong** (9-1); **4 Cotai Belle** (40-1). 19 ran (Starlight Lass 3-1 fav). 2½l; hd; 2l. A Balding. T: £10; £2.65, £4.90, £3.25, £8.20. Ex: £205.10. Tricast: £1547.76. Trifecta: £2942.60. CF: £162.67. NR: Beaujolais Nouveau, Royal Velvet.

JACKPOT: £11,105.70, with £13,608.38 carried over
PLACEPOT: £143. **QUADPOT:** £54.40

FREE TO ENTER

THE Sun

DREAM TEAM

in association with MIDNITE

GIFT OF THE GAB

GAME STARTS TONIGHT

Top Guns in for big kick-off

CHAMPIONS Arsenal kick off the new Prem season tonight against Coventry — and many Dream Team bosses are banking on them for plenty of early points.

By NICK ELLIOTT

Keeper David Raya (£5m) and centre-back Gabriel (£5.5m) are the most expensive players in their respective positions but the hefty price tags are not putting off managers.

Raya is by far and away the most selected stopper ahead of Gameweek 1 and the same is true for Gabriel among the defenders, reflecting the Gunners' watertight reputation.

Gabriel virtually guarantees a stream of clean sheets and is one of the most potent set-piece threats in world football.

Riccardo Calafiori (£4.5m) is a superb alternative for those who can't afford Arsenal's No 6.

The Italy international becomes an additional attacker in possession, as evidenced by his quick-fire goal in last Sunday's Community Shield win.

Unlimited transfers are available up until the 8pm kick-off time **AFTER** the starting line-ups have been confirmed.

This will allow gaffers to check whether it's Kai Havertz (£4.5m) or Viktor Gyokeres (£5m) leading the Arsenal line.

ANDROID APP ON Google play

Download on the App Store

Sign up at dreamteamfc.com or download the app & enter here

SCAN THE QR CODE

Sign up at dreamteamfc.com or via th

ACT SMART RIGHT FROM THE GEKKO!

By NICK ELLIOTT

AHEAD of this Gameweek 1 deadline it's worth remembering Dream Team's golden rules.

Firstly, think with your head not your heart.

If you're a Manchester United fan then you will be willing Erling Haaland (£8.5million) to fluff every single shot.

But it's important to acknowledge that there's often a difference between what you want to happen and what is likely to occur.

Don't deny yourself points.

Put loyalties and biases aside when making key decisions.

The best Dream Team bosses think logically, not emotionally.

Secondly, embrace your inner Gordon Gekko *(below)* and like the Wall Street film character work the stock market to your advantage.

Once the action starts, player prices will fluctuate based on performances.

Price changes come into effect at the start of each Gameweek (starting from GW2) and if you're savvy you will be able to build your overall budget steadily.

This will allow you to afford the premium superstars later in the campaign. Buy low, sell high!

Thirdly, remain patient. You can't win Dream Team in the first two months but you can lose it.

There's no need to take undue risks early doors.

Save your Boosters for juicy double Gameweeks when you have a better idea of each team's first-choice XI and a clearer picture of how the season might play out.

That being said, we always encourage you to play the game your way.

And most importantly, remember to have fun!

SCAN QR CODE

FULL LIST AT DREAMTEAMFC.COM

18+ & GambleAware.org

DEFENDERS

Gabriel	Arsenal	£5.5m
William Saliba	Arsenal	£5m
Jurrien Timber	Arsenal	£5m
Riccardo Calafiori	Arsenal	£4.5m
Ben White	Arsenal	£4.5m
Cristhian Mosquera	Arsenal	£4.5m
Matty Cash	Aston Villa	£4m
Ezri Konsa	Aston Villa	£4m
Ian Maatsen	Aston Villa	£3.5m
Pau Torres	Aston Villa	£3.5m
Matteo Ruggeri	Aston Villa	£3m
Antonio Silva	Bournemouth	£3.5m
Adrien Truffert	Bournemouth	£3.5m
James Hill	Bournemouth	£3m
Juanlu Sanchez	Bournemouth	£3m
Nathan Collins	Brentford	£3m
Michael Kayode	Brentford	£3m
Sepp van den Berg	Brentford	£3m
Kristoffer Ajer	Brentford	£2.5m
Rico Henry	Brentford	£2.5m
Ferdi Kadioglu	Brighton	£3.5m
Maxim De Cuyper	Brighton	£3.5m
Luka Vuskovic	Brighton	£3.5m
Mats Wieffer	Brighton	£3.5m
Pascal Struijk	Brighton	£3m
Lewis Dunk	Brighton	£3m
Reece James	Chelsea	£4m
Maxence Lacroix	Chelsea	£4m
Levi Colwill	Chelsea	£3.5m
Marco Palestra	Chelsea	£3m
Jorrel Hato	Chelsea	£3m
Malo Gusto	Chelsea	£3m
Pep Chavarria	Chelsea	£3m
Milan van Ewijk	Coventry	£2.5m
Bobby Thomas	Coventry	£2m
Aurele Amenda	Coventry	£1.5m
Daniel Munoz	Crystal Palace	£5m
Tyrick Mitchell	Crystal Palace	£4.5m
Chris Richards	Crystal Palace	£4m
Jaydee Canvot	Crystal Palace	£3.5m
Chadi Riad	Crystal Palace	£3m
Takehiro Tomiyasu	Crystal Palace	£3m
James Tarkowski	Everton	£3m
Jarrad Branthwaite	Everton	£3m
Michael Keane	Everton	£2.5m
Jake O'Brien	Everton	£2.5m
Joachim Andersen	Fulham	£3m
Calvin Bassey	Fulham	£3m
Antonee Robinson	Fulham	£3m
Timothy Castagne	Fulham	£2.5m

Kenny Tete	Fulham	£2.5m
Charlie Hughes	Hull	£2m
Nobel Mendy	Hull	£2m
Elliot Stroud	Hull	£2m
Ryan Giles	Hull	£2m
Matt Targett	Hull	£1.5m
Lucas Herrington	Hull	£1.5m
Leif Davis	Ipswich	£2m
Issa Diop	Ipswich	£2m
Dara O'Shea	Ipswich	£2m
Ben Johnson	Ipswich	£1.5m
Gabriel Gudmundsson	Leeds	£2.5m
Jaka Bijol	Leeds	£2.5m
Joe Rodon	Leeds	£2.5m
Tarik Muharemovic	Leeds	£2.5m
Jayden Bogle	Leeds	£2.5m
Virgil van Dijk	Liverpool	£5m
Milos Kerkez	Liverpool	£4.5m
Jeremie Frimpong	Liverpool	£4.5m
Jeremy Jacquet	Liverpool	£4m
Ronald Araujo	Liverpool	£4m
Conor Bradley	Liverpool	£3.5m
Marc Guehi	Man City	£5m
Josko Gvardiol	Man City	£5m
Matheus Nunes	Man City	£5m
Nico O'Reilly	Man City	£5m
Ruben Dias	Man City	£4.5m
Rayan Ait-Nouri	Man City	£4m
Lisandro Martinez	Man Utd	£4m
Diogo Dalot	Man Utd	£4m
Harry Maguire	Man Utd	£3.5m
Luke Shaw	Man Utd	£3.5m
Matthijs de Ligt	Man Utd	£3.5m
Leny Yoro	Man Utd	£3m
Lewis Hall	Newcastle	£3.5m
Malick Thiaw	Newcastle	£3.5m
Tino Livramento	Newcastle	£3m
Sven Botman	Newcastle	£3m
Dan Burn	Newcastle	£3m
Amar Dedic	Newcastle	£3m
Neco Williams	Nottm Forest	£4m
Nikola Milenkovic	Nottm Forest	£3m
Murillo	Nottm Forest	£3m
Ousmane Diomande	Nottm Forest	£3m
Ola Aina	Nottm Forest	£2.5m
Nordi Mukiele	Sunderland	£3m
Dan Ballard	Sunderland	£3m
Thomas Meunier	Sunderland	£3m
Omar Alderete	Sunderland	£3m
Trai Hume	Sunderland	£2.5m
Reinildo	Sunderland	£2.5m
Pedro Porro	Tottenham	£4m
Micky van de Ven	Tottenham	£3.5m
Jan Paul van Hecke	Tottenham	£3.5m
Marcos Senesi	Tottenham	£3.5m
Andy Robertson	Tottenham	£3m

GOALKEEPERS

David Raya	Arsenal	£5m
Zion Suzuki	Aston Villa	£4m
Djordje Petrovic	Bournemouth	£3.5m
Caoimhin Kelleher	Brentford	£3m
Bart Verbruggen	Brighton	£4m
Robert Sanchez	Chelsea	£3.5m
Carl Rushworth	Coventry	£3m
Dean Henderson	Crystal Palace	£4m
Jordan Pickford	Everton	£3.5m
Bernd Leno	Fulham	£3m
Kostas Tzolakis	Hull	£2m
Kjell Scherpen	Ipswich	£2m
James Trafford	Leeds	£3m
Alisson	Liverpool	£4.5m
Gigi Donnarumma	Man City	£4.5m
Senne Lammens	Man Utd	£4m
Lukas Hornicek	Newcastle	£3m
Matz Sels	Nottm Forest	£2.5m
Robin Roefs	Sunderland	£3m
Antonin Kinsky	Tottenham	£3m

STR BAR

Don't discou

IF YOU need an affordable striker to bring your Dream Team together before the deadline, then £3.5million Dominic Calvert-Lewin fits the bill.

Leeds United's target man revived his career with 15 goals last season.

Having struggled with injuries during his final years at Everton, he seems perfectly suited to life at Elland Road as the focal point of Daniel Farke's set-up.

The Whites have a favourable run of fixtures up until the first international break and Calvert-Lewin will feel confident of a strong start.

Brian Brobbey (£3m) is even cheaper and can also bank points via extra midweek fixtures when Sunderland's Europa League campaign gets underway next month.

The combative Dutchman netted three goals in four outings at the World Cup and has to be considered a good option for

e app on your phone
Download on the App Store
ANDROID APP ON Google play
in association with MIDNITE

IKER GAIN

nt deadly Dom

By NICK ELLIOTT

Gameweek 1 ahead of the Black Cats' trip to Ipswich.

It would also be foolish to underestimate Igor Jesus (£3m).

The Brazilian bagged 16 goals in all competitions last season and is one of several Nottingham Forest stars who should improve on new gaffer Oliver Glasner's watch.

Unfortunately, Aston Villa's hulking teen striker Brian Madjo (£2.5m) is injured for the start of the season but Dream Team bosses should monitor his progress closely.

Madjo, 17, bullied Paris Saint-Germain in the Super Cup and his starting price could seem obscenely cheap come Christmas.

Lastly, Evanilson (£3.5m) is another viable value-for-money option.

Bournemouth's No9 has looked lively during pre-season and will be busy once the European double Gameweeks start.

Bukayo Saka	Arsenal	£5.5m
Declan Rice	Arsenal	£5m
Eberechi Eze	Arsenal	£4.5m
Martin Odegaard	Arsenal	£4.5m
Bruno Guimaraes	Arsenal	£4m
Christos Tzolis	Arsenal	£4m
Gabriel Martinelli	Arsenal	£4m
Noni Madueke	Arsenal	£4m
Max Dowman	Arsenal	£3.5m
Johan Manzambi	Aston Villa	£4m
John McGinn	Aston Villa	£4m
Emi Buendia	Aston Villa	£3.5m
Alejandro Garnacho	Aston Villa	£3.5m
Joao Gomes	Aston Villa	£3.5m
Amadou Onana	Aston Villa	£3.5m
Modou Keba Cisse	Aston Villa	£3m
George Hemmings	Aston Villa	£2.5m
Rayan	Bournemouth	£3.5m
Justin Kluivert	Bournemouth	£3.5m
Alex Scott	Bournemouth	£3m
Tyler Adams	Bournemouth	£3m
Marcus Tavernier	Bournemouth	£3m
Dango Ouattara	Brentford	£3m
Mikkel Damsgaard	Brentford	£3m
Mamadou Sangare	Brentford	£3m
Kevin Schade	Brentford	£3m
Jaidon Anthony	Brentford	£2.5m
Yankuba Minteh	Brighton	£4m
Kaoru Mitoma	Brighton	£4m
Pascal Gross	Brighton	£3.5m
Diego Gomez	Brighton	£3.5m
Jack Hinshelwood	Brighton	£3.5m
Yasin Ayari	Brighton	£3.5m
Cole Palmer	Chelsea	£5m
Morgan Rogers	Chelsea	£5m

MIDFIELDERS

Enzo Fernandez	Chelsea	£5m
Estevao	Chelsea	£3.5m
Pedro Neto	Chelsea	£3.5m
Moises Caicedo	Chelsea	£3.5m
Valentin Barco	Chelsea	£3m
Jordan Henderson	Chelsea	£2.5m
Caleb Yirenkyi	Coventry	£2.5m
Gustavo Hamer	Coventry	£2.5m
Ephron Mason-Clark	Coventry	£2.5m
Jack Rudoni	Coventry	£2.5m
Victor Torp	Coventry	£2.5m
Ismaila Sarr	Crystal Palace	£4.5m
Yeremy Pino	Crystal Palace	£3.5m
Adam Wharton	Crystal Palace	£3.5m
Daichi Kamada	Crystal Palace	£3m
Dwight McNeil	Crystal Palace	£3m
Evann Guessand	Crystal Palace	£3m
K Dewsbury-Hall	Everton	£3.5m
Iliman Ndiaye	Everton	£3.5m
James Garner	Everton	£3.5m
Hayden Hackney	Everton	£3m
Brennan Johnson	Everton	£3m
Christian Norgaard	Everton	£3m
Tim Iroegbunam	Everton	£2.5m
Oscar Bobb	Fulham	£3m
Sander Berge	Fulham	£3m
Alex Iwobi	Fulham	£3m
Kevin	Fulham	£3m
Josh King	Fulham	£2.5m
Cesar Palacios	Fulham	£2.5m
Shea Charles	Fulham	£2.5m
Emile Smith Rowe	Fulham	£2.5m
Joe Gelhardt	Hull	£2m
Mohamed Belloumi	Hull	£2m
David Akintola	Hull	£2m
Jens Hjerto-Dahl	Hull	£2m
Jack Clarke	Ipswich	£2.5m
Sasa Lukic	Ipswich	£2.5m
Julio Enciso	Ipswich	£2.5m
Daizen Maeda	Ipswich	£2.5m
Jaden Philogene	Ipswich	£2.5m
Abdul Fatawu	Ipswich	£2m
Florentino	Ipswich	£2m
Harry Wilson	Leeds	£3.5m
Anton Stach	Leeds	£3m
Ethan Ampadu	Leeds	£2.5m
Brenden Aaronson	Leeds	£2.5m
Sean Longstaff	Leeds	£2.5m
Ao Tanaka	Leeds	£2.5m
Dominik Szoboszlai	Liverpool	£6m
Florian Wirtz	Liverpool	£5m
Cody Gakpo	Liverpool	£4.5m
Ryan Gravenberch	Liverpool	£4m
Victor Munoz	Liverpool	£4m
Alexis Mac Allister	Liverpool	£3.5m
Rio Ngumoha	Liverpool	£3.5m
Trey Nyoni	Liverpool	£2.5m
Antoine Semenyo	Man City	£6m
Rayan Cherki	Man City	£5m
Jeremy Doku	Man City	£5m
Elliot Anderson	Man City	£4.5m
Phil Foden	Man City	£4.5m
Tijani Reijnders	Man City	£4m
Bruno Fernandes	Man Utd	£7m
Matheus Cunha	Man Utd	£4.5m
Bryan Mbeumo	Man Utd	£4.5m
Youri Tielemans	Man Utd	£4.5m
Marcus Rashford	Man Utd	£4m
Amad Diallo	Man Utd	£3.5m
Kobbie Mainoo	Man Utd	£3.5m
Andrey Santos	Man Utd	£3m
Harvey Barnes	Newcastle	£3.5m
Anthony Elanga	Newcastle	£3m
Joelinton	Newcastle	£3m
Lewis Miley	Newcastle	£3m
Jacob Ramsey	Newcastle	£3m
Bazoumana Toure	Newcastle	£3m
Sean Steur	Newcastle	£2.5m
Morgan Gibbs-White	Nottm Forest	£4m
Dan Ndoye	Nottm Forest	£3m
Callum Hudson-Odoi	Nottm Forest	£3m
Ibrahim Sangare	Nottm Forest	£3m
Xaver Schlager	Nottm Forest	£2.5m
Enzo Le Fee	Sunderland	£3m
Noah Sadiki	Sunderland	£3m
Granit Xhaka	Sunderland	£3m
Habib Diarra	Sunderland	£3m
Chemsdine Talbi	Sunderland	£3m
Mohammed Kudus	Tottenham	£4m
James Maddison	Tottenham	£4m
Mateus Fernandes	Tottenham	£3.5m
Sandro Tonali	Tottenham	£3.5m
Dejan Kulusevski	Tottenham	£3.5m
Mathys Tel	Tottenham	£3m
Archie Gray	Tottenham	£3m

STRIKERS

Viktor Gyokeres	Arsenal	£5m
Kai Havertz	Arsenal	£4.5m
Gabriel Jesus	Arsenal	£4m
Ollie Watkins	Aston Villa	£5m
Tammy Abraham	Aston Villa	£3m
Brian Madjo	Aston Villa	£2.5m
Eli Junior Kroupi	Bournemouth	£4m
Evanilson	Bournemouth	£3.5m
Alvaro Rodriguez	Bournemouth	£3m
Igor Thiago	Brentford	£4.5m
Callum Wilson	Brentford	£2.5m
Georginio Rutter	Brighton	£3.5m
Promise David	Brighton	£3.5m
Stefanos Tzimas	Brighton	£2.5m
Charalampos Kostoulas	Brighton	£2.5m
Joao Pedro	Chelsea	£5m
Danny Welbeck	Chelsea	£3.5m
Liam Delap	Chelsea	£3m
Haji Wright	Coventry	£2.5m
Taiwo Awoniyi	Coventry	£2.5m
Ellis Simms	Coventry	£2m
Jean-Philippe Mateta	Crystal Palace	£4m
Jorgen Strand Larsen	Crystal Palace	£2m
Beto	Everton	£2.5m
Thierno Barry	Everton	£2.5m
Gonzalo Garcia	Fulham	£3m
Rodrigo Munoz	Fulham	£2.5m
Jonah Kusi-Asare	Fulham	£2m
Oli McBurnie	Hull	£2m
Mason Burstow	Hull	£1.5m
Emersonn	Ipswich	£2m
Chuba Akpom	Ipswich	£2m
George Hirst	Ipswich	£2m
Dominic Calvert-Lewin	Leeds	£3.5m
Noah Okafor	Leeds	£3m
Lukas Nmecha	Leeds	£2.5m
Alexander Isak	Liverpool	£6m
Hugo Ekitike	Liverpool	£5m
Erling Haaland	Man City	£8.5m
Omar Marmoush	Man City	£4.5m
Benjamin Sesko	Man Utd	£4m
Joshua Zirkzee	Man Utd	£3m
William Osula	Newcastle	£3m
Yoane Wissa	Newcastle	£3m
Nick Woltemade	Newcastle	£3m
Igor Jesus	Nottm Forest	£3m
Chris Wood	Nottm Forest	£3m
Brian Brobbey	Sunderland	£3m
Wilson Isidor	Sunderland	£3m
Dominic Solanke	Tottenham	£3.5m
Richarlison	Tottenham	£3.5m

WHAT YOU CAN WIN

OVERALL WINNER £60,000

2nd: £15,000
3rd: £5,000
4th: £3,000
5th: £2,000
6th-10th: £1,000

GAMEWEEK 1 WINNER: £1,000

GAMEWEEK WINNERS AFTER WEEK 1: £250

HOW TO SCORE

ALL PLAYERS

Goal	+6pts
Assist	+3
Shot on target	+1
Big chance created	+1
Tackles (per two)	+1
Appearance (up to 60 minutes)	+1
Appearance (60 minutes or more)	+1
Yellow card	-1
Red card	-3
Own goal	-2
Penalty miss	-3

GOALKEEPERS & DEFENDERS ONLY

Clean sheet (min 60mins played)	+5
Each goal conceded over one	-1

GOALKEEPERS ONLY

Saves (per two)	+1
Penalty save	+3

● Players can also earn bonus points — zero, one, three or five per fixture.

in association with MIDNITE

EVERY MOMENT MATTERS WITH £100,000 AT STAKE

For Dream Team managers, every last kick of the season counts. Play for free now and pick your team to take a shot at some serious cash!

DOWNLOAD THE APP NOW

THE Sun DREAM TEAM SEASON

18+ UK & ROI only. Online registration required. For Full T&C's see dreamteamfc.com/help/t&cs